



Region VI-6A Swimming and Diving Championships

Thursday-Saturday, February 8th – February 10th, 2024

WELCOME: Kingwood HS is proud to host the Region VI-6A Swimming and Diving Championship this year at

Kingwood HS and the Cy Fair ISD Natatorium. We wish the best of luck to all competitors and

hope that each will achieve their goals.

LOCATION: Diving: Kingwood HS, 2701 Kingwood, TX 77339

Swimming: CFISD Natatorium, 12550 B Windfern Road, Houston, TX 77064

DIVE FACILITY: One 8 lane pool, Three 1 Meter diving boards – Maxi Flex B

SWIM FACILITY: 8 lane pool, set up in middle, 9' wide lanes, 7'6" shallow

10 warm up lanes Friday (6 Saturday)/6 cool down lanes

Restroom and locker room facilities Paddock flow through bulkheads
Colorado Gen7 Timing System Paddock surge control gutter system

Two Full color Colorado Timing System Scoreboards

Concession stand

LIABILITY: The University Interscholastic League, Kingwood High School, Humble Independent School

District, and The Cypress Fairbanks Independent School District accept no responsibility nor liability for injuries sustained by any individual, athlete, official, meet volunteer, or spectator

while traveling to and from or participating in the meets.

MEET BEHAVIOR: It is expected that all persons attending this meet will respect the facilities and

remember that they represent themselves and their respective schools/teams. Damage to the facility when proven will cause the offending team to be held accountable and liable for repairs. It may also result in expulsion from the meet. Remember it is a UIL violation for swimmers to shave down on site. Swimmers MUST be dry before entering lobby area from pool deck.

SPECTATORS: Tickets will be available at the entrance for both Preliminaries and Finals. Contestants, bus

drivers, trainers, and managers admitted without charge when identified by their coach and

entering with the team through the team entrance.

ADMISSION: Prelims: Adults - \$10.00 (\$5.00 students) Finals: Adults - \$10.00 (\$5.00 students)

PROGRAMS: Prelims \$5 with a coupon for free finals heat sheet & Finals \$5.00

REGION

MERCHANDISE: Official meet merchandise will be available for purchase. For the divers and anyone else

interested, here is the link to order online https://store.finedesigns.com/stx/2024-uil-

conference-6a-region-vi-swimming-and-diving-championship.html





CONCESSIONS: There will be concessions provided for all sessions (except for diving)

ON DECK PASSES: Only athletes entered in the meet are permitted on deck. Media pass requests must be

made prior to the meet via this Google Form or to the meet director, Brad Quindt

(brad.quindt@humbleisd.net)

DIVING: Thursday, February 8th, 2024: Diving Prelims and Finals

At Kingwood Warm-Up 9:00 AM – 10:20 AM High School Girls' Only 10:20 AM – 10:50 AM*

Girls' Start 11:00 AM*

Boys' Only 30 minutes on the boards after the conclusion of the Girls' event*

Boys' Start 40 minutes after the conclusion of the Girls' event*

*Girls and Boys events may be combined depending on number of entries. To be determined by

Wednesday AM

SWIMMING: Friday, February 9th, 2024: Swimming Prelims

At CFISD Warm-up 7:00 AM – 8:40 AM (assigned time/lanes week of meet)

Natatorium Clear the competition pool 8:40 AM

Coaches meeting 8:40 AM
National Anthem 8:55 AM
Preliminary Meet Start Time 9:00 AM

Saturday, February 10th, 2024: Swimming Finals

Warm-up 7:00 AM – 8:40 AM (no assignments)

Clear the competition pool 8:40 AM
Coaches meeting 8:40 AM
National Anthem 8:55 AM
Finals Start Time 9:00 AM

WARM-UP: The warm-up procedures for Friday will be determined by team size and distance from the

Natatorium. A separate 6 lane pool (West End) will be available during the meet for continuous cool-down and warm-up. Friday only we will use the 4 lanes in the east pool for warmups, then

it will be shut down for the remainder of the meet.

Saturday will be open warmups, with the last 25 minutes allowing for push/pace and one-way

dives.

ENTRIES: Swimmers are automatically entered in the Region Meet through the district meet

representative, no changes are permitted. If coaches are going to remove a swimmer from an individual event in order to swim three (3) relays, every effort should be taken to do that at your district meet site. If not, any changes must be done prior to the UIL Region Meet Entry Deadline; **Monday, February 5th at 4:00 pm**. Every effort will be made to contact the next qualifier in that event. Once entries are received, no changes are permitted, unless swimmers are scratching the entire meet. **Make sure your UIL Team Codes and numeric grade levels are correct prior to emailing your entries.** Once a swimmer swims on a relay it will count as one of





their events allowed in the meet. National H.S Federation & UIL rules apply to entry requirements. Relay swimmers must be declared prior to the start of the relay. List up to eight (8) names for all relays entered. Changes to relay personnel must be from those eight (8) swimmers listed.

Entry Deadline:

The entry deadline is 4:00 PM, Monday, February 5th. Coaches should email their entries to the Meet Director, Brad Quindt, at brad.quindt@humbleisd.net. In the email, attach the Meet Manager File (Hy-Tek or Team Unify) along with the PDF Entry Report, sorted by "Meet Event Number" and show 8 names for relays. Include your team name in the subject of the email. If you have a swimmer that qualified in the top six (6) at your District Championship Meet, but is not competing in that individual event, make a note in the email body. Additionally, all divers should be entered with the swimmers. Dive sheets will be entered using clean entries must be submitted by Tuesday, February 6th by 11:59p.

The Meet Director shall, upon receiving each e-mail, notify the appropriate party of the receipt and any problems noted with the files within 24 hours. If no reply within the specified time, please contact the Regional Meet Director immediately.

District meet directors shall **e-mail** the Hy-Tek <u>backup file</u> to the Region Meet Director upon the conclusion of their respective District Championship.

Email meet backup to: brad.quindt@humbleisd.net

DIVING

ENTRIES:

Divers must be indicated as participating in 1M Diving on the entry file/sheet submitted with the swimmers.

Sheets:

Dive sheet should be submitted electronically by <u>Tuesday</u>, <u>February 6th by 11:59p</u>. Access www.cleanentries.com to register you, your team and the divers. The meet will be available as "2024 UIL Region VI-6A". The rules in the National Federation Swimming and Diving Rules and Records Book shall be followed regarding dive list format for entries. All diving sheets must be signed by the diver and the coach one hour before the start of the meet. Failure to have these signatures will disqualify the diver from the competition. Changes may be made up to one hour before competition begins.





ENTRY FEES: \$20.00 per athlete including relay only and alternate swimmers, \$20.00 per relay entered.

i.e.: 5 athletes (1 relay only, 1 alternate) entered and 2 relays = \$100.00 for athletes + \$40 for relays = \$140.00

Entry fees are based on preliminary psych sheet when published. This includes names of swimmers listed on your relays. So please be mindful random kids on relays, if you know they will not swim, do not list them as you will be charged. If, for any reason, a swimmer/diver should fail to compete there will be no refunds.

Since this is the week of the meet, it is not anticipated that an entry check will be received before the meet. Your team will receive an invoice when reporting for the preliminary session. It is expected that this will be processed immediately.

> Make Check or P.O. Payable to: **Kingwood All Sports Booster Club**

Send Checks To: Kingwood Swimming & Diving c/o Kim Monk 6126 Bluebonnet Pond Lane Kingwood, TX 77345





Substitutes:

Individual school coaches should inform their District meet directors of any scratches prior to the entry deadline. The District meet director will, in turn, inform the Region Meet Director of the scratch, and the name and qualifying time of the alternate for the event in question.

After the entry deadline, no changes of entries will be allowed unless the contestant is being scratched from the meet. If one of your swimmers qualifies in an event that you know he or she will not swim at the Region Meet, please have the person completing your Region entries make the necessary changes prior to turning in the Region Entry Forms. Indicate in the email body, the changes that were made and write "scratch or SCR" in the event they had qualified in.

Changes/

Adjustments: After the entry deadline has passed (4:00 pm, Monday, February 5th), the psych sheet will be emailed to the email address you provided.

> Adjustments from scratches and alternate entries will be made as long as possible. After the prelims begin, a scratch will result in an open lane.

After the prelims are completed, scratches and alternates will be accepted for one hour.

Once the finals have started, a scratch will result in the lane left open.

Please review Rule 3, Section 1, Article 1, and Section 2, Articles 1, 2, 3, and 5 of the NFHS Swimming and Diving Rules Book concerning meet entries and meet conduct for championship meets.

No changes will be made after the entry deadline.

EVENTS:

The events and their order will follow that found in the NFHS Swimming & Diving 2023-24 Rules Book, Rule 5, Section 1, and Article 1.

PACE OF

PRELIMS:

During Prelims, there will only be 3 breaks; 10 minutes after the Medley Relays, 15 minutes after the 50 freestyle and 5 minutes after the 100 breaststroke.





FINALS:

We will announce the participants in the Consolation heat as they swim. Championship Finalists will walk in from under the big scoreboard to music to their blocks, and then will be announced before they swim.

Break/Awards:

Swim Events 1-2 10 Minute Break

Swim Events 3-8 30 Minute Break (Present awards for events 1-8*)

Swim Events 11-14 20 Minute Break (Announce 9-10, Present awards for events 11-14*)

Swim Events 15-18 20 Minute Break (Present awards 15-18*) Swim Events 19-22 20 Minute Break (Present awards 19-22*)

Swim Events 23-24 Award remaining events awards*

*1st Place coach in each event is to present the awards

AWARDS:

U.I.L medals will be given to the top three competitors in each event. In addition, a plaque will be presented to the winning relay in each of those events. TISCA will be providing ribbons for places 4-8. There will be a team award for the winning teams (male and female). Individual and Team Awards will be awarded after the last event award. Diving awards will be presented at the diving event and recognized at the swimming meet. The presentation of awards is included in the timeline of the breaks.

SCORING:

The top 16 shall advance from preliminaries: the fastest (8) to the finals and the next (8) to the Consolation finals in each event, scoring will be to sixteen places. The highest place a Consolation finalist may earn is 9th – even if they have a faster time than a top-8 finalist. The point values will be as follows:

Championship Finals

Place →	1st	2nd	3rd	4th	5th	6th	7th	8th
Individual	20	17	16	15	14	13	12	11
Relay	40	34	32	30	28	26	24	22

Consolation Finals

Place \rightarrow	9th	10th	11th	12th	13th	14th	15th	16th
Individual	9	7	6	5	4	3	2	1
Relay	18	14	12	10	8	6	4	2

Tie breakers: If two or more divers have the same score at the end of the competition, the points will be split and a coin flip will determine the medal award. If there are ties in swim events, the points will be divided and the preliminary time will determine the place for advancing. If a tie still exists, a coin flip will decide the place. No additional medals will be provided for divers or swimmers.



Qualifiers:

- (h) CHAMPIONSHIP STRUCTURE. (From the UIL Swimming and Diving Manual)
- (2) Qualifiers to Regional. Top six (6) individuals and relays shall qualify from district to regional.
- (3) Qualifiers to State. The first place and second place in each of eight regional swimming meets and the next eight swimmers with the best regional final times overall will advance to the state meet.
- (4) Diving. In diving, three (3) divers will qualify at each of eight regional meets.

Relay entries to the UIL State Meet should be in the UIL office 10 days prior to the start of the meet. No entry sheets need to be sent to the UIL for the state meet, only indicate your relays online. If you are scratching a swimmer or relay after you have left the Region Meet site, contact the Region Meet Director and the UIL with that information. It is your responsibility to get any information to the UIL office they request. Check their website for your responsibilities.

Meet

Committee:

The Meet Committee will consist of the Meet Director, Meet Referee, one coach from District 21, one coach from District 22, one male athlete from District 23, and one female athlete from District 24 in attendance, chosen after the District meets.

Weather Contingency

Plan:

In the unlikely event that a session(s) needs to be postponed, the corresponding events and times will be moved to the first available day, working in conjunction with CFISD Aquatics staff.

MEET ADMINISTRATION: Swim & Dive Meet Director

Brad Quindt Kingwood High School Office: (281) 641-7178

E-Mail: brad.quindt@humbleisd.net

Swim Meet RefereeDive Meet RefereeRob MorrisBoys': Mike Robinson

Phone: 281-253-0152 Girls': Ty Halford

E-Mail: robert.c.morris@gmail.com



Swimming and Diving

As per UIL regulations all deck officials must be currently registered with UIL / NFHS.

If you have officials that would like to work the meet, please have them contact the Meet Referee Rob Morris by email (robert.c.morris@gmail.com) and sign up here. Please provide the following information in your email:

- School district and school, you are representing,
- Number of years you have been a high school official and if you are a USA Swimming certified official.

Officials will be contacted if you have been selected to work the meet

Officials will need to attend a mandatory meeting one hour before each session at 8:00a in the hospitality room.

- The uniform for preliminary session will be white polo shirt over khaki pants/skirt with all white tennis shoes (NO shorts or hats).
- Finals uniform will be navy blue polo shirt over khaki pants/skirt with all white tennis shoes (NO shorts or hats).

TIMERS:

Kingwood HS will provide most timers for both Prelims and Finals Sessions. There will be a SignUp Genius link in the parent information document that will come out the week of the meet if any parents want to time.

ELECTRONIC Any electronic recording will be permitted in the spectator area (see All American Diving **RECORDING**: exception). Videotapeor film will not be used in judging any swimming/diving event. Please be sensitive to the other spectators. No strobe or artificial lights may be used.

DIVING:

Schools may appoint one individual to film/ videotape the diving competition. This person will receive a media pass the morning of the diving competition that will give them access to the pool deck.

SWIM:

There is no flash photography of any kind, parents or media, allowed at the start of a race. The credentialed media must wear the deck pass always while on deck. There is absolutely no photography from behind the starting blocks at any time. Failing to observe these conditions may result in your pass being revoked.





RULES:

As guests of the aquatic facilities all must adhere to the CFISD Natatorium rules.

- Coaches must supervise their swimmers/ divers at all times.
- Locks may not be left on lockers overnight.
- Children must be supervised at all times and are not allowed on the deck.
- The Natatorium is on school property and all participants/guests/visitors must adhere to District's policies and regulations.

Attachments: TM Entry File

Dropoff/Parking layout – will be sent after entries are received

Team Seating – will be sent after entries are received

Warmup Schedule – will be sent after entries are received

Parent Information (coming week of meet)