

CONCUSSIONS: // // // // // // // // // // WHEN IN DOUBT SIT IT OUT

The best protection from the devastating effects of a concussion comes from you. By now, we're all well aware that concussions are among the top safety issues for student athletes. Which is why it's up to all of us—not just athletes, but coaches and parents—to watch for any signs of a concussion. Let's work together and keep our head in the game. **For more information, please visit HeadSafetyTexas.org**

UTSouthwestern
Medical Center



Concussion and Traumatic Brain Injury (TBI) information made available from UT Southwestern Medical Center, Texas Sports Concussion Partnership, and Texas UIL.

