Proposed Amendment to the
University Interscholastic League Constitution and Contest Rules

A.  **Brief Explanation of Proposed Recommendation**

This amendment to Section 1205(a), Individual Report Forms and Section 1478(d), General Regulations for Athletic Competition would alter preparticipation physical examination requirements for the 2020-21 school year only.

B.  **Factual and Policy Justifications**

To support social distancing and assist with the workload of the medical professionals on the frontlines of the COVID-19 pandemic, the UIL Medical Advisory Committee (MAC) has recommended adjusting requirements related to preparticipation physical examinations for the 2020-21 school year.

C.  **Proposed Recommendation**

Sections 1205 (a) and 1478 (d) of the UIL Constitution and Contest Rules would be amended as follows, pending approval by the Commissioner of Education:

Section 1205: Athletic Eligibility

(a) **INDIVIDUAL REPORT FORMS.** It shall be the responsibility of each school to keep on file the following required annual forms for each student who participates in any practice, scrimmage or game.

(1) Pre-participation Physical Examination. Upon entering the first and third years of high school, a physical examination signed by a physician, a physician assistant licensed by a State Board of Physician Assistant Examiners, a registered nurse recognized as an advanced practice nurse by the Board of Nurse Examiners or a doctor of chiropractic is required. Standardized Pre-Participation Physical Examination Forms, available from the UIL office and authorized by the UIL Medical Advisory Committee, are required. FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT IN ATHLETICS OR MARCHING BAND, IN ANY GRADE LEVEL, WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM AS NOTED BELOW, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.

(2) Medical History Form. Each year prior to any practice or participation, a UIL medical history form signed by both student and a parent or guardian is required. A medical history form shall accompany each physical examination and shall be signed by both student and a parent or guardian.

Section 1478: 7-8th Grade Athletic Plan

(d) **GENERAL REGULATIONS FOR ATHLETIC COMPETITION.** Prior to all athletic games, meets, matches and practices the following shall be adhered to, if applicable.

(4) Pre-Participation Physical Examination. Upon entering the first year in junior high athletics a physical examination signed by a physician, a physician assistant licensed by a state board of physician assistant examiners, a registered nurse recognized as an advanced practice nurse
by the board of nurse examiners or a doctor of chiropractic is required. Standardized pre-participation physical examination forms, available from the UIL office and authorized by the UIL Medical Advisory Committee are required. FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT IN ATHLETICS OR MARCHING BAND, IN ANY GRADE LEVEL, WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM AS NOTED BELOW, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.

(5) Medical History Form. Each year prior to any practice or participation a UIL medical history form signed by both student and a parent or guardian is required. A medical history form shall accompany each physical examination and shall be signed by both student and a parent or guardian.

D. **Potential Fiscal Impact of the Proposed Rule to Member Schools**

This proposed amendment should not have a significant fiscal impact on member schools.

E. **Legislative Council Consideration; Effective Date**

If approved by the Legislative Council and the Commissioner of Education, this amendment shall be effective immediately.