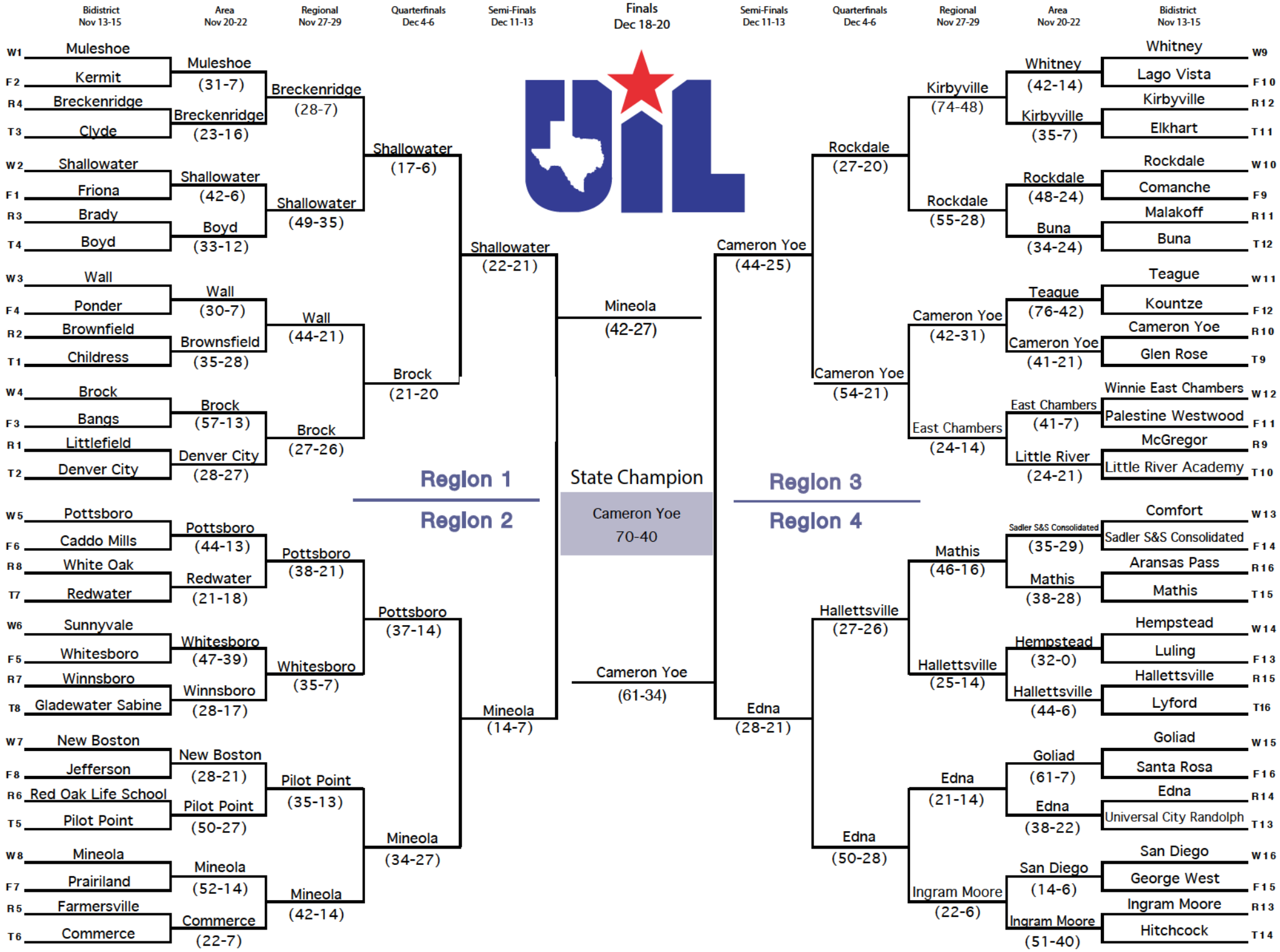2014 Football Conference 3A Division 1