DESIGNATE FOUR RUNNERS FOR YOUR RELAY.

School

Circle one: Girls       Boys

Circle one: Conference: 1A  2A  3A  4A  5A  6A

Circle one: Relay: 400m  800m  1600m

Name                                      Bib Number

Relay Names: 1. ___________________________                        __________________

2. ___________________________                        __________________

3. ___________________________                        __________________

4. ___________________________                        __________________

(alternate) 5  ___________________________                        __________________

(alternate) 6. ___________________________                        __________________

Coach’s Signature: _______________________________________

This form must be turned in at the time of registration (before you leave area).

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