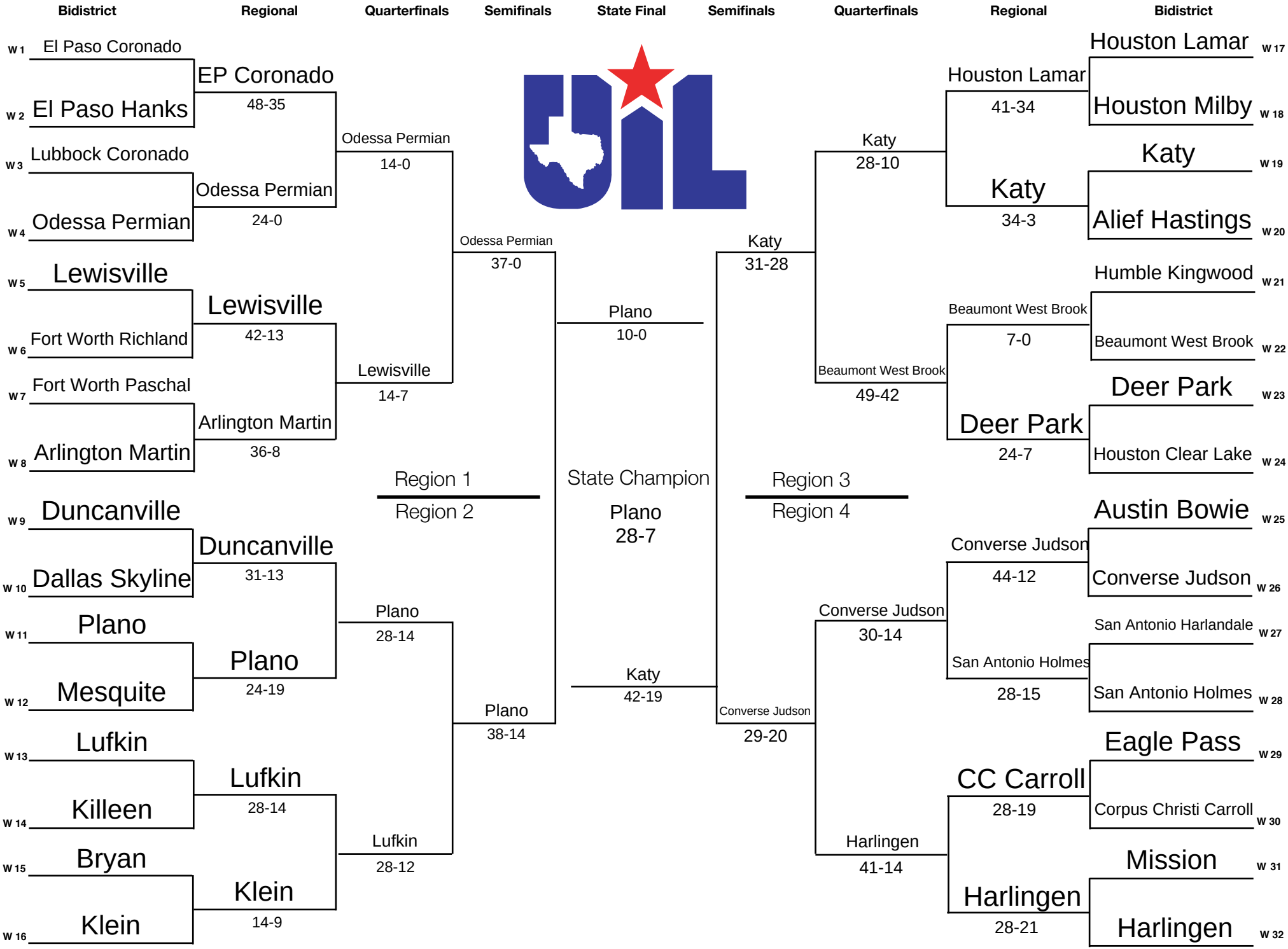1994 Football Conference 5A Division 1