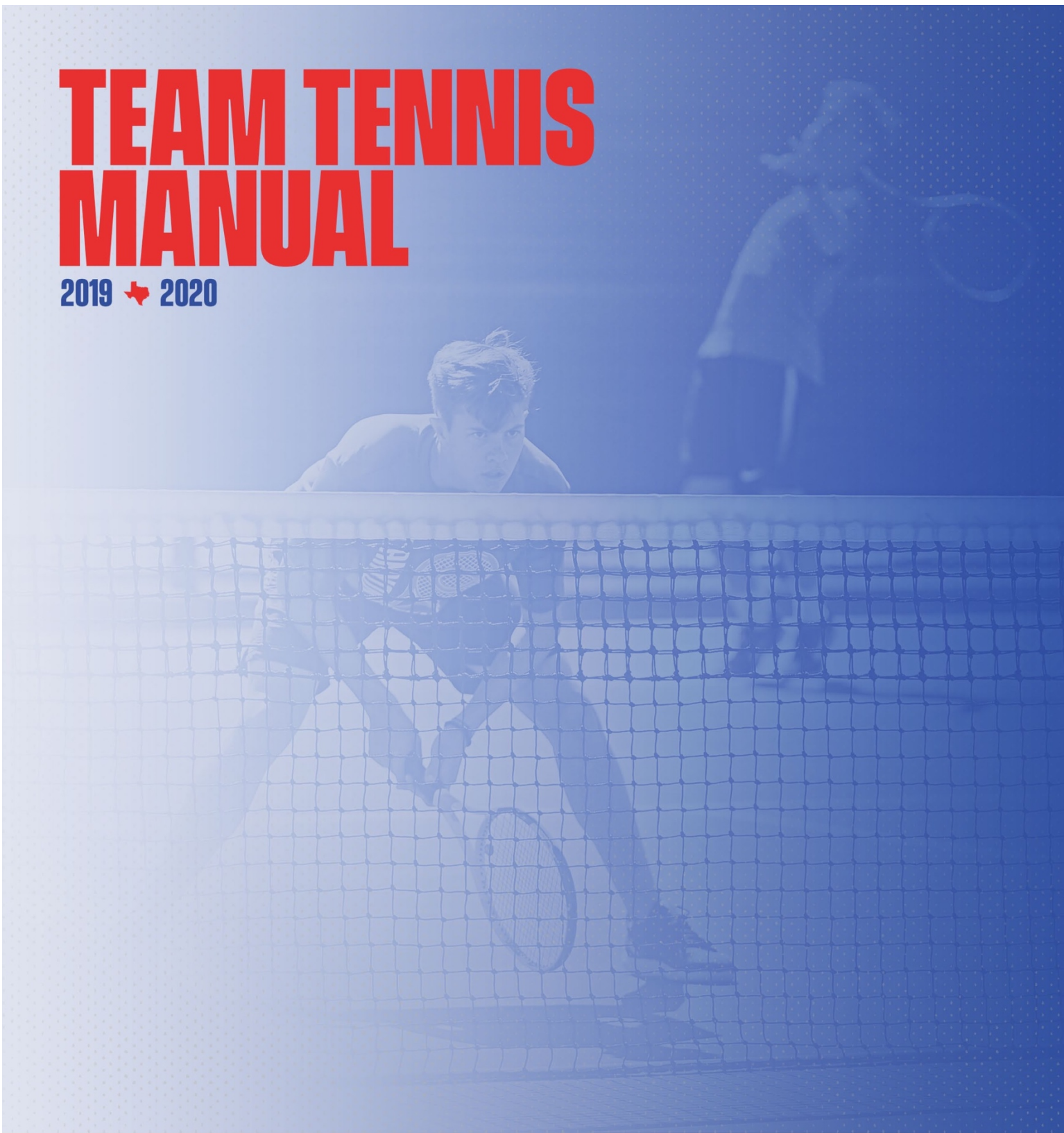


TEAM TENNIS MANUAL

2019  2020



UNIVERSITY INTERSCHOLASTIC LEAGUE | UILTEXAS.ORG

~ 2018-19 STATE CHAMPIONS ~



**Fredericksburg
4A State Champions**



**Dallas Highland Park
5A State Champions**



**Round Rock Westwood
6A State Champions**

~ UIL PERSONNEL ~

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~NOTICE OF NON-DISCRIMINATION ~

The University Interscholastic League (UIL) does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs. See Section 360, Non-Discrimination Policy, *UIL Constitution and Contest Rules*.
<https://www.uil texas.org/policy/constitution/general/nondiscrimination>

The following person has been designated to handle inquiries regarding the non-discrimination policies: Dr. Mark Cousins
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For further information on notice of non-discrimination, visit
<http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm> or call 1-800-421-3481 or contact OCR
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PURPOSE | To acquaint team tennis coaches and administrators with the policies, rules, procedures, and forms necessary for proper enforcement of regulations for team tennis, and to insure a better opportunity for coaches to have first-hand information.

Warning About The Inherent Dangers Of Athletic Participation | Student athletes and parents should be aware that any athletic participation will always have inherent dangers. Although rare, death or catastrophic injury can result from participation in sports, and care should be taken by all concerned to minimize such dangers through the use of appropriate equipment, proper training methods and common sense. The UIL encourages student athletes in all sports, and their parents, to discuss risk and risk minimization with coaches and school administrators.

NOTE | Questions concerning the UIL Team Tennis Plan and eligibility requirements found in the UIL Constitution and Contest Rules should be directed to Joseph Garmon at the UIL office.

~ TEAM TENNIS CALENDAR & UIL RULE CHANGES ~

2019-2020

October 12	<i><u>District Certification Deadline</u></i> – 4A, 5A, 6A
October 14-15	<i><u>Bi District Deadline</u></i> - 4A, 5A, 6A
October 17-19	<i><u>Area Deadline</u></i> – 4A, 5A, 6A
October 21-22	<i><u>Regional Quarterfinals</u></i> - 4A, 5A, 6A
October 24-25	<i><u>Regional Tournaments</u></i> – 4A, 5A, 6A
October 30-31	<i><u>STATE TOURNAMENT</u></i> – 4A, 5A, 6A

UIL Rule Changes

GENERAL

- Camps – Schools may conduct two (2) sport specific camps during the school year for 6th grade and below per sport. Additionally, schools may now conduct two (2) sport specific camps per **team** sport during the summer for all students other than students who will be in their second, third, or fourth year of high school.
- Injury Reporting – 6A schools are required to report concussion incidents in the ConTex System, no other injury reporting is required for schools
- Schools may conduct “Voluntary” Character Development/Leadership Training outside the school day
- Emergency Action Plan – Member schools are required to have an EAP (on file in the district) for each venue that will host practice or contests in their district
- Catastrophic Reporting – Member schools are required to report catastrophic injuries that occur in practices or competitions on an online reporting form in the UIL Portal
- EKG Opt-In – State law requiring schools to notify parents that they may choose to have an EKG done in conjunction with their child’s physical. NOTE: It is the parent’s responsibility to schedule and pay for the EKG should they choose to do so.

SPORT SPECIFIC

- **Team Tennis**
 - 3A schools to compete in the 4A division for 2019-20

~ TEAM TENNIS PLAN ~

Excerpt from the UIL Constitution and Contest Rules

Section 1310: TEAM TENNIS PLAN

- (a) ATHLETIC PURPOSES, CODES, PLAN APPLICABLE. Rules in Sections 1200-1209 also apply to the Team Tennis Plan.
- (b) DIVISIONS. There shall be the following divisions: Conference 6A, 5A and 4A. Conference 3A may compete for full honors in Conference 4A.
- (c) REPRESENTATION AND TEAM COMPOSITION.
 - (1) *Composition.* At the district level, each school may enter one team consisting of a minimum of six boys and six girls.
 - (2) *Boys', Girls' Team Restrictions.* Girls may not qualify for boys' positions on the team and vice versa.
 - (3) *Matches.* Each team match will consist of 19 matches:
 - (A) six boys' singles;
 - (B) six girls' singles;
 - (C) three boys' doubles;
 - (D) three girls' doubles; and
 - (E) mixed doubles.
 - (4) *Singles, Doubles.* Players may, but are not required to, play both singles and doubles or mixed doubles.
 - (5) *Singles Ladder Positions.* In singles, each player is to play according to ladder position meaning the best player at #1, the next best at #2, and so on down the lineup to #6.
 - (6) *Doubles Ladder Positions.* In doubles, players shall be placed on doubles teams according to a ladder position meaning the best two doubles players at #1 doubles, the next two doubles players at #2 doubles and so on for #3 doubles.
 - (7) *Mixed Doubles.* Mixed doubles can consist of any boy or girl who is not participating in the doubles competition.
- (d) TEAM SCORING AND TIES.
 - (1) *Scoring.* The scoring system will be No Advantage-Scoring, best 2-out-of-3 set matches with a 7-point tie breaker at six games all in the first two sets. If a third set is necessary, it will be played as a ten-point match tiebreaker.
 - (2) *Point Count.* Each match won will count one point for the team.
- (e) FORFEITS AND DEFAULTS.
 - (1) *Forfeiture.* If after an individual match begins, a forfeit occurs due to illness, injury or penalty for misconduct, the games and set won by the forfeiting team shall stand and count.
 - (2) *Default.* In all other matches, if a default occurs before the individual match begins, then the tournament director shall record the score as 6-0, 6-0.
- (f) NUMBER OF MATCHES AND TOURNAMENTS.
 - (1) *Number of Tournaments.* No student or team representing a member school shall participate in more than eight tournaments (total for tennis and team tennis combined) during the school year, excluding one district tennis tournament, the regional tournaments and the state tournament. Note: The team tennis district tournament counts as one of the eight allowable tournaments if school time is lost. Each tournament a school team enters counts as one tournament for the team and one tournament for each participating individual. Students are considered to be representing their school if they are wearing and/or using school equipment or being directed or transported by a school employee.
 - (2) *Exceptions.*
 - (A) Tournaments which are limited to three or fewer schools, do not count as a tournament for teams or participants, provided there is no loss of school time.
 - (B) If no more than four teams meet to play predetermined opponent(s), it shall not be counted as one of the eight tournaments allowed the team or the individual if no school time is lost and if no tournament draw is set to determine a champion.

Exception for Rescheduled Matches. District varsity team tennis matches postponed by weather or public disaster (not including illness) shall be rescheduled on the next date, other than Sunday, on which another district match is not scheduled. In the event weather or public disaster forces the makeup match to be rescheduled, it shall be rescheduled on the next date as described earlier. These makeup matches may be played as exceptions to the school week and calendar week limitations. District varsity matches that are postponed by weather or public disaster, and not played on the next available date, shall be rescheduled and played on a date determined by the District Executive Committee.

 - (3) *School Week Limitation.* No student or team representing a member school shall participate in more than one invitational meet/tournament, dual or triangular meet per school week (the first instructional day of the week through the last school day). **Exceptions:** The regional and state tournaments and district varsity tournaments postponed by weather or public disaster, may also be scheduled during the school week.
 - (4) *Match Limitation.* Each player shall play in no more than three dual matches per day.
- (g) CHAMPIONSHIP STRUCTURE.
 - (1) *District Tournaments.*
 - (A) *Format.* The District Executive Committee will make arrangements and set format to determine the district representatives.
 - (B) *Entries.* Each school shall enter the district meet by certifying entries to the district director by the entry

deadline set by the District Executive Committee. If a round-robin format is utilized in lieu of a district tournament, the District Executive Committee shall specify entry and team roster regulations prior to the entry deadline.

- (3) *Regional Tournaments.*
 - (A) Regional qualifiers. Regional quarterfinal winners will advance to a regional tournament. Regional tournament entries shall be certified by regional quarterfinal winners to the regional director.
 - (B) State tournament entries shall be certified by the regional meet director.
- (4) *State Tournament.*
 - (A) The first-place team from each region will advance to the state tournament.
 - (B) Pairings will be made based on season records.
- (h) SUBSTITUTIONS IN REGIONAL AND STATE TOURNAMENTS.
 - (1) *Lineup Changes.* Between district and regional, or regional and state, the coach may change the lineup to reflect proper ladder position prior to the start of the tournament, following the guidelines below.
 - (2) *Singles Movement on Ladder.* After the previous qualifying tournament, the coach may move each player no more than one position up or down in the singles lineup.
 - (3) *Doubles Movement on Ladder.* After the previous qualifying tournament, the coach may move each player no more than one position up or down in the doubles lineup.
 - (4) *Doubles Moves.* After the previous qualifying tournament, the coach may change a player from one doubles partner to another partner, but no player may move more than one position in the doubles lineup.
- (i) TAUNTING PENALTY. See taunting penalty, exception to USTA rules in the *Team Tennis Manual*.
- (j) PRACTICE REGULATIONS OUTSIDE THE SCHOOL YEAR. Any team tennis practice conducted by a school outside the school year shall be in accordance with the following regulations:
 - (1) Student-athletes shall not engage in more than three hours of practice activities on those days during which one practice is conducted.
 - (2) Student-athletes shall not engage in more than five hours of practice activities on those days during which more than one practice is conducted.
 - (3) The maximum length of any single practice session shall be three hours.
 - (4) On days when more than one practice is conducted, there shall be, at a minimum, two hours of rest/recovery time between the end of one practice and the beginning of the next practice.
 - (5) Schools shall not schedule more than one practice on consecutive days and student-athletes shall not participate in multiple practices on consecutive days.

~ PRE-SEASON REGULATIONS ~

UIL Coach Education and Training Requirements

All high school coaches must be full-time employees of the school district EXCEPTION: A retired teacher/administrator who has 20 or more years of experience may serve as an assistant coach in all athletics and as a head coach for golf, tennis, team tennis, cross country, track and field, and swimming. (This rule shall not affect the status of a coach on a leave of absence attending college.) Also, student teachers, while they are assigned to a participant school to fulfill their student teaching requirements, may volunteer to serve as an assistant coach in all athletics. Schools shall not pay student teachers for assisting athletic coaches.

Texas Education Code Requirements (State law)

- TEC Chapter 33.086 - Certification - CPR and First Aid Training
 - Athletic coaches, athletic trainers, cheerleading sponsors and other head directors of UIL extra-curricular activities must have a current certification filed with the district.
- TEC Chapter 22.902 - Certification - AED Training
 - Athletic coaches and sponsors, school nurses, PE teachers, marching band directors, and students that serve as an athletic trainer must have a current certification filed with the district.
- TEC Chapter 33.202 - Annual Requirement – Safety Training
 - Training provided by UIL within the Rules Compliance Program (RCP).
 - Athletic coaches must complete prior to contact with students.
- TEC Chapter 38.158 - Annual Requirement - Concussion Training (2 hours every other year/1 hour annually)
 - Athletic coaches, athletic trainers and potential members of the Concussion Oversight Team must complete the training annually.

Coaches Certification Program (CCP)

The CCP consists of both UIL and state law requirements and requires a coach to complete the prescribed components on a yearly basis, prior to their sport season. Completion of the CCP will recognize coaches as UIL certified coaches.

Required CCP Modules:

- 1) Constitution & Contest Rules
- 2) Ethics
- 3) UIL Steroid Education
- 4) Safety Training (state law)
- 5) Concussion Training (state law)

- 6) Sport Specific Training – each sport has a sport specific CCP module
- 7) **Football coaches only – Best Practices in Tackling** certification that will be required for all first-year football coaches and for all football coaches once every two years.
- 8) **First Year Coaches Only - Fundamentals of Coaching in Texas** – required for first year coaches (or JH volunteers) or coaches in their first year to coach in the state of Texas.
- 9) **Cheerleading Coach/Sponsor only - Safety/Risk Minimization for Cheerleading Course**
 - Must have a current certification or annual training completed prior to contact with participants.
 - Districts shall determine the organization that will provide the certification or training. Resources are available but not limited to those on the link from UIL web site.
http://www.uilTEXAS.org/files/health/Cheerleading_Safety_FAQs.pdf

Eligibility for Athletic Contests

Eligibility rules are found in Section 400 and 403 of the Constitution and Contest Rules. Any question regarding a student's eligibility, should be addressed to the school principal and/or superintendent. Residence requirements according to Sections 400 (d) 403, and 442 should be thoroughly investigated for any student new to school.

Students are eligible to represent their school in varsity interscholastic activities if they:

- are not 19 years of age or older on or before September 1 of the current scholastic year. (See 504 handicapped exception.)
- have not graduated from high school.
- are enrolled by the sixth-class day of the current school year or have been in attendance for fifteen calendar days immediately preceding a varsity contest.
- are full-time day students in a participant high school.
- initially enrolled in the ninth grade not more than four calendar years ago.
- are meeting academic standards required by state law.
- live with their parents inside the school district attendance zone their first year of attendance. (Parent residence applies to varsity athletic eligibility only.) When the parents do not reside inside the district attendance zone the student could be eligible if: the student has been in continuous attendance for at least one calendar year and has not enrolled at another school; no inducement is given to the student to attend the school (for example: students or their parents must pay their room and board when they do not live with a relative; students driving back into the district should pay their own transportation costs); and it is not a violation of local school or TEA policies for the student to continue attending the school. Students placed by the Texas Youth Commission are covered under Custodial Residence (see Section 442 of the Constitution and Contest Rules).
- have observed all provisions of the Awards Rule.
- have not been recruited. (Does not apply to college recruiting as permitted by rule.)
- have not violated any provision of the summer camp rule, Section 1209.
- have observed all provisions of the Athletic Amateur Rule, Section 441.

Limitation on Awards. Schools may give one major award, not to exceed \$70.00 in value, to a student during high school enrollment at the same school for participation in one of the UIL interschool competitions listed in Section 480. One additional symbolic award, not to exceed \$20.00 in value, may be presented for participation in each additional UIL activity listed in Section 480. The \$20.00 award may be given to a student for an activity during the same year that the major award is given for that activity.

Student-athletes shall be in compliance with the Athletic Amateur Rule from the first day of attendance in the ninth grade through their last day of UIL athletic competition in grade twelve. This includes during school and during non-school time and applies to all UIL competition and to non-school participation in the same sports sponsored by the UIL. (For instance, a race of six miles or longer is not considered to be a cross-country meet, so the Amateur Rule is not applicable to students participating in this type of race.)

Student-athletes in grades 9-12 shall not:

- Accept any valuable consideration as an award for winning or placing in an athletic contest. Valuable consideration is defined as anything wearable, usable or sellable, and includes such items as tee-shirts, hamburger coupons, free or reduced rate tennis racquets, etc.
- Accept valuable consideration for teaching or coaching any UIL sport, except beginning swimming or lifesaving lessons.
- Accept valuable consideration for allowing their name to be used for advertisement of a product, plan or service.
- Accept any special service or benefit offered only to athletes or members of an athletic team.

Exception:

- Students may accept reasonable fees that do not exceed prevailing rates for teaching or coaching activities provided they confine the work to teaching or coaching skills.
- Students may accept reasonable fees that do not exceed prevailing rates for officiating athletic contests
- The penalty for violation of the Amateur Rule is forfeiture of varsity eligibility in the involved sport for at least one year from the date of the violation. *The Athletic Amateur Rule is sport specific, so that a violation in one sport would make the student ineligible only in that sport, not in all UIL athletic activities.*

Student Participation Required Forms

It shall be the responsibility of each school to keep on file the following required annual forms for each student who participates in any practice, scrimmage, or game. Forms to be filed can be downloaded from the UIL website (www.uiltexas.org/athletics/forms/).

- **Pre-Participation Physical Examination Form.** As a minimum requirement, a Physical Examination Form must be completed prior to junior high athletic participation and again prior to first and third years of high school athletic participation. Local district policy may require an annual physical exam. The form must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted.
- **Medical History Form.** Each year prior to any practice or participation a UIL Medical History Form signed by both a student and a parent or guardian is required. A Medical History Form shall accompany each physical examination and shall be signed by both a student and a parent or guardian.
- **Parent or Guardian Permit.** Annual participation permit signed by the student's parent or guardian.
- **Rules Acknowledgment Form.** Annual UIL Rules Acknowledgment Form signed by the student and the student's parent or guardian.
- **Parent/Student Anabolic Steroid Use and Random Steroid Testing Form.** The parent/guardian of each high school athlete, along with each high school athlete, must annually sign the UIL Illegal Steroid Use and Random Steroid Testing Parent and Student Notification/Agreement Form.
- **Concussion Acknowledgement Form.** Annual UIL Concussion Acknowledgment Form signed by the student and the student's parent or guardian.
- **Sudden Cardiac Arrest Awareness Form.** Annual UIL Sudden Cardiac Arrest Awareness Form signed by the student and the student's parent or guardian.

Varsity Participation Required Forms

It shall be the responsibility of each school to keep on file the following required forms. Forms to be filed can be downloaded from the UIL website (www.uiltexas.org/athletics/forms/).

- **Eligibility Form.** Schools must submit comprehensive eligibility forms for football, basketball, volleyball, softball, baseball, and soccer. For all other athletic activities, a general alphabetical listing of eligible athletes is required. One copy shall be sent to the district executive committee chair and one copy shall be filed in the school's office. Completed eligibility forms are to be signed by the superintendent or a designated administrator and the coach. These forms are to be postmarked before a contestant is allowed to participate in a varsity contest. Failure to furnish correct and complete information may, upon request by the proper committee, constitute grounds for suspension.
- **Previous Athletic Participation Form.** New students in grades 9-12 who represented their former school in a varsity or sub-varsity athletic contest or practice in grades 8-12 in any previous school year must have a Previous Athletic Participation Form completed prior to participation in a varsity contest at the new school.
- **Late Forms.** If an eligibility form or a Previous Athletic Participation Form was not filed prior to competition, and it was an inadvertent error and the student is actually eligible under Subchapter M of the Constitution, the district executive committee is not required to demand forfeiture or to rule the student ineligible. They may assess the minimum penalty of private reprimand to the school.
- **Foreign Exchange Students.** Subject to the other eligibility rules of the Constitution, foreign exchange students in approved CSIET foreign exchange programs are allowed to apply for exceptions to the residence rule through the

UIL waiver process. A waiver could be granted in certain activities if they have not received advanced training or have not had extensive experience in the activity of their choice. Foreign exchange students are not eligible for varsity athletic participation unless they are granted a Foreign Exchange Student Waiver.

Varsity Athletic Eligibility for Over-Age Student. Subject to the other eligibility rules of the UIL Constitution, an individual is eligible to participate in a League varsity athletic contest as a representative of a participant school if that individual is less than 19 years old on September 1 preceding the contest; or has been granted eligibility based on a handicapping condition which delayed his or her education by at least one year and the student is currently in special education and under the auspices of an ARD Committee or has been identified as a 504 student prior to the end of their second year in high school (effective for entering ninth graders in the current school year).

Practice Regulations – Outside Of The School Year

Practice regulations for sports that practice outside of the school year are as follows-

- Students-athletes shall not engage in more than three hours of practice activities on those days during which one practice is conducted.
- Student-athletes shall not engage in more than five hours of practice activities on those days during which more than one practice is conducted.
- On days when more than one practice is conducted, there shall be, at a minimum, TWO hours of rest/recovery time between the end of one practice and the beginning of the next practice.
- **Schools shall not schedule more than one practice on consecutive days, and student-athletes shall not participate in multiple practices on consecutive days. (Exception - Volleyball)**

When determining how to count times spent as "practice activities" please consult the following pre-season chart:

<u>What Counts</u>	<u>What Doesn't Count</u>
Actual on field/court practice	Meetings
Sport specific skill instruction	Weight training*
Mandatory conditioning	Film study
Water breaks	Injury treatment
Rest breaks	Voluntary conditioning*

*Does not count towards practice time, but cannot be done during the two-hour rest/recovery time.

In reference to the minimum Two-hour rest/recovery time between the end of one practice and the beginning of the next practice (on days when more than one practice is scheduled), there can be no practice activities at all during this time. This time is exclusively for students to rest/recover for the following practice session, whether that session is an actual on field/court practice or a mandatory conditioning period.

Practice Regulations – When School Is In Session

- **Eight Hour Rule** – Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limited to a maximum of eight hours per week, per activity.
- The **In-School** athletic period does not count towards the allotted 8 hours.
- **Any time** used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, mandatory weights/video/meetings, etc.)

Contest Schedule Rules

The following section combines State Law, State Board of Education regulations, and UIL rules. The Texas Education Agency defines participation as being involved with the activity, traveling with the team, or sitting on the bench. UIL defines participation of a student athlete as actually entering the contest as a player. Example: On a Tuesday night, the student's name is on the scorebook but she remains on the bench and does not actually enter the game. This counts as participation for TEA but not UIL. In other words, that student cannot participate again until Friday after school because of TEA regulations, however that game does not count as one of the allowable games as determined by UIL policy.

Constitution and Contest Rules: Section 5: Definitions.

- **Calendar week** means 12:01 a.m. on Sunday through midnight on Saturday.
- **School week** means the week beginning at 12:01 a.m. on the first instructional day of a calendar week and ends at the close of instruction on the last instructional day of the calendar week, excluding holidays.
19 TAC 97.113 (K) (1).
- **One contest per school week:** School districts shall adopt policies limiting extracurricular activities from the beginning of the school week through the end of the school week (excluding holidays) by scheduling no more than one contest or performance per activity per student. * Exception: Tournaments and post-season competition, as well as district varsity contests postponed by weather or public disaster, may also be scheduled during the school week.
- **Eight-hour practice rule:** School districts shall adopt policies limiting extracurricular activities from the beginning of the school week through the end of the school week (excluding holidays) by limiting practice outside the school day to a maximum of eight hours per school week per activity.

Participation.

- (b) **SUNDAY PROHIBITION.** A UIL member school shall not participate in any athletic contest or conduct any practice or teach any plays, formations or skills on Sunday.
- (1) *Violation.* Any showing of films to or meetings of athletes for the purpose of instruction or reviewing of plays, formations or skills in any sport will be construed as a violation.
 - (2) *Coaches Sunday Meetings.* This does not prevent coaches from meeting on Sunday or from seeing films or planning an instructional program, provided no athletes are involved in this meeting.
 - (3) *Exceptions.*
 - (A) Golf. If the regional and/or state golf tournaments are scheduled on a Monday, the one 18-hole practice round allowed at the regional and/or state tournament site may be played on the Sunday afternoon preceding the meet (no earlier than 12:00 noon) if permitted by the regional or state meet director.
 - (B) Tennis. If the regional and/or state tennis tournaments are scheduled on a Monday, and if participants arrive at the site on the preceding Sunday because of travel distance, it will not be a violation of this rule if school district personnel accompany or transport participants to a tennis court for the purpose of practicing on their own, if permitted by the regional or state meet director.
 - (C) Cross Country. If the regional and/or state cross country meets are scheduled on a Monday, and if participants arrive at the site on the preceding Sunday because of travel distance, it will not be a violation of this rule if school district personnel accompany or transport participants to the course site for the purpose of practicing on their own, if permitted by the regional or state director.
- (c) **REGIONAL AND STATE TOURNAMENT COMPETITION ON SUNDAY.** Regional or state tournament directors may reschedule postponed or weather delayed tournaments on Sunday afternoon or evening with prior approval of the tournament director and the participating schools and with prior permission from the UIL Athletic Director.

~ REGULAR SEASON ~

Team Tennis Regulations

Number of Tennis Tournaments. (Team tennis plus individual tennis)

- No student or team representing a member school shall participate in more than eight tournaments (total for tennis and team tennis combined) during the school year, excluding one district tennis tournament, the regional tournaments and the state tournament. Note: The team tennis district tournament counts as one of the eight allowable tournaments if school time is lost.
- A school may, if permitted by the tournament director, play more than one team at the same varsity tournament. This would constitute one tournament for each tennis player.
- A tennis player could move from the junior varsity level to the varsity level, but a total of eight tournaments (either level - individual and team) would still be in effect for this player.
- Students may represent their schools in team tennis competition after the state team tennis tournament, if they have not already participated in the maximum number of allowed tournaments.
- In district play, the final tournament of the district meet in team tennis will be considered as a district tournament and will count as one of the eight allowable tournaments if there is a loss of school time. If a series of district tournaments is held with more than three schools and /or any loss of school time, those tournaments would have to be considered part of the eight tournaments.

Playing Rules. The United States Tennis Association playing rules shall be used in all League matches with exceptions as noted in this manual. Coaches should be aware of National Federation taunting rules as well.

Scrimmage. For the purposes of UIL Team Tennis and Individual Tennis there is no such thing as a scrimmage. Any competition between students of different schools is a match and must be counted as such. Therefore, subject to the one match per school week limitation and all eligibility rules.

Team Composition.

- Participating schools shall be divided into 4A, 5A and 6A conferences according to the UIL spring meet alignment. 3A schools who sign up for participation in Team Tennis will be placed in a 4A district for competition.
- Each team match will consist of 19 individual matches: 1. six boys' singles; 2. six girls' singles; 3. three boys' doubles; 4. three girls' doubles; 5. one mixed doubles. A minimum of six boys and six girls is required for a team.
- Players may play both singles, doubles, and mixed doubles; but it is not mandatory. A player cannot play both doubles and mixed doubles in the same tournament.
- In singles, each player is to play according to ladder position, i.e., the best player at #1, the next best at #2, and so on down the lineup to #6. Coaches must put #1 - #6 in their actual rank order. Coaches do not have the option of moving people to make the match interesting.
- In doubles, players shall be placed on doubles' teams according to a ladder position, i.e., the best doubles' team at #1 doubles, the next best doubles' team at #2 doubles and so on for #3 doubles.
- In mixed doubles, any boy or girl who is not participating in doubles competition.

Team Scoring.

- The scoring system will be No Advantage-Scoring, best 2-out-of-3 set matches with a 7-point tie breaker at six games all in the first two sets. If a third set is necessary, it will be played as a ten-point match tiebreaker.
- Mixed Doubles Matches - When a 3 all point occurs in a game; the female player must serve to a female player and male to male.
- Each match won will count one point for the team.

Rest Periods.

- Players should receive a minimum of 15 minutes' rest between doubles and singles.
- Players should receive a 3-minute rest between the second set and 10-point match tie breaker (in lieu of a third set) of split set matches in both boys' and girls' singles and doubles.
- A school team should receive a minimum of one hour between dual matches.

Coaching. (by school personnel only)

- According to USTA rules, a player is allowed 20 seconds between points. A coach may provide feedback during 20-second time but cannot interrupt the continuous play rule. Coaching is NOT permitted in or on the confines of the tennis court. [Exception: See (b) below]
- A coach may coach his/her players during the 90 second changeover at the end of odd games, and during the 3-minute rest period for split set matches.
- Only the school tennis coach employed by that school may coach and only in a manner which does not interfere with the play on adjoining courts.

Continuous Play. Play shall be continuous from the first service until the match is concluded and in accordance with Rule 30 of the USTA Rule Book. Play shall never be suspended, delayed or interfered with for the purpose of enabling a player to recover his strength, breath, or physical condition. In case of accidental injury, the “umpire” may allow a one-time three-minute suspension for that injury.

Warmups. The players will have a 10-minute warmup prior to the start of the match. The players must take all their practice serves during this time.

Tennis Etiquette. Applauding a good play is always in order. Applauding an error is never in order. Any person who takes it upon himself to berate the officials or make himself conspicuous by razzing the team should be requested to leave the court area. Coaches are responsible for educating their students and parents about appropriate behavior.

TAUNTING PENALTY. The National Federation disapproves of any form of taunting which is intended or designed to embarrass, ridicule, or demean others under any circumstances including on the basis of race, religion, gender or national origin.

Unsportsmanlike conduct will be enforced during the state team tennis championships. Be sure and inform your contestants that acts, such as throwing rackets, use of profanity, addressing an official disrespectfully, displaying any action which brings discredit to the individual or his/her school will be considered unsportsmanlike conduct. A player displaying such conduct may be disqualified from further participation in the tournament. **Each participant will be given a warning prior to the first match. The first offense will be a 1 point deduction, the second offense default game, and the third offense default match or tournament. The points are cumulative throughout the tournament.**

Reporting to Matches. All teams should report to their location in time for a warmup, the coaches meeting and players meeting if applicable. The USTA Point Penalty System will be in effect for lateness.

Line-Up Changes.

- Coaches must give his or her complete line-up prior to the start of the tournament for singles, doubles, and mixed doubles; in accordance to line-up procedures, to the tournament director.
- A coach may make substitutions between team matches and/or during a team match before the individual match begins. In all instances of substitutions, the coach must use the following procedure.
- Singles: The coach removes a player from the lineup. All players lower in the lineup move up to fill the vacant spot in the lineup and the alternate becomes the #6 player. A player removed from the lineup for substitution may return to the lineup for the next team match but only to the position he/she vacated. All other players will return to their original positions.
- Doubles: If the coach removes one member of a doubles team from the lineup, he/she places the alternate in the vacated spot, and the team remains in the same position. If the coach removes both members of a doubles team, then the lower teams will move up to fill the vacant position, and the alternate pair becomes the #3 team.
- If a student has been out of the line up for a grading period for academic purposes and returns in time for the district tournament, the staff has given the opinion that the lineup should be re-ranked with the “new” player in his/her appropriate position.
- Under no circumstances shall the coach change his/her lineup during a tournament. The penalty for doing so will be to forfeit the individual matches involved, with the scores becoming 6-0, 6-0 in each match. Coaches should be aware that a substitution and a lineup change are not the same.

Tie-Break Procedures. The 12-point tie-break scoring system will operate when the score reaches six games in the first two sets.

- a) Procedure for playing the singles tie-break.
 - 1) A player who first wins seven points shall win the game and the set, provided he/she leads by a margin of two points. If the score reaches six points all, the game shall be extended until this margin has been achieved. Numerical scoring shall be used throughout the tie-break.
 - 2) The player whose turn it is to serve shall be the server for the first point, which is delivered from the right court. His/her opponent shall be the server for the second and third points (delivered from the left court, then the right court), and thereafter each player shall serve alternately for two consecutive points (left court, then right court) until the winner of the game and set has been decided.

- b) Procedure for playing the doubles tie-break.
- 1) In doubles, the procedure for singles shall apply: the player whose turn it is to serve shall be the server for the first point. Thereafter, each player shall serve in rotation for two points, in the same order as previously in that set, until the winners of the game and set have been decided.
 - 2) Players change ends after every six points and at the conclusion of the tie breaker.
 - 3) The team that served first in the set that ended in a tie breaker shall receive service in the first game of the following set.
- c) Procedure for playing the mixed doubles.
- 1) In mixed doubles, the procedure for singles shall apply: the player whose turn it is to serve shall be the server for the first point. Thereafter, each player shall serve in rotation for two points, in the same order as previously in that set, until the winners of the game and set have been decided.
 - 2) Players change ends after every six points and at the conclusion of the tie breaker.
 - 3) The team that served first in the set that ended in a tie breaker shall receive service in the first game of the following set.

There will be a 10-point match tie breaker, in lieu of a third set, when the first two sets are split in both singles and doubles (including mixed doubles).

Videotaping/Filming

Non-Conference and District Contests

- 1) Videotaping/Filming by Schools.
 - It is a violation to film or videotape a non-conference or district athletic contest in which your school or team is not competing unless prior consent of the two schools involved has been obtained.
 - A school does not have to obtain permission to film or tape a NON-CONFERENCE OR DISTRICT contest in which it is competing. However, the film or videotape shall not be utilized until after the contest has been completed.
- 2) Films and videotapes become the property of the school doing the filming unless by district rule or by consent of the schools involved in the contest.
- 3) Videotaping/Filming by Individuals. Any individual (other than the officially designated school camera) taping or filming must have prior permission from the schools involved in the contest and may not obstruct the view of other spectators of the contest.
- 4) Commercial Uses. Use of the films or tapes for commercial purposes must be approved by all schools involved in the contest.

~ POST SEASON ~

Playoff Information

Certification of District Representatives. District Chairmen will certify representatives. The last day for reporting the district certification is October 12, 2019 online at <https://www.uiltexas.org/machform/view.php?id=57>.

Playoff information will be available to district representatives on the UIL website at <http://www.uiltexas.org/team-tennis/post-season-packet>.

Representation.

- The winners of first, second, third and fourth place in each district shall advance to the post-season.
- Each qualifying school may enter one team consisting of a minimum of six boys and six girls. Girls' and boys' point totals count on team totals, but boys and girls cannot compete against each other, other than the mixed doubles match.

Team Information & Pictures. Teams advancing to regionals must submit the following materials to the UIL no later than Wednesday, October 23, 2019:

- Team Information Form (list of players, coaches, etc.; and list of all games played) – fill out online on the UIL website - <http://www.uiltexas.org/team-tennis/forms>
- Team Picture – 1MB, color, email to pictures@uiltexas.org
- Picture of Head Coach (head and shoulder shot) – 1 MB, email to pictures@uiltexas.org
- School's Mascot (camera ready art work if possible, if not a copy of the mascot from your letterhead, etc.) – 1MB email to pictures@uiltexas.org

Failure to submit this information could result in a range of penalties as described in Section 27 (b) of the UIL Constitution and Contest Rules or your team not appearing in the State Tournament program.

UIL Playoff Reporting – Teams Advancing

Coaches are required to submit playoff results immediately following their contest. The winning school should submit playoff game results and next round information via MaxPreps through the assigned coach/admin account. The score reported by a coach on a team's page will automatically fill in the bracket.

The completeness of the data presented on the UIL Texas Scoreboard will be dependent upon the participation of schools and coaches. For more information, please see www.uiltexas.org/athletics/uil-maxpreps.

Sites

Sites for all rounds of playoffs prior to the regional tournament are to be selected by the teams involved. See Section 1208 (o)(p) of the UIL Constitution and Contest Rules. If schools cannot agree, they must flip a coin.

- **Home sites.** When two schools flip for two separate sites other than their home field or court, the sites are considered home sites unless both sites are near mid-point.
- **Neutral sites.** A site mid-point or near mid-point, or a site agreed on by both schools as neutral, is a neutral site. Unless, mutually agreeable, a site cannot be neutral if its distance from either school is more than two-thirds the total distance between the two schools.
- **Mid-point sites.** Unless mutually agreed otherwise, post-district contests shall be at mid-point site for schools located more than 100 miles apart.

Lineups

The advancing teams coach must give his or her complete line-up prior to the start of their next round match. Also, coaches are responsible for exchanging the previous match roster/line-up.

Lineup changes and movement within the players' ladder is outlined in this section and each coach may use the options **ONCE** in a calendar week during the playoffs. **Exception: No lineup change is allowed between the regional semifinals and the regional finals, and state semifinals and state finals.**

- **Lineup Changes:** The coach may change in the lineup to reflect proper ladder position prior to the start of the match/tournament, based on the following regulations.
- **Singles Movement on Ladder:** After the previous qualifying match/tournament, the coach may move each player no more than one position up or down in the singles lineup
- **Doubles Movement on Ladder:** After the previous qualifying match/tournament, the coach may move each player no more than one position up or down in the doubles lineup. The coach may change a player from one doubles partner to another partner, but no player may move more than one position in the doubles lineup.

If a student has been out of the line-up for a grading period for academic purposes and returns, the line-up should be re-ranked with the "new" player in his/her appropriate position.

Under no circumstances shall the coach change his/her line-up during a tournament. The penalty for doing so will be to forfeit the individual matches involved, with the scores becoming 6-0, 6-0 in each match. Coaches should be aware that a substitution and a line-up change are not the same.

Substitutions

A coach may make substitutions between team matches and/or during a team match before the individual match begins. In all instances, the coach must use the following procedure.

- **Singles:** The coach removes a player from the lineup. All players lower in the lineup move up to fill the vacant spot in the lineup and the alternate becomes the #6 player.
- **Doubles:** If the coach removes a member of a doubles team from the line-up, he/she places the alternate in the vacated spot, and the team remains in the same position. If the coach removes both members of a doubles team, then the lower teams will move up to fill the vacant position, and the alternate pair becomes the #3 team.

Inclement Weather

Every effort must be made by both teams to determine the winner before the certification deadline. This includes obtaining neutral sites and securing any available site. This could mean giving up a home field advantage if another site is playable.

If weather conditions make it impossible to determine a winner before certification, UIL must be contacted for an extension. The next round opponent(s) must also be contacted to inform them that the deadline will be extended.

Officials

It is recommended but not required that United State Tennis Association (USTA) officials be use up until the regional tournament.

Balls

The participating schools are responsible for supplying the tennis balls. The official ball for the State Team Tennis Tournament will be the Pro Penn Marathon Extra Duty.

Fees

The tournament director will notify schools concerning entry fees to be paid. The League office suggests that fees be kept to a minimum.

- If, after an individual match begins, a forfeit occurs due to illness, injury or penalty for misconduct, the games

Forfeits and Defaults

and/or sets won by the forfeiting team shall stand and count.

- In all other matches if an injury or illness occurs before the individual match begins, take the player out of the line-up and move everyone else up in the line-up. The substitute then becomes #6.

Housing

Each school is responsible for its own housing.

Entry Forms

Each advancing team is responsible for sending team information and official roster/lineup to the director of the next round tournament immediately after the representatives are determined.

District Tournaments

- Each district may choose a tournament format to determine representatives (i.e., single elimination, round robin or a combination).
- A district team tennis tournament will count as one of that school's seven tournaments if there is a loss of school time.
- The winners of first, second, third and fourth place in each district shall advance to the post-season. The district chairman will certify representatives.

Entries.

- Each school shall enter the district meet by certifying entries to the district director by the entry deadline set by the district executive committee. If round-robin format is utilized in lieu of a district tournament, the district executive committee shall specify entry and team roster regulations prior to the entry deadline.
 - If your program gains a new student or if a student loses/gains academic eligibility, we suggest you re-rank to reflect proper ladder position.
 - A team tennis district that plays a round robin district schedule should specify in the district minutes the rules and procedures for stating the line-up at the district tournament. Specifically, districts need to determine how to re-rank lineups when injuries occur or students become eligible/ineligible in district competition, etc. At no time during a round robin district tournament can a line-up change occur, unless the District Executive Committee has specified line-up changes prior to the start of district play.
 - Each District must decide on line-up procedures, weather postponed matches, and procedures for the entire district competition. The minutes of the District Executive Committee should outline all of this.
 - Because of the increase in alleged line-up stacking—each district needs to clearly state that it is a violation and assess a penalty. Specifically, each district must decide:
 - Whether to replay an entire weather postponed match or to continue at the point of suspension.
 - Decide to play a round robin, a district tournament or a combination.
 - Set line-up regulations. Can you change the line-up during the district season? Is the initial line-up turned in set for the entire district? If you play a district tournament at the end of your season, how are line-ups set?
 - Procedure to investigate/penalize a coach who is stacking the line-up.

Regional Tournaments

Qualifiers. Regional quarterfinal winners will advance to a regional tournament on October 24-25, 2019.

Entries. Regional quarterfinal winners shall contact the regional tournament director of qualifying for the regional tournament. The qualifiers must send their previous match roster/line-up and the current match roster/line-up to the regional tournament director.

Entry Fees. Fees are determined by each regional tournament director.

Regional Sites and Directors. Regional sites and directors can be found on the UIL website under Team Tennis. <http://www.uil-texas.org/team-tennis/regional-sites>.

- The draw will follow the brackets for the tournament pairings. The semifinal matches will be held on Thursday, October 24, and the final match will be held on Friday, October 25. The regional director will

determine the time schedule for the regional tournament.

- Coaches must give his or her complete line-up prior to the start of the tournament for singles, doubles, and mixed doubles to the regional director. After that time, the line-up cannot be changed. Reminder: Lineup changes and movement within the players' ladder may be used once in a calendar week during the playoffs.
- The penalty for doing so will be to forfeit the individual matches involved, with the scores becoming 6-0, 6-0 in each match. Coaches should be aware that a substitution and a line-up change are not the same. **Exception: No lineup change is allowed between the regional semifinals and the regional finals, and state semifinals and state finals.**

State Tournament

State tournament entries shall be certified by the regional tournament director.

- Coaches must send the team information form and photos to the UIL once they reach post-district competition.
- Coaches should send their line-up as well.

Schools Eligible to Compete. Only the teams qualifying through the regional tournament are eligible to compete in the state tournament.

Packets. Team packets will be given to the coaches at packet pick-up. Medal order forms and line-ups must be turned in at packet pick-up.

Substitutions. Substitutions can be made during a team match before the individual match begins. In all instances, the substitution procedure (see Team Tennis Plan) must be followed.

Tentative Schedule. October 30- 31, 2019; Texas A&M University, College Station, Texas.

Wednesday	8:00 am	4A Semi-Finals
Wednesday	11:30 pm	5A Semi-Finals
Wednesday	3:00 pm	6A Semi-Finals
Thursday	8:00 am	4A Finals
Thursday	11:30 pm	5A Finals
Thursday	3:00 pm	6A Finals

- Unless mutually agreed upon, matches will be played to completion (19 matches).
- The tournament director reserves the right to make necessary changes in the case of inclement weather.

No Workouts. After qualifying for state tournament, no workouts are permitted at the state tournament sites. The courts will be available the morning of the tournament.

Format. The state tournament, in each conference (4A, 5A and 6A), will be a single elimination tournament held in College Station for the four schools qualifying at the four regional tournaments. Conference 3A may compete for full honors in Conference 4A.

Pairings. The League office will determine the draw for the tournament. Pairings will be released on Monday morning prior to the tournament. The two teams with the best records will be placed in opposite brackets. The team with the third best record will be placed up or down according to a coin flip. The remaining team will be placed in the empty bracket. The actual win/loss percentage will determine the ranking of the teams - not the strength or weakness of the playing schedule.

Lodging Regulations. Each school must take care of their own lodging. Coaches are responsible for the proper conduct of their players while staying at the hotels. Please bring a tax-exempt number to avoid paying tax.

~ QUICK LINKS ~

Below are Links to help you find information pertaining to UIL Rules and Regulations

Constitution and Contest Rules (C&CR). The UIL Constitution and Contest Rules are the official rules that govern all UIL-sponsored activities and also define the direction, function and purpose of the League.

- <https://www.uiltexas.org/policy/constitution>

TEA-UIL Side-by-Side. The UIL publishes this document to provide member schools notice of the Texas Education Agency, which relate to UIL and all other extracurricular activities sponsored or sanctioned by the school district.

- <https://www.uiltexas.org/policy/tea-uil-side-by-side>

Booster Club Guidelines. This document provides guidelines, which govern all booster club activities related to UIL-sponsored competition. Since the UIL regulates and governs what participants, sponsors, and coaches may and may not accept, it is very important booster club members and parents are aware of these guidelines.

- <https://www.uiltexas.org/policy/guidelines-for-booster-clubs>

Tennis and Team Tennis Plan – Section 1300 and 1310 of the C&CR

- <https://www.uiltexas.org/policy/constitution/athletics/team-tennis>

Employment of Coaches. Section 1202 of the C&CR

- <https://www.uiltexas.org/files/constitution/uil-ccr-section-1200-1203.pdf>

Athletic Eligibility. Section 1205 of the C&CR

- <https://www.uiltexas.org/files/constitution/uil-ccr-section-1205-1206.pdf>
- <https://www.uiltexas.org/policy/eligibility>

School Practice and Game Restrictions. Section 1206 of the C&CR

- <https://www.uiltexas.org/files/constitution/uil-ccr-section-1205-1206.pdf>
- <https://www.uiltexas.org/athletics/summer-strength-conditioning>
- <https://www.uiltexas.org/files/athletics/Non-School.pdf>

Rules Violations and Penalties. Section 1207 of the C&CR

- <https://www.uiltexas.org/files/constitution/uil-ccr-section-1207-1210.pdf>

Athletic Regulations. Section 1208 of the C&CR

- <https://www.uiltexas.org/files/constitution/uil-ccr-section-1207-1210.pdf>



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