

# *University Interscholastic League*

*Region VIII - 5A Swimming & Diving Championships*

January 31 & February 1, 2020

Hosted by:

Corpus Christi Independent School District

**Location:**

Corpus Christi ISD Natatorium, 3202 Cabaniss Parkway, Corpus Christi, TX 78415.  
Telephone #'s: Pool 361-695-7680, Fax 361-878-2335 E-Mail: Billy.Mclendon@ccisd.us

**Directions:**

From I-37 south, take State Hwy 358 west exit (SPID) toward Padre Island. Now take the State Hwy 286 south exit, from here take the Saratoga Blvd exit. Now turn left on Saratoga, go past the Softball and Baseball fields and turn right into the pool parking lot.

From US 77 North, turn right on FM 665 once you get in to the City of Driscoll. Proceed toward Corpus Christi. FM 665 will change to FM 43, stay on FM 43 until you get to State Highway 286 (Ayers Street) then turn left. Continue on 286 until you get to Saratoga then turn right. Continue East on Saratoga until you get to the Cabaniss Sports Complex, once you pass the baseball field turn right into the parking lot and the pool will be on your left.

**Facility:**

An all deep 8 lane 25-yard competition pool with a 8 lane 25-yard warm-up/cool-down pool. The water depth in the diving well is 14.5 ft. We will be using Dura-flex 1 meter and 3 meter diving boards. We will be using our Daktronics Timing System. This facility has seating for 900 with dressing and locker rooms available. This facility is on school district property, which means that no tobacco products or alcohol of any kind will be allowed in or around the area, this includes the parking lot.

**Spectators:**

Coaches & Parents, in an effort to make this meet more enjoyable for all, we will have a spectators seating only section and a participant seating only section. The spectators seating section will be the permanent bleachers on the right hand side of the facility and the participant seating section will be the portable bleachers on the left hand side of the facility. Coaches, please pass this information out to all of your parents and swimmers before the meet so we can eliminate any problems before they occur.

**Liability:**

It is understood and agreed that the Corpus Christi Independent School District and all officials will be free from any and all liabilities or claims for damage arising by reason(s) of injury to anyone during the conduct of the meet or while traveling to or from the meet.

**Eligibility:**

All Athletes must be eligible under the University Interscholastic League guidelines as outlined in the UIL Swimming & Diving Manual.

**Entries:** In UIL Regional meets, a student may enter a maximum of four events with no more than two of these events being individual events. Each school may enter a maximum of 4 entries in an individual event and 1 team in a relay event. In relay events, you must have at least 4 swimmers listed per relay and you should have up to 8 swimmers listed in case you need alternates. The Meet Director will designate the time and place at the coaches meeting.

All competitors, once officially entered, shall complete in all races, heats and rounds of competition (excluding swim-offs and legally declared false starts) for which they qualify except when an illness or injury certified by a physician or the referee forces a competitor to withdraw. This applies to individual members of relay teams (not entire teams) as well as to competitors in individual events. A competitor may be reinstated by the referee in a later event after illness/injury if a physician or referee verifies recuperation.

**Entry  
Deadline:**

All District Meet Directors must email me a backup of your district meet as soon as your district meet is over. Diving Coaches must enter their divers through **CLEAN ENTRIES** at [www.cleanentries.com](http://www.cleanentries.com). Each school is responsible for entering their own diving entries and they must be entered by Sunday, January 26, 2020. I will email the District Director or the person designated by your district a PDF file showing what I received. If you don't receive an email from me or you have any problems with your entries, make sure you call me ASAP. If the coaches from your district would like to receive a copy of their team's entries from me please copy them on the email to me and I will reply to all so they will get a copy.

**Entry Fees:** \$12.00 per Athlete entered in the meet and \$12.00 per relay.  
Make Checks payable to CCISD.

**Order of  
Events:**

The swimming events and their order will follow the National Federation of State High School Associations 2019-20 Swimming & Diving rule book.

**Scoring:** Standard 16 place scoring will be used.

**Awards:** Medals will be given to the top three finishers in each event and ribbons 4<sup>th</sup> – 8<sup>th</sup>.  
A Regional Trophy will be presented to the top male and female teams.

**Meet  
Behavior:**

It is expected that all persons attending this meet will respect the facilities and remember that they represent themselves, and their respective schools and teams. Damage to the facility when proven will cause the offending team to be held accountable and liable for repairs. It may also result in expulsion from the meet.

**Warm-up  
Procedures:**

Corpus Christi Independent School District Safety Guidelines and Warm-up Procedures will be in effect during this meet. Please make sure you understand and follow these procedures, as they will be strictly enforced. **Please see Attachment A**

**Meet Administration:**

The following list of officials has been provided to you to answer any questions you might have concerning this meet. If you have any questions about entries or need general meet info please call the Meet Director. If you have any questions about rules please call the Meet Referee. If you have any questions about the diving portion of this meet please call the Diving Coordinator. We are requesting that each team provide up to two timers per session. Thank you for the help.

**Meet Director:**

Billy McLendon  
3202 Cabaniss Parkway  
Corpus Christi, TX 78415  
Email: [Billy.McLendon@ccisd.us](mailto:Billy.McLendon@ccisd.us)  
Phone: 361-695-7680  
Cell: 361-533-4097

**Meet Referee:**

Pat Nelson  
Email: [Patrick.A.Nelson@sbcglobal.net](mailto:Patrick.A.Nelson@sbcglobal.net)

**Diving Coordinator:**

Trey Collins  
3202 Cabaniss Parkway  
Corpus Christi, TX 78415  
Phone: 361-695-7680

**Diving Referee:**

Trey Collins  
Email: [CharlesJoseph.Collins@ccisd.us](mailto:CharlesJoseph.Collins@ccisd.us)  
Fax: 361-878-2335

**Officials:**

All certified visiting officials are welcome. Officials must be registered with the UIL and have passed the yearly National Federation of High Schools Swimming & Diving test to officiate. Please contact the Meet Referee if there are officials in your area that will be able to help, it will be greatly appreciated.

**Meet Schedule:**

***Friday, January 31, 2020***

***Swimming Prelims***

Warm-up	10:00 am & 10:45 am
Clear the Pool	11:30 am
Coaches Meeting	11:30 am
Parade of Teams	11:45 am
Meet Start Time	12:00 noon

***Saturday, February 1, 2020***

***Swimming Finals and Diving Prelims & Finals***

Warm-up	9:00 am
Clear the Pool	9:45 am
Coaches Meeting	9:45 am
Meet Start Time	10:00 am

# **Corpus Christi Independent School Districts Safety Guidelines and Warm-up Procedures**

## **I. Safety Guidelines**

- A. Coaches are responsible for the following:
  - 1. Instructing Athletes regarding safety and warm-up procedures as they apply to the conduct of this meet.
  - 2. Actively supervising their Athletes throughout the warm-up sessions.
  - 3. Maintaining as much contact with their Athletes as possible, both verbal and visual, throughout the warm-up period.
- B. The Meet Director shall be responsible for the following:
  - 1. Marshals, which have the authority to remove from the deck any Athlete or coach found to be in violation of these Procedures for the remainder of the warm-up period.
  - 2. Providing a minimum of two marshals, who report to and receive instructions from the Meet Referee and/or Meet director, on the deck during the entire warm-up period.
  - 3. Posting warm-up times and lane assignments at several locations around the facility.
  - 4. Providing an announcer for the warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-ups.
- C. Safety Considerations:
  - 1. Glass containers of any sort will not be permitted anywhere within the Natatorium.
  - 2. All Athletes and coaches must observe announced, published and posted warm-up and general safety procedures and cautions.
  - 3. No competitor will be allowed in the instructional pool at any time.
  - 4. Horseplay in or around the pool will not be tolerated.
  - 5. Violators of the safety provisions are subject to disqualification from the meet and/or expulsion from the facility.
  - 6. No on-site shaving of any kind will be permitted.

## **II. Warm-up Procedures**

- A. General Warm-up (first 30 minutes)
  - 1. All athletes will enter the water feet first.
  - 2. Warm-up lanes and times will be assigned to teams based on the number of entrants.
  - 3. Push/Pace lanes will push off one or two lengths from the starting end.
- B. Final Warm-up (last 15 minutes)
  - 1. Sprint lanes are for diving from the blocks or for backstroke starts in specified lanes at designated times.
  - 2. Dive sprints may be done only under the direct supervision of the coach.
  - 3. There shall be no diving in the general warm-up lanes, circle swimming only.
- C. Miscellaneous Notes
  - 1. Backstrokes will ensure they are not starting at the same time as a swimmer is on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting.
  - 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recall.
  - 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting during warm-ups.
  - 4. Warm-up procedures will be enforced for any breaks scheduled during the meet.
  - 5. No hand paddles, fins or kickboards may be used at any time during warm-ups.
  - 6. The Meet Director and/or Meet Referee may modify the time schedule or recommended lanes assignments depending on the number of swimmers.