



# Southwest Independent School District UIL Region 4-4A Championship Meet Information



**Meet:** UIL 2024 Region IV Class 4A Swimming and Diving Championships

**Teams:** District 13, 14, 15, 16

**Date(s):** Friday, February 2nd and Saturday, February 3rd

**Venue:** Southwest ISD Aquatic Center  
9290 SW Loop 410, San Antonio, TX 78242  
Contact # 210-622-4900

**Facility:** Myrtha Pool that will be setup for competition-

- Two (2) One-Meter Dura-Flex Diving Boards.
- One (1) 25-yard eight (8) lane Competition Course.
- 11 warm-up lanes during competition.
- Two (2) fully automated Colorado Timing System.
- Instruction pool: 3 ½ ft to 4 ½ ft Four lane **not** used during competition.
- Off deck seating for 770 spectators.
- Spectators and non-participating athletes **are not** permitted on deck.
- Concessions, T-shirt Vendor TBD.

**Schedule: Friday, February 2nd, 2024 / Preliminaries**

1100	Coaches Meeting
1120	Warm-ups begin
1200	Doors open for Spectators
1200	Officials meet
1225	Push pace 1 and 8 only
1225	One-way sprint lanes 2 through 7
1225	Call for Timers
1240	Clear competition pool
1255	National Anthem
1300	Competition Begins

All Diving Competition Saturday for both Girls and Boys before swimming

**Saturday, February 3rd, 2024 / Finals**

0645	Diving warm-up begins
0805	Diving boards closed
0810	Diver Meeting with Referee
0815	Diving Competition Begins - This will be all rounds (combined)
1000	Diving ends
1020	Warm-up number one begins
1050	Warm-up number two begins
1100	Doors open for Spectators
1100	Officials Meet
1125	Push pace 1 and 8 only
1125	One-way sprint lanes 2 through 7

1125	Call for timers
1140	Clear competition pool
1150	Recognize officials
1155	National Anthem
1200	Competition Begins

### Diving:

- Saturday, February 3rd, 2024:
  - Diving will be combined women's and Men's diving for all 11 rounds.

### Admission:

- Door opens for spectators at 12 on Friday and 7 am on Saturday for diving, 11 am for swimming.
- Student (K-12) : \$6.00 Single session **OR** \$10.00 All session Pass
- Adults : \$8.00 Single session **OR** \$15.00 All session Pass
- Ticket link- Go Fan website -
- <https://gofan.co/app/events/856932?schoolId=TX73110>

**Rules:** The 2023-2024 National Federation Swimming and Diving Rules will govern this meet.  
The Federation Whistle Start and No recall False Start Procedures will be in use at this meet.

### Facility Rules, Regulations And Policies:

- The Competition Protocols and Procedure, posted throughout the facility, must be followed at all times.
- Deck changing is prohibited.
- Two (2)-piece swimwear is prohibited.
- The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition.
  - Violators are subject to having their devices temporarily confiscated.
- Parents and other spectators are not permitted on-deck at any time for any reason.
- Flash photography of **any sort** is expressly forbidden during competition.
- Standing in front of and/or leaning against glass rails is expressly forbidden.
- Times noted on the scoreboard are never official and must **not ever** be regarded as such.
- All swimmers and divers are required to wear their approved uniforms and warm-ups.
- Hats, body or face painting, costumes, and/or props will not be allowed.
- Organized cheers by the schools' team will be allowed on deck.
- All spirit groups and team mascots must stay in the spectator area and will not be allowed on deck.
- Athletes and/or teams that violate these rules will be subject to disciplinary actions that could include disqualification from the competition.

### Cell Phone Restrictions:

- The presence and/or use of cell phones, and/or any other equipment capable of producing audio recordings, photographic or video images in locker rooms, rest rooms, changing areas or anywhere behind the starting blocks is strictly prohibited at all times.

### **Swimmer Photographs And Videos:**

- Each participating school is allowed one photographer on deck during competition.
- In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- Photographers and videographers are specifically prohibited from the area immediately behind the starting blocks, and taking shots using flash during the start phase of **any** race.

### **Media Deck Access:**

- Access to the deck by the media is carefully controlled. Members must sign in with a signature to gain the necessary credentials upon entering through the main lobby.

### **On-site Shaving:**

- Federation Rules prohibit on-site shaving (§6. Article 1. Paragraph g, page 33) as unsporting conduct.
- Violators are subject to disqualification from the meet and having any previous performances nullified.

### **Swimming Format:**

- Championship with two heats, Consolation and Championship, advancing to finals.
- Please refer to the Order of Swimming Events on page six (6) for the schedule of breaks.
- Nominal 45 seconds between races in preliminaries.
- Nominal 90 seconds between the finals events.
- In the final session a "Ready Bench" will be in operation.
- Finals qualifiers must report to the "Ready Bench" no later than one event prior to their scheduled swim.
- Music, appropriate to the occasion and determined by the facility, will be played as the athletes report to the starting blocks.

### **Diving Format:** National Federation Rules will apply.

- 11 dive format
- Five (5) voluntary and six (6) optional dives must be performed.
- All divers must be entered with their High School team via Hy-TEK Commlink **and** with a completed dive sheet via [www.cleanentries.com](http://www.cleanentries.com) by 12:00 hours, Monday January 29th, 2024.
- **All diver must be entered in both Hy-Tek and CleanEntries in order to compete in this meet.**
- All corrections, revisions, or deletions **must be completed in writing** and in the hands of the Diving Referee Friday's Coaches Meeting.

### **Entry Restrictions:**

- Each swimmer may enter four (4) events, no more than two (2) of which may be individual events.
- No school may enter more than four (4) swimmers in any single individual event.
- Each school is limited to one (1) relay team per relay event.
- Late and/or deck entries are not permitted.

## Relays:

- Only the four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete.
- If the swimmers are to be correctly noted in the Finals Results, the order of swimming must also be specified.
- Relay cards for the 200-yard Medley Relay must be turned in to the Official Scorer **no later than 30 minutes prior to the scheduled start of the meet.**
- Relay cards for the 200-yard Free Relay must be turned in to the Official Scorer no later than the start of the men's 500 yard freestyle.
- Relay cards for the 400-yard Free Relay must be turned in to the Official Scorer no later than the start of the men's 100 yard backstroke.
- Once relay cards have been turned in to the Official Scorer, no changes will be permitted and post-meet corrections or revisions cannot be made.
- For the finals session, if there is a change in either the order of the swimmers **or** the makeup of a relay team a **NEW** card must be prepared and submitted to the Official Scorer as noted above.
- In the cases where there are eight (8) or fewer entries for any relay event, it will be contested as a timed final in the finals session only and NOT performed in preliminaries - the card submission restrictions noted above will, however, apply.

**National Time Verification: This meet has been approved by USA Swimming for NTV purposes, which means times achieved by properly registered and entered USA swimming athletes can be loaded into the SWIMS National Database.**

**Scratch Deadline:** 12:00 Tuesday, January 30, 2024. **(No exceptions)**

## Entry Procedures:

- Entries may be submitted **ONLY** by Hy-Tek Commlink file.
- Hard copy must accompany.
- Each entry must include the swimmer's full name, swimmers school affiliation grade, and a seedtime.
- Entries received without a seedtime will be rejected.
- All divers must be included in meet as well as sent into Cleanentries.
- Submit entries to: Nathan Coppock,
- Email address: [ncoppock@swisd.net](mailto:ncoppock@swisd.net) or hand-deliver.

## E-mail Entries:

- Entries in Commlink Format only, Must be sent on to [drodriguez9172@swisd.net](mailto:drodriguez9172@swisd.net)
- The Commlink File must be renamed to clearly identify the entering team, the shorter the better.
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entries will not be refunded.
- Athletes **will not** be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail or hand-delivered.

**Entry Fees:** Checks Payable to: SWISD / Aquatics  
 11914 Dragon Lane,  
 San Antonio, TX 78252  
 \$15.00 per athlete / \$15.00 per relay team

- All entry fees must be paid prior to the start of the meet.
  - If, for any reason, payment of the fees is to be delayed, a School District Purchase Order reflecting the proper amount and payable to SWISD Aquatics will be acceptable.

**Scratch Rules:**

- High School Championship format.
- Scratches are not permitted.
- Swimmers who fail to appear for any competition in which they have entered will be disqualified from further competition.
- Previous performances will not be nullified.
- Failures to compete by reason of illness or injury are expected.
- An individual swimmer or relay team may withdraw from competition without penalty in any given event by declaring a false start. A declared false start, however, **does count** as an event.
- The Meet Referee will designate the time and place for such declarations.

**Alternates:**

- Swimmers, who may qualify as alternates for final events and wish to compete should no shows occur, must be within an area previously designated by the Meet Referee and be immediately available.
- Immediately is defined as being properly attired, at the block, and ready to swim within 30 seconds of being called.

**Meet Management:**

<b>Swimming</b>	Meet Manager 8.0		
<b>Meet Director:</b>	Rene Rodriguez	<a href="mailto:drodriguez9172@swisd.net">drodriguez9172@swisd.net</a>	210.323.7543
<b>Entries Chair:</b>	Nathan Coppock	<a href="mailto:ncoppock9619@swisd.net">ncoppock9619@swisd.net</a>	210.622.4900
<b>Diving:</b>	Rene Rodriguez	<a href="mailto:drodriguez9172@swisd.net">drodriguez9172@swisd.net</a>	210.323.7543

**Administrative**

**Meet Referee:** TBD  
**Officials:** TBD

**Scoring:**

Place⇒	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
<b>Individual</b>	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
<b>Relays</b>	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

**Awards:**

- Medals for first (1), second (2), third (3).
- Ribbons for places fourth (4) through eighth (8).
- Please refer to the Order of Events on Page six (6) for details.
- Team awards for first place- Men and Women
  - Men's and women's swimming and diving athletes of the year
  - Men's and women's swimming and diving coaches of the year
  - Awards will be presented IAW the notes in the Order of Events on page six (6)

**Swimming Officials Please Make Special Note:**

- All officials must be properly registered with NFHS via Dragonfly for the 2023-2024 Season and have passed the current exam.
  - Officials not currently registered are not covered by NFHS Insurance and will not be assigned.
- The Meet Referee will make all deck assignments **before** the meet.
- Therefore, all officials who desire to be assigned to deck positions **MUST** notify the Meet Referee of their intentions and availability **no later** than 1800, Sunday January 21st.
- You **will not** be pre-assigned if your commitment and information are not submitted or not received by the deadline.
- Uniforms for deck officials will be as follows:
  - White collared shirts / blouses over khaki trousers, skirts (**no jeans or flip-flops**).
- Please report to the main starting area.

**Athlete Entrance:**

- Buses will drop off athletes to the back side of the facility to enter/exit the event. Saturday buses will park in the bus lane at McAuliffe Middle School.

**2024 UIL Region IV Class 4A Swimming & Diving Championships  
Order of the Swimming Events**

Women's Event #	Distance (yards) and stroke	Men's Event #
1	200 Medley Relay	2
10 minute break preliminaries and finals		
3	200 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
15 minute break / Awards for 200Fr / 200 IM / 50 Free in Finals		
9	One-meter diving	10
11	100 Butterfly	12
13	100 Freestyle	14
15	500 Freestyle	16
10 Minute Break / Awards 100 Fly / 100 Free in Finals		
17	200 Free Relay	18
19	100 Backstroke	20
21	100 Breaststroke	22
10 Minute Break / Awards 500 Free / 100 Bk / 100 Breast		
23	400 Free Relay	24

**Pool will be open for warm-ups and cool downs during each break**

**Awards Post Meet:**

**200 Medley Relay - 200 Free Relay- 400 Free Relay Awards**

**Coach of the Year**

**Athletes of the Year**

**Team Awards**

**Hotels within 10 miles of SWAC:**

**North of Pool**

<b>Best Western Plus Lackland Hotel &amp; Suites</b>	<b>5.4 miles</b>
<b>Hampton Inn &amp; Suites San Antonio Lackland</b>	<b>8.1 miles</b>
<b>La Quinta Inn &amp; Suites by Wyndham San Antonio</b>	<b>8.3 miles</b>
<b>Springhill Suites by Marriott San Antonio SeaWorld/Lackland</b>	<b>8.4 miles</b>
<b>Homewood Suites</b>	<b>8.5 miles</b>
<b>Home2 Suites by Hilton San Antonio Lackland/SeaWorld</b>	<b>8.6 miles</b>
<b>Comfort Suites near SeaWorld</b>	<b>9.5 miles</b>
<b>Courtyard by Marriott</b>	<b>9.8 miles</b>
<b>Holiday Inn Express</b>	<b>10 miles</b>

**South of Pool**

<b>Best Western Plus Palo Alto Inn &amp; Suites</b>	<b>5.7 miles</b>
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**[Click here to see a map of hotels near the SWAC](#)**