

## Southwest Independent School District UIL Region VII Class 5A Championship Meet Information



Revised2/1/23

- Meet: UIL 2023 Region VII Class 5A Swimming and Diving Championships
- Teams: District 25, 26, 27, 28
- Date(s): February 3rd -4th, 2023
- Venue: Southwest ISD Aquatic Center 9290 SW Loop 410, San Antonio, TX 78242 Contact # 210-622-4900

#### DUE TO Weather. Schedule update

Schedule:	Friday, February 3rd / Preliminaries							
	1100 Coaches Meeting							
	1120	Warm-ups begin						
	1200	Doors open for Spectators						
	1200	Officials meet						
	1225	Push pace 1 and 8 only						
	1225	One-way sprint lanes 2 through 7						
	1225	Call for Timers						
	1240	Clear competition pool						
	1255	National Anthem						
	1300	Competition Begins						

#### All Diving Competition Saturday for both Girls and Boys before swimming

Saturday, Februa	ary 4th / Finals
0645	Diving warm-up begins
0805	Diving boards closed
0810	Diver Meeting with Referee
0815	Diving Competition Begins - This will be all rounds (combined)
1000	Diving ends
1020	Warm-up number one begins
1050	Warm-up number two begins
1100	Doors open for Spectators
1100	Officials Meet
1125	Push pace 1 and 8 only
1125	One-way sprint lanes 2 through 7
1125	Call for timers
1140	Clear competition pool
1150	Recognize officials
1155	National Anthem

1200 Competition Begins

#### **Diving:**

 Due to weather and schedule conflicts all diving will be Saturday morning before the finals. Both the girls and boys will dive. Facility: Myrtha Pool that will be setup for competition-

- Two (2) One-Meter Dura-Flex Diving Boards.
- One (1) 25-yard eight (8) lane Competition Course.
- Eleven (11) warm-up lanes during competition.
- Two (2) fully automated Colorado Timing System.
- Instruction pool: 3 ½ ft to 4 ½ ft Four lane not used during competition.
- Off deck seating for 770 spectators.
- Spectators and non-participating athletes are not permitted on deck.
- Concessions, T-shirt Vendor TBD.

# Admission: Door opens for spectators at 9 am both days Student (K-12) \$6.00 Single session \$10.00 All session Pass Adults \$8.00 Single session \$15.00 All session Pass Ticket link-Go Fan website <a href="https://gofan.co/app/events/856947?schoolId=TX73110">https://gofan.co/app/events/856947?schoolId=TX73110</a>

#### **Rules:**

- The 2022-2023 National Federation Swimming and Diving Rules will govern this meet.
- The Federation Whistle Start and No recall False Start Procedures will be in use at this meet.

#### Facility Rules, Regulations And Policies:

- The Competition Protocols and Procedure, posted throughout the facility, must be followed at all times.
- Deck changing is prohibited.
- Two-piece swim wear is prohibited.
- The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition.
  - Violators are subject to having their devices temporarily confiscated.
- Parents and other spectators are not permitted on-deck at any time for any reason.
- Flash photography of any sort is expressly forbidden during competition.
- Standing in front of and/or leaning against glass rails is expressly forbidden.
- Times noted on the scoreboard are never official and must not ever be regarded as such.
- All swimmers and divers are required to wear their approved uniforms and warm-ups.
- Hats, Body or face painting, costumes, and/or props will not be allowed.
- Organized cheers by the schools' team will be allowed on deck.
- All spirit groups and team mascots must stay in the spectator area and will not be allowed on deck.
- Athletes and/or teams that violate these rules will be subject to disciplinary actions that could include disqualification from the competition.

#### **Cell Phone Restrictions:**

• The presence and/or use of cell phones, and/or any other equipment capable of producing audio recordings, photographic or video images in locker rooms, rest rooms, changing areas or anywhere behind the starting blocks is strictly prohibited at all times.

#### Media Deck Access:

• Access to the deck by the media is carefully controlled. Members must sign in with a signature to gain the necessary credentials upon entering through the main lobby.

#### **On-site Shaving:**

• Federation Rules prohibit on-site shaving (§6. Article1. Paragraph g, page 33) as unsporting conduct. Violators are subject to disqualification from the meet and having any previous performances nullified.

#### **Swimming Format:**

- Championship with two heats, Consolation and Championship, advancing to finals.
- Please refer to the Order of Swimming Events on page six (6) for the schedule of breaks.
- Nominal 45 seconds between races in preliminaries.
- Nominal 90 seconds between the finals events.
- In the finals session a "Ready Bench" will be in operation.
- Finals qualifiers must report to the "Ready Bench" no later than one event prior to their scheduled swim.
- Music, appropriate to the occasion and determined by the facility, will be played as the athletes report to the starting blocks..

#### Diving Format: National Federation Rules will apply.

- 11 dive format
- Five (5) voluntary and six (6) optional dives must be performed.
- All divers must be entered with their High School team via Hy-TEK Commlink **and** with a completed dive sheet via <u>www.cleanentries.com</u> by 1200 hours, Monday January 31st, 2023.
- All diver must be entered in both Hy-Tek and CleanEntries in order to compete in this meet.
- All corrections, revisions, or deletions **must be completed in writing** and in the hands of the Diving Referee Friday's Coaches Meeting.

#### **Entry Restrictions:**

- Each swimmer may enter four (4) events, no more than two (2) of which may be individual events.
- No school may enter more than four (4) swimmers in any single individual event.
- Each school is limited to one (1) relay team per relay event.
- Late and/or deck entries are not permitted.

#### **Relays:**

- Only the four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete.
- If the swimmers are to be correctly noted in the Finals Results, the order of swimming must also be specified.
- Relay cards for the 200-yard Medley Relay must be turned in to the Official Scorer <u>no later than thirty</u> (30) minutes prior to the scheduled start of the meet.
- Relay cards for the 200-yard Free Relay must be turned in to the Official Scorer no later than the start of the men's 500 yard freestyle.
- Relay cards for the 400-yard Free Relay must be turned in to the Official Scorer no later than the start of the men's 100 yard backstroke.
- Once relay cards have been turned in to the Official Scorer, no changes will be permitted and post-meet corrections or revisions cannot be made.
- For the finals session, if there is a change in either the order of the swimmers <u>or</u> the makeup of a relay team a <u>NEW</u> card must be prepared and submitted to the Official Scorer as noted above.
- In the cases where there are eight (8) or fewer entries for any relay event, it will be contested as a timed final in the finals session only and NOT swum in preliminaries the card submission restrictions noted above will, however, apply.

## National Time Verification: This meet has been approved by USA Swimming for NTV purposes, which means times achieved by properly registered and entered USA swimming athletes can be loaded into the SWIMS National Database.

#### Scratch Deadline: 1200, Monday, January 31, 2023. (No exceptions)

#### Entry Procedures:

- Entries may be submitted **ONLY** by Hy-Tek Commlink file.
- Hard copy must accompany.
- Each entry must include the swimmer's full name, swimmers school affiliation grade, and a seedtime.
- Entries received without a seedtime will be rejected.
- All divers must be included in meet as well as sent into Cleanentries.
- Submit entries to: Rene Rodriguez, SWAC, 9290 SW Loop 410, San Antonio, TX 78242.
- Email address: drodriguez9172@swisd.net or hand-deliver.

#### E-mail Entries:

- Entries in Commlink Format only, Must be sent on to drodriguez9172@swisd.net
- The Commlink File must be renamed to clearly identify the entering team, the shorter the better.
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entries will not be refunded.
- Athletes WILL NOT be entered int Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail or hand-delivered.

Entry Fees:	\$15.00 per athlete	Checks Payable to SWISD Aquatics
	\$15.00 per relay team	
	<ul> <li>All entry fees must be paid prior</li> </ul>	to the start of the meet.

- If, for any reason, payment of the fees is to be delayed, a School District Purchase Order
  - reflecting the proper amount and payable to SWISD Aquatics will be acceptable.

#### Scratch Rules:

- High School Championship format.
- Scratches are not permitted.
- Swimmers who fail to appear for any competition in which they have entered will be disqualified from further competition.
- Previous performances will not be nullified.
- Failures to compete by reason of illness or injury are expected.
- An individual swimmer or relay team may withdraw from competition without penalty in any given event by declaring a false start. A declared false start, however, **does count** as an event.
- The Meet Referee will designate the time and place for such declarations.

#### Alternates:

- Swimmers, who may qualify as alternates for final events and wish to compete should no shows occur, must be within an area previously designated by the Meet Referee and be immediately available.
- Immediately is defined as being properly attired, at the block, and ready to swim within 30 seconds of being called.

#### **Meet Management:**

Swimming	Meet Manager 8.0						
Meet Director:	Rene Rodriguez	drodriguez9172@swisd.net	210.323.7543				
Entries Chair:	Nathan Coppock	ncoppock9619@swisd.net	210.622.4900				
Meet Referee:	Tim Byerly						
Diving:	Rene Rodriguez	drodriguez9172@swisd.net					

#### **Administrative**

Officials: TBD

#### Scoring:

Place⇒	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relays	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

#### Awards:

- Medals for 1st, 2nd , 3rd / Ribbons for places 4th through 8th.
- Please refer to the Order of Events on Page six (6) for details.
- Team awards for first place- Men and Women
  - $\circ$   $\,$  Men's and women's swimming and diving athletes of the year  $\,$
  - Men's and women's swimming and diving coaches of the year
  - Awards will be presented IAW the notes in the Order of Events on page six (6)

#### Swimming Officials Please Make Special Note:

- All officials must be properly registered with NFHS via Dragonfly for the 2022-2023 Season and have passed the current exam.
  - Officials not currently registered are not covered by NFHS Insurance and will not be assigned.
- The Meet Referee will make all deck assignments BEFORE the meet.
- Therefore, all officials who desire to be assigned to deck positions MUST notify the Meet Referee of their intentions and availability NOT LATER than 1800, Sunday January 31st.
- You WILL NOT be pre-assigned if your commitment and information are not submitted or not received by the deadline.
- Uniforms for deck officials will be as follows:
  - White collared shirts / blouses over khaki trousers, skirts (NO JEANS OR FLIP-FLOPS).

#### Please report to the main starting area..

#### **Athlete Entrance:**

• Buses will drop off athletes to the back side of the facility to enter / exit the event. Saturday buses will park in the bus lane at McAuliffe Middle School.

### 2023 UIL Region VII Class 5A Swimming & Diving Championships Order of the Swimming Events

Distance (yards) and stroke	Men's Event #						
200 Medley Relay	2						
10 minute break preliminaries and finals / Awards diving							
200 Freestyle	4						
200 Individual Medley	6						
50 Freestyle	8						
reak / Awards for 200 Free/ 200 IM / 50 Free	in Finals						
One-meter diving Combined	10						
100 Butterfly	12						
100 Freestyle	14						
500 Freestyle	16						
nute Break / Awards 100 Fly / 100 Free in Fina	als						
200 Free Relay	18						
100 Backstroke	20						
100 Breaststroke	22						
10 Minute Break / Awards 500 Free / 100 Back / 100 Breast							
400 Free Relay	24						
	200 Medley Relay ute break preliminaries and finals / Awards div 200 Freestyle 200 Individual Medley 50 Freestyle reak / Awards for 200 Free/ 200 IM / 50 Free One-meter diving Combined 100 Butterfly 100 Freestyle 500 Freestyle bute Break / Awards 100 Fly / 100 Free in Fina 200 Free Relay 100 Backstroke 100 Breaststroke e Break / Awards 500 Free / 100 Back / 100 B						

Pool will be open for warm-ups and cool downs during each break Awards Post Meet: 200 Medley Relay - 200 Free Relay- 400 Free Relay Awards Coach of the Year Athletes of the Year Team Awards

#### Hotels within 10 miles of SWAC:

#### North of Pool

Best Western Plus Lackland Hotel & Suites	5.4 miles
Hampton Inn & Suites San Antonio Lackland	8.1 miles
La Quinta Inn & Suites by Wyndham San Antonio	8.3 miles
Springhill Suites by Marriott San Antonio SeaWorld/Lackland	8.4 miles
Homewood Suites	8.5 miles
Home2 Suites by Hilton San Antonio Lackland/SeaWorld	8.6 miles
Comfort Suites near SeaWorld	9.5 miles
Courtyard by Marriott	9.8 miles
Holiday Inn Express	10 miles
South of Pool	
Best Western Plus Palo Alto Inn & Suites	5.7 miles

Click here to see a map of hotels near the SWAC