



Southwest Independent School District UIL Region VII Class 5A Championship Meet Information



Revised 2/1/23

Meet: UIL 2023 Region VII Class 5A Swimming and Diving Championships

Teams: District 25, 26, 27, 28

Date(s): **February 3rd -4th, 2023**

Venue: Southwest ISD Aquatic Center
9290 SW Loop 410, San Antonio, TX 78242
Contact # 210-622-4900

DUE TO Weather. Schedule update

Schedule: Friday, February 3rd / Preliminaries

1100	Coaches Meeting
1120	Warm-ups begin
1200	Doors open for Spectators
1200	Officials meet
1225	Push pace 1 and 8 only
1225	One-way sprint lanes 2 through 7
1225	Call for Timers
1240	Clear competition pool
1255	National Anthem
1300	Competition Begins

All Diving Competition Saturday for both Girls and Boys before swimming

Saturday, February 4th / Finals

0645	Diving warm-up begins
0805	Diving boards closed
0810	Diver Meeting with Referee
0815	Diving Competition Begins - This will be all rounds (combined)
1000	Diving ends
1020	Warm-up number one begins
1050	Warm-up number two begins
1100	Doors open for Spectators
1100	Officials Meet
1125	Push pace 1 and 8 only
1125	One-way sprint lanes 2 through 7
1125	Call for timers
1140	Clear competition pool
1150	Recognize officials
1155	National Anthem
1200	Competition Begins

Diving:

- Due to weather and schedule conflicts all diving will be Saturday morning before the finals. Both the girls and boys will dive.

Facility: Myrtha Pool that will be setup for competition-

- Two (2) One-Meter Dura-Flex Diving Boards.
- One (1) 25-yard eight (8) lane Competition Course.
- Eleven (11) warm-up lanes during competition.
- Two (2) fully automated Colorado Timing System.
- Instruction pool: 3 ½ ft to 4 ½ ft Four lane **not** used during competition.
- Off deck seating for 770 spectators.
- Spectators and non-participating athletes **are not** permitted on deck.
- Concessions, T-shirt Vendor TBD.

Admission: Door opens for spectators at 9 am both days

Student (K-12) \$6.00 Single session \$10.00 All session Pass

Adults \$8.00 Single session \$15.00 All session Pass

Ticket link-Go Fan website <https://gofan.co/app/events/856947?schoolid=TX73110>

Rules:

- The 2022-2023 National Federation Swimming and Diving Rules will govern this meet.
- The Federation Whistle Start and No recall False Start Procedures will be in use at this meet.

Facility Rules, Regulations And Policies:

- The Competition Protocols and Procedure, posted throughout the facility, must be followed at all times.
- Deck changing is prohibited.
- Two-piece swim wear is prohibited.
- The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition.
 - Violators are subject to having their devices temporarily confiscated.
- Parents and other spectators are not permitted on-deck at any time for any reason.
- Flash photography of **any sort** is expressly forbidden during competition.
- Standing in front of and/or leaning against glass rails is expressly forbidden.
- Times noted on the scoreboard are never official and must **not ever** be regarded as such.
- All swimmers and divers are required to wear their approved uniforms and warm-ups.
- Hats, Body or face painting, costumes, and/or props will not be allowed.
- Organized cheers by the schools' team will be allowed on deck.
- All spirit groups and team mascots must stay in the spectator area and will not be allowed on deck.
- Athletes and/or teams that violate these rules will be subject to disciplinary actions that could include disqualification from the competition.

Cell Phone Restrictions:

- The presence and/or use of cell phones, and/or any other equipment capable of producing audio recordings, photographic or video images in locker rooms, rest rooms, changing areas or anywhere behind the starting blocks is strictly prohibited at all times.

Media Deck Access:

- Access to the deck by the media is carefully controlled. Members must sign in with a signature to gain the necessary credentials upon entering through the main lobby.

On-site Shaving:

- Federation Rules prohibit on-site shaving (§6. Article 1. Paragraph g, page 33) as unsporting conduct. Violators are subject to disqualification from the meet and having any previous performances nullified.

Swimming Format:

- Championship with two heats, Consolation and Championship, advancing to finals.
- Please refer to the Order of Swimming Events on page six (6) for the schedule of breaks.
- Nominal 45 seconds between races in preliminaries.
- Nominal 90 seconds between the finals events.
- In the finals session a "Ready Bench" will be in operation.
- Finals qualifiers must report to the "Ready Bench" no later than one event prior to their scheduled swim.
- Music, appropriate to the occasion and determined by the facility, will be played as the athletes report to the starting blocks..

Diving Format: National Federation Rules will apply.

- 11 dive format
- Five (5) voluntary and six (6) optional dives must be performed.
- All divers must be entered with their High School team via Hy-TEK Commlink **and** with a completed dive sheet via www.cleanentries.com by 1200 hours, Monday January 31st, 2023.
- **All diver must be entered in both Hy-Tek and CleanEntries in order to compete in this meet.**
- All corrections, revisions, or deletions **must be completed in writing** and in the hands of the Diving Referee Friday's Coaches Meeting.

Entry Restrictions:

- Each swimmer may enter four (4) events, no more than two (2) of which may be individual events.
- No school may enter more than four (4) swimmers in any single individual event.
- Each school is limited to one (1) relay team per relay event.
- Late and/or deck entries are not permitted.

Relays:

- Only the four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete.
- If the swimmers are to be correctly noted in the Finals Results, the order of swimming must also be specified.
- Relay cards for the 200-yard Medley Relay must be turned in to the Official Scorer **no later than thirty (30) minutes prior to the scheduled start of the meet.**
- Relay cards for the 200-yard Free Relay must be turned in to the Official Scorer no later than the start of the men's 500 yard freestyle.
- Relay cards for the 400-yard Free Relay must be turned in to the Official Scorer no later than the start of the men's 100 yard backstroke.
- Once relay cards have been turned in to the Official Scorer, no changes will be permitted and post-meet corrections or revisions cannot be made.
- For the finals session, if there is a change in either the order of the swimmers **or** the makeup of a relay team a **NEW** card must be prepared and submitted to the Official Scorer as noted above.
- In the cases where there are eight (8) or fewer entries for any relay event, it will be contested as a timed final in the finals session only and NOT swum in preliminaries - the card submission restrictions noted above will, however, apply.

Meet Management:

Swimming Meet Manager 8.0
Meet Director: Rene Rodriguez drodriguez9172@swisd.net 210.323.7543
Entries Chair: Nathan Coppock ncoppock9619@swisd.net 210.622.4900
Meet Referee: Tim Byerly
Diving: Rene Rodriguez drodriguez9172@swisd.net

Administrative

Officials: TBD

Scoring:

Place⇒	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relays	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

Awards:

- Medals for 1st, 2nd , 3rd / Ribbons for places 4th through 8th.
- Please refer to the Order of Events on Page six (6) for details.
- Team awards for first place- Men and Women
 - Men’s and women’s swimming and diving athletes of the year
 - Men’s and women’s swimming and diving coaches of the year
 - Awards will be presented IAW the notes in the Order of Events on page six (6)

Swimming Officials Please Make Special Note:

- All officials must be properly registered with NFHS via Dragonfly for the 2022-2023 Season and have passed the current exam.
 - Officials not currently registered are not covered by NFHS Insurance and will not be assigned.
- The Meet Referee will make all deck assignments BEFORE the meet.
- Therefore, all officials who desire to be assigned to deck positions MUST notify the Meet Referee of their intentions and availability NOT LATER than 1800, Sunday January 31st.
- You WILL NOT be pre-assigned if your commitment and information are not submitted or not received by the deadline.
- Uniforms for deck officials will be as follows:
 - White collared shirts / blouses over khaki trousers, skirts (NO JEANS OR FLIP-FLOPS).

Please report to the main starting area..

Athlete Entrance:

- Buses will drop off athletes to the back side of the facility to enter / exit the event. Saturday buses will park in the bus lane at McAuliffe Middle School.

**2023 UIL Region VII Class 5A Swimming & Diving Championships
Order of the Swimming Events**

Women's Event #	Distance (yards) and stroke	Men's Event #
1	200 Medley Relay	2
10 minute break preliminaries and finals / Awards diving		
3	200 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
15 minute break / Awards for 200 Free/ 200 IM / 50 Free in Finals		
9	One-meter diving Combined	10
11	100 Butterfly	12
13	100 Freestyle	14
15	500 Freestyle	16
10 Minute Break / Awards 100 Fly / 100 Free in Finals		
17	200 Free Relay	18
19	100 Backstroke	20
21	100 Breaststroke	22
10 Minute Break / Awards 500 Free / 100 Back / 100 Breast		
23	400 Free Relay	24

Pool will be open for warm-ups and cool downs during each break

Awards Post Meet:

200 Medley Relay - 200 Free Relay- 400 Free Relay Awards

Coach of the Year

Athletes of the Year

Team Awards

Hotels within 10 miles of SWAC:

North of Pool

Best Western Plus Lackland Hotel & Suites	5.4 miles
Hampton Inn & Suites San Antonio Lackland	8.1 miles
La Quinta Inn & Suites by Wyndham San Antonio	8.3 miles
Springhill Suites by Marriott San Antonio SeaWorld/Lackland	8.4 miles
Homewood Suites	8.5 miles
Home2 Suites by Hilton San Antonio Lackland/SeaWorld	8.6 miles
Comfort Suites near SeaWorld	9.5 miles
Courtyard by Marriott	9.8 miles
Holiday Inn Express	10 miles

South of Pool

Best Western Plus Palo Alto Inn & Suites	5.7 miles
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[Click here to see a map of hotels near the SWAC](#)