North East ISD Athletic Department
VIRGIL T. BLOSSOM ATHLETIC CENTER

Executive Director Kelly Parker
Director/Athletics Timothy Woods
Director/Athletics Stacey Moore
Director/Athletics David Greathouse
Director/Athletics John Gallardo
Director/Aquatics David Johnson
Director PE/Health/Athletics Rachel Naylor
Tennis Coordinator Patrick Johnson

BOARD OF EDUCATION
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DAVID BEYER Trustee, OMAR LEOS Trustee, TERRI WILLIAMS Trustee, STEVE HILLIARD Trustee

DR. SEAN MAIKA
Superintendent

To All Region IV 5A/6A Track & Field Participants, Coaches, Administrators, Parents, and Fans

On behalf of the North East Independent School District, we would like to personally welcome you to Heroes Stadium for the UIL Region IV 5A/6A Track & Field Meet.

To those of you who are traveling, welcome to San Antonio. We hope you enjoy your stay.

The North East Independent School District Athletic Office Staff realizes the importance of this meet and has worked diligently to assure that it will be an enjoyable experience for all. If we can be of any assistance, please let us know.

Good Luck to all participants and safe travels.

K Parker

Kelly Parker
2021 Region IV 5A/6A Track Meet Director
NEISD Executive Director of Athletics

12002 Jones Maltsberger Road • San Antonio, Texas 78216-2917 • (210) 356-6900 • FAX (210) 491-6135

- North East ISD follows all guidelines and recommendations issued by the TEA, UIL, and the CDC.

- At this time **masks** are **required** at all sporting events held on North East ISD property.

- Spectators must sit every other row. We ask that you do not sit on bleachers with a blue X.

- We thank you in advance for your understanding and your cooperation.

Thank You,

Kelly Parker

Executive Director of Athletics, North East ISD

BOYS AND GIRLS TRACK AND FIELD
REGION IV CONFERENCES AAAAA AND AAAAAA
APRIL 23-24, 2021
HEROES STADIUM
4799 THOUSAND OAKS– SAN ANTONIO, TX 78233

MEET DIRECTOR: Kelly Parker

Office: (210) 356-6915
Fax: (210) 491-6135
Cell: (210) 392-3589

ASSISTANT DIRECTOR: Tim Woods

Ph: (210) 356-6930

REGION IV ATHLETIC DIRECTOR: Rudy De Los Santos

REFEREE: Tom Nalepa, Head Referee
Bob Majek, Assistant Referee
Don Griffith, Assistant Referee
Jeff Kelso, Assistant Referee

TRACK ADVISORY COMMITTEE: Head of Appeals- Richard Ocanas: CCISD, Robert Gomez: Edgewood, Ryan Dupree: JISD, Jose Briones: Laredo United, Mike Carew: NISD, Stan Laing: NISD, Dyanne Munoz: South San, Lou Mora: Austin ISD, Melanie Hinson: Southwest Barbara Wise: SAISD, Richard Thompson: Mission Sharyland, Sylvia Barrera: Laredo, Leal Gilbert: Brownsville, Johnathan Lamb: Leander, Spencer Gantt: Victoria, Luis Escamilla: Laredo, Laura Garza: Edgewood:

FACILITIES MANAGER: David Greathouse

ENTRY DEADLINE: TUESDAY, APRIL 20, 2021 @ 10:00 a.m.

DISTRICT/AREA DIRECTORS: Send a copy of entries and alternates immediately upon completion of the District/Area Meet to: (if using Hy-Tek please see section on Hy-Tek procedures attached)

Kelly Parker, Region IV 5A and 6A Meet Director
North East ISD Athletic Office
12002 Jones Maltsberger Rd
San Antonio, Texas 78216
Fax: (210) 491-6135
Email: kparke2@neisd.net

ALL CHECKS SHOULD BE MAILED TO: DIRECTOR GENERAL, NISD ATHLETICS
8400 N. LOOP 1604 W
SAN ANTONIO, TX 78249

MAKE CHECKS PAYABLE TO: UIL REGION IV

REGION IV 5A-6A

FRIDAY, APRIL 23, 2021

8:00 A.M. – Gates will open for the public

6A

AAAAAA Field Events:

		WEIGH-IN TIMES & LOCATION
		EASTSIDE STORAGE ROOM.
9:00 am	Girls Pole Vault	7:00-8:00 am
	Boys High Jump	
	Boys Long Jump	HOME TEAM DRESSING ROOM
	Boys Discus	7:00-8:00 am
	Girls Shot Put	7:00-8:00 am
	Girls WC Div	
	GirlsTriple Jump	
		HOME TEAM DRESSING ROOM
11:30 am	Girls Discus	9:30 -10:30 am
	Girls High Jump	
	Girls Long Jump	
	Boys Triple Jump	HOME TEAM DRESSING ROOM
	Boys Shot Put	9:30-10:30 am
	Boys WC Div	
		EASTSIDE STORAGE ROOM
	Boys Pole Vault	9:30-10:30 am

5A

AAAAA Field Events:

		WEIGH-IN TIMES & LOCATION
		EASTSIDE STORAGE ROOM
2:30pm	Girls Pole Vault	12:30-1:30 pm
	Boys High Jump	
	Boys Long Jump	HOME TEAM DRESSING ROOM
	Boys Discus	12:30-1:30 pm
	Girls Shot Put	12:30-1:30 pm
	Girls WC Div	
	Girls Triple Jump	
		HOME TEAM DRESSING ROOM
5:00pm	Girls Discus	3:00-4:00 pm
	Girls High Jump	
	Girls Long Jump	
	Boys Triple Jump	HOME TEAM DRESSING ROOM
	Boys Shot Put	3:00-4:00 pm
	Boys WC Div	
		EASTSIDE STORAGE ROOM
	Boys Pole Vault	3:00-4:00 pm

RUNNING EVENTS: AAAAA and AAAAAA GIRLS AND BOYS PRELIMINARIES

3200 METER GIRLS AND BOYS FINALS

Qualifying Procedures:

Prelims: Heat and lane assignments are generated *randomly* by the Hy-Tek computerized program.

Finals : The winner of each heat and the next 6 fastest times will advance to the finals. Lane assignments are based on times run in prelims. (Lanes 4-5-3-6-2-7-1-8)

9:00 a.m. **3200 Meter Run Finals: 5A Girls & Boys followed by 6A Girls & Boys**

All 5A relay entry cards & scratches due at the Heroes ticket booth.

5A

AAAAA PRELIMS:

9:30 a.m. (5A 4x100 Relays report/uniform check)

10:00 a.m. 4X100 Meter Relay (Girls & Boys)

10:30 a.m. 100 Meter Hurdles (33”) (Girls)

10:40 a.m. 110 Meter Hurdles (39”) (Boys)

10:50 a.m. 100 Meter Dash (Girls & Boys)

11:10 a.m. 4X200 Meter Relay (Girls & Boys)

11:30 a.m. 400 Meter Dash (Girls & Boys)

11:50 a.m. 300 Meter Hurdles (30”) (Girls)

12:00 p.m. 300 Meter Int. Hurdles (36”) (Boys)

12:10 p.m. 200 Meter Dash (Girls & Boys)

12:30 p.m. 4X400 Meter Relay (Girls & Boys)

*********THE ABOVE TIMES ARE APPROXIMATE FOR RUNNING PRELIMS.***

*********JUDGE YOUR WARM-UP ON EVENTS, NOT TIMES***

REGION IV 5A-6A

FRIDAY, APRIL 23, 2021
CONTINUED

2:30 p.m. All 6A relay entry cards & scratches due at the Heroes ticket booth.

6A
AAAAAA PRELIMS:

3:00 p.m. (6A 4x100 Relays report/uniform check)
3:30 p.m. 4x100 Meter Relay (Girls & Boys)

4:00 p.m. 100 Meter Hurdles (33") (Girls)
4:10 p.m. 110 Meter Hurdles (39") (Boys)

4:20 p.m. 100 Meter Dash (Girls & Boys)
4:40 p.m. 4x200 Meter Relay (Girls & Boys)

5:00 p.m. 400 Meter Dash (Girls & Boys)

5:20 p.m. 300 Meter Hurdles (30") (Girls)
5:30 p.m. 300 Meter Int. Hurdles (36") (Boys)

5:40 p.m. 200 Meter Dash (Girls & Boys)
6:00 p.m. 4X400 Meter Relay (Girls & Boys)

*********THE ABOVE TIMES ARE APPROXIMATE FOR RUNNING PRELIMS.***
*********JUDGE YOUR WARM-UP ON EVENTS, NOT TIMES.***

REGION IV 5A-6A

SATURDAY, APRIL 24, 2021

11:00 A.M. – Gates will open for the public

10:00 a.m. Finals packets will be available at the Heroes ticket booth.

RUNNING EVENTS: AAAAA and AAAAAA GIRLS AND BOYS FINALS

PLEASE NOTE: AAAAA teams will run before AAAAAA teams in the Girls and Boys divisions.

12:00 p.m.	(4X100 M Relay report/uniform check)
12:30 p.m.	4X100 Meter Relay (Girls and Boys AAAAA and AAAAAA)
12:50 p.m.	800 Meter Run (Girls and Boys AAAAA and AAAAAA)
1:10 p.m.	100 Meter Low Hurdles (33") (Girls AAAAA and AAAAAA)
1:20 p.m.	110 Meter High Hurdles (39") (Boys AAAAA and AAAAAA)
1:30 p.m.	100 Meter Dash (Girls and Boys AAAAA and AAAAAA)
1:35 p.m.	100 Meter Dash (Girls and Boys AAAAA and AAAAAA Wheelchair Division)
1:50 p.m.	4X200 Meter Relay (Girls and Boys AAAAA and AAAAAA)
2:10 p.m.	400 Meter Dash (Girls and Boys AAAAA and AAAAAA)
2:20 p.m.	400 Meter Dash (Girls and Boys AAAAA and AAAAAA Wheelchair Division)
2:35 p.m.	300 Meter Hurdles (30") (Girls AAAAA and AAAAAA)
2:45 p.m.	300 Meter Int. Hurdles (36") (Boys AAAAA and AAAAAA)
2:55 p.m.	200 Meter Dash (Girls and Boys AAAAA and AAAAAA)
3:15 p.m.	1600 Meter Run (Girls and Boys AAAAA and AAAAAA)
3:55 p.m.	4X400 Meter Relay (Girls and Boys AAAAA and AAAAAA)
4:40 p.m.	**AWARDS TO TEAM CHAMPIONS**

TRACK AND FIELD EVENTS GENERAL INFORMATION

I. Track and Field information packets will include the following items and will be made available at Heroes Stadium Ticket Booth, 4799 Thousand Oaks, San Antonio, TX 78233 on Thursday, April 22, 2021. Packets will be available for pick up between 2:00 pm and 5:00 pm. Packets may also be picked up at the Heroes Stadium Ticket Booth on Friday from 7:30 am to 3:30 pm and Saturday from 10:00 am to 1:00 pm.

- ➢ Field Event Entries
- ➢ Schedule of Events
- ➢ 3 coaches passes per school (Full time employees of the school district)
- ➢ Heat and Lane assignments
- ➢ Relay cards

II. **CONTESTANTS:** *All NFHS and UIL rules will govern the events at the regional meet.*

A. Team camps are located on the east side of the stadium only.

B. Will not be allowed on the track and/or infield before the first call for their event.

C. Must remain in the stands when not participating in event or warming up. All participants will use the ramps on the Northeast and Southeast side of the stadium for track entrance.

D. The first, second and third place winners must report to the awards stand immediately after their event.

E. Field Events: When a competitor has qualified in more than one field event:

   a. He/She must inform the official upon check-in.

   b. Upon leaving one event to compete in another, he/she must inform the official of time leaving and has 10 minutes to return.

   c. Trials may be taken in succession.

F. The Shot and Discus weigh-in station will be in the Home Team Dressing Room. 6A girls shot put & 6A boys discus, from 7:00 am until 8:00 am. 6A girls discus and 6A boys shot put from 9:30 am until 10:30 am. 5A boys shot put and 5A girls discus from 3:00 pm until 4:00 pm. 5A girls shot put and 5A boys discus from 12:30 pm until 1:30 pm. All implements weighed in will be impounded and only certified implements will be placed in the pool for competition. All implements may be picked-up at the weigh-in station. 6A from 1:45-2:15 pm and 5A from 6:30-7:00 pm, Friday, April 23rd. Athletes will be allowed to warm-up by flights prior to the start of competition with **approved** implements and under the supervision of an official.

G. Pole Vault weigh-in will be in the East Side storage room.
6A girls weigh-in from 7:00-8:00 a.m. and 6A boys 9:30-10:30 a.m., 5A girls weigh-in from 12:30-1:30 p.m. and 5A boys 3:00 – 4:00 p.m. It is the responsibility of the coach to verify that the competitor will use a legal pole rated at or above his/her weight by submitting the pole vault weight rating sheet contained in this handbook at weigh- in time. Each athlete will be weighed prior to pole vault competition to make sure that pole weight and competitor weight correlates with the rules. **There will be no variance.**

H. No loud radios will be allowed in the stadium.

I. Automatic timing system and video will be used for all running events.

J. In running events with prelims, qualifying for the finals will be the winner of each heat and the next 6 fastest times.

K. FOR RUNNING EVENT PRELIMS, ATHLETES SHOULD JUDGE THEIR WARM-UP ON EVENTS, BECAUSE TIMES ARE APPROXIMATE.

L. Designated uniform for shot & discus participants must follow NFHS rules as specified**.**

M. Only 1/8 or 1/4 inch spikes will be allowed

N. NO chalk, tacks, pins, powder, paint, duct tape or any items that may cause injury may be used as marks for field events and relays. ONLY white athletic tape will be allowed on the track and runways and must be removed immediately after the relay race and/or field event competition.

O. No cell phone usage or other wireless device used for communication will be allowed on the field or during competition. However, electronic devices may be used in unrestricted areas and the designated coaches' boxes.

a. Electronic devices shall not be used to transmit information to the competitor during the race or trial.
b. Electronic devices shall not be used for any review of an official's decision.

P. Starting heights for the Pole Vault and High Jump will be determined by the UIL Director of Athletics and the Meet Director before the meet based on District/Area entries. They will be available on the NEISD website on Tuesday, April 20th and in the coach's packet upon check-in.

III. UNIFORMS: COMPETITOR'S UNIFORM IN TRACK AND FIELD AND CROSS COUNTRY

NOTE: The wearing of medical alert with the alert visible is encouraged for risk minimization. The ultimate responsibility to have each competitor compliant with uniform rules and other reasonable and legal items is with the coach.

ART.1 ….The competitor's uniform shall be school-issued or school-approved, worn as intended by the manufacturer, and meet the following requirements and restrictions:

A. Each competitor shall wear shoes on both feet.
   1. The shoes shall have an upper and recognizable sole and heel.
   2. The (shoe) upper must be designed so that it can be fastened securely to the foot.

NOTE: The games committee may also determine the length of spikes allowed on all-weather surface. (3-2-4a)

4. The use of slippers or socks does not meet the requirements of the rule.

B. Each competitor shall wear a school-issued or school-approved full-length track top and track bottom or one-piece uniform. Any outer garment (e.g., t-shirt, sweatpants, tights) that is school issued or school-approved becomes the official uniform, when worn.
   1. When numbers are used, each competitor shall wear his/her assigned, unaltered contestant number.
   2. The top and/or bottom or one piece uniform may have school name, school logo, school nickname and/or competitor's name.
   3. The top shall not be knotted or have a knot-like protrusion. Bare midriff tops are not permitted. The top must hang below or be tucked into the waistband of the uniform bottom when the competitor is standing upright.
   4. Loose-fitting boxer-type bottoms or compression-style bottoms are permitted for boys and girls, however, **boys must wear a loose-fitting track bottom, and they must wear shorts over the one-piece suit or compression style bottoms according to the UIL Manual**. Closed-leg briefs are acceptable for girls. French or high-cut apparel shall not be worn in lieu of the uniform bottom. The waistband of a competitor's bottom shall be worn above the hips.
   5. A single manufacturer's logo/trademark/reference, no more than 2 ¼ square inches with no dimension more that 2 ¼ inches, is permitted on the top and bottom or one-piece uniform.

6. One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.
7. Any visible garment(s) worn underneath the uniform top and/or bottom is considered a foundation garment. Foundation garments are not subject to logo/trademark/reference or color restrictions.

ART. 2… Additional restrictions for relay teams and cross country teams.

A. All relay and cross country team members must wear uniforms clearly indicating, through predominant color, school logo and color combination of all outer garments worn as a uniform, that members are from the same team.

NOTE: The official should be able to observe that all members are from the same team.

PENALTY: (Articles 1, 2) For the wearing of an illegal uniform, when a violation is observed and noted by a meet official, the competitor shall be required to make the uniform legal before becoming eligible for further competition and shall be issued a warning that a subsequent violation shall result in a disqualification from the event.
The referee shall be notified of the violation by the observing meet official, and the referee shall then notify or cause to be notified the head coach of the offending school of the competitor's violations and warning.

ART. 3… Removing any part of the team uniform, excluding shoes, while in the area of competition, as defined by the games committee, is illegal.

PENALTY: This shall lead to a warning and if repeated, to disqualification from the event. If the incident recurs, the competitor will be disqualified from further competition in the meet.

IV. <u>COACHES:</u> *All NFHS and UIL rules will govern the events at the regional meet.*

A. No district passes or TGCA or THSCA membership passes will be honored.

B. A Wrist Band identifying Region IV coaches (Full-Time employee of the School District) with qualifying participants will be given out in the information packets and must be worn at all times at all sites. Do not remove the wristband if you plan on returning on Saturday. (three wristbands per team).

C. All scratches/substitutes for events must be certified by the District/Area Track Meet Director by submitting the changes in writing to Kelly Parker @ Fax# (210) 491-6135 or by e-mail to kparke2@neisd.net ***Please use the form in the Regional Meet Handbook titled Track & Field Substitute Certification Form.***

D. **<u>NO SUBSTITUTIONS WILL BE ACCEPTED AFTER 10:00 A.M. ON TUESDAY, APRIL 20, 2021.</u>**

E. Relay cards are due on Friday, April 23rd at the Heroes ticket booth at the following times:

5A – 9:00 am and 6A – 2:30 pm. Names cannot be added or changed after the deadline.
Relay teams will be subject to disqualification if relay cards are not turned in on time.

F. Appeals must be made by the coach in written form and submitted to a referee at the referee station under the video board ***no later than 30 minutes*** after the announcement of the event results. Forms will be provided in the coaches' packet and at the referee's table.

Situations which are subject to appeal include, but are not limited to:

1. Misapplication of the rules
2. Correction of clerical or team scoring errors which must be corrected up to 48 hours after the end of the meet, unless another time period is specified in advance by the games committee or meet director.
3. Correction of meet results involving an ineligible participant which may be made at any time.
4. Failure to follow a procedure contained in the terms and conditions of competition announced in advance by the games committee or meet director. This would include such items as the time schedule, the number of qualifiers to advance, number of trials, etc.

Non-appealable situations:

1. Any judgment decision pertaining to violations or alleged violations of the rules.
2. A decision made by the finish judges or timers that does not involve misapplication of a rule or the terms and conditions of competition.
3. Whether a start is fair and legal.

NOTE: SECTION 3-4: The referee has the sole authority for ruling on infractions or irregularities not covered within the rules.

G. No coaches will be allowed on the field of competition during running events unless summoned by the referee or filing an appeal. A field marshal will escort the coach to the referee's table.

H. A coach's box will be provided at all field event sites for coaches, 1 coach per team with approved UIL wristband AND meet issued colored wristband and only while their athlete competes.

I. Video equipment authorized by the meet director and games committee may be used to review appealable infractions. The replay may be viewed only by the meet referee and/or the jury of appeals

J. Trainers Station - Trainers from the host site (NEISD) will be on duty in the Northwest (Home) locker room. The host site trainers will be allowed on the track during distance races and if they are called to administer to an athlete. Trainers may not take pictures or review videos with athletes.

V. SCORING

A. Individual field and running events: (10-8-6-4-2-1)
B. Relays: (20-16-12-8-4-2)

VI. ADMISSION PRICES:

Students: $5.00 one day
Adults: $10.00 one day

VII. All tickets will be sold online at neisd.net/Page/2881 through Ticket Spicket. Download Ticket Spicket App to purchase tickets on Google Play and Apple Store or visit https://events.ticketspicket.com/agency/4e5ad12e-aa84-444a-990d-1d531b513645 or click on the following QR Code.

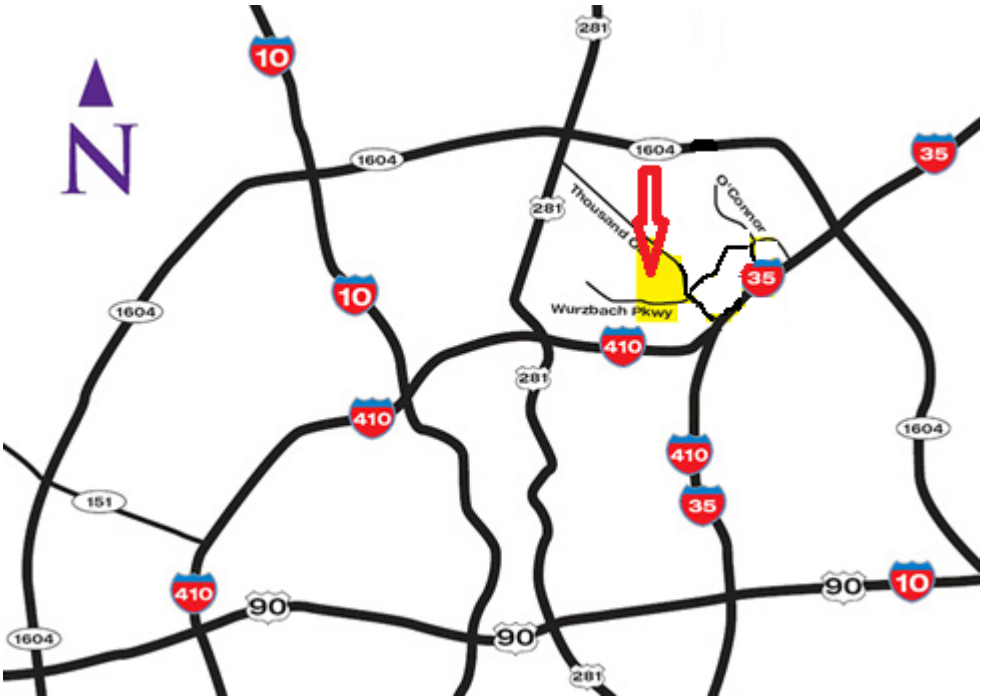
Scan Me

VIII. THERE WILL BE NO PRELIMS IN THE FOLLOWING EVENTS

A. 5A Girls and Boys – 800, 1600 and 3200 Meter Runs
B. 6A Girls and Boys – 800, 1600 and 3200 Meter Runs

COACHES/ATHLETES MAP AND DIRECTIONS TO HEROES STADIUM (East Side)

4799 Thousand Oaks Drive-San Antonio, Texas 78233



From South (Corpus Christi)

Take I-37 North. Exit 133 to merge onto I-410N to I-35N. Take Exit 167 toward Starlight Terrace/Thousand Oaks Drive. Merge onto Interstate 35 Access Road. Turn left onto Starlight Terrace/Thousand Oaks. Follow Thousand Oaks for just over half a mile and turn left onto Quarry Park to Heroes Stadium.

From West (Del Rio, Uvalde)

Take US-90 East. Exit I-10 West/I-35 North/US-87 North toward Austin/El Paso. Continue to follow I-35 North for about 14 miles. Take Exit 167 toward Starlight Terrace/Thousand Oaks Drive. Merge onto Interstate 35 Access Road. Turn Left onto Starlight Terrace/Thousand Oaks. Follow Thousand Oaks for just over half a mile and turn left onto Quarry Park to Heroes Stadium.

From East (Seguin, Houston)

Take US-90 West. Take the ramp onto I-10 West/US-90 West. Take Exit 581 and merge onto I-410. Continue onto I-35 North/North Panam Expressway. Take Exit 167 toward Starlight Terrace/Thousand Oaks Drive. Merge onto Interstate 35 Access Road.

Turn Left onto Starlight Terrace/Thousand Oaks. Follow Thousand Oaks for just over half a mile and turn left onto Quarry Park to Heroes Stadium.

From Austin or Dallas

Take I-35 South toward San Antonio. Exit 167B toward Thousand Oaks Drive/Starlight Terrace. Merge onto Interstate 35 Access Road. Turn right onto Thousand Oaks Drive. Follow Thousand Oaks for just over half a mile and turn left onto Quarry Park to Heroes Stadium.

From West (El Paso, Kerrville)

Take I-10 East to Exit 564 and merge onto I-410 East. Keep left at the fork and follow signs for I-35 North/Austin. Keep Right at the fork, follow signs for Randolph Boulevard/Windcrest. Keep Left at the fork and follow signs for I-35 North and merge onto Interstate 35 Access Road. Turn left onto Starlight Terrace/Thousand Oaks. Follow Thousand Oaks for just over half a mile and turn left onto Quarry Park to Heroes Stadium.

From Downtown San Antonio

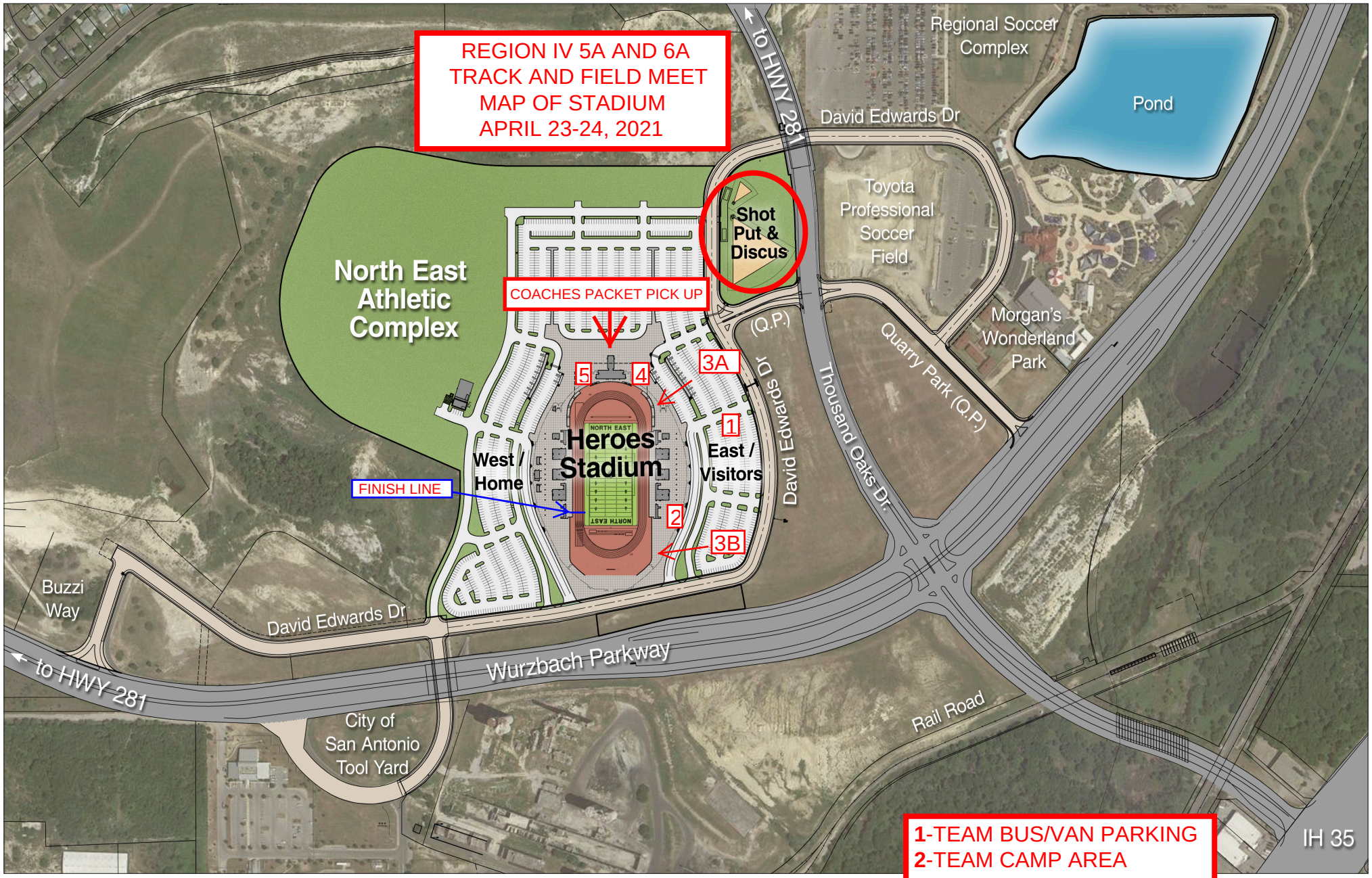
Take I-37 N/US-281 North. Exit I-35 N/North Panam Expressway toward Austin, Exit 142A. Take exit 167 toward Starlight Terrace/Thousand Oaks Drive. Merge onto the Interstate 35 access road. Turn left onto Starlight Terrace/Thousand Oaks. Follow Thousand Oaks for just over half a mile and turn left onto Quarry Park to Heroes Stadium.

From North San Antonio (Stone Oak Area)

Take I-37 S/US-281 South. Exit onto Loop 410 E via the ramp. Keep left at the fork and continue on toward I-35 N/Austin. Keep Right at the next fork and follow signs for Randolf Boulevard/Windcrest. Keep Left at the fork and follow signs for I-35 N and merge onto the I-35 Access Road. Turn Left onto Starlight Terrace/Thousand Oaks. Follow Thousand Oaks for just over half a mile and turn left onto Quarry Park to Heroes Stadium.

From the Airport

From Airport Boulevard, turn Left onto NE 410 Loop Frontage Road. Exit onto NE Loop 410 E via the ramp on the left. Keep Left at the fork and continue on toward I-35 N/Austin. Keep Right at the next fork and follow signs for Randolf Boulevard/Windcrest. Keep Left at the fork and follow signs for I-35 N and merge onto the I-35 Access Road. Turn Left onto Starlight Terrace/Thousand Oaks. Follow Thousand Oaks for just over half a mile and turn left onto Quarry Park to Heroes Stadium.



1-TEAM BUS/VAN PARKING
2-TEAM CAMP AREA
3A-NE TRACK ENTRANCE
3B-SW TRACK ENTRANCE
4-PV WEIGH IN
(East side storage room)
5-SHOT/DISCUS WEIGH IN
(West side storage room)

HEROES STADIUM

4707 David Edwards Drive
San Antonio, Texas 78233

NORTH EAST INDEPENDENT SCHOOL DISTRICT

NORTH

HEROES STADIUM
TRACK MARKINGS

GENERAL

1. The longest spike that may be used is the 1/4" pyramid.

2. No foreign materials of any kind should be placed on the track or jumping surface areas, including dusts, salt, powders, etc. If temporary markers are needed, the use of plastic or adhesive tape is acceptable, but should be removed as soon as the event is over.

3. The finish line for all events except the 100-M and 110-M Hurdles occurs at the southwest turn.

4. The curved white line at the southeast turn designates the break at the pole.

EVENT DESCRIPTIONS

100-M Dash The white start line is located in the chute near the southwest turn. The white finish line is located on the west side of the track.

200-M Dash The white start lines are located at the north end of the track and are staggered on turn.

400-M Dash The yellow start lines are located at the south end of the track and are staggered two turns.

800-M Dash The white start lines are located at the south end of the track and are staggered one turn.

400-M Relay The start lines are identical to those used in the 400-M Dash. The exchange zones are typical and are colored gold.

800-M Relay The blue start lines are located at the south end of the track and are staggered four turns. The exchange zones are typical and are colored blue except for the third exchange which utilizes the second exchange zone of the 400-M Relay, which is gold

1600-M Relay The green start lines are located at the south end of the track and are staggered three turns. The first exchange zone is typical and is colored green. The second and third exchanges take place between the broken green lines in each lane located at the southwest corner of the track.

100-M Hurdles The start and finish lines are identical to those used in the 100-M Dash when running south to north. Hurdle settings are designated by gold triangles in each lane facing the direction of the finish line.

10 Hurdles @ 33"- High School Girls

110-M Hurdles The white start line is located in the chute near the southwest turn. The finish line is identical to that used for the 100-M Dash and the 100-M Hurdles when running from south to north.

Hurdle settings are designated by blue triangles in each lane facing the direction of the finish line.

10 Hurdles @ 39"- High School Boys

300-M Hurdles The white start lines are located near the southeast turn and are staggered one turn.

Hurdle settings are designated by green triangles in each lane.

8 Hurdles @ 30"- High School Girls
8 Hurdles @ 36"- High School Boys

NEISD HEROES STADIUM RUNWAY BOARDS

LJ & TJ
PIT BOARDS

8’	Yellow
12’	White
20’	Blue
24’	Yellow
28'	White
32’	Blue
36’	Yellow
40’	Blue

TRACK & FIELD SUBSTITUTE CERTIFICATION FORM

(FOR USE BY COACH TO INFORM DISTRICT/AREA DIRECTOR OF SCRATCH)

School	Coach	District – Conference EX: 29 – 5A
Name of Athlete	Event Scratched	Place in District/Area

(FOR USE BY DISTRICT/AREA DIRECTOR TO INFORM REGIONAL DIRECTOR OF ADD)

District /Area Director may fax to (210) 491-6135 or email form to kparke2@neisd.net

Name of Athlete Added	Event	Original Place in District/Area Meet
School	Coach	District/Area Director Signature

DEADLINE FOR CHANGES: TUESDAY, APRIL 21, 2020 @ 10:00 AM

Date Submitted to Regional Director

TRACK & FIELD SUBSTITUTE CERTIFICATION FORM

(FOR USE BY COACH TO INFORM DISTRICT/AREA DIRECTOR OF SCRATCH)

School	Coach	District – Conference EX: 29 – 5A
Name of Athlete	Event Scratched	Place in District/Area

(FOR USE BY DISTRICT DIRECTOR/AREA TO INFORM REGIONAL DIRECTOR OF ADD)

District/Area Director may fax to (210) 491-6135 or email form to kparke2@neisd.net

Name of Athlete Added	Event	Original Place in District/Area Meet
School	Coach	District/Area Director Signature

DEADLINE FOR CHANGES: TUESDAY, APRIL 20, 2021 @ 10:00 A.M.

Date Submitted to Regional Director

Practice Relay Cards
These will not be accepted as official relay cards.
OFFICIAL RELAY CARDS WILL BE AVAILABLE AT CHECK IN

4x100 (400 METER RELAY)

	PRINT FIRST AND LAST NAMES NEATLY	PRELIMS	FINALS
1.			
2.			
3.			
4.			
5. alt			
6. alt			

4X200 (800 METER RELAY)

	PRINT FIRST AND LAST NAMES NEATLY	PRELIMS	FINALS
1.			
2.			
3.			
4.			
5. alt			
6. alt			

4X400 (1600 METER RELAY)

	PRINT FIRST AND LAST NAMES NEATLY	PRELIMS	FINALS
1.			
2.			
3.			
4.			
5. alt			
6. alt			

UIL Pole Vault Certification Form

In compliance with the National Federation of High Schools Track and Field Rule 7-5-3, this form is provided to verify pole vaulter's weights and pole ratings prior to warm-up and competition.

Vaulter's School:	Coach's Name (print):
Site of Competition:	Date of Competition:

Vaulter's Name:		Vaulter's Weight:	lbs.
Pole #1:	Length:	Pole Rating Weight:	lbs.
Pole #2:	Length:	Pole Rating Weight:	lbs.
Pole #3:	Length:	Pole Rating Weight:	lbs.
Pole #4:	Length:	Pole Rating Weight:	lbs.
Pole #5:	Length:	Pole Rating Weight:	lbs.
Pole #6:	Length:	Pole Rating Weight:	lbs.
Pole #7:	Length:	Pole Rating Weight:	lbs.
Pole #8:	Length:	Pole Rating Weight:	lbs.
Athlete Signature:		Date:	

Coach's Printed Name:	Date:
Coach's Signature:	Date:

UIL Pole Vault Certification Form

In compliance with the National Federation of High Schools Track and Field Rule 7-5-3, this form is provided to verify pole vaulter's weights and pole ratings prior to warm-up and competition.

Vaulter's School:	Coach's Name (print):
Site of Competition:	Date of Competition:

Vaulter's Name:		Vaulter's Weight:	lbs.
Pole #1:	Length:	Pole Rating Weight:	lbs.
Pole #2:	Length:	Pole Rating Weight:	lbs.
Pole #3:	Length:	Pole Rating Weight:	lbs.
Pole #4:	Length:	Pole Rating Weight:	lbs.
Pole #5:	Length:	Pole Rating Weight:	lbs.
Pole #6:	Length:	Pole Rating Weight:	lbs.
Pole #7:	Length:	Pole Rating Weight:	lbs.
Pole #8:	Length:	Pole Rating Weight:	lbs.
Athlete Signature:		Date:	

Coach's Printed Name:	Date:
Coach's Signature:	Date:

The following are NFHS Track and Field Rules relevant to pole vault safety:

Rule 7-5-2: The vaulting pole may be of any material and of length and diameter. It may have a binding of not more than two layers of adhesive tape of uniform thickness. However, the bottom of the pole may be protected by several layers of tape, PVC, metal, sponge rubber, or other suitable material to protect it when placed in the planting box.

Rule 7-5-3: The competitor's weight shall be at or below the manufacturer's pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of 3⁄4 inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to the competition, the Coach must verify that all of the schools' pole vaulters meet these requirements.

7-5-4: A competitor shall not use a variable weight pole, a pole which is improperly marked, or a pole rated below his/her weight, or any other equipment that is not legal during warm-up or competition. **NOTE:** Altering the pole in any fashion renders it illegal. **PENALTY: Disqualification from the event.**

7-5-5: Prior to warm-up, the field referee, head field judge, or assigned inspector of implements shall inspect each pole to be used in the competition to verify that the poles are legal equipment, per Rule 7-5-3. This includes checking the placement of a top hand-hold band, numerical pole ratings a minimum of 3⁄4-inches in a contrasting color located within or above the top hand-hold band, and the proper binding of not more than two layers of adhesive tape of uniform thickness. The binding shall not be on or above the top handhold band.

7-5-23: A competitor shall not be allowed to use the pole of another individual without the consent of the owner. The event judge shall approve the use and verify that the pole is rated weight-appropriate. **PENALTY: Disqualification from the event.**

Rule 7-5-29h: It is a foul if the competitor grips the pole above the top handhold band. **PENALTY: An unsuccessful trial is charged, but not measured.**

The following are NFHS Track and Field Rules relevant to pole vault safety:

Rule 7-5-2: The vaulting pole may be of any material and of length and diameter. It may have a binding of not more than two layers of adhesive tape of uniform thickness. However, the bottom of the pole may be protected by several layers of tape, PVC, metal, sponge rubber, or other suitable material to protect it when placed in the planting box.

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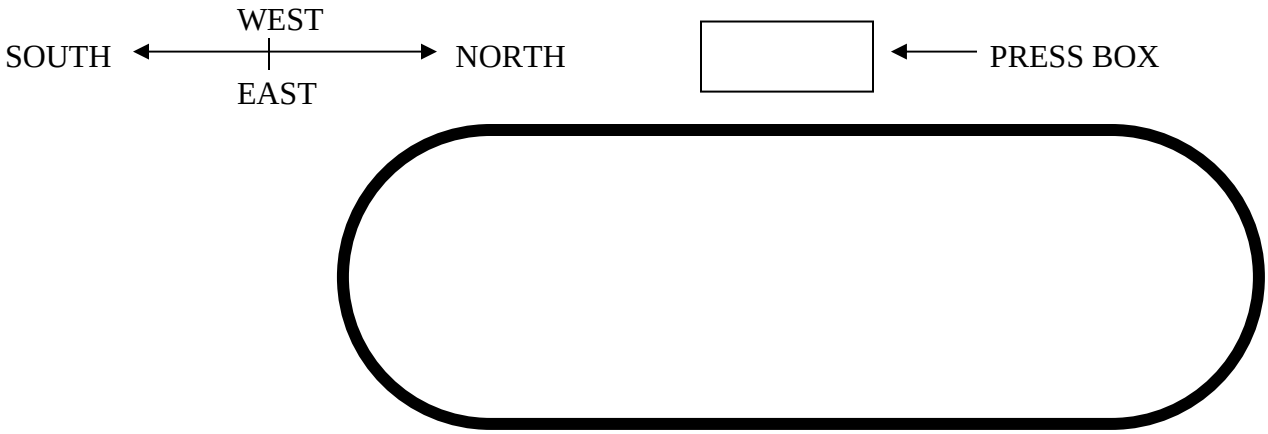
TIME: _____

OFFICE OF ATHLETICS

APPEAL FORM

TIME OF EVENT: _____ A.M. P.M. TIME OF FILING: _____ A.M. P.M.

Describe in detail the reason for this appeal: _____
_____
_____
_____
_____
_____
_____



Identify your approximate position at the time of the violation with "X".
Identify the location of the violation with "V". Identify other witness with "W".

Names of Witnesses: _____
_____
_____

Please identify what rule was specifically violated:
Rule#_____, Section_____Article_____

_____
SIGNATURE OF HEAD COACH

HyTek Procedures for District/Area Track Meet Director 2021:

If you use HyTek, *immediately after your meet* , export the advancers, and email them to the HyTeK Official at thasti@neisd.net

You will also need to fax your meet results with finishers of places 1 – 8.
The fax number is (210) 491-6135
If problems occur please call 210-356-6923

Data Entry Checklist:

1. Please check that all athlete names are spelled correctly with correct capitalization (ex. John Doe is correct…not john doe or JOHN DOE.)
2. The "year in school" should be included for each athlete in the following format: 09 for 9th grade, 10 for 10th grade, 11 for 11th grade and 12 for 12th grade.
3. Input names of the relay team members under each relay, including the relay alternates (maximum of 6 names).
4. Field event results must resolve all ties through 6th place using NFHS tiebreaker rules.

Creating the District Meet Using HyTek Windows Meet Manager:

1. Divisions: Under "Meet Setup" choose "Divisions by Event." Also, click Set-up: "Division/Region Names" and choose "Divisions." Use your conference as listed in the chart below. This set up will put your conference in the correct events when imported. ***This is a very important step.***

Div#	Code	Division Name
5	5A	5A
6	6A	6A

2. Event Numbers: ***The attached event numbers must be used to ensure that we can merge your meet with ours.*** Be sure and use your conference event numbers. Be sure the person in charge of computer scoring gets these event numbers.

6A Codes	**5A Codes**
601 – Women 3200 Meter Run 4A	501 – Women 3200 Meter Run 5A
602 – Men 3200 Meter Run 4A	502 – Men 3200 Meter Run 5A
603 – Women 4x100 Meter Relay 4A	503 – Women 4x100 Meter Relay 5A
604 – Men 4X100 Meter Relay 4A	504 – Men 4X100 Meter Relay 5A
605 – Women 800 Meter Run 4A	505 – Women 800 Meter Run 5A
606 – Men 800 Meter Run 4A	506 – Men 800 Meter Run 5A
607 – Women 100 Meter Hurdles 4A	507 – Women 100 Meter Hurdles 5A
608 – Men 110 Meter Hurdles 4A	508 – Men 110 Meter Hurdles 5A
609 – Women 100 Meter Dash 4A	509 – Women 100 Meter Dash 5A
610 – Men 100 Meter Dash 4A	510 – Men 100 Meter Dash 5A
611 – Women 4x200 Meter Relay 4A	511 – Women 4x200 Meter Relay 5A
612 – Men 4x200 Meter Relay 4A	512 – Men 4x200 Meter Relay 5A
613 – Women 400 Meter Dash 4A	513 – Women 400 Meter Dash 5A
614 – Men 400 Meter Dash 4A	514 – Men 400 Meter Dash 5A
615 – Women 300 Meter Hurdles 4A	515 – Women 300 Meter Hurdles 5A
616 – Men 300 Meter Hurdles 4A	516 – Men 300 Meter Hurdles 5A

617 – Women 200 Meter Dash 4A
618 - Men 200 Meter Dash 4A
619 – Women 1600 Meter Run 4A
620 – Men 1600 Meter Run 4A
621 – Women 4x400 Meter Relay 4A
622 – Men 4x400 Meter Relay 4A
623 – Women Discus Throw 4A
624 – Men Discus Throw 4A
625 – Women High Jump 4A
626 – Men High Jump 4A
627 – Women Long Jump 4A
628 – Men Long Jump 4A
629 – Women Pole Vault 4A
630 – Men Pole Vault 4A
631 – Women Shot Put 4A
632 – Men Shot Put 4A
633 – Women Triple Jump 4A
634 – Men Triple Jump 4A

517 – Women 200 Meter Dash 5A
518 – Men 200 Meter Dash 5A
519 – Women 1600 Meter Run 5A
520 – Men 1600 Meter Run 5A
521 – Women 4x400 Meter Relay 5A
522 – Men 4X400 Meter Relay 5A
523 – Women Discus Throw 5A
524 – Men Discus Throw 5A
525 – Women High Jump 5A
526 – Men High Jump 5A
527 – Women Long Jump 5A
528 – Men Long Jump 5A
529 – Women Pole Vault 5A
530 – Men Pole Vault 4A
531 – Women Shot Put 4A
532 – Men Shot Put 5A
533 – Women Triple Jump 5A
534 – Men Triple Jump 5A

3. School Codes: <u>The UIL school codes must be used for the HyTek program to work properly</u>. <u>The school code and the school code name must be the same as listed on the UIL list***. DO NOT put HS or High School*** after the school names</u>.

The HyTek program does not identify the school unless both of these items are typed correctly.

Be sure the person in charge of computer scoring gets these school codes. The schools and codes can be found on the UIL Website on this link:

http://www.uiltexas.org/track-field/school-codes

Instructions for Exporting Advancers from HyTek Windows Meet Manager to the Regional Meet Director:

Advancers: Follow the steps below to export advancers to Regional Meet.

1. Under "File" choose "Export" then choose "Advancers".
2. Under Advancers you will select all events.

From District to Regionals:

Top How Many From Each Event Advance: <u>2</u>

From Area to Regionals :

Top How Many From Each Event Advance: <u>4</u>

Maximum Qualifiers per Event: <u>Leave Blank</u>
Include Relay Names <u>Check this (we NEED relay names)</u>
Custom Select Advancers <u>Leave Blank</u>

3. Then create the export.
4. Email this report to Regional Meet Manager at: thasti@neisd.net
5. Fax the results to Regional Meet Manager at 210-491-6135 immediately after the meet. The results ***DO NOT*** *n*eed to be typed on the UIL Track And Field District Result Form. You may use the HyTek results format.

2019 REGION IV – AAAAA GIRLS
TRACK AND FIELD RECORDS

MT = MANUAL TIME
FAT = FULLY AUTOMATIC TIME

3200 Meter Run 5-A	10:54.3	1981	Kim Whitaker - New Braunfels (MT)
	10:44.03	2016	Abby Gray – Alamo Heights (FAT)
4x100 Meter Relay 5-A	46.5	2001	Austin Reagan - (MT) S.Brantley, N.Franklin, L.Moore, L.Urbina
	46.75	2017	Austin Johnson – (FAT) D.Gilbert, R.Horowitz, S.Porter, H.Porter
800 Meter Run 5-A	2:12.4	2001	Dee Dee Cortez - Mission Sharyland (MT)
	2:10.01	2018	Bailey Goggans – Marble Falls (FAT)
100 Meter Hurdles 5-A	14.00	1981	Kari Harris - Gregory Portland (MT)
	14.53	2013	Autymn Scales – Northside Brennan (FAT)
100 Meter Dash 5-A	11.5	2002	Larica Urbina - Austin Reagan (MT)
	11.80	2004	Gyiasha Hall – Austin Reagan (FAT)
4x200 Meter Relay 5-A	1:38.9	2001	Austin-Reagan - (MT) L.Moore, S.Brantley, L.Urbina, N.Franklin
	1:40.15	2018	Austin Johnson – (FAT) D. Gilbert, S. Porter, H. Porter, C. Anyatonwu
400 Meter Dash 5-A	54.50	2003	Johnsie Liles - Austin Johnston (MT)
	55.52	2018	Bailey Goggans – Marbles Falls (FAT)
300 Meter Hurdles 5-A	42.9	2001	Samantha Spaulding - Rockport Fulton (MT)
	43.84	2011	Bailey Johnson – Dripping Springs (FAT)
200 Meter Dash 5-A	24.0	1989	Stacey Clack - Austin Anderson (MT)
	20.62	2017	Caroline Anyatonwu – Austin Johnson (FAT)
1600 Meter Run 5-A	5:01.7	2003	Dacia Barr - Austin Lake Travis (MT)
	4:55.95	2016	Abby Gray – Alamo Heights (FAT)
4x400 Meter Relay 5-A	3:52.6	2000	Austin-Reagan - (MT) S.Brantley, B.Brockington, L.Moore, N. Franklin
	3:50.94	2019	Boerne Champion – (FAT) L. Bolli, H. Stadler, R. Burkey, A. Gonzales
Discus Throw 5-A	156-09	1979	Dana Olson - Austin Westlake
High Jump 5-A	6-00.00	1993	Amy Acuff - Corpus Christi Calallen
Long Jump 5-A	20-00.75	2005	Brandi Stanfield – Pflugerville Connally
Pole Vault 5-A	13-09.00	2018	Riley Floerke – Gregory Portland
Shot Put 5-A	50-01.00	1999	Ibie Benido - Corpus Christi Calallen
Triple Jump 5-A	41-09.75	2005	Brandi Stanfield – Pflugerville Connally

2019 – REGION IV – AAAAA BOYS
TRACK AND FIELD RECORDS

MT = MANUAL TIME
FAT = FULLY AUTOMATIC TIME

3200 Meter Run 5-A	9:06.2	1999	Tommy Bonn - Lockhart (MT)
	9:12.37	2008	Rory Tunningley – Lockhart (FAT)
4x100 Meter Relay 5-A	41.0	1992	Austin Reagan – (MT) T.Green, R.Howard, C.Hawkins, S.Andrews
	41.08	2018	Angleton – (FAT) E. Hawkins, C. Bowie, M. Ross, T. Williams
800 Meter Run 5-A	1:52.1	1985	Matt Dunn - Hays Consolidated (MT)
	1:53.12	2015	Reagan Olguin – Edinburg Vela (FAT)
110 Meter Hurdles 5-A	13.4	1996	Martin Dossett - Gregory Portland (MT)
	14.20	2013	Jonathan Jefferson – San Antonio Highlands (FAT)
100 Meter Dash 5-A	9.90	2002	Brendan Christian - Austin Reagan (MT)
	10.65	2019	Isaiah Reyes – Flour Bluff (FAT)
4x200 Meter Relay 5-A	1:27.4	2003	Gregory Portland – (MT) C. Greer, C Davis, R. Cortez, C.Wilson
	1:26.20	2013	Corpus Christi Flour Bluff – (FAT) R.Mendoza, J. Pradia, A.Dilworth, T.Martin
400 Meter Dash 5-A	46.8	2000	Jonte Buhl - Pflugerville Connally (MT)
	47.81	2013	Steven Champlin – Castroville Medina Valley (FAT)
300 Meter Hurdles 5-A	36.5	1999	Ira Cunningham - Austin LBJ (MT)
	37.88	2008	Andre Sanders – Cedar Park Vista Ridge (FAT)
200 Meter Dash 5-A	20.7	2002	Brendan Christian - Austin Reagan (MT)
	21.35	2013	J J Pradia – Corpus Christi Flour Bluff (FAT)
1600 Meter Run 5-A	4:16.5	1999	Tommy Bonn - Lockhart (MT)
	4:14.99	2011	Travis Barclay – Boerne Champion (FAT)
4x400 Meter Relay 5-A	3:14.1	1992	Austin-Reagan – (MT) T.Green, W. Lowe, R.Howard, C.Hawkins
	3:17.61	2017	Victoria West – (FAT) J.Smith, J.Ventura, K.Freeman, T.Ogden
Discus Throw 5-A	199-00	2002	Derek Randall - Beeville Jones
High Jump 5-A	6-11.00	1998	Ryan Harlan - Waco Midway
Long Jump 5-A	23-11.50	1995	Tanyana McCray - Flour Bluff
Pole Vault 5-A	16-03.50	2008	Kaleb Sharder – Gregory-Portland
Shot Put 5-A	65-02.50	1987	Lance Wilson - Pflugerville
Triple Jump 5-A	48-07.50	2017	Vonte Davis – Rosenberg Terry

2019 – REGION IV – AAAAAA GIRLS
TRACK AND FIELD RECORDS

MT = MANUAL TIME
FAT – FULLY AUTOMATIC TIME

3200 Meter Run 6-A	10:49	1984	Kathy Smith - San Antonio Churchill (MT)
	10:18.37	2015	Devin Clark – Spring Branch Smithson Valley (FAT)
4x100 Meter Relay 6-A	46.80	1987	Willowridge - (MT) M. Brookman, R. Taylor, A. Wilbourn, L. Williams
	45.98	2015	Converse Judson – (FAT) K.James, M.Kuykendoll, K.Pickens, K.Horton
800 Meter Run 6-A	2:12.9	1987	Laura Vasquez - Edinburg (MT)
	2:10.78	2017	Megan Rourke – Austin Lake Travis (FAT)
100 Meter Hurdles 6-A	13.6	2002	Angel Boyd - Converse Judson (MT)
	14.19	2013	Jerica Love – Northside Warren (FAT)
100 Meter Dash 6-A	11.10	2002	Marshevet Hooker - San Antonio Southwest (MT)
	11.56	2019	Jasmine Montgomery – San Antonio Reagan (FAT)
4x200 Meter Relay 6-A	1:39.8	1985	San Antonio- Holmes - (MT) F. Knight, R. Boone, K. Bryant, R. Bryant
	1:37.36	2015	Converse Judson (FAT) K.James, M.Kuykendoll, K.Pickens, K.Horton
400 Meter Dash 6-A	54.5	2002	Shanta Bibbs - San Antonio Clark (MT)
	54.63	2016	Mariah Kuykendoll – Judson (FAT)
300 Meter Hurdles 6-A	42.1	1992	Anjanette Kirkland - San Antonio Holmes (MT)
	42.43	2009	Christine Holland – Converse Judson (FAT)
200 Meter Dash 6-A	23.5	2002	Marshevet Hooker - San Antonio Southwest (MT)
	23.52	2015	Kiana Horton – Converse Judson (FAT)
1600 Meter Run 6-A	5:02.4	1990	Sonia Sepulveda - Edinburg (MT)
	4:45.91	2015	Devin Clark – Spring Branch Smithson Valley (FAT)
4x400 Meter Relay 6-A	3:49.7	1998	New Braunfels - (MT) L. Reimer, J. Anderson, L. Gow, K. Reimer
	3:46.11	2015	Converse Judson (FAT) M.Kuykendoll, Z.Dickerson, T.Mack, D.Gibson
Discus Throw 6-A	155-01	2018	Sadey Rodriguez – Laredo United
High Jump 6-A	6-00-00	2010	Michaela Palu – San Antonio Marshall
Long Jump 6-A	20-04.00	1993	Tameka Roberts - CC Moody
Pole Vault 6-A	13-02-00	2014	Sara Kathryn Stevens – New Braunfels
Shot Put 6-A	46-01.50	2009	Taylor Rosser – Converse Judson
Triple Jump 6-A	40-06.75	2001	Chaytan Hill - Converse Judson

2019– REGION IV – AAAAAA BOYS
TRACK AND FIELD RECORDS

MT= MANUAL TIME
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3200 Meter Run 6-A	9:00.70	1981	Roland Reina - San Antonio John Jay (MT)
	9:00.60	2015	Alex Rogers – Canyon (FAT)
4x100 Meter Relay 6-A	40.7	1988	Willowridge - (MT) G. Caveness, C. Raby, A. McDonald, M. Miller
	40.98	2017	Converse Judson – (FAT) J.West, C. Mills II, S.Richburg, K.Morgan
800 Meter Run 6-A	1:51.9	1993	Andrew Burrow - Seguin (MT)
	1:49.68	2017	Sam Worley – Canyon (FAT)
110 Meter Hurdles 6-A	13.6	1996	Chris Allen - Converse Judson (MT)
	13.88	2016	Josh McGowen – McAllen (FAT)
100 Meter Dash 6-A	10.2	1990	Stephen Peterson - Austin Johnston (MT)
	10.43	2019	Jose Garcia – Harlingen (FAT)
4x200 Meter Relay 6-A	1:26.8	2003	San Antonio East Central – (MT) Q Young, K Wynn, L Hall, A Boyd
	1:24.83	2017	Converse Judson – (FAT) J.West, C. Mills II, S.Richburg, K.Morgan
400 Meter Dash 6-A	47.0	2001	Darold Williamson - San Antonio Holmes (MT)
	47.26	2016	Jon Mass – Clark (FAT)
300 Meter Hurdles 6-A	36.20	1987	Ralph Carrington - Austin LBJ (MT)
	36.39	2018	Tre'Bien Gilbert – Judson (FAT)
200 Meter Dash 6-A	20.9	1988	Dushon Orr - Austin Reagan (MT)
	20.93	2013	Cameron Williams – San Antonio Johnson (FAT)
1600 Meter Run 6-A	4:12.7	1985	Reuben Reina - San Antonio John Jay (MT)
	4:09.00	2016	Samuel Worley – Canyon (FAT)
4x400 Meter Relay 6-A	3:14.5	2000	San Antonio Holmes - (MT) C. Griffin, O. Rubio, R Quiroga, D. Williamson
	3:15.16	2014	Converse Judson – (FAT) C.Johnson, J. Lewis, B.Sanders, R.Reece
Discus Throw 6-A	192-11.50	1983	David Stanley - Angleton
High Jump 6-A	7-02.00	1990	Russell Garcia - Alice
Long Jump 6-A	24-06.00	1959	Dudley Haas - Corpus Christi Ray
Pole Vault 6-A	16-03.25	2018	Logan Fraley – Brandeis
Shot Put 6-A	72-06.25	2009	Stephen Saenz – Rio Grande Valley
Triple Jump 6-A	49-00.50	2019	Rashod Owens - San Antonio Roosevelt

2019– REGION IV – GIRLS/BOYS
WHEELCHAIR TRACK AND FIELD RECORDS

MT = MANUAL TIME
FAT – FULLY AUTOMATIC TIME

100 Meter Girls	22.00	2019	Suzannah Swanson – McAllen Memorial (FAT)
100 Meter Boys	17.79	2016	Joe Solis – Weslaco (FAT)
400 Meter Girls	1:35.04	2018	Suzannah Swanson – McAllen Memorial (FAT)
400 Meter Boys	1:03.15	2017	Joe Solis - Weslaco (FAT)
Shot Put Girls	11-03	2017	Catalina Clubb – CC Tuloso-Midway
Shot Put Boys	17-04	2017	Bryan Prado – CC Veterans Memorial

2020-21 OFFICIAL DISTRICT ALIGNMENT
SPRING ATHLETICS
CONFERENCE 5A

Region 1

District 1
El Paso
El Paso Andress
El Paso Austin
El Paso Bowie
El Paso Burges
El Paso Chapin
El Paso Irvin
El Paso Jefferson

District 2
Canutillo
Clint Horizon
El Paso Bel Air
El Paso Del Valle
El Paso El Dorado
El Paso Hanks
El Paso Parkland
El Paso Ysleta

District 3
Amarillo
Amarillo Caprock
Amarillo Palo Duro
Amarillo Tascosa
Canyon Randall
Plainview

District 4
Abilene Cooper
Abilene Wylie
Lubbock
Lubbock Cooper
Lubbock Coronado
Lubbock Monterey

District 5
Aledo
Azle
Granbury
White Settlement Brewer
Wichita Falls
Wichita Falls Rider

District 6
Colleyville Heritage
Denton
Denton Ryan
Grapevine
Lake Dallas
N Richland Hills Birdville
N Richland Hills Richland
Northwest

District 7
Ft Worth Arlington Hts
Ft Worth North Side
Ft Worth Polytechnic
Ft Worth South Hills
Ft Worth Southwest
Ft Worth Trimble Tech
Ft Worth Wyatt
Saginaw

District 8
Arlington Seguin
Burleson
Burleson Centennial
Crowley
Everman
Mansfield Legacy
Mansfield Summit
Mansfield Timberview

Region 2

District 9
Frisco
Frisco Centennial
Frisco Heritage
Frisco Independence
Frisco Lebanon Trail
Frisco Liberty
Frisco Lone Star
Frisco Memorial
Frisco Reedy
Frisco Wakeland

District 10
Denison
Lewisville The Colony
Lucas Lovejoy
McKinney North
Princeton
Prosper Rock Hill
Sherman
Wylie East

District 11
Carrollton Creekview
Carrollton Smith
Carrollton Turner
Dallas Adams
Dallas Conrad
Dallas Hillcrest
Dallas Jefferson
Dallas White
Dallas Wilson

District 12
Dallas Adamson
Dallas Kimball
Dallas Molina
Dallas Samuell
Dallas Seagoville
Dallas South Oak Cliff
Dallas Spruce
Dallas Sunset
Lancaster

District 13
Crandall
Dallas Highland Park
Forney
Greenville
Mesquite Poteet
North Forney
Royse City
West Mesquite

District 14
Cleburne
Corsicana
Ennis
Joshua
Midlothian
Red Oak
Waco University

District 15
Hallsville
Longview
Longview Pine Tree
Marshall
Mount Pleasant
Sulphur Springs
Texarkana Texas

District 16
Huntsville
Jacksonville
Lufkin
Nacogdoches
Tyler
Whitehouse

Region 3

District 17
Austin Anderson
Austin Ann Richards
Austin Crockett
Austin LASA
Austin McCallum
Austin Navarro
Austin Northeast
Austin Travis
Lockhart

District 18
Bastrop
Bastrop Cedar Creek
Elgin
Manor
Pflugerville
Pflugerville Connally
Pflugerville Hendrickson
Pflugerville Weiss

District 19
Brenham
Bryan Rudder
College Station
College Station A&M Consolidated
Katy Jordan
Katy Paetow
Magnolia
Magnolia West
Waller

District 20
Cleveland
Conroe Caney Creek
Dayton
Humble Kingwood Park
Montgomery
Montgomery Lake Creek
New Caney
New Caney Porter

District 21
Beaumont United
Crosby
Galena Park
Mt Belvieu Barbers Hill
Nederland
Port Arthur Memorial
Port Neches-Groves

District 22
Baytown Goose Crk Mem
Baytown Lee
Baytown Sterling
Friendswood
Galveston Ball
La Porte
Manvel
Santa Fe
Texas City

District 23
H Austin
H Madison
H Milby
H Northside
H Sharpstown
H Sterling
H Waltrip
H Wisdom

District 24
Angleton
Fort Bend Hightower
Fort Bend Kempner
Fort Bend Marshall
Fort Bend Willowridge
Lamar Fulshear
Richmond Foster
Rosenberg Lamar Cons
Rosenberg Terry

Region 4

District 25
Cedar Park
Georgetown
Georgetown East View
Leander
Leander Glenn
Leander Rouse
Liberty Hill
Marble Falls

District 26
Boerne Champion
Buda Johnson
Comal Canyon
Dripping Springs
Kerrville Tivy
Kyle Lehman
SA Alamo Heights
SA Veterans Memorial
Seguin

District 27
SA Brackenridge
San Antonio Burbank
San Antonio Edison
San Antonio Highlands
San Antonio Houston
San Antonio Jefferson
San Antonio Kennedy
San Antonio Lanier
San Antonio Memorial

District 28
Castroville Medina Valley
Eagle Pass Winn
Floresville
SA SW CAST STEM HS
San Antonio Harlandale
San Antonio McCollum
San Antonio Southside
San Antonio Southwest
Southwest Legacy

District 29
CC Carroll
CC Flour Bluff
CC Veterans Memorial
Corpus Christi King
Corpus Christi Moody
Corpus Christi Ray
Gregory-Portland
Victoria East
Victoria West

District 30
La Joya Palmview
Laredo Cigarroa
Laredo Martin
Mission Veterans Memorial
Rio Grande City
Roma

District 31
McAllen
McAllen Memorial
McAllen Rowe
Mission Sharyland
Pharr Valley View
PSJA Memorial
PSJA Southwest
Sharyland Pioneer

District 32
Brownsville Lopez
Brownsville Pace
Brownsville Porter
Brownsville Veterans Memorial
Donna
Edcouch-Elsa
Mercedes
Weslaco East

2020-21 OFFICIAL DISTRICT ALIGNMENT
SPRING ATHLETICS
CONFERENCE 6A

Region 1

District 1
El Paso Americas
El Paso Coronado
El Paso Eastlake
El Paso Eastwood
El Paso Franklin
El Paso Montwood
El Paso Pebble Hills
El Paso Socorro

District 2
Abilene
Midland
Midland Lee
Odessa
Odessa Permian
San Angelo Central
Wolfforth Frenship

District 3
Euless Trinity
Ft Worth Boswell
Ft Worth Paschal
FW Chisholm Trail
Haltom City Haltom
Hurst Bell
North Crowley
Weatherford

District 4
Keller
Keller Central
Keller Fossil Ridge
Keller Timber Creek
Northwest Eaton
Northwest Nelson
Southlake Carroll

District 5
Allen
Denton Braswell
Denton Guyer
Little Elm
McKinney
McKinney Boyd
Prosper

District 6
Coppell
Lewisville
Lewisville Flower Mound
Lewisville Hebron
Lewisville Marcus
Plano
Plano East
Plano West

District 7
Dallas Jesuit
Irving
Irving MacArthur
Irving Nimitz
Richardson
Richardson Berkner
Richardson Lake Highlands
Richardson Pearce

District 8
Arlington
Arlington Bowie
Arlington Houston
Arlington Lamar
Arlington Martin
Grand Prairie
South Grand Prairie

Region 2

District 9
Garland
Garland Lakeview Cent
Garland Naaman Forest
Garland Rowlett
Garland Sachse
North Garland
South Garland
Wylie

District 10
Dallas Skyline
Mesquite
Mesquite Horn
North Mesquite
Rockwall
Rockwall Heath
Tyler Lee

District 11
Cedar Hill
De Soto
Duncanville
Mansfield
Mansfield Lake Ridge
Waco
Waco Midway
Waxahachie

District 12
Belton
Bryan
Copperas Cove
Killeen
Killeen Ellison
Killeen Harker Heights
Killeen Shoemaker
Temple

District 13
Conroe
Conroe Grand Oaks
Conroe Oak Ridge
Conroe The Woodlands
Conroe Woodlands College Park
Willis

District 14
Houston Aldine
Houston Benjamin Davis Sr
Houston Eisenhower
Houston MacArthur
Houston Nimitz
Spring
Spring Dekaney
Spring Westfield

District 15
Klein
Klein Cain
Klein Collins
Klein Forest
Klein Oak
Tomball
Tomball Memorial

District 16
Bridgeland
Cyp. Falls
Cyp. Lakes
Cyp. Park
Cyp. Ranch
Cyp. Springs
Cyp. Woods
Langham Creek

Region 3

District 17
Cy-Fair
Cyp. Creek
Cyp. Ridge
Houston Memorial
Houston Northbrook
Houston Spring Woods
Houston Stratford
Jersey Village

District 18
H Bellaire
H Carnegie Vanguard
H Chavez
H Heights
H Lamar
H Math Sci. & Tech
H Westbury
H Westside

District 19
Katy
Katy Cinco Ranch
Katy Mayde Creek
Katy Morton Ranch
Katy Seven Lakes
Katy Taylor
Katy Tompkins

District 20
Fort Bend Austin
Fort Bend Bush
Fort Bend Clements
Fort Bend Dulles
Fort Bend Elkins
Fort Bend Ridge Point
Fort Bend Travis
Richmond George Ranch

District 21
Beaumont West Brook
Galena Park North Shore
Humble
Humble Atascocita
Humble Kingwood
Humble Summer Creek
Sheldon King

District 22
Channelview
Deer Park
Pasadena
Pasadena Dobie
Pasadena Memorial
Pasadena Rayburn
Pasadena South Houston

District 23
Alief Elsik
Alief Hastings
Alief Taylor
Alvin
Alvin Shadow Creek
Houston Strake Jesuit
Pearland
Pearland Dawson

District 24
Clute Brazoswood
Dickinson
Frndswd Clear Brook
Houston Clear Lake
LC Clear Creek
LC Clear Falls
LC Clear Springs

Region 4

District 25
Austin Vandegrift
Cedar Park Vista Ridge
Hutto
Round Rock
Round Rock McNeil
Round Rock Stony Pt.
Round Rock Westwood
RR Cedar Ridge

District 26
Austin
Austin Akins
Austin Bowie
Austin Lake Travis
Austin Westlake
Buda Hays
Del Valle
San Marcos

District 27
Cibolo Steele
Comal Smithson Valley
Converse Judson
New Braunfels
San Antonio E. Central
San Antonio Wagner
Schertz Clemens
South San Antonio

District 28
Northside Brandeis
Northside Clark
San Antonio Churchill
San Antonio Johnson
San Antonio LEE
San Antonio MacArthur
San Antonio Madison
San Antonio Reagan
San Antonio Roosevelt

District 29
Northside Brennan
Northside Harlan
Northside Health Careers
Northside Holmes
Northside Jay
Northside Marshall
Northside O'Connor
Northside Stevens
Northside Taft
Northside Warren

District 30
Del Rio
Eagle Pass
Laredo Alexander
Laredo Johnson
Laredo Nixon
Laredo United
Laredo United South

District 31
Edinburg
Edinburg Economedes
Edinburg North
Edinburg Vela
La Joya
La Joya Juarez-Lincoln
Mission
Pharr-San Juan-Alamo
PSJA North

District 32
Brownsville Hanna
Brownsville Rivera
Donna North
Harlingen
Harlingen South
Los Fresnos
San Benito
Weslaco

NO PURSES. NO BAGS.

NEISD BAC PURSE/BAG POLICY

Prohibited Bags

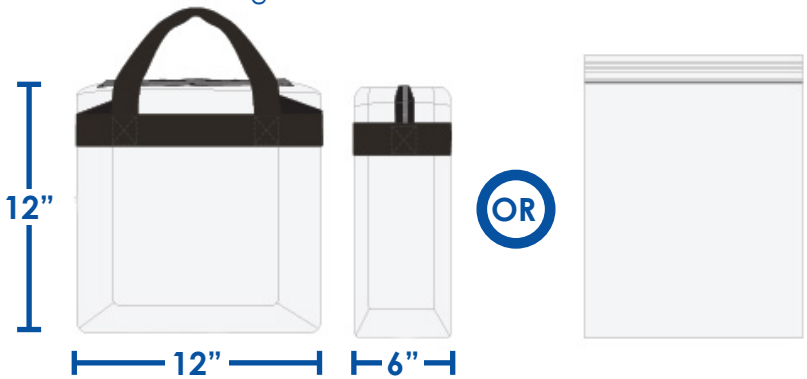
PROHIBITED ITEMS INCLUDE, BUT ARE NOT LIMITED TO:

- All purses, bags or containers larger than a small clutch bag
- Backpacks
- Binocular case – Binoculars may be worn around the neck
- Briefcases
- Camera bags
- Cinch bags
- Computer bags
- Coolers
- Fanny packs
- Luggage of any kind

Approved Bags

CLEAR TOTE
Plastic, vinyl or PVC – not exceeding 12" x 6" x 12"

PLASTIC STORAGE BAG
Clear, one (1) gallon, re-sealable



SMALL CLUTCH PURSE
Approximately the size of your hand, but absolutely no larger than 5.5" x 8.5" (see our small guide sheet) with or without a handle or strap. Can be carried separately or within an approved plastic bag shown above.

Exceptions will be made for:
- Bags for medically necessary items
- News media equipment (for credentialed media)
- Official team and other field photographers
- Booster clubs selling items
- Diaper bags

All bags are subject to inspection prior to entry regardless of size or type.