

UIL Regional Athletics Meet Handbook
Region III, 1A
2024



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UIL Region III, 1A

April 19-20, 2024

Track & Field Competition Site
** University of North Texas **



Coach,

Please be prepared to turn in the following Hotel Room Survey for your participating school to finalize your registration process for this UIL event.

UIL Hotel Room Survey



Thank you for supplying the following information. The sole purpose of this information is to assist in determining the estimated tourism impact of UIL events held in Denton.

Please complete this form and turn in at packet pickup.

Advisor's Name: (Please print)			
School Name:			
Hotel Name: (if applicable)			
Tourism Impact:	#ofRooms _____	#ofNights _____	#Numberofpeoplein each room? 1 2 3 4

General Athletic Contest Information

UIL Track and Field Championships Region III 1A



2024 REGION III, 1A EXECUTIVE COMMITTEE
DISTRICT MEET CHAIRS

District #	Phone	Email	Email 2
17 Matthew Fields	325.243.5224	mfields@rochelleisd.net	
18 Stanton Marwitz	325.739.5331	stanton.marwitz@zephyrisd.net	
19Wes Corzine	254.968.5274	wcorzine@hisd.us	
20Jim Kerbow	254.874.5231	jkerbow@meridianisd.org	
21 Cliff Gilmore	940.798.3718	cgilmore@pwcisd.net	
22Curtis Eldridge	409.296.4307	curtis.eldridge@saintjoisd.net	
23Emma Hudson	903.459.3288	ehudson@mgisd.net	
24 Troy Batts	903.762.2140	Battst@uhisd.com	

REGIONAL SPRING CHAMPIONSHIPS

Regional Athletics Director

Tom Hill
PHONE: (254) 749-0393
Tom_Hill2@outlook.com

Ruben Tucker
Phone: (254) 900-2454
Ruben.t@wahoo-sports.com

Overnight Shipments

Wahoo Sports & Entertainment
c/o Tom Hill
2625Franklin
Ave
Waco, TX 76710



**University of North
Texas Campus
GENERAL INFORMATION**

- LOST & FOUND:** Lost and Found services are not provided by the University;
Guests are responsible for their own property. Guest may check at the press box during
competition in case an item has been returned.
- SMOKING POLICY:** Smoking and the use of all tobacco products are banned on all property that is
owned, operated, leased, occupied, or controlled by the University.
- CAMPUS MAP:** A map of the UNT campus can be found on our website: wahoo-sports.com

Have a great visit and good luck in the competition!

ENTRY FEES

FEE PAYMENTS: All regional Track & Field entries and fees should be sent to the Regional Executive Committee member who represents your district. The District Director will confirm that a check for all fees in his or her district is sent and made PAYABLE TO: **Wahoo Sports & Entertainment** and received at **Wahoo Sports & Entertainment, c/o Tom Hill: 2625 Franklin Avenue, Waco, TX 76710 by Monday, April 1, 2024**

TRACK & FIELD FEES: Each contestant is required to pay **\$25.00** as an entry fee per person / per event. **Relays will be \$80/relay.** This should be sent to the District Director for your district along with an entry list of your team. The District Director will send the entire district fee to: **Tom Hill: 2625 Franklin Avenue, Waco, TX 76710 with a check made payable to Wahoo Sports & Entertainment.** W-9 information sent upon request. **ENTRY FEES MUST BE RECEIVED PRIOR TO COMPETITION.**

TOTAL ENTRY FEE per DISTRICT IS: \$2360.00+ any additional para entries at \$25.00 / per person / per event

IF YOU QUALIFY FOR THE REGIONAL CHAMPIONSHIPS USING AN AREA MEET, EACH TEAM IN THE AREA MEET WILL NEED TO PAY THEIR DISTRICT REPRESENTATIVE THE AGREED UPON AMOUNT FOR THEIR RESPECTIVE TEAM ACCORDING TO HOW THE AREA / DISTRICT IS ADMINISTERED. IT IS THE RESPONSIBILITY OF EACH DISTRICT IN THE REGION TO MAKE A TOTAL PAYMENT BY DISTRICT FOR THE REGIONAL CHAMPIONSHIPS

(See Track & Field Information on page 15-21)

Note: Spectator admission is \$6.00 for students and \$12.00 for adults each day plus any online additional ticketing fees. Only online ticket sales will be available on day of meet.

Location: 1155 Union Cir, Denton, TX 76205

Wahoo Sports & Entertainment – W-9 Information sent upon request.

ADDITIONAL RESOURCES: Additional event day information may be acquired through www.wahoo-sports.com.

ELIGIBILITY AND CERTIFICATION

Area Directors (or district if area is not contested) are required to send the official results via the UIL form immediately following the conclusion of the qualifying meet. The form should be filled out electronically if at all possible, and can be found [HERE](#). This form, in addition to a PDF of complete results, should be sent to the following email addresses:

tom@wahoo-sports.com
Ruben.t@wahoo-sports.com
carl.hornback@ntxtiming.com

The PDF results should be separated by gender (all girls, then all boys), and should include all 8 places, and a complete field series for each field event.

Coaches of qualifiers should use the following links to register their athletes:

1A Registration: [UIL 1A Region 3 Championships Registration - Registration \(milesplit.com\)](#)

4A Registration: [UIL 4A Region 2 Championships Registration - Registration \(milesplit.com\)](#)

Seed times/marks MUST BE the times/marks earned in the previous round (area, or district if area was not contested). DO NOT put all time best marks. Seeds will be verified using the PDF results. Enter qualifiers ONLY, DO NOT enter alternates. Each event will accept only 16 entries. Through the registration link all entries will be visible at all times.

For scratches, prior to the entry deadline, coaches should remove their athlete from the meet through the registration link, and notify the area director, who will then notify the coach of the next athlete in line. In the case that the next athlete cannot participate, you should continue to try to fill the spot until there are no more options. Alternates must come from the same Area (or district if area was not contested) as the scratching athlete. All alternates must be entered online using the registration links above, until the entry deadline. After the entry deadline, scratches/alternates should be emailed directly to all 3 email addresses above to be hand entered into the meet.

Entries on MileSplit will close at 5:00 PM on Monday, April 15, 2024. As stated above, all scratches/adds after this time must be emailed to all 3 email addresses above to be hand entered into the meet. Please make every reasonable effort to notify us, as well as the next available athlete, as soon as possible. **Scratches/adds for the 3200 meter run and Friday field events will be accepted until Thursday, April 18, 5:00 PM. Scratches/adds for Saturday field events, as well as all running (except the 3200 meter run) will be accepted at the coaches meeting on Friday April 19 at 8:00am.**

Startlists for the first round of Friday's field events and the 3200 will be posted by 6:00 PM on Thursday, April 18. Startlists for all other field events and preliminary running events will be posted by 1:00 PM on Friday, April 19. All startlists/results can be found at www.ntxtiming.com.



Athletic Contest Rules and Guidelines

UIL Region III 1A



2024 REGION III, 1A EVENT COMMITTEE

Athletic Director: Mr. Tom Hill Wahoo Sports &
Entertainment (254) 749-0393 cell
Tom_Hill2@outlook.com

Region III 1A TRACK & FIELD

BOYS & GIRLS

Site: University of North Texas
1155 Union Cir, Denton, TX 76205

Date: April 19-20, 2024

Meet Director: Mr. Ruben Tucker

Referees: Mr. Gary Flippin

Starter: TBD

Scorer, Timing and Data: Mr. Carl Hornback



BOYS' & GIRLS' TRACK & FIELD

- DATE:** The boys' and girls' UIL RegionIII, 1A Track & Field competition will be held **Friday, April 19 & Saturday April 20, 2024.**
- MEETDIRECTOR:** Mr. Ruben Tucker, (254) 900-2454, ruben.t@wahoo-sports.com
- MEET REFEREE:** Mr. Garry Flippin
- STARTER:** Mr. Raymond Pierre
- ENTRIES & FEES:** Entries and a fee of \$25.00 per person per event, must be sent to your district's Regional Executive Committee Member (see page 8) (Relays will be **\$80/relay**. Send fees to: **Tom Hill: 2625Franklin Ave., Waco, TX 76710. Check made payable to WAHOO SPORTS & ENTERTAINMENT.** W-9 information sent upon request. **ENTRY FEES MUST BE RECEIVED PRIOR TO COMPETITION.**
- COACHES' MEETING/ AND PACKETS:** There will be a coaches' scratch meeting on **Friday, April 19 at 8:00 a.m. Location is the club meeting room in the football stadium 3rd floor.** The meeting room will be open for packet pickup prior to the coaches meeting in case you arrive early. Packets (including meet information, numbers, etc.) will be available at this time. After this meeting, packets may be picked up at **The Check in area outside the gate. Coaches' packets will include two coaches' passes per team.** Additional passes may be purchased at \$10.00 each and may be used by institutional staff only. Athletes will be admitted using their numbers as identification. The location for the coaches meeting is TBD.
- SPECTATOR ADMISSION:** Admission fee is \$6.00 for students and \$12.00 for adults each day plus any online additional ticketing fees. Online ticket sales available only on day of meet.
- ALL PARKING:** **Buses will have a drop off location at the Rice Field and will be directed to park along the road in the back. See parking and field event map. Visitors should park in the South lot.**
- AWARDS:** All field events that are finished on Friday will have an award ceremony during the 1600m on Friday evening. All the running events on Saturday + the field events that will finish on Saturday will have an award ceremony straight after their respective events. All award ceremonies will take place on the soccer field, located in the middle of the track. **ANY AWARDS NOT RETRIEVED AT THE SITE WILL BE SHIPPED COD TO THE SCHOOL with a \$20 handling fee invoiced.**
- TRACK USAGE & SCHEDULING:** Limited use of the competition running track will be available Friday from 10:30 a.m. - 1:00 p.m. & Saturday 9:30 a.m. -12:00 p.m. This may be adjusted at the coaches' meeting Areas of use will be discussed at the Coaches' Meeting.

BOYS' & GIRLS' TRACK & FIELD (cont.)

PROTESTPROCEDURES:

All protests relating to matters which develop during the meet should be made at once and not later than 30 minutes after the result has been officially announced, or within 15 minutes in a preliminary round. Any such protest must be made in **WRITING** (*including a \$25.00 fee*) by the head coach and submitted at the protest table. The protest area will be located at the Clerk of the Course Location on **the South side of the track at the team tent area**. The decision made by the referee will be **FINAL**. In matters related to officiating pictures, the coach may ask to review the photo with the referee at an appropriate time that will not impact the meet schedule but the protest fee will be applied.

RULES:

Rules are as follows:

1. National Federation Track & Field Rules with the UIL supplement will govern the Track & Field meets.
2. Spikes no longer than ¼ inch are permitted, and only white athletic tape may be used for marking. All tape should be immediately removed after the event.
3. Shot put and discus circles are concrete, so plan for appropriate footwear. The throwing sector will be limited by the facilities.
4. Implements should be marked with the school's name. They should be submitted to the appropriate official at the implement check-in area no later than the designated times: **Thursday Drop Encouraged, Thursday implement weigh in will be from 5:00-7:00pm**

DISCUS: Boys: **Friday** 7:00 a.m. - 9:30a.m., **Saturday** 7:00am- 8:00am

Girls: **Friday** 7:00 a.m. –9:30a.m., **Saturday** 7:00am- 8:00am

SHOT PUT: Boys: **Friday only** 7:00 a.m. - 9:30a.m.

Girls : **Friday only** 7:00 a.m. - 9:30a.m.

POLEVAULT Boys: **Friday** 7:00 a.m. - 9:30a.m., **Saturday** 7:00am- 8:00am

Girls: **Friday** 7:00 a.m. –9:30a.m., **Saturday** 7:00am- 8:00am

Implements shall be impounded at the above times and delivered to the site prior to the event. Implements will not be released until the final in each event is concluded. **The Implement weigh-in area is located on the south side of the track in the maintenance building.**

Implements that do not qualify will remain in the impound area until the competition is over. They may be reclaimed after the event is over. Any implement that is not claimed will be taken to the award pick up area.

5. All eight competitors listed in each throwing flight will throw together.
6. Field event check-in is 30 minutes prior to the event at the event site.
7. Running event check-in is 30 minutes prior to event. Athletes will not be permitted on the infield prior to this time. Hip numbers and bib numbers must be visible.

BOYS' & GIRLS' TRACK & FIELD (cont.)

Rules (cont.):

8. The athletes' warm-up area is located at the team tent area. Athletes may only access the competition infield through the gate located at the check-in tent near the scoreboard.
9. Preferred lanes: All events 4, 5, 3, 6, 2, 7, 1, 8
10. Properly assigned competitor numbers must be worn on the front of the uniform. Competitor numbers will be included in the team packet and will admit athletes into the Track Complex.
11. Please note that the 3200 meter run, both boys and girls, has been placed early in the order of events and will be run as a final from a waterfall start with alleys. The same treatment applies for the 1600 meter run, which will be Saturday as a final with a waterfall start.

Have a great visit and good luck in the competition!



STATE TRACK AND FIELD RULES PROTEST FORM



In order to file a protest of an official ruling the following guidelines must be followed:

All protests of a referee's decision must be submitted in writing to one of the meet directors.

The protest must be filed within **30 minutes** following the official posting of results. The form must be turned in to an UIL official **located in the awards area.**

The information below must be fully completed in order for the protest to be considered:

Coach Name: _____ School: _____

Coach's Signature: _____ Cell #: _____

Circle one: Girls Boys

Event: _____ Date: _____ Time: _____

Athlete(s) Involved: (If applicable)

School: _____ Bib Number: _____ Hip Number: _____

School: _____ Bib Number: _____ Hip Number: _____

Description of Infraction/Dispute:

NFHS Rule Book Reference: Be exact in your rule reference number and page. (Example: NFHS Rule 2 Scoring Art. 2...The number of the places...).

Official Time Protest was Filed: _____ **Received by:** _____

Appeals Committee Action:

Meet Director's Signature: _____

Pole Vault Compliance Form

Per the National Federation of State High School Associations 2013 Track & Field Rule Book under Rule 7, Section 5 Pole Vault, Article 3, page 57:

“The competitor’s weight shall be at or below the manufacturer’s pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of $\frac{3}{4}$ -inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to competition, the coach must verify that all the school’s pole-vaulters and poles meet these requirements.

NOTES:

1. Etchings, serial numbers, etc. that may appear on poles shall not replace the requirement of the manufacturer’s pole rating of the minimum $\frac{3}{4}$ -inch marking in contrasting color on each pole. (7-5-3)
2. Each state association shall determine its own procedure regarding coaches verification.”

I, _____, hereby verify that all my competing pole-vaulters and poles are in compliance with Rule 7, Section 5 Pole Vault, Article 3, page 57 (stated above).

School: _____

Signature: _____

Date: _____

More information regarding this form and the complete NFHS Handbook can be found at:

http://www.amsacs.org/pdf/sports/track%20and%20field/2013_NFHS_Rule_Book.pdf



UIL Pole Vault Certification Form

In compliance with the National Federation of High Schools Track and Field Rule 7-5-3, this form is provided to verify pole vaulter's weights and pole ratings prior to warm-up and competition.

Vaulter's School:	Coach's Name (print):
Site of Competition:	Date of Competition:

Vaulter's Name:	Vaulter's Weight:	lbs.
Pole #1: Length:	Pole Rating Weight:	lbs.
Pole #2: Length:	Pole Rating Weight:	lbs.
Pole #3: Length:	Pole Rating Weight:	lbs.
Pole #4: Length:	Pole Rating Weight:	lbs.
Pole #5: Length:	Pole Rating Weight:	lbs.
Pole #6: Length:	Pole Rating Weight:	lbs.
Pole #7: Length:	Pole Rating Weight:	lbs.
Pole #8: Length:	Pole Rating Weight:	lbs.
Athlete Signature:	Date:	

Coach's Printed Name:	Date:
Coach's Signature:	Date:

The following are NFHS Track and Field Rules relevant to pole vault safety:

Rule 6.5.2: *The vaulting pole may be of any material and of length and diameter. It may have a binding of not more than two layers of adhesive tape of uniform thickness. However, the bottom of the pole may be protected by several layers of tape, PVC, metal, sponge rubber, or other suitable material to protect it when placed in the planting box.*

Rule 6.5.3: *The competitor's weight shall be at or below the manufacturer's pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of 3/4 inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to the competition, the Coach must verify that all of the schools' pole vaulters meet these requirements.*

6.5.4: *A competitor shall not use a variable weight pole, a pole which is improperly marked, or a pole rated below his/her weight, or any other equipment that is not legal during warm-up or competition. **NOTE:** Altering the pole in any fashion renders it illegal. **PENALTY: Disqualification from the event.***

6.5.5: *Prior to warm-up, the field referee, head field judge, or assigned inspector of implements shall inspect each pole to be used in the competition to verify that the poles are legal equipment, per Rule 7-5-3. This includes checking the placement of a top hand-hold band, numerical pole ratings a minimum of 3/4-inches in a contrasting color located within or above the top hand-hold band, and the proper binding of not more than two layers of adhesive tape of uniform thickness. The binding shall not be on or above the top handhold band.*

6.5.21: *A competitor shall not be allowed to use the pole of another individual without the consent of the owner. The event judge shall approve the use and verify that the pole is rated weight-appropriate. **PENALTY: Disqualification from the event.***

Rule 6.5.27: *It is a foul if the competitor grips the pole above the top handhold band. **PENALTY: An unsuccessful trial is charged, but not measured.***

Additional copies of this form can be found at:

<https://www.uiltexas.org/files/athletics/forms/tf-pole-vault-certification.pdf>

TRACK & FIELD MEET

University of North Texas

Schedule of Events UIL Region II 4A/ Region III 1A Boys & Girls Track & Field

Schedule is approximate and rolling and is subject to change; times will be adhered to as closely as possible.

Running Order: 1A Girls, 4A Girls, 1A Boys, 4A Boys

Friday, April 19

9:15 a.m.	3200m	Finals	Girls then boys
10:30 a.m.	High Jump	Finals	Boys
	Long Jump	Finals	Girls
	Shot Put	Finals	Boys
1:00p.m.	High Jump	Finals	Girls
	Long Jump	Finals	Boys
	Shot Put	Finals	Girls
4:00 p.m.	400 Meter Relay	Prelims	Girls & Boys
4:40 p.m.	100 Meter Hurdles	Prelims	Girls
4:55 p.m.	110 Meter Hurdles	Prelims	Boys
5:10 p.m.	100 Meter Dash	Prelims	Girls & Boys
5:40 p.m.	800 Meter Relay	Prelims	Girls & Boys
6:20 p.m.	400 Meter Dash	Prelims	Girls & Boys
6:50 p.m.	300 Meter Hurdles	Prelims	Girls & Boys
7:40 p.m.	200 Meter Dash	Prelims	Girls & Boys
8:20 p.m.	1600 Meter Relay	Prelims	Girls & Boys

TRACK & FIELD MEET (cont.)

Schedule of Events UIL Region II 4A/ III 1A Boys & Girls Track & Field

Schedule is approximate and rolling and is subject to change; times will be adhered to as closely as possible.

Running Order: 1A Girls, 4A Girls, 1A Boys, 4A Boys

Saturday, April 20

9:00a.m.	Pole Vault	Finals	Girls
	Triple Jump	Finals	Girls
	Discus	Finals	Boys
11:00 am	Discus	Finals	Girls
	Pole Vault	Finals	Boys
	Triple Jump	Finals	Boys
1:30p.m.	400 Meter Relay	Finals	Girls then Boys
1:50p.m.	800 Meter Run	Finals	Girls then Boys
2:10p.m.	100 Meter Hurdles	Finals	Girls
2:20p.m.	110 Meter Hurdles	Finals	Boys
2:30p.m.	100 Meter Dash	Finals	Girls/Boys/Para
2:45p.m.	800 Meter Relay	Finals	Girls then Boys
3:05p.m.	400 Meter Dash	Final	Girls/Boys/Para
3:25p.m.	300 Meter Hurdles	Finals	Girls then Boys
3:45p.m.	200 Meter Dash	Finals	Girls then Boys
4:00p.m.	1600 Meters	Finals	Girls then Boys
4:30p.m.	1600 Meter Relay	Finals	Girls then Boys



February 1, 2024

INVOICE

TO:
Region III 1A District Representatives
District 17-24

PAYABLE TO:

Wahoo Sports & Entertainment
2625 Franklin Avenue, Waco, Texas
76710

DESCRIPTION

UIL Region III 1A
Track and Field Entry Fee

TOTAL AMOUNT

\$2360.00

**** Plus any additional para athlete entries at \$25.00 / per person / per event**

-
- Track and Field
 - Girls \$1180.00
 - Boys \$1180.00
 - Para \$ 25.00 / athlete / event
 - For example, if you have 1 para athlete that competes in 2 events - \$50.00

**** TOTAL \$2360.00 plus any additional para athlete entries @ \$25.00 / athlete / per event**