**2024 REGIONAL TRACK & FIELD MEET - UIL REGION IV CONFERENCE 2A & CONFERENCE 4A**

 **Schedule of Events**

 **Friday, April 19**

**8:00 am to 9:45 am:** *Open Track for practice relay exchanges – Conference 2A & Conference 4A*

**10:00 am: 3200 Meter Run – Final Event Order of competition: 2A Girls; 4A Girls followed by 2A Boys; 4A Boys**

**2A Running Prelims** – Rolling Schedule after 1st Event **4A Field Events:** ***Implement Weigh-In***

**11:00 am** *4 x 100 Relay Teams report / uniform check* **10:30 am Girls Pole Vault**

 ***Relay Cards Due at Check-In Station***

**11:30 am - 4 x 100 Meter Relay (Girls/Boys) 11:30 am Girls Discus ---- 10:00 am-11:00 am**

 **100 Meter Hurdles (Girls) Boys Triple Jump (Inside Pit)**

 **110 Meter Hurdles (Boys)**

 **100 Meter Dash (Girls/Boys) 1:30 pm Boys Discus ---- 12:00 pm-1:00 pm**

 **4 x 200 Meter Relay (Girls/Boys) Boys Pole Vault**

 **400 Meter Dash (Girls/Boys) Girls Triple Jump (Inside Pit)**

 **300 Meter Hurdles (Girls/Boys)**

 **200 Meter Dash (Girls/Boys) 2:00 pm Boys High Jump**

 ***\* 15 Minute Break after 200 m. Dash***

 **4 x 400 Meter Relay (Girls/Boys)** **4A Running Prelims** – Rolling Schedule after 1st Event

 *Open Track at conclusion of 2A Running Prelims for 4A Relay Exchanges*

**2A Field Events:*****Implement Weigh-In*****5:00** pm *4 x 100 Relay Teams report / uniform check*

4:30 pmBoys Shot Put ----3:00 pm-4:00 pm ***Relay Cards Due at Check-In Station***

  **Boys Long Jump (Inside Pit)**  **5:30 pm - 4 x 100 Meter Relay (Girls/Boys)**

 **Girls High Jump 100 Meter Hurdles (Girls)**

 **110 Meter Hurdles (Boys)**

**5:00 pm Girls Pole Vault 100 Meter Dash (Girls/Boys)**

 **4 x 200 Meter Relay (Girls/Boys)**

**6:30 pm Girls Shot Put ----- 5:00 pm-6:00 pm 400 Meter Dash (Girls/Boys)**

 **Girls Long Jump (Inside Pit) 300 Meter Hurdles (Girls/Boys)**

 **Boys High Jump 200 Meter Dash (Girls/Boys)**

 ***\*15 Minute Break after 200 m. Dash***

 **4 x 400 Meter Relay (Girls/Boys)**

**Saturday, April 20**

**11:00 am to 3:00 pm***: Open Track for practice relay exchanges - Conference 2A & Conference 4A*

 **Field Events**

**2A Field Events *Implement Weigh-In*** **4A Field Events** ***Implement Weigh-In***

 **9:00 am Boys Triple Jump (Inside Pit)  10:00 am Girls High Jump**

**10:30 am Girls Discus ---- 9:00 am-10:00 am10:30 am Girls Shot Put ---- 9:00 am-10:00 am**

**12:00 pm Boys Pole Vault 11:00 am Boys Long Jump (Inside Pit)**

**12:00 pm Girls Triple Jump (Outside Pit)  12:30 pm Boys Shot Put ---- 11:00 am-12:00 pm**

**12:30 pm Boys Discus ---- 11:00 am-12:00 pm 1:00 pm Girls Long Jump (Inside Pit)**

 **Running Finals**

 **Order of competition: 2A Girls; 4A Girls; followed by 2A Boys; 4A Boys**

**3:00 pm** *4 x 100 Meter Relay Teams Report / Uniform Check.*

**3:30 pm 4 x 100 Meter Relay**

**3:55 pm 800 Meter Run**

**4:25 pm 100 Meter Hurdles (Girls 2A/Girls 4A)**

**4:35 pm 110 Meter Hurdles (Boys 2A/Boys 4A)**

**4:50 pm 100 Meter Dash**

**5:15 pm 4 x 200 Meter Relay**

**5:45 pm 400 Meter Dash**

**6:10 pm 300 Meter Hurdles (Girls 2A/Girls 4A)**

**6:20 pm 300 Meter Hurdles (Boys 2A/Boys 4A)**

**6:35 pm 200 Meter Dash**

**6:50 pm 1600 Meter Run**

**7:30 pm 4 x 400 Meter Relay**