



University Interscholastic League

Restricted & Non-Restricted Equipment

Restricted Equipment

RESTRICTED equipment may be used once Shells/Full Pads are allowed. Below is a list of examples of restricted equipment.

- **Protective Player Equipment (helmets, shoulder pads (hard & soft shell), thigh pads, knee pads, etc...)**
- **Sleds (Blocking, Tackling, and Specialty Sleds/Dummies)**
 - 1-man, 2-man, 3-man, 4-man, 5-man, 7-man, etc...
 - Post Mount/Stationary/Hanging Equipment



- **Run Through's (Blaster, Gauntlet, etc...)**



- **Hand Free Shields**



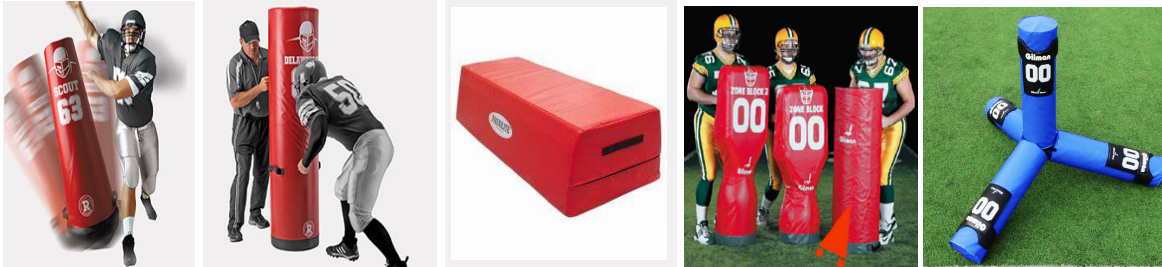
- **Mobile Tackling Dummies**
 - MVP Drive, etc...



Non-Restricted Equipment

NON-RESTRICTED equipment may be used anytime during the season or while school is in session. Below is a list of examples of non-restricted equipment.

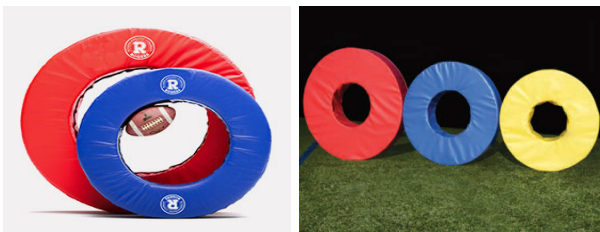
- **Dummies (Stand-Up, Pop-Up, and Step-over Dummies)**



- **Hand Shields**



- **Tackle Wheels/Donuts**



- **Player Equipment (Soft Shell helmets)**

