



## UIL Coaches Checklist Wrestling 2024-25

	CHECKLIST	REFERENCE LINK	COMPLETION DATE
✓	<b>PRE-SEASON</b>		
	Register/update profile in the UIL Portal	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Practice
	Review Wrestling Manual	<a href="#">Wrestling Manual</a>	Prior to 1 <sup>st</sup> Practice
	UIL coaching requirements (CCP & Texas Education Code)	<a href="#">Coaching Requirements</a>	Prior to 1 <sup>st</sup> Practice
	Review TEA-UIL Side-by-Side	<a href="#">Side-by-Side</a>	Prior to 1 <sup>st</sup> Contest
	Student participation required forms. Keep on file.	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Varsity participation required forms. Keep on file.	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Review rules regarding eligibility for athletic contests	<a href="#">C&amp;CR Sec. 400 &amp; 403</a>	Prior to 1 <sup>st</sup> Practice
	Review Wrestling Plan	<a href="#">Wrestling Plan</a>	Prior to 1 <sup>st</sup> Practice
	Review UIL Rule Changes	<a href="#">UIL Rule Changes</a>	Prior to 1 <sup>st</sup> Practice
	Review NFHS Rule Changes	<a href="#">NFHS</a>	Prior to 1 <sup>st</sup> Practice
	Complete PAPFs and file with UIL Office <ul style="list-style-type: none"> <li>• Apply/Complete any necessary Waivers and file with UIL</li> </ul>	<a href="#">PAPF Process</a> <a href="#">Waiver Information</a>	Prior to 1 <sup>st</sup> Practice
	Submit Individual Eligibility Form to district chair (UIL Portal)	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Contest
	Email Sydney Johnson if you are a new coach or at a different school	<a href="mailto:sjohnson@uiltexas.org">sjohnson@uiltexas.org</a>	September 1
	Gain access to Trackwrestling and pay OPC membership fees	<a href="#">Trackwrestling</a>	October 1
✓	<b>REGULAR SEASON</b>		
	Weight assessments begin		October 1
	Weekly recording of weights is required, commit in Trackwrestling.		Weekly
	First day for meets and tournaments		November 11
	Final day for weight certifications		January 18
✓	<b>POST-SEASON</b>		
	Review State Qualifier's Handbook	Post-Season Packet	
	Last day for weight certifications		January 18



**UIL Coaches Checklist**  
**Wrestling**  
**2024-25**

	Submit entries to district director 5 days prior to district tournament		<b>January 27</b>
	District Certification by District Chair to Regional Directors		<b>February 1</b>
	Regional Tournament	<a href="#">Regional Sites</a>	<b>February 7-8</b>
	Confirm names, class, records are accurate in OPC	<a href="#">Trackwrestling</a>	<b>February 9</b>
	State Qualifier Meeting	Online Link TBA	<b>February 10</b>
	State Tournament	<a href="#">Tournament Info</a>	<b>February 14-15</b>
	Post-Tournament Evaluation	<a href="mailto:ajmartinez@uiltexas.org">ajmartinez@uiltexas.org</a>	<b>March</b>