

**Proposed Amendment to the
University Interscholastic League Constitution and Contest Rules**

A. Brief Explanation of Proposed Recommendation

This amendment will give the option for 9th grade football players to begin practice on the first Monday in August for all conferences.

B. Factual and Policy Justifications

In conferences 5A and 6A, practices cannot start until the second Monday in August unless a school forgoes spring training. This new amendment would allow for all 9th graders to receive the same amount of coaching/training regardless of spring training.

C. Proposed Recommendation

Section 1250(b)(5)(B) of the UIL *Constitution and Contest Rules* would be amended as follows:

Section 1250: FOOTBALL PLAN

(b) DATES AND OFF-SEASON REGULATIONS.

(5) *Fall practice, Beginning Dates.*

(B) In Conferences 1A, 2A, 3A and 4A, AND ALL 9TH GRADERS IN 5A AND 6A, practice shall begin no earlier than first Monday in August. In Conferences 5A and 6A, practice shall begin no earlier than the second Monday in August. Exception: If Conference 5A or 6A schools forego the 18 days of spring training, they may begin workout days the following August as delineated for Conferences 4A, 3A, 2A and 1A. No interschool scrimmages shall be allowed until after a period of at least six days of contact football.

D. Potential Fiscal Impact of the Proposed Rule to Member Schools

There should be no fiscal impact to member schools.

E. Legislative Council Consideration; Effective Date

If approved by the Legislative Council and the Commissioner of Education, this amendment shall be effective August 1, 2018.