



~ 2011-12 STATE ASSOCIATION ADOPTIONS TO NFHS RULES ~

The UIL regulates the modifications to the NFHS track and field rules. The following information applies to all UIL track and field competitions and school district personnel are required to abide by the rules. The current NFHS Track and Field Rules Book will be utilized for reference on all modifications.

1. There will be a games committee appointed for any qualifying meet or state meet finals. (3-2-1b)

- A games committee should be appointed and their jurisdiction determined and announced prior to the start of the meet.
- A jury of appeals, if appointed, shall serve as the final board of appeals. A coach first appeals to the referee. If the coach still feels that the terms and conditions of competition or the application of the rules have been misapplied or misinterpreted, a written appeal shall be made to the jury.
- The district and regional meet directors shall have charge of the district and regional meets. The University Interscholastic League Athletic Director shall have general charge of the state meet.
- Each meet shall be under the direction of a meet director. One referee, two or more inspectors, three or more field judges, four or more judges at the finish, three or more timekeepers, one starter, one clerk of the course, one scorer, one clerk of the field, one marshal, one announcer and such assistants to these officials as may be necessary shall be provided.
- Directors are responsible for providing officials, securing entries, heating and seeding, arranging for programs, and other such matters as may be required for the proper conduct of the meet.

2. Schools must adhere to established regulations for interrupted competition. (3-2-5, 6)

- A track and field meet is considered a meet when one-half or more of the field events and one-half or more of the track events are completed.
- If less than one-half of the field events and less than one-half of the track events are completed, and the meet cannot be continued, the meet shall be cancelled and does not have to count as one of the allowable eight meets. (If there was loss of school time, the meet must be counted.)

3. Athletes must comply with established regulations for entry limits. (3-3, 4-2-4, 2-2-2)

- An individual may enter no more than three running events, including the relays, and not over five events total.
- A contestant is permitted to enter up to five field events. Penalty: Disqualification of the last event(s) over the allowable limit.
- No contestant shall be allowed to enter more than two of the following individual events: 400-meter dash; 800-meter run; 1600-meter run; 3200-meter run. (This does not bar a 400, 800, 1600 or 3200-meter contestant from relays.) Penalty: Disqualification of the last event(s) over the allowable limit.
- An athlete may be listed on an entry form as an alternate for a relay and it will not count against the allowable event limitations until participation has occurred.
- Relay scoring is twice that of the individual point system.

4. Field event judges must determine a procedure for coaches to verify use of legal vaulting poles and properly rated poles. (7-5-3)

- Each contestant will be weighed and his/her poles checked at the time of their event.

5. Official school-issued track uniforms must be worn in field events as well as running events. (4-3-1, 2, 3)

- A male contestant wearing a body suit or compression attire must include shorts worn over either apparel item.
- When this occurs, the body suit or compression attire does not have to be a single color. In relay races, the color(s) of undergarments must be the same for all members.
- The uniform of each contestant must completely cover the torso to the top of the shorts.
- Wristwatches may be allowed to be worn determined by the meet referee or meet director.
- All field event participants must compete in a school-issued uniform. T-shirts are not considered as an acceptable uniform top.