REGION 2 - 6A

Swimming & Diving Championships

Lewisville ISD Westside Aquatic Center

Thursday, February 2nd, 2023– Diving

Friday, February 3rd, 2023- Swimming Prelims

 Saturday, February 4th, 2023-Swimming Finals

**Facility: LISD Aquatic Center West –** 1750 Duncan Ln. Lewisville, TX 75067

• 2– 8 Lane Courses – Depth 7.0’ – 14.0’

• Overflow gutter system

• Warm down area

• Fully automated Colorado Timing system w/pads

• 2 - 10 Lane Scoreboard Displays

**Entries:** \****District Directors***: Immediately after the district meet, email Hy-Tek Advancer file to Shannon Gillespy at **lisdwacentries@gmail.com**

\****Swim Coaches:*** e-mail Hy-Tek detailed meet name file entry fee report for your team to Shannon Gillespy at **lisdwacentries@gmail.com** A confirmation email will be sent within 24 hours of receiving your email.

**\**Diving Coaches*** – At the completion of your district meet, please send the district dive sheets to Sherry McGuire at **mcguires@lisd.net and register your divers on cleanentries.com no later than Saturday January 28, 2023.**

**All divers must be included in your teams Hy-Tek Entries**

**Entry Limit:** Each individual may compete in a maximum of four events, no more than two of which may be individual events. In relay events, eight individuals may be listed on the entry card with any four assigned to swim. This will count as an entry for each person listed only if they swim in prelims or finals. Of the eight swimmers listed, different swimmers may swim at each level (District, Region, State), send roster file.

**Relay Entries:**

Prelim Relay Entries are due by 9:30am at the admin table if changes are needed after 9:30am, please go to admin table.

Finals Relay Entries are due by 9:00am at the admin table if changes are needed after 9:00am, please go to admin table.

**NOTE:** This meet will be approved for observation by USA Swimming for NTV purposes. Only times achieved by swimmers who are currently registered with USA Swimming, have an accurate and **complete USA Swimming ID Number in the Meet Manager** Database, and conform to the technical rules will be loaded in the SWMS Database. The athlete’s USA Swimming ID must be included in your entry file. The meet host will not add them manually.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

LISD/UIL cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in UIL sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in this event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**Entry Fees:** $20 athlete surcharge for every athlete entered in the meet; $15.00 per relay team. Relay only swimmers and alternates will be charged. Fees can be mailed to the address below or bring your check to get your team’s packet. Fees will not be accepted during the Diving. Make checks payable to:

 **Marcus Aquatics Booster Club**

 **PO Box 271191**

 **Flower Mound, Tx 75027**

**Meet Schedule:**

**Thursday, February 2nd** - Diving Region 2-6A

1:00pm-2:30pm Coed Warm Up

2:30pm-3:00pm girls only warm up

3:00pm Girl’s competition starts

Boys will warm up for 30 minutes immediately after the conclusion of the girls’ competition.

Boys’ competition will start 30 minutes after the conclusion of the girls’ competition.

**Friday, February 3rd** - Swimming Prelims

• 8:00am – 9:30am General Warm-up

General Warm Up assignments will be emailed by 3:00pm Tuesday January 31st

• 9:30-9:50am Lanes 1 & 8 Pace

Lanes 2, 3, 6 & 7 One-Way Racing Starts

Lanes 4 & 5 General Warm-up

• 10:00 am Swimming Prelims Start

**Saturday, February 4th** - Swimming Finals

• 8:00am – 9:00 am General Warm-up

• 9:00am –9:20 am Lanes 1 & 8 Pace

Lanes 2, 3, 6 & 7 One-Way Racing Starts

Lanes 4 & 5 General Warm-up

• 9:30 am Finals Start

**Packet Pick-up:** Friday, February 3rd at the beginning of warmup, Coaches will turn in meet entry fees and pickup coaches’ packet

**Coaching:** Only UIL High School coaches are allowed on the pool deck. Coaches can stand on either side of the pool deck to watch their swimmers.

**State Qualifying:** The top 2 in each swimming event will automatically qualify for the State Championships. Also, the next eight swimmers with the best final time from the eight regional meets throughout the state will advance to the state championships. In diving events, the first, second, and third place finishers will automatically advance.

**Scoring:** The fastest 16 swimmers in each event or relays will qualify for the consolation and finals. On Saturday’s Finals, the fastest 16 in each event will score.

Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1

Relay: 40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2

**Timers:** Will be provided

**Awards:** Medals will be awarded for first, second, and third place in each event. Trophies will be awarded to the girls’ and the boys’ team champions and runner’s up. Medals will be presented during the meet by the coach of the winning team or individual. Please note that awards will not be mailed afterwards. AWARDS WILL BE PUT IN BAGS AND GIVEN TO THE COACH. NO GATHERING on deck after the meet.

Male and Female Swimmer of the Meet will be determined by NISCA Power Points. Boy and Girl Diver of the Meet will be the 1st place finishers. “Coach of the Year” awards will be voted on by the coaches.

**Rules:** National Federation Rules shall govern the meet, along with University Interscholastic League Rules and Regulations.

**Admission:** $5.00 adults, $3.00 students

**Heat Sheets:** $5.00

**Hospitality:** Available for coaches and officials only.

**Voting:** Ballots for women’s and men’s team coach of the year, will be distributed to the head coaches during the meet. Please return completed ballots by the Finals of the 200 Free Relay to the announcer table.

**Swimming** The top 16 swimmers in each event will qualify for Saturday competition. The top16 swimmers will score. Consolations will be held in each event immediately prior to the final competition on Saturday.

**State** The top 2 in each event at each Region Meet plus the next eight (8) fastest times in the state will advance.

**Meet Results:** ON MEET MOBILE

**Diving Competition**

6A Region 2
 Thursday February 2, 2023

**Thursday, February 2nd** - Diving Region 2-6A

1:00pm-2:30pm Coed Warm Up

2:30pm-3:00pm girls only warm up

3:00pm Girl’s competition starts

Boys will warm up for 30 minutes immediately after the conclusion of the girls’ competition.

Boys’ competition will start 30 minutes after the conclusion of the girls’ competition.

All UIL and NFHS rules will apply

Diving Entries: MUST BE RECEIVED BY JANUARY 28th

Each diving contestant shall submit a diving score sheet with the swim entries, due immediately following your district meet. Email dive sheets to Sherry McGuire: mcguires@lisd.net. The dive sheet must include the diver’s and coach’s signature, the dive number, written description, positions, degree of difficulty, and the order in which the dives will be done in all levels of competitions, prelims through finals. The dive number and position shall be the official description of the dive and shall take precedence. *Coaches who have a diver competing and are certified judges, may be asked to judge the event.*

*ALL DIVERS MUST BE LISTED ON HY-TEK entry file*

***To film on the deck for All American Consideration you must email Sherry McGuire:*** ***mcguires@lisd.net*** ***for a film pass onto the deck.***

***Divers to State: The 1st,2nd & 3rd place finishers will advance to state***

 **Order of Events**

**Girls Boys**

 **1 200 Medley Relay 2**

 **Awards (Events 1-2)**

 **3 200 Freestyle 4**

 **5 200 Individual Medley 6**

 **7 50 Freestyle 8**

 **9 Diving 10**

 **Awards (Events 3-6)**

 **11 100 Butterfly 12**

 **13 100 Freestyle 14**

 **15 500 Freestyle 16**

 **Awards (Events 7-14)**

 **17 200 Freestyle Relay 18**

 **19 100 Backstroke 20**

 **21 100 Breaststroke 22**

 **Awards (Events 15-18)**

 **23 400 Freestyle Relay 24**

 **Awards (Events 19-22; Team Awards)**

**There will be a 15-minute break after the 50 Freestyle and a 10 minute break after the 100 Breaststroke during the Prelim session.**

**Listed awards breaks are for Finals only**

**General Information**

•ABSOLUTELY NO DECK CHANGING

During Finals, swimmers/divers will be brought in and introduced on their way to the blocks. Please have athletes report to the staging area near small pool before their events.

• Signs and noisemakers of any type are prohibited within the facility.

• Glass items are prohibited within the facility.

• Smoking is prohibited within the facility.

• Pets are not allowed in the facility. Unless this is a service animal.

• Headphones must be used with all radios, CD players and iPods.

• LISD is not responsible for lost, stolen or damaged articles.

• UIL rules prohibit regional participants from shaving within the facility.

• If you have a swimmer with special needs, please see head official/meet director and send us a note in an email.

• Only news media with credentials will be allowed on pool deck.

• No electrical outlets will be available for cameras.

\*Facility guidelines on how the meet will run will be sent out after entries have been received.

• Specific meet questions should be directed to Shannon Gillespy at lisdwacentries@gmail.com