



2A REGION II TRACK AND FIELD CHAMPIONSHIPS



Please visit springtownisd.net for all important information, heat sheets, updates, live results, etc.

April 28-29, 2023

Porcupine Stadium, Springtown, TX

Meet Director:

Brian Hulett

Email: bhulett@springtownisd.net; FAX: (817) 220-3040

Meet Referee:

Donnie Osterman

Admissions:

Contestants with numbers and three coaches per gender /per team will be admitted free. There will be an admission charge of \$10.00 per day per adults and \$5.00 per day for students.

Entries and Fees:

Entry fees are \$25.00 per individual per event and \$50 dollars per relay, all entries are non-refundable, and must be paid through the meet director. **There is also a \$50.00 protest fee.**

**Pay to: Springtown I.S.D.
915 W. Hwy 199
Springtown, TX 76082
C/O Brian Hulett**

Hy-Tek Meet Manager software system should be used for all area meet Results, and complete area meet results should be sent to Trent Setliff via email ; tsetliff@springtownisd.net
By Friday April 21, 2023 at 5:00 p.m. Please send PDF and Hy-Tek backup file. Also, send the girls and boys as separate PDFs please.

MEET ENTRY PROCEDURES:

COACHES OF QUALIFYING ATHLETES MUST ENTER THEIR ATHLETES THROUGH MileSplit MEET ENTRY PROGRAM. The coach of each qualifying athlete must enter their athlete(s) in the appropriate event(s) on the web-based meet entry service milesplit.com NO later than Monday April 24, 2023 at 5:00 p.m. ***Coaches must enter athletes' performances from the District or Area Meet (whichever meet was used for advancement to the Regional Meet) NOT THEIR "ALL TIME BEST MARK" for heating and seeding purposes, and these marks will be verified by the Regional Meet Director prior to packet pick up.***

NOTE: Individual names of relay teams MUST be reported in the meet

Results that are sent to the Regional Meet Director. Coaches, when you are entering your relay teams in the regional meet, you may list the four runners that ran at the district/area meet plus TWO (2) alternates. Any changes to these six (6) athletes must be made at the coaches' meeting, and match what names are listed on the relay card the day of the prelims. The four (4) runners that are running must be indicated on the card before you run the prelims. If you make the finals, you must re-do relay cards for the finals and turn them in before you run. You may pick these up in the press box after each prelim becomes official and finals are set. **Coaches remember the UIL Rule of only three (3) running events per athlete, including relay participation!**

Substitutions:

In the event a qualified contestant is unable to compete (due to injury, illness, eligibility, etc.) the coach or school administrator whose athlete WILL NOT compete should notify the coach or school administrator of the next highest place finisher in order that the vacancy may be filled. YOU MUST ALSO NOTIFY THE REGIONAL MEET OFFICE IN WRITING VIA EMAIL. **This must be done by Monday, April 24 at 5:00pm or changes will not be honored!**

Brian Hulett

bhulett@springtownisd.net

Trent Setliff

tsetliff@springtownisd.net

AFTER THIS DATE AND TIME, IT WILL BE SCRATCH ONLY!!!

Protests:

Protests must be filed within 15 minutes of the conclusion of an event. Protest forms will be included in coaches' packets. Only coaches may file a protest. Coaches may NOT look at finish line pictures. If a coach has a question, the coach should submit a request (in writing) for the meet referee to look at the finish line photo. **There is a \$50 dollar fee for all protests filed.**

Meet Schedule and Track Availability:

A detailed meet schedule is included in this information and will also be included in each coaches' packet. There are specific start times for each event, it is NOT a rolling schedule. In case of inclement weather or other unusual circumstances, we reserve the right to make appropriate changes to the schedule.

Track will be open for workout on Thursday from 5:00 – 6:30pm.

****All field event areas will be closed and will not be available!!****

The old stadium/track is across the street from Porcupine Stadium.

This facility will be CLOSED for ALL competitors, both Friday and Saturday!! No entry will be allowed for any reason!!

Seeding and Advancement: Lanes for prelims will be determined by a random draw. Advancement to the finals will be heat winners, plus the next 6 fastest times for running events. Top 8 competitors will advance to the finals in all field events, and will compete in the finals in reverse order. Lanes for finals will be: 4 – 5 – 3 – 6 – 2 – 7 – 1 – 8

**Packet Pick-Up/
Coaches' Meeting:**

Packet pickup will be Thursday, April 27th from 5:00pm – 6:30pm and Friday, April 28th from 7:00 – 8:00 am at Porcupine Stadium. Packets may be picked up in the gift shop under the home bleachers. If coaches arrive after the conclusion of packet pickup time on Friday, they can pick up their packets in the press box. **There will also be a coaches meeting at 7:30 a.m. in the home bleachers. Please have a representative from your school attend.**

Implement Weigh-In:

All contestants must have their discus and shot put weighed and inspected at the track. Implement certification will be located in the visitor locker room at Porcupine stadium. Only **MEET CERTIFIED** implements will be allowed in the Stadium.

Weigh-In Schedule is as follows:

<u>Friday, April 28th</u>	Shot Put:	OPENS 7:00 A.M.
	Men's Cutoff	8:15 A.M.
	Women's Cutoff	9:30 A.M.

Men's Pole Vault Weigh in:	OPENS	7:00 A.M.
	CLOSES	7:30 A.M.

<u>Saturday, April 29th</u>	Discus:	OPENS 7:00 A.M.
	Girls Cutoff	8:15 A.M.
	Boys Cutoff	9:30 A.M.

Women's Pole Vault Weigh in:	OPENS	7:00 A.M.
	CLOSES	7:30 A.M.

Athlete Check-In:

RUNNING EVENTS:

All running event athletes must check in at the tent adjacent to the warm up area and receive hip numbers for their race. Spikes will be

checked here. **¼ inch spikes ONLY on all track surfaces.** All four relay members must check in at the same time for uniform check and to turn in their relay card. Athletes will be escorted to the starting line prior to each race.

FIELD EVENTS:

All field event competitors will check in at the event site prior to the start of the event, any competitor not checked in prior to the event starting may not be allowed to compete.

POLE VAULT:

*Procedure: each athlete will be weighed in and marked in the official's room at Porcupine Stadium. We will mark "legal" poles for competition at the vaulting site; illegal poles will be removed and stored until competition is over.

Relay Cards:

Individual names of relay teams MUST be reported in the meet Results that are sent to the Regional Meet Director. Coaches, when you are entering your relay teams in the regional meet, you may list the four runners that ran at the district/area meet plus TWO (2) alternates. Any changes to these six (6) athletes must be made at the coaches' meeting, and match what names are listed on the relay card the day of the prelims. The four (4) runners that are running must be indicated on the card before you run the prelims. If you make the finals, you must re-do relay cards for the finals and turn them in before you run. You may pick these up in the press box after each prelim becomes official and finals are set. **Coaches remember the UIL Rule of only three (3) running events per athlete, including relay participation!**

Competitor Numbers:

Every athlete entered into the meet will be assigned a competitor number that must be worn on the front of their jersey during competition (pole vault competitors may wear theirs on the back of their jersey). Each athlete must have a competitor number at the time of check-in for their respective events. Lost or damaged numbers can be replaced by seeing Pat Hall in the press box. Replacement cost will be \$5/bib.

Entrance to Complex:

Athletes / Coaches may enter at any open gate to Porcupine Stadium. Spectators may only enter through the North gate on the home side. All athletes will gain entrance with their competitor number; you will receive three coaches' wristbands per gender/per team.

Parking:

Coaches please park buses in the West Parking lot, behind the home

stands. Spectator parking will be in the North lot, behind the field house, and the over-flow parking beside the baseball fields.

Camps: Team camps / tents will be allowed on marked grass areas on the south side of the track and the visitor's bleachers.

T-Shirts: Commemorative Championship T-shirts will be available for purchase (cash or checks accepted).

Concession Stand: Coaches, our concession stand will be open both days.

Awards: We will award top three finishers in each event immediately following each final event. Coaches please remind your student athletes that we will escort them to the awards podium immediately following their events. Team trophy presentation will be done following the 4 x 400 meter relay awards on Saturday afternoon. **We will do all field event medals at 1:30 on both days.**

Notes: Track and runways have solid full pour urethane surfaces- ¼" pyramid spikes only please. Please use **tape only** on track surfaces for "marks" **no chalk please.**

The Regional Meet will be conducted in accordance with all NFHS and UIL Track and Field rules and procedures.

The 800 meter run will be a "final only" and start from a one turn stagger and with two per lane and break at the break point; the 1600 meter and 3200 meter run will be run as a "final only" from a waterfall start.

Warm up Area is restricted to the area behind the visitor bleachers.

COACHES' MUST REMAIN IN THE BLEACHERS OR IN THE DESIGNATED COACHING BOXES. At NO time will coaches be allowed on the infield.

Updates & Results: Updates and results can be found on the Springtown ISD website, on Twitter at @Coach_Hulett and at txsmilesplit 'live results' for live up to the minute results. QR codes can be found throughout the stadium, on the scoreboard, and in your packet to find heat sheets and live results instantly from your mobile device.

Coming Summer 2023:



Porcupine Stadium--Springtown, TX

2A Region II Track and Field Championships

April 28-29, 2023

Friday

***Track closed for all non-3200-meter participants ***

9:00 AM 3200 Meter Finals-Women's, Men's

Women's Long Jump

Men's Pole Vault

Men vaulters will be weighed in from 7:00 to 7:30 am

Men's Shot Put

Men's shots will be certified from 7:00 to 8:15 am

10:30 AM Women's High Jump

11:30 AM Men's Long Jump

Women's Shot Put

Women's shots will be certified from 7:00 to 9:30am

Track will open for warm-ups at the conclusion of Women's High Jump and then close again at 1:15

1:30 PM Field Event Award's Ceremony

2:00 PM Running Prelims (Rolling schedule for all running prelims)

4 X 100 Relay

100/110 Hurdles

100 Meter Dash

4 X 200 Meter Relay

400 Meter Dash

300 Meter Hurdles

200 Meter Dash

20 minute break to simulate 1600M Run

4 X 400 Meter Relay

Porcupine Stadium--Springtown, TX

2A Region II Track and Field Championships

April 28-29, 2023

Saturday

***Track closed until the completion of high jump ***

9:00 AM Men's Triple Jump

Women's Pole Vault

Women vaulters will be weighed in from 7:00 to

7:30 am

Women's Discus

Women's discs will be certified from 7:00 to 8:15 am

10:30 AM Men's High Jump

11:30 AM Women's Triple Jump

Men's Discus

Men's discs will be certified from 7:00 to 9:30am

Track will open for warm-ups at the conclusion of Men's High Jump and then close again at 1:15

1:30 PM Field Event Award's Ceremony

2:00 PM Running Finals

2:00 4 X 100 Relay

2:10 800 Meter Run

2:25 100/110 Hurdles

2:40 100 Meter Dash

2:55 4 X 200 Meter Relay

3:10 400 Meter Dash

3:20 300 Meter Hurdles

3:35 200 Meter Dash

3:45 1600 Meter Run

4:05 4 X 400 Meter Relay