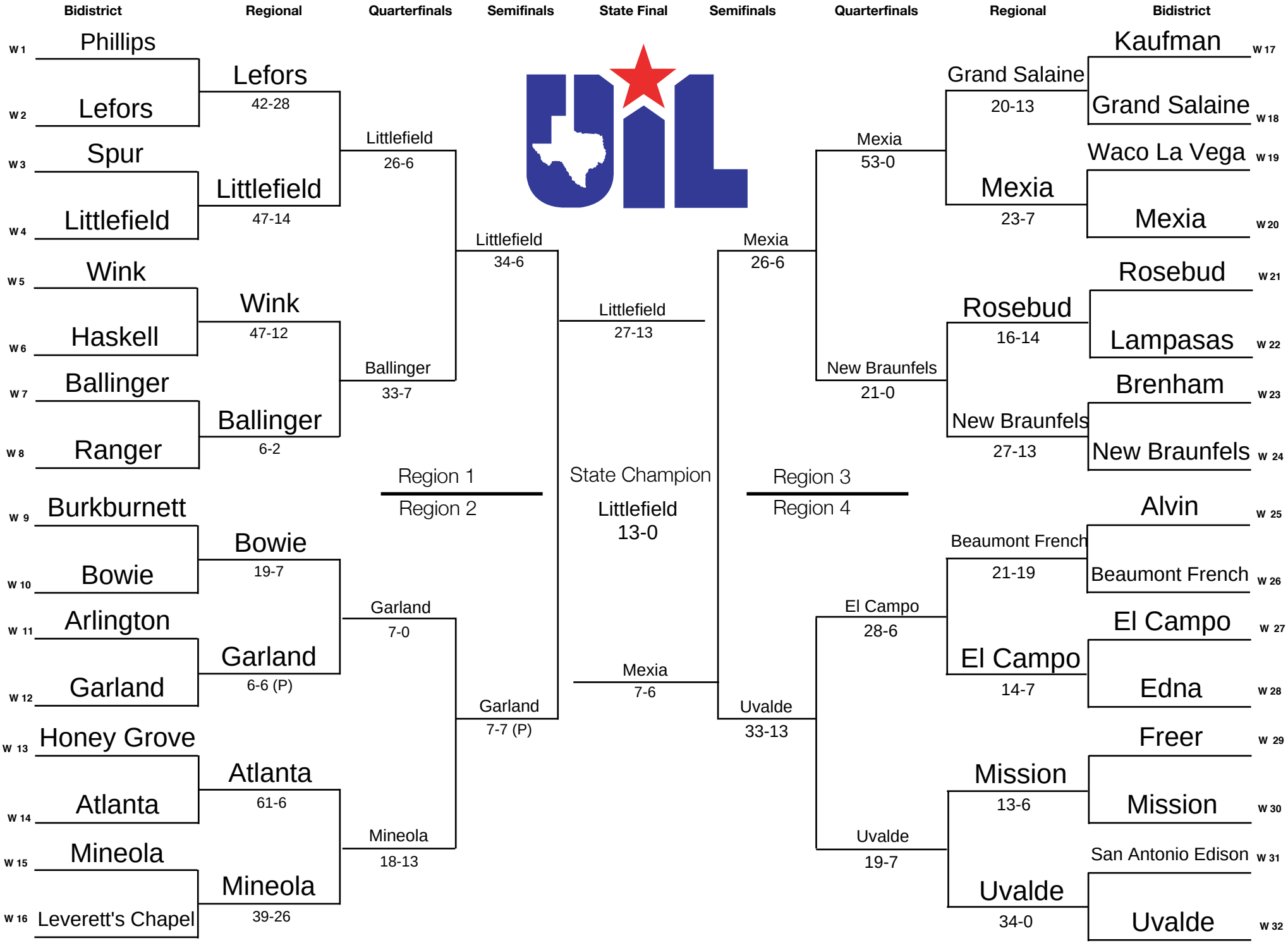1949 Football Conference 1A