

2023



TRACK & FIELD
State Qualifiers'
Handbook

UNIVERSITY INTERSCHOLASTIC LEAGUE

STATE QUALIFIER HANDBOOK 2023

Congratulations on your team's advancement to the Track & Field State Meet. This handbook has been prepared to serve as a guide to administrators and coaches and provide information about the State Meet. You will find this material valuable as you prepare for the meet and upon your arrival to the meet.

Questions concerning the UIL Track & Field State Meet should be addressed to the following staff members:

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MEET INFORMATION

State Venue Location: Mike A Myers Stadium- University of Texas (707 Clyde Littlefield Dr., Austin TX 78712)

State Qualifiers: The results from your regional meet serves as certification to the UIL State Meet. Schools are not required to pay any fees for entries.

- A school coach may scratch an athlete or change relay team members after the regional meet.
 - Relay Substitution/Name Change Form: <https://www.uiltexas.org/machform/view.php?id=89>
 - Individual Scratch/Name Change Form: <https://www.uiltexas.org/machform/view.php?id=90>
 - For any spelling/grade changes, please e-mail hhiggins@uiltexas.org
- **Please note that any changes made after May 5th at 5:00pm WILL NOT be included in the State Meet Program.**

Packet Pick-up: NEW

- **Wednesday** - School packets will be available for pick-up at Gate 28 A&B located on the East side of Darrell K Royal-Texas Memorial Stadium. Parking is available for 15 minutes in lot 37 (corner of Red River and Clyde Littlefield). Please take Exit # 236A (Dean Keeton/32nd Street) to Dean Keeton/Red River, go south on Red River to LBJ Lot 37 (the 1st lot from the Red River/Clyde Littlefield Intersection, look for signage to enter Lot 37, then park in Lot 37 and walk down Clyde Littlefield Dr towards DKR.
- **Thursday through Saturday** - School packets will be available for pick-up at Gate 28 A&B located on the East side of Darrell K Royal-Texas Memorial Stadium. Please take Exit # 236A (Dean Keeton/32nd Street) to Dean Keeton/Red River, go south on Red River to LBJ Lot 37 (the 1st lot from the Red River/Clyde Littlefield Intersection, look for signage to enter Lot 37, then you may drop off/stage in Lot 37 and walk down Clyde Littlefield Drive towards Darrell K Royal – Texas Memorial Stadium. Look for signs to enter Gate 28 in DKR-TMS.

Day	Open	Closed	SITE
Wednesday, May 10	1:00pm	4:00pm	Darrell K Royal Texas Memorial Stadium, Gate 28
Thursday, May 11	6:30am	5:00pm	
Friday, May 12	6:30am	5:00pm	
Saturday, May 13	6:30am	5:00pm	

Final Relay Declarations: A relay team qualifies as a school and any four of the eight team members listed may compete. An individual listed as a relay member does not count as an event, unless the individual actually competes in the event.

****All relay cards should be filled out and turned in at packet pick-up. Changes can be made to the relay card no later than 30 minutes prior to running session at the bunker (below awards).**

Conference	Day	Deadline for Relay Changes
3A & 4A	Thursday, May 11	4:30pm
2A & 5A	Friday, May 12	4:30pm
1A & 6A	Saturday, May 13	4:30pm

School Parking: Each school team will receive ONE (1) parking pass. No additional parking passes will be given. The ONE (1) parking pass will be either for a bus or a vehicle. Please note, parking will only be provided on the day your school competes.

- School parking will be in **LOTS 37-40** (North of Mike A. Myers). Permit must be displayed on dashboard at all times. *Entry for the lots will be via Lot 37 (off of Red River). It's the first left north of the Red River/Clyde Littlefield intersection, and you can access it from Dean Keeton (to Red River).
- Please take Exit # 236A (Dean Keeton/32nd Street) to Dean Keeton/Red River, go south on Red River to LBJ Lot 38 where you will be directed to park. East Campus Garage serves as the overflow area for the LBJ Lots (if and when they fill). You will receive communication(s)/support upon arrival (on Red River) accordingly (if need to be re-directed). We encourage you to arrive early to avoid traffic on the I-35 corridor.
- If travelling in a bus, please request a bus permit at packet pick-up. Bus parking will be located in Lot 115 (immediately east of Mike A. Myers Stadium behind Red & Charline McCombs Softball field and per availability on Red River (west curb between Dean Keeton/Clyde Littlefield Drive). Buses will be permitted to drop-off within LBJ Lot 37 to unload teams/athletes, then re-directed to park, accordingly).

Qualifiers & Coaches Admission:

- **QUALIFIERS**
 - Contestants must have their assigned bib to be allowed entrance into DKR and Mike A. Myers.
 - Team/Competition/Athlete entry will be at Mike A. Myers Stadium Gate 3 (Southwest side of Mike A. Myers Stadium- separated from public gates/entry). Athletes will first enter Darrell K Royal Gate 27 (NW side of Mike A. Myers Stadium after they are dropped off/walk down hill/near packet pickup). Athletes will be able to warm-up inside Darrell K – Royal Texas Memorial Stadium on Campbell – Williams Field, then exit Darrell K Royal – Texas Memorial Stadium Warm-up area via Gate 32, proceed across Robert Dedman Drive (UTPD and event staffing will support) to Mike A. Myers Stadium Gate 3 and up the stairs to Gate 2 where they will enter to stage and then compete.

- **COACHES**

- Each school will receive **TWO** wristbands for coaches. The wristbands will only allow access on the day your conference competes. The wristbands will allow a coach to access the warm-up area (at DKR) and entry into the stadium. Wristbands will **NOT** allow coaches to have field access.
- For schools who qualify athletes in high jump, shot put and/or discus, coaches will be provided a tattoo, which will allow for entry to the field. **Tattoos MUST be requested at the time of packet pick-up.**

Warm-up & Check-in Information:

Running Events – Warm-up at DKR (See Map)

ENTRANCE for warm-up at DKR will be at Gate 28 on the Northeast Side of DKR Stadium ONLY. Athletes will EXIT through Gate 32 on the Southeast Side of DKR. We ask schools to **arrive 2 hours before** they are set to compete. If athletes are not competing, they should not be in the warm-up area.

- DKR will open at 7:00am on Thursday, Friday and Saturday. **DKR will not be open on Wednesday.**
- Contestants must have their bib number and school personnel (coaches and trainers) must have a wristband for access into warm-up area.
- **Contestants for all track races must check-in with the clerk at DKR prior to being escorted to the staging area.**

Field Events – Contestants may use DKR for general warm-up, however field event participants **DO NOT CHECK IN AT DKR.** Field Event athletes will need to enter the facility via Mike A. Myers Stadium Gate 3 (and up the stairs to Gate 2) as with the running events, as well, then proceed to the below (appropriate field event area(s). Each participant in a field event must check-in for their events as follows: **Athletes will not get full warm-up if he/she is late to check-in.** For schools who qualify athletes in high jump, shot put and/or discus, coaches will be provided a tattoo, which will allow for entry to the field.

Field Event	Check-In	Coaches' Area	Special Instructions
Discus/Shot Put	White tent SW corner of track	Designated on field **must have tattoo	Implement weigh-in required one hour before
Long Jump/Triple Jump	White tent SW corner of track	Front row bleachers	No coaches on runways; must remain in bleachers
High Jump	At event site – must enter gate 4	Designated area on field **must have tattoo	Must remain in HJ area
Pole Vault	At event site – must enter gate 4	Front row of bleachers; or may be on designated area of field	Weigh-in and pole inspection one hour before

****Only ONE coach per athlete will be permitted in the field event areas.**

Wheelchair Events – Warm-up on track

- Contestants **ENTER SE GATE 2** to have equipment inspected **no later than one hour** prior to competition. Warm-up will be allowed on the track prior to the session and the event. (4:05 – 4:30 on Friday, May 12)
- Athletes participating in seated shot put will be allowed warm-up immediately prior to competition at the designated ring.

General Information:

Running Events -

- Contestants must be “competition ready” (warm-ups removed, dressed in a legal uniform, spikes on) upon arriving to the staging area.
 - **¼ pyramid spikes only will be allowed (no needle spikes)**
- It is recommended that athletes leave all valuable and personal belongings with coaches, teammates or parents.
- Athletes may not use a personal set of starting blocks. The facility will provide all starting blocks.
- Distance events will start as follows:
 - 800m – individual lanes
 - 1600m – single waterfall
 - 3200m – single waterfall
- All relay batons must be inspected prior to competition.
- **Open Track/Relay Exchanges** – The track is restricted to relay exchange practice and the wheelchair division prior to each session for participants only. No cell phones, headphones, or other electronic devices allowed nor will coaches be allowed on the track during this time. **NO COACHES are allowed on the infield area for running events!**

Relay Exchanges			
3A	Thursday, May 12	3:15pm – 3:35pm	Warm-Up in assigned lane only
4A	Thursday, May 12	3:40pm – 4:00pm	Warm-Up in assigned lane only
2A	Friday, May 13	3:15pm – 3:35pm	Warm-Up in assigned lane only
5A	Friday, May 13	3:40pm – 4:00pm	Warm-Up in assigned lane only
WC	Friday, May 13	4:05pm – 4:30pm	Warm-Up in assigned lane only
1A	Saturday, May 14	3:15pm – 3:35pm	Warm-Up in assigned lane only
6A	Saturday, May 14	3:40pm – 4:00pm	Warm-Up in assigned lane only

Tape ONLY may be used on the track. No tennis balls or rubber markers will be allowed.

Field Events -

- **¼ pyramid spikes only will be allowed (no needle spikes)**
- **Triple jump boards are 30 & 34 (female) and 36 & 42 (male).** There will be no other boards available at the meet!
- **Only those coaches with a TATTOO will be allowed on the field area! Tattoos will only be issued to schools who have an athlete competing in high jump, shot put and/or discus.**

Trainers: A designated area in the NW corner will be available for emergencies only. **An athletic training station will be available inside DKR (Upper East Concourse by St. David's Aid Station) at Gate 31 for non-emergency purposes (ankle taped, ice, etc).**

Awards: Competitors will receive awards immediately following their event.

- The top three finishers will be escorted to the awards stand and media tent after the event.
- 1st, 2nd, and 3rd place teams will receive a trophy upon the conclusion of the meet.
- MaxPreps will take official photos at the awards stand.
- **NOTE: NO spectators, parents, or school personnel will be allowed to stand around the award.**

Tickets: Credit cards ONLY. NO CASH.

Ticket	Price
Individual Sessions	\$15.00
Thursday Day Pass	\$25.00
Friday Day Pass	\$25.00
Saturday Day Pass	\$25.00

Stadium Rules:

CLEAR BAG POLICY

Please note a clear bag policy is in effect for Mike A. Myers Stadium. All bags larger than 4.5" x 6.5", including purses and diaper bags, must be clear plastic and no larger than 12" x 6" x 12". For more details, please visit TexasSports.com/clearbag. **Note:** The clear bag policy only effects those who do not have credentials (wristbands, badges, bibs, etc)

All bags carried by contestants must be checked before entering Myers Stadium.

- Gate 3 will be designated for bag check for participating schools.
- Participant coolers (may contain water and/or sports drinks only) are allowed only when accompanied by an athletic trainer (one per team).
- The following items are **NOT** allowed into the stadium: **umbrellas, strollers, food or beverage containers, XLarge bags.**

Results: Final results will be posted at the meet site. Official results will be posted on the UIL Website.

MODIFICATIONS & EVENT PROCEDURES

NFHS Rule	Subject - Topic	UIL requirements
2.1.2	Championship scoring	1st-6th place and points will be given 10-8-6-4-2-1. Relays will be scored 20-16-12-8-4-2.
3.17.1-2	Wind gauge	Required for national records; state records can only be set at state meet with wind gauge reading.
4.2.1	Event allowance	Contestant is permitted no more than three (3) running events with no distance restrictions (HS only), including relays and may enter up to five (5) field events.
4.3.1(c)	Uniform	Male contestants must wear shorts over the one-piece suit or compression short.
4.3.2(b)	Under garment	Relay team members must all be in same undergarment color and design (if worn). Any length of sleeve or leg garment is allowed, not required to match a teammate. Proactive officiating (clerk) should eliminate uniform penalties.
5.6.4	Seeding	Choice for district and area meets. Seed by qualifying performance for regional meet. State meet is preferred lanes for regional champion; random for others.
6.3.2-3	Ties	Distance –events must be broken 1 st -6 th places all meets.
6.3.1-2	Ties	Vertical jumps – events must be broken 1 st - 6 th place. HJ: 2" increments until 4 jumpers are left then 1" thereafter. PV: 6" increments until 4 jumpers are left then 3" thereafter.
2.1.4 3.8.1-8	Scoring of ties	Advancement to next meet is based on all places identified 1 st -6 th place. Modification: Ties must be broken and award points accordingly.

2023 STATE MEET SCHEDULE

The gates will open at **8:00am Thursday through Saturday**. **DKR/Warm-Up area will open at 7:00am**. The Games Committee in collaboration with the referee may suspend the meet due to an emergency, such as hazardous weather conditions or power failure.

THURSDAY, MAY 11, 2023 (3A & 4A)

SESSION # 1 9:00am FIELD EVENTS				
Time	Event	Location	Conference	Division
9:00am	Discus	R-1	3A	G
11:00am	Discus	R-1	3A	B
1:00pm	Discus	R-1	4A	G
3:00pm	Discus	R-1	4A	B
9:00am	Shot Put	R-1	4A	G
10:30am	Shot Put	R-2	4A	B
12:30pm	Shot Put	R-1	3A	G
2:00pm	Shot Put	R-2	3A	B
9:00am	Pole Vault	P-1	3A	B
11:00am	Pole Vault	P-1	3A	G
1:00pm	Pole Vault	P-1	4A	B
3:00pm	Pole Vault	P-1	4A	G
9:00am	High Jump	P-1	4A	B
9:00am	High Jump	P-2	4A	G
11:30am	High Jump	P-1	3A	B
11:30am	High Jump	P-2	3A	G
9:00am	Long Jump	P-1	3A	B
9:00am	Long Jump	P-2	3A	G
10:45am	Long Jump	P-1	4A	B
10:45am	Long Jump	P-2	4A	G
1:00pm	Triple Jump	P-2	3A	B
1:00pm	Triple Jump	P-1	3A	G
2:45pm	Triple Jump	P-2	4A	B
2:45pm	Triple Jump	P-1	4A	G

SESSION # 1 9:00am TRACK EVENTS 3200m only			
Time	Event	Conference	Division
9:00am	3200m	3A	G
9:15am	3200m	3A	B
9:30am	3200m	4A	G
9:45am	3200m	4A	B

SESSION # 2 5:00pm TRACK EVENTS	
Time	Event
5:00pm	400m Relay
5:20pm	800m Run
5:45pm	100m Girls Hurdles & 110m Boys Hurdles
6:05pm	100m Dash
6:25pm	800m Relay
6:45pm	400m Dash
7:10pm	300m Hurdles
7:30pm	200m Dash
7:50pm	1600m Run
8:20pm	1600m Relay

FRIDAY, MAY 12, 2023 (2A, 5A & WC)

SESSION # 3 9:00am FIELD EVENTS				
Time	Event	Location	Conference	Division
9:00am	Discus	R-1	2A	G
11:00am	Discus	R-1	2A	B
1:00pm	Discus	R-1	5A	G
3:00pm	Discus	R-1	5A	B
9:00am	Shot Put	R-1	5A	G
10:30am	Shot Put	R-2	5A	B
12:30pm	Shot Put	R-1	2A	G
2:00pm	Shot Put	R-2	2A	B
12:30pm	Shot Put	R-3	WC	B
2:30pm	Shot Put	R-3	WC	G
9:00am	Pole Vault	P-1	2A	B
11:00am	Pole Vault	P-1	2A	G
1:00pm	Pole Vault	P-1	5A	B
3:00pm	Pole Vault	P-1	5A	G
9:00am	High Jump	P-1	5A	B
9:00am	High Jump	P-2	5A	G
11:30am	High Jump	P-1	2A	B
11:30am	High Jump	P-2	2A	G
9:00am	Long Jump	P-1	2A	B
9:00am	Long Jump	P-2	2A	G
10:45am	Long Jump	P-1	5A	B
10:45am	Long Jump	P-2	5A	G
1:00pm	Triple Jump	P-2	2A	B
1:00pm	Triple Jump	P-1	2A	G
2:45pm	Triple Jump	P-2	5A	B
2:45pm	Triple Jump	P-1	5A	G

SESSION # 3 9:00am TRACK EVENTS 3200m only			
Time	Event	Conference	Division
9:00am	3200m	2A	G
9:15am	3200m	2A	B
9:30am	3200m	5A	G
9:45am	3200m	5A	B

SESSION # 4 5:00pm TRACK EVENTS	
Time	Event
5:00pm	400m Relay
5:20pm	800m Run
5:45pm	100m Girls Hurdles & 110m Boys Hurdles
6:05pm	100m Dash
6:25pm	100m Wheelchair
6:40pm	800m Relay
7:00pm	400m Dash
7:20pm	400m Wheelchair
7:35pm	300m Hurdles
7:55pm	200m Dash
8:15pm	1600m Run
8:45pm	1600m Relay

SATURDAY, MAY 13, 2023 (1A & 6A)

SESSION # 1 9:00am FIELD EVENTS				
Time	Event	Location	Conference	Division
9:00am	Discus	R-1	1A	G
11:00am	Discus	R-1	1A	B
1:00pm	Discus	R-1	6A	G
3:00pm	Discus	R-1	6A	B
9:00am	Shot Put	R-1	6A	G
10:30am	Shot Put	R-2	6A	B
12:30pm	Shot Put	R-1	1A	G
2:00pm	Shot Put	R-2	1A	B
9:00am	Pole Vault	P-1	1A	B
11:00am	Pole Vault	P-1	1A	G
1:00pm	Pole Vault	P-1	6A	B
3:00pm	Pole Vault	P-1	6A	G
9:00am	High Jump	P-1	6A	B
9:00am	High Jump	P-2	6A	G
11:30am	High Jump	P-1	1A	B
11:30am	High Jump	P-2	1A	G
9:00am	Long Jump	P-1	1A	B
9:00am	Long Jump	P-2	1A	G
10:45am	Long Jump	P-1	6A	B
10:45am	Long Jump	P-2	6A	G
1:00pm	Triple Jump	P-2	1A	B
1:00pm	Triple Jump	P-1	1A	G
2:45pm	Triple Jump	P-2	6A	B
2:45pm	Triple Jump	P-1	6A	G

SESSION # 1 9:00am TRACK EVENTS 3200m only			
Time	Event	Conference	Division
9:00am	3200m	1A	G
9:15am	3200m	1A	B
9:30am	3200m	6A	G
9:45am	3200m	6A	B

SESSION # 2 5:00pm TRACK EVENTS	
Time	Event
5:00pm	400m Relay
5:20pm	800m Run
5:45pm	100m Girls Hurdles & 110m Boys Hurdles
6:05pm	100m Dash
6:25pm	800m Relay
6:45pm	400m Dash
7:10pm	300m Hurdles
7:30pm	200m Dash
7:50pm	1600m Run
8:20pm	1600m Relay

2023 EVENT MAP

