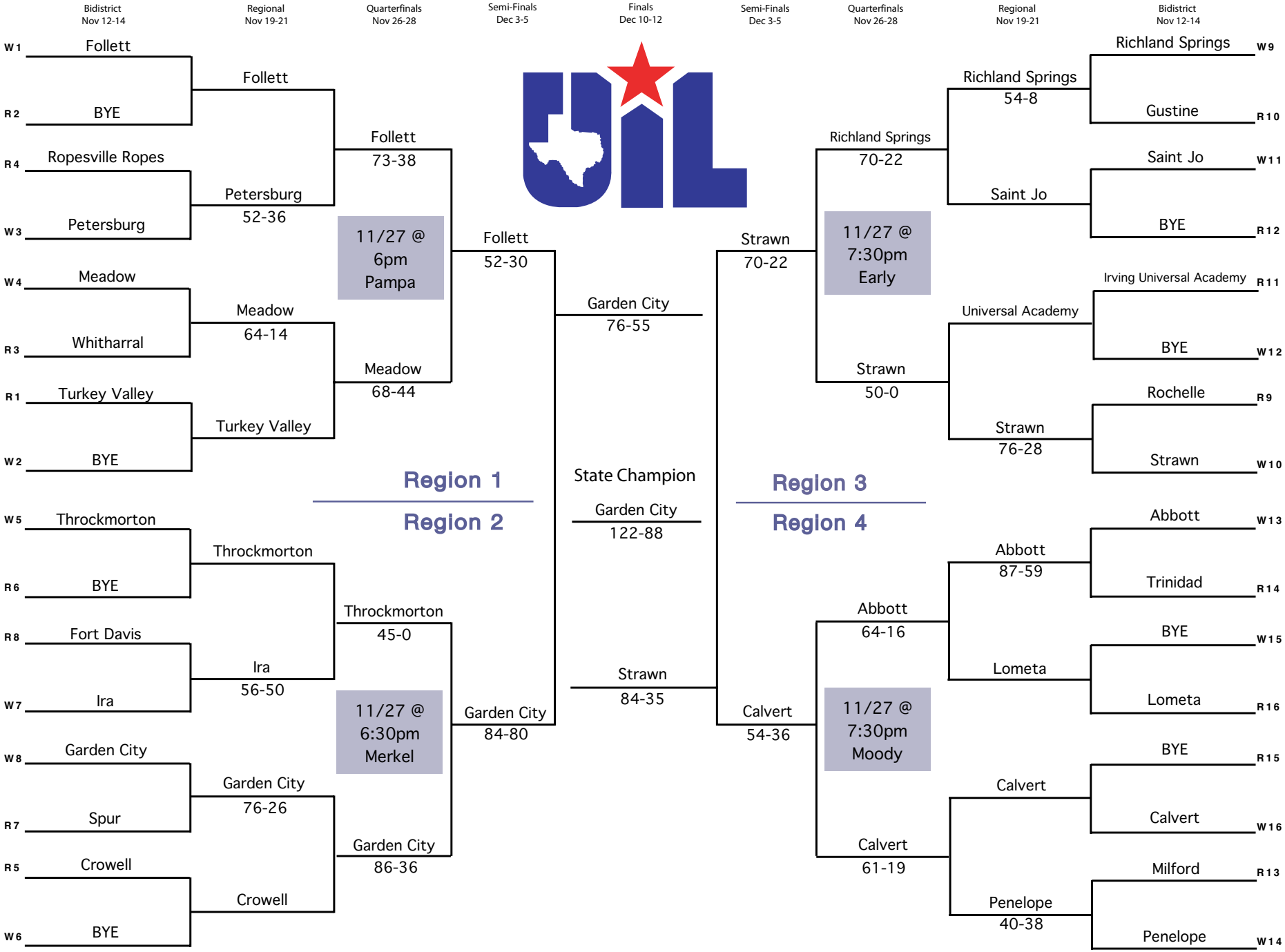2009 Football Conference 1A 6-Man Division 1