



2020-2021 Track & Field Calendar

All Schools (1A through 6A):

April 10 District Certification Deadline

April 17 Area Certification Deadline

April 23-24 Regional Certification Deadline

May 7-8 State Meet

Deadlines for filing entry forms to appropriate director:

District: 5 days prior to District meet

Area: 5 days prior to Area meet

Regionals: Immediately following Area meet. Please review regional director's specified deadline.

State: Regional results will be sent to the state office by the regional director. The school does not send an entry form or fees to the UIL office.

- **Invitational Meets may have no more than 8 total schools (to include both boys & girls) with only one level of competitors (Var/JV/9th) on site at a given time. Invitational meets could allow schools to bring both Varsity & JV athletes, but would be limited to 4 total schools in that scenario.**
 - Each school shall be allowed a maximum of three contestants in each individual event. Only one relay team per school may be entered.
 - There may also be an additional 2 schools added to the 8 schools allowed if those 2 schools have no more than 6 participants.
 - NOTE: Meets which are limited to three or fewer schools do not count as a meet for participants, provided there is no loss of school time.
- **District Meets with more than 5 schools may only have one level of competitors (boys & girls) participating on site at a given time. Example: if Varsity Boys/Girls are running, JV would not be allowed on site with the varsity athletes. District Meets may exceed the 8 school limit if their district has more than 8 schools.**
 - Districts with 5 or fewer schools may have both Varsity & JV divisions compete together on site.
- **Additional information will be released at a later time concerning Regional and State Meets.**



2020 UIL Track and Field Season Update & Considerations

General Operational Guidelines

TEA requires all school systems to develop a plan for mitigating COVID-19 spread in schools. UIL guidelines *require* schools to include UIL activities for the 2020-2021 school year as part of this plan and carefully plan for mitigating risk of spread as students and staff participate in them. Schools must post these plans on the homepage of the school website or other easily accessible area of the school website. These plans do not require UIL or TEA approval. All 2020-2021 UIL COVID-19 Risk Mitigation Guidelines can be found at • [Risk Mitigation](#)

Face Coverings- Executive Order GA-29

[Executive Order GA-29](#), regarding face coverings, applies to all UIL activities effective July 3, 2020. This includes the 2020-2021 school year. As the public health situation changes, and/or if subsequent Executive Orders are issued by Governor Greg Abbott, these guidelines may be further modified.

1. For the purposes of this document, face coverings include non-medical grade disposable face masks, cloth face coverings (over the nose and mouth), or full-face shields to protect eyes, nose, and mouth.
2. All employees, parents, visitors and students ten years of age or older must wear face coverings or face shields upon entry to an area where UIL activities are being conducted and when not actively practicing or playing in the contest, unless an exception listed below applies.
3. The face coverings requirements do not apply to a school in a county that meets the requirements of paragraph 11 of [Executive Order GA-29](#), unless the local school system chooses to implement these requirements locally. Even in these circumstances, the wearing of face coverings or face shields is strongly encouraged.

Exceptions to the wearing of face coverings or face shields include:

- a. Any person with a medical condition or disability that prevents wearing a face covering;
- b. While a person is consuming food or drink;
- c. While the person is in a swimming pool, lake, or similar body of water.
- d. When a congregating group of persons maintains at least 6 feet of social distancing; or
- e. Any other reason or circumstance indicated under [Executive Order GA-29](#).

***Competitive drills involving one or more students on offense against one or more students on defense may be conducted. While conducting these drills, schools must require all students not actively exercising and staff to wear face coverings as described above.**

Required Screening

Required Screening before attending or participating in activities:

If staff have not been screened by the school for purposes of participating in instructional activities, schools must implement these screening protocols before allowing staff to participate in UIL activities.

1. Schools must require staff to self-screen for COVID-19 symptoms before participating in UIL activities or entering areas where UIL activities are being conducted. Symptoms are listed at the end of this document. The self-screening should include staff taking their own temperature. Staff must report to the school if they themselves have COVID-19 symptoms or are lab-confirmed with COVID-19, and, if so, they must remain off campus and away from areas where UIL activities are being conducted until they meet the criteria for re-entry as noted below. Additionally, they must report to the school if they have had close contact with an individual who is lab-confirmed with COVID-19, as defined at the end of this document, and, if so, must remain off campus and away from areas where UIL activities are being conducted until the 14-day incubation period has passed. Close contact is defined in this document below.
2. Parents must ensure they do not send a student to participate in UIL activities if the student has COVID-19 symptoms (as listed in this document) or is lab-confirmed with COVID-19 until the below conditions for re-entry are met. School systems may consider screening students for COVID-19 as well. Screening is accomplished by asking questions by phone or other electronic methods and/or in person. The screening questions should also be

asked of a student's parent if that parent will be dropping off or picking up their student from inside areas where UIL activities are being conducted.

3. Before visitors are allowed access to areas where UIL activities are being conducted, school systems must screen all visitors to determine if they themselves have COVID-19 symptoms (as listed in this document) or are lab-confirmed with COVID-19, and if so, they must remain off campus and away from areas where UIL activities are being conducted until they meet the criteria for re-entry as noted below. Additionally, school systems must screen to determine if visitors have had close contact with an individual who is lab-confirmed with COVID-19, and if so they must remain off campus and away from areas where UIL activities are being conducted until the 14-day incubation period has passed. When practical, screening questions could be supplemented with temperature checks of adults.

Track & Field Specific Protocols

- **Invitational Meets may have no more than 8 total schools (to include both boys & girls) with only one level of competitors (Var/JV/9th) on site at a given time. Invitational meets could allow schools to bring both Varsity & JV athletes, but would be limited to 4 total schools in that scenario.**
 - **Each school shall be allowed a maximum of three contestants in each individual event. Only one relay team per school may be entered.**
 - **There may also be an additional 2 schools added to the 8 schools allowed if those 2 schools have no more than 6 participants.**
 - **NOTE: Meets which are limited to three or fewer schools, do not count as a meet for participants, provided there is no loss of school time.**
- **District Meets with more than 5 schools may only have one level of competitors (boys & girls) participating on site at a given time. Example: if Varsity Boys/Girls are running, JV would not be allowed on site with the varsity athletes. District Meets may exceed the 8 school limit if their district has more than 8 schools.**
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Meet Considerations

Note: This is not an exhaustive list and additional steps may be necessary to help prevent the spread of virus. Even when taking all precautions, there will still be risk of transmitting illnesses. Everyone should stay vigilant about the health of members of their teams. Lastly, the situation with COVID-19 is rapidly changing. These considerations may quickly become outdated. Please keep up with the latest health officials in your county/local area.

General:

- Social distancing of at least 6 feet should be maintained when possible. No hugging, shaking hands, or fist bumps for support/encouragement.
- Recommend that meet hosts have an area designated for spectators so that the competitors, coaches, and officials are always away from the spectators in the venue.
- Recommend that each meet has a specific event and warm-up schedule to prevent large gatherings at a particular event.
- Recommend only using every other lane during lane events if possible.
- Recommend that competitors proceed immediately off the track and to a designated recovery location near the finish area where social distancing may take place. Competitors should also put their mask as soon as they are done competing in their specific event.
- Recommend that there are designated camp locations for all teams that are a minimum of 25 feet apart from other team camps. If hosts allow, buses can be used as a camp location for teams if desired. Clean and disinfect frequently touched surfaces and exercise equipment.

Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.

Officials:

- Bring personal hand sanitizer. Wash hands frequently
- Don't share equipment.
- Follow social distancing guidelines:
 - Pre and Post Meet conferences
 - Clerking at the start line
 - Tabulations and posting of results
- Consider using electronic whistle.
- Do not shake hands, and follow pre and post-game ceremony guidelines established by meet organizers.
- Official personnel should wear cloth face coverings at all times.