

2020-21 COVID-19 Junior High Allowable Contests

Sport	Number of Contest Allowed	Number of Contests Per Day	First Day of Season	Number of Days to Complete Season	Games Per Week
Baseball	12 Games and 4 additional games in place of tournaments	One contest per day allowed during school week; both allowable contests can be played outside school week on the same day. NO TOURNAMENTS In 2020-21 School Year	Anytime during school year	97 consecutive calendar days to complete season	1 game per school week. 1 additional game may be played after end of school week (4 total additional games) for 2020-21 year only
Basketball	12 Games and 4 additional games in place of tournaments	One contest per day allowed during school week; both allowable contests can be played outside school week on the same day. NO TOURNAMENTS In 2020-21 School Year	Anytime during school year	121 consecutive calendar days to complete season	1 game per school week. 1 additional game may be played after end of school week (4 total additional games) for 2020-21 year only
Football	9 (recommended 8) games, scrimmage counts as an allowable game	One game or scrimmage per week. A minimum of 5 days between contests	Anytime during fall semester within allowable game limit	80 consecutive calendar days to complete season	A minimum of 5 days between contests
Soccer	10 Games and 4 additional games in place of tournaments	One contest per day allowed during school week; both allowable contests can be played outside school week on the same day. NO TOURNAMENTS In 2020-21 School Year	Anytime during school year	86 consecutive calendar days to complete season	1 game per school week. 1 additional game may be played after end of school week (4 total additional games) for 2020-21 year only
Softball	12 Games and 4 additional games in place of tournaments	One contest per day allowed during school week; both allowable contests can be played outside school week on the same day. NO TOURNAMENTS In 2020-21 School Year	Anytime during school year	97 consecutive calendar days to complete season	1 game per school week. 1 additional game may be played after end of school week (4 total additional games) for 2020-21 year only
Volleyball (Girls)	12 Games and 4 additional games in place of tournaments	One contest per day allowed during school week; both allowable contests can be played outside school week on the same day. NO TOURNAMENTS In 2020-21 School Year	Anytime during school year	86 consecutive calendar days to complete season	1 game per school week. 1 additional game may be played after end of school week (4 total additional games) for 2020-21 year only
Individual Sport	Allowable Meets/Tournaments	Max # of Teams / Participants allowed at Meets	Season Dates	# Days to Complete Season	School Week / Calendar Week limits
Cross Country	6 meets, including district meet (can hold additional meets with 3 or fewer schools as long as no loss of school time)	6 total school max, one competition level (7 th or 8 th grade), 10 athletes per school. District meets can have only one division competing at a given time	Practice shall not begin prior to 1 st day of school	No season days length, only 6 meets	Limited to one contest, meet, or tournament per calendar week.
Golf	6 tournaments, including district tournament (can hold additional competitions with 3 or fewer schools which don't count in 6 tournaments as long as no school time is lost)	Invitational tournaments may have no more than 18 total schools (5 students per team)	Practice shall not begin prior to 1 st day of school	No season days length, only 6 meets/tournaments	Limited to one contest, meet, or tournament per calendar week.
Tennis	6 tournaments, including district tournament (can hold additional dual matches with 3 other schools which don't count in 6 tournaments as long as no school time is lost)	Invitational meets may have no more than 4 total schools	Practice shall not begin prior to 1 st day of school	No season days length, only 6 meets/tournaments	Limited to one contest, meet, or tournament per calendar week.
Wrestling	TBD	TBD	Season shall begin no earlier than February 15, 2021	TBD	Limited to one contest, meet, or tournament per calendar week.

Track & Field	6 meets, including district meet (can hold additional meets with 3 or fewer schools as long as no loss of school time)	8 total schools (to include both boys & girls) with only one level of competitors (7 th -8 th) on site at a given time. Invitational meets could allow schools to bring both 7 th & 8 th athletes, but would be limited to 4 total schools in that scenario.	Practice shall not begin prior to 1 st day of school	No season days length, only 6 meets	Limited to one contest, meet, or tournament per calendar week.
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