



UIL Coaches Checklist Wrestling 2022-23

	CHECKLIST	REFERENCE LINK	COMPLETION DATE
✓	PRE-SEASON		
	Register/update profile in the UIL Portal	UIL Portal	Prior to 1 st Practice
	Review Wrestling Manual	Wrestling Manual	Prior to 1 st Practice
	UIL coaching requirements (CCP & Texas Education Code)	Coaching Requirements	Prior to 1 st Practice
	Student participation required forms. Keep on file.	Athletic Forms	Prior to 1 st Practice
	Varsity participation required forms. Keep on file.	Athletic Forms	Prior to 1 st Practice
	Review rules regarding eligibility for athletic contests	C&CR Sec. 400 & 403	Prior to 1 st Practice
	Review Wrestling Plan	Wrestling Plan	Prior to 1 st Practice
	Review UIL Rule Changes	UIL Rule Changes	Prior to 1 st Practice
	Review NFHS Rule Changes	NFHS	Prior to 1 st Practice
	Complete PAPFs and file with UIL Office <ul style="list-style-type: none"> • Apply/Complete any necessary Waivers and file with UIL 	PAPF Process Waiver Information	Prior to 1 st Practice
	Submit Individual Eligibility Form to district chair (UIL Portal)	UIL Portal	Prior to 1 st Contest
	Email Crystal Victorino if you are a new coach or at a different school	cvictorino@uiltexas.org	September 1
	Gain access to Trackwrestling and pay OPC membership fees	Trackwrestling	October 1
✓	REGULAR SEASON		
	Weight assessments begin		October 1
	Weekly recording of weights is required, commit in Trackwrestling.		Weekly
	First day for meets and tournaments		November 7
	Final day for weight certifications		January 21
✓	POST-SEASON		
	Review State Qualifier's Handbook	Post-Season Packet	
	Submit entries to district director 5 days prior to district tournament		January 30



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Wrestling
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	District Certification by District Chair to Regional Directors		February 4
	Regional Tournament	Regional Sites	February 10-11
	Confirm names, class, records are accurate in OPC	Trackwrestling	February 13
	State Tournament	Tournament Info	February 17-18
	Post-Tournament Evaluation	ajmartinez@uiltexas.org	March