



2020-21 Wrestling Calendar & Update

All Schools:

February 8th	1 st day for minimum weight certification
March 1st	1 st day for duals, triangular and quadrangular meets.
March 27th	Last day for all weight certifications
April 10th	District Certification Deadline
April 16th & 17th	Regional Meets
April 23rd & 24th	State Meet

Deadlines for filing entry forms to appropriate director:

District:	5 days prior to district meet
Regionals:	Immediately following district meet. Please review regional director's specified deadline.
State:	Regional results will be sent to the state office by the regional director. The school does not send an entry form or fees to the UIL office.

- **Only Dual, Triangular & Quadrangular meets will be allowed prior to the District, Regional, and State Tournaments.**
- **Two-pound growth allowance granted for entire season. Per NFHS rule 4-4-4, a 2lb growth allowance may be added to each weight class any time after the date of the certification.**
- **No student representing a member school shall participate in more than one contest (dual, triangular or quadrangular) per school week.**

District tournament guidelines (SEE FULL GUIDELINES BELOW)

- **DECs should plan district tournaments to allow for required distancing measures between participants, coaches, and spectators. DECs should consider limiting the total number of participants allowed in the facility at a given time to provide for appropriate spacing.**
- **May be conducted with both Varsity boys and girls on site at the same time with no restriction on the number of schools. District Executive Committees should plan district meets following [the UIL Risk Mitigation Guidelines](#).**
- **Conduct weigh-ins by teams, not weight class.**
- **Sanitize mats after each round/session.**
- **Top 3 individuals from each weight class advance from District to Regionals & Regionals to State.**



2020-21 UIL Wrestling Post Season Structure

District Executive Committee (DEC) Concerns and Tournament Schedules

- The DEC shall meet to confirm district tournament dates, and safety protocols concerning the 2020-2021 wrestling season.
- The DEC shall arrange a schedule to determine district representatives prior to the posted district certification date.
- The DEC shall determine the place and/or time of the district tournament in case of disruptions due to COVID-19. The DEC should strongly consider schedules that allow for disruptions and for certifying district representatives in the event the tournament cannot be completed.

Wrestling Specific Protocols

- Only Duals, Triangular, & Quadrangular meets will be allowed prior to the District, Regional, and State Tournaments.
- Top **3** individuals from each weight class advance from District to Regionals & Regionals to State.

Coaches:

- Communicate your guidelines in a clear manner to student and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.

Meet Guidelines:

- Single duals, triangular, or quadrangular only.
- A Varsity and JV from the same school counts as two (2) teams.
- Plan and communicate effectively with teams and officials in preparation for weigh-ins and following all procedures and protocols.
- Mats must be sanitized at the start of each dual match and at the conclusion of the event.
- Conduct weigh-in by team rather than shoulder-to-shoulder by weight.
- Conduct weigh-ins with multiple, certified scales.
- Conduct weigh-ins in a larger area such as gym, wrestling room, etc.
- Careful consideration should be given to athlete seating for wrestlers not actively engaged in a match as it relates to social distancing. Spread out chairs, where possible. Designate bleacher space to help with social distancing.
- Verify that all contestants on your team are in good health and showing no symptoms of illness.
- No team handshakes after meets. Acknowledge opponents from across the mat(s).

District Tournaments Guidelines:

- DEC's should plan district tournaments to allow for required distancing measures between participants, coaches, and spectators. DEC's should consider limiting the total number of participants allowed in the facility at a given time to provide for appropriate spacing.
- May be conducted with both Varsity boys and girls on site at the same time with no restriction on the number of schools. District Executive Committees should plan district meets following the [UIL Risk Mitigation Guidelines](#).
- Sanitize mats after each competitive round and at the conclusion of the each session.
- Conduct weigh-ins by team rather than shoulder-to-shoulder by weight.
- Conduct weigh-ins with multiple, certified scales.
- Conduct weigh-ins in a larger area such as gym, wrestling room, etc.
- Careful consideration should be given to athlete seating for wrestlers not actively engaged in match as it relates to social distancing. Spread out chairs, where possible. Designate bleacher space to help with social distancing.

- Verify that all contestants on your team are in good health and showing no symptoms of illness.
- No team handshakes after meets. Acknowledge opponents from across the mat(s).

Postseason Tournaments

- Top **3** individuals from each weight class advance from District to Regionals & Regionals to State.
- Regionals will utilize a **12-person bracket WB-3rd Place 6**.
- State will utilize a **12-person bracket WB-5th Place 6**.

Regional Tournament

Dates: April 17 & 18, 2021

- Two-day Tournament
- 12-person bracket WB-3rd, place to 6.

State Tournament

Dates: April 23, 2021 (5A), April 24, 2021 (6A)

- 5A & 6A tournaments will be held on separate days.
- 12-person bracket WB 5th, place to 6.
- Team Championships, 1st – 3rd.
- Place 1st – 6th .