

**Proposed Amendment to the  
University Interscholastic League Constitution and Contest Rules**

***A. Brief Explanation of Proposed Recommendation***

This amendment to Section 1205(a), *Individual Report Forms*, Section 1105(f) *Marching Band Pre-Participation Physical Examination* and Section 1478(d), *General Regulations for Athletic Competition* would alter preparticipation physical examination requirements for the 2020-21 school year only.

***B. Factual and Policy Justifications***

To support social distancing and assist with the workload of the medical professionals on the frontlines of the COVID-19 pandemic, the UIL Medical Advisory Committee (MAC) has recommended adjusting requirements related to preparticipation physical examinations for the 2020-21 school year.

***C. Proposed Recommendation***

Sections 1205 (a) 1105 (f) and 1478 (d) of the UIL *Constitution and Contest Rules* would be amended as follows, pending approval by the Commissioner of Education:

Section 1205: Athletic Eligibility

- (a) INDIVIDUAL REPORT FORMS. It shall be the responsibility of each school to keep on file the following required annual forms for each student who participates in any practice, scrimmage or game.

(1) Pre-participation Physical Examination. Upon entering the first and third years of high school, a physical examination signed by a physician, a physician assistant licensed by a State Board of Physician Assistant Examiners, a registered nurse recognized as an advanced practice nurse by the Board of Nurse Examiners or a doctor of chiropractic is required. Standardized Pre-Participation Physical Examination Forms, available from the UIL office and authorized by the UIL Medical Advisory Committee, are required. FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT IN ATHLETICS OR MARCHING BAND, IN ANY GRADE LEVEL, WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM AS NOTED BELOW, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.

(2) Medical History Form. Each year prior to any practice or participation, a UIL medical history form signed by both student and a parent or guardian is required. A medical history form shall accompany each physical examination and shall be signed by both student and a parent or guardian.

Section 1105: REGION MARCHING BAND CONTEST

- (f) MARCHING BAND PRE-PARTICIPATION PHYSICAL EXAMINATION.

Upon entering the first and third years of high school and upon any 7th or 8th grade student participating in marching band, a physical examination signed by a physician, a physician assistant licensed by a State Board of Physician Assistant Examiners, a registered nurse recognized as an advanced practice nurse by the Board of Nurse Examiners or a Doctor of Chiropractic is required. Standardized pre-participation physical examination forms,

available from the UIL office and authorized by the UIL Medical Advisory Committee, are required. FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT IN ATHLETICS OR MARCHING BAND, IN ANY GRADE LEVEL, WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM AS NOTED BELOW, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.

(g) MARCHING BAND MEDICAL HISTORY FORM.

Each year prior to any practice or participation a UIL Medical History form signed by both student and a parent or guardian is required. A Medical History form shall accompany each physical examination and shall be signed by both student and a parent or guardian.

Section 1478: 7-8th Grade Athletic Plan

(d) GENERAL REGULATIONS FOR ATHLETIC COMPETITION. Prior to all athletic games, meets, matches and practices the following shall be adhered to, if applicable.

(4) Pre-Participation Physical Examination. Upon entering the first year in junior high athletics a physical examination signed by a physician, a physician assistant licensed by a state board of physician assistant examiners, a registered nurse recognized as an advanced practice nurse by the board of nurse examiners or a doctor of chiropractic is required. Standardized pre-participation physical examination forms, available from the UIL office and authorized by the UIL Medical Advisory Committee are required. FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT IN ATHLETICS OR MARCHING BAND, IN ANY GRADE LEVEL, WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM AS NOTED BELOW, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.

(5) Medical History Form. Each year prior to any practice or participation a UIL medical history form signed by both student and a parent or guardian is required. A medical history form shall accompany each physical examination and shall be signed by both student and a parent or guardian.

***D. Potential Fiscal Impact of the Proposed Rule to Member Schools***

This proposed amendment should not have a significant fiscal impact on member schools.

***E. Legislative Council Consideration; Effective Date***

If approved by the Legislative Council and the Commissioner of Education, this amendment shall be effective immediately.