2013-14 UIL Rule Changes
Athletics

GENERAL
• Add a fourth playoff team advancing from each district in team sport activities in conferences 2A and 3A.
• Modify the penalty structure for coaches’ ejection.
• Reduce the number of tournaments or meets by one per season for all high school sports.
• Allow schools to substitute tournaments for games.
• Create a six-conference alignment by renaming the current conferences for the 2014-2015 school year.
• Require parents and students to sign the new Sudden Cardiac Arrest Awareness Form.
• Require parents and students in cheerleading to sign the Concussion Acknowledgement Form.
• Require cheerleading participants to follow Concussion Guidelines under Chapter 38, Subchapter D of the Texas Education Code.
• Require cheer coaches and sponsors to complete specific training related to safety guidelines for cheer.

FOOTBALL
• Create a split conference alignment for 3A in 2014-15.
• Limit full contact practice for football players.

WRESTLING
• Increase the number of qualifiers from district to regionals from two to four.

SOCCER
• Limit the total number of scrimmages allowed prior to the start of regular season to three.
• Add a third conference for the 2014-2015 school year.

TEAM TENNIS
• Increase the number of teams advancing from district to the new area meet to four.
• Add a third conference for the 2014-2015 school year.

Unless noted otherwise, effective August 1, 2013