

2014 DISTRICT DIRECTOR'S HANDBOOK - SWIMMING AND DIVING

This District Director's Swimming and Diving Handbook has been prepared and designed to provide general information in the administration of UIL swimming competition. It will serve as a guide for hosting the meet and regulations stated shall be considered official unless the directors are notified of specific changes. The consistent administration of swimming and diving meets will provide the athletes in Texas the same fair standards throughout the state.

Traci Neely, UIL Asst. Athletic Director, is the UIL staff member assigned to this sport. Questions regarding swimming and diving should be directed to her.

UIL office: 512-471-5883

UIL Athletic Staff:

Traci Neely 512-775-9021 Peter Contreras 512-393-1958 Darryl Beasley 512-238-0968

Directors and coaches shall utilize www.uiltexas.org that hosts the following:

- 1. Swimming and Diving Coaches Manual (www.uiltexas.org/swimming-diving/manual)
- 2. Conference district alignments (http://www.uiltexas.org/alignments/category/align-swimming-diving)
- 3. UIL School HyTek® Code List (http://www.uiltexas.org/swimming-diving/school-codes)
- 4. UIL Swimming & Diving District Results Form (www.uiltexas.org/files/athletics/forms/swimming-diving-district-results.pdf)
- 5. UIL Swimming & Diving District/Regional Entry Form (Boys/Girls Forms) www.uiltexas.org/files/athletics/forms/swimming-district-region-entry-boys.pdf www.uiltexas.org/files/athletics/forms/swimming-district-region-entry-girls.pdf

Materials included in this packet:

- 1. 2013 NFHS Swimming/Diving Rule Changes
- 2. Diving Entry Form
- 3. National Federation Record Application

GENERAL INFORMATION

Schedule: District swim meets will be held no later than February 1, 2014. Meet time, sites, and date will be decided by the competing district executive committee.

Entry Fees: Directors shall set entry fees if needed. It is advisable that schools be notified well in advance as to fees and method of payment.

List of Awards: District awards shall be arranged by the DEC Chair.

Tickets: Admission charges shall be determined by the district executive committee.

Programs: Many directors provide meet programs either free of charge or at a nominal cost to participants.

Media: Space should be provided and arrangements made to provide space for individuals representing the media. It would be appreciated if every effort would be made to treat these individuals as our guests, by offering passes and programs. Results should be called into newspapers, television stations and other outlets.

MEET ADMINISTRATION

A meet committee and a meet director shall assume responsibility for all aspects of meet management. The meet committee shall make decisions on matters not specifically covered by rules or procedure, or set aside application of a rule during a meet. Any protest based on the eligibility of a student should be referred to the District Executive Committee.

Officials: One of the most important aspects of the regional meets is early selection and appointment of meet officials and meet personnel. The care and attention given to this important function will reflect in a smooth-running, successful meet. Swimming and Diving meet hosts may select and use non-UIL registered officials, however, it is suggested that each site acquire a meet referee who is UIL registered. The UIL also recommends that the Meet Referee receive a payment of \$50 per session per meet where UIL member schools are present. It is strongly recommended that you contact and secure your needed officials as soon as possible and be used in the following capacities: 1) referee, 2) starter(s), 3) head stroke and turn judge(s) and 4) diving judges.

Schools participating may be asked to supply some responsible adults to serve as assistant officials. These individuals should not be placed in positions of judgment involving students from their own school.

Please go to our Sports Officials website: http://uil.arbitersports.com/FRONT/105040/Site Then click on sports, then swim/dive. If you have any questions you may contact the Director of Officials, Tony Timmons at ttimmons@uiltexas.org or on his cell: 432-249-0381.

Officials should know their duties. If at all possible, the officials should have experience in working other meets prior to the regional meet. Officials should be asked to report for a meeting with the meet director prior to the meet.

Competition Rules: The *National Federation Swimming Rule Book* that must be followed for competition is included in this mailing.

- Protests based on the decision of a meet official will not be permitted.
- Any protest based on the eligibility of a student should be referred to the UIL staff. The State Executive Committee will decide questions of eligibility.

A meet committee and a meet director shall assume responsibility for all aspects of meet management. The meet committee shall make decisions on matters not specifically covered by rules or procedure or set aside application of a rule during a meet.

Qualifying and Scoring: The National Federation rules will govern scoring procedures and qualification from the preliminaries to the finals in the regional meet. Scoring will be for 8 places. Officials should use the UIL school codes for entries and for scoring at all times. Results from any consolation final may not be considered for advancement to the state meet.

District Entries:

Districts with more than six individuals or relays in any event, <u>district meets shall be held</u>. No more than six individuals and relays shall qualify from district to regional. If there are not enough swimmers to necessitate a district meet, the school or schools that do participate in swimming automatically qualify to the regional swim meet. (The qualifying school coaches must report directly to the regional director when this occurs.)

Entry Forms: UIL Entry Forms are to be sent to the meet director <u>by all coaches</u> no later than <u>five</u> days prior to the meet. Meet directors that require online entry procedures shall provide those specific instructions to all coaches. All deadlines shall be consistent with the UIL policy.

- 1. Individual Events Each school may enter a maximum of **four** entries per individual event and one team per relay event. A competitor/team relay is officially entered when the official entry sheet is delivered to the meet manager at the designated time and place.
- 2. Relays eight individuals maximum shall be listed as the entry, any four shall be assigned to swim. This will only count as an entry for each person listed if they swim in prelims or finals.
- 3. 1M Diving If the district chooses to use an online entry system for diving, please provide coaches with specific instructions for your meet. There is no diving degree required for qualifiers into the regional meet from the district meet. No more than six individuals shall qualify from district to regional. (If there are not enough divers to necessitate a district competition, the divers will automatically qualify to the regional meet.)

Note: All competitors, once officially entered, shall complete all heats, swim-offs and rounds of competition for which they qualify *except* when an illness or injury certified by a physician or the referee forces a competitor to withdraw. This applies to individual members of relay teams (not entire teams) as well as to competitors in individual events. Failure to compete for any reason other than illness or injury shall disqualify the competitor from any further competition in the meet. Previous performances are not nullified.

District Meet Qualifiers Report Procedures: A qualifiers report shall be emailed to the regional director by 12am CST immediately following the completion of the meet. Entry requirements may vary between regional meets and please advise coaches to follow specific regional entry requirements in addition to your district report. It has been highly recommended to the regional directors that they utilize the HyTek® Meet Manager software format and online entry procedures EDive® to submit state entries, however district and regional directors are not required to use those programs and may be allowed to submit entries with the UIL result forms.

- If there are ties in determining the qualifier to the next meet, the times of the competitors from the preliminary competition will be considered first with the competitor with the fastest preliminary time advancing.
- Relays qualify by schools and may be changed. No more than eight relay swimmers shall be listed on regional results or regional entry forms.
- Scratches are permitted due to illness or academic ineligibility. If this occurs, the district director calls the regional director. The district director calls the new qualifier if time permits.

Sites and Directors: 2013-2014 Regional Swimming Meets

	Onference Site/Director	Address/Telephone/Fax
I	Mike Waldman	405 NW 3 rd St., Andrews, 79714
4A	Andrews ISD	432-524-1908; Fax: 432-524-1900
	Site Address: Andrews HS Natatorium	Email: <u>mwaldmann@andrews.esc.18.net</u>
I	Sam Gentry	2004 E 14 th , Lubbock, 79401
5A	Texas Tech University	806-766-1777; Fax: 806-766-1775
	Meet Site: Pete Ragus Aquatic Center	Email: sam.gentry@ttu.edu
		Web: http://www.depts.ttu.edu/uil/
II	Cody Huckabay	1001 N. Holland Rd, Mansfield, 76063
4A	Mansfield ISD	817-276-5230; Fax: 817-453-7154
	Meet Site: Mansfield ISD Natatorium	Email: codyhuckabay@misdmail.org
II	Linda Shults	350 Keller Parkway
5A	Keller ISD	817-744-1353; Fax-817-745-1707
	Meet Site: Keller Natatorium	Email: linda.shults@kellerisd.net
III	Bruce Eubanks	7411 North First St., Frisco, 75034
4A	Frisco ISD	469-633-6161; Fax: 469-633-6165
	Meet Site: Frisco ISD Natatorium	Email: eubanks@friscoisd.org
III	Neil Walker	1205 T.L. Townsend Dr., Rockwall, 75087
5A	Rockwall ISD	469-698-7380; Fax: 469-698-7406
	Meet Site: Rockwall ISD Aquatic Center	Email: neil.walker@rockwallisd.org
IV	Shannon Gillespy	1601 Bonham Parkway
4A	Lewisville ISD	214-697-4145; Fax: 972-350-9395
	Meet Site: LISD Natatorium	Email: gillespys@verizon.net
IV	Linda Brenneke	527 Nottingham Oaks Tr, Houston, 77079
5A	University of Houston	281-589-8913; Fax: 713-743-9488
	Meet Site: U of H Rec. & Wellness Center	Email: entries4meets@yahoo.com
V	Terry Jones	12707 Marshall Ct, Magnolia, TX 77345
4A	Magnolia HS	281-356-1106; Fax-281-356-1185
	Meet Site: Magnolia ISD Natatorium	Email: tjones@magnoliaisd.org
V	Louis S. Fruia	19133 David Memorial, Shenandoah, TX 77385
5A	Conroe ISD	936-709-3915; Fax-936-709-3999
	Meet Site: Conroe ISD Natatorium	Email: <u>lfruia@conroeisd.net</u>
VI	Mike Duswalt	16255 Lexington Blvd., Sugar Land, 77479
4A	Fort Bend ISD	281-634-5880; Fax: 281-634-5888
	Meet Site: Don Cook Natatorium	Email: mike.duswalt@fortbendisd.com
VI	Chris Alban and Chris Roberts	4141 Bailey Road, Pearland, 77584
5A	Pearland ISD	281-412-8937, 281-253-8509; Fax-281-412-8436
571	Meet Site: Pearland Natatorium	Email: calban@ci.pearland.tx.us, robertsc@pearlandisd.org
VII	Adrian Mantava	1400 W. Villaret, San Antonio, 78224
4A	Adrian Montoya Palo Alto College	210-486-3800
4/1	Meet Site: The Aquatic Center at Palo Alto	Email: amontoya12@alamo.edu
VII	David Johnson	12002 Ionas Maltshargar Dd. Can Antonia TV 79214
5A	David Jonnson North East ISD	12002 Jones Maltsberger Rd., San Antonio, TX 78216 210-491-6132; Fax: 210-491-6133
511	Meet Site: Josh Davis Natatorium	Email: djohns1@neisd.net
	Meet Sice. 303h Bavis Natatorium	Linui. ajoinsi e neisuliet
VIII	Terry Vetters	7001 Culebra Rd, San Antonio, TX 78238
5A	Northside ISD	210-397-8985; Fax-210-706-7502
J1 1	Meet Site: George Block Aquatics Center	Email: terry.vetters@nisd.net
		- ,
VIII	Monica Rosales	2901 FM 802, Brownsville, TX 78520
5A	Brownsville ISD Meet Site: Margaret Clark Aquatic Center	956-698-0064; Fax-956-504-6674 Email: mmrosales@bisd.us
	MICCI DIC. MAISAICI CIAIK AUUAUC CEIILEI	Eman, miniosaics@bisu.us

SUGGESTED PROCEDURES FOR DIRECTORS

General

- 1. Appoint a director to be responsible for planning and conducting the meet.
- 2. Use competent, trained adults as officials in all key spots.
- 3. Have a meeting of officials before the meet starts to go over rules and proper procedures.
- 4. Arrange adequate dressing facilities, and showers.
- 5. Provide for ticket sales, gate force, janitorial service and advance publicity.
- 6. Provide trainers. Have a physician on call.
- 7. An entry fee per school or student may be charged to help defray expenses of the meet. Other plans may be utilized to acquire the necessary funds to cover expenses if agreeable to member schools of the region.
- 8. Directors should draw heats prior to the meet. Heat sheets shall be provided.
- 9. All times used for seeding purposes must have been from a school meet performance and be verifiable.
- 10. All necessary local arrangements and other details shall be handled by the meet managers. Please keep meet expenses to a minimum.
- 11. If you have not received your regional awards two weeks prior to your meet, please call Dijaira Smith at 512/471-5883.
- 12. Appoint a meet committee to rule on matters not specifically covered by rules.
- 13. Report the results promptly on forms and send results and electronic files for qualifiers to the state director by midnight the day of your meet.

Meet Organization

- Pre-Meet Planning: It is suggested that committees should be organized if possible for the promotion and success of the swimming meet.
 - A. Prepare meet responsibilities
 - 1. Facility and arrangements
 - 2. Conflicts with other school events
 - 3. Check facilities as to rule specifications
 - B. Confirmations
 - 1. Invitations/notice of meet
 - a. Entry forms
 - b. Pertinent information
 - (1) Entry instructions and fees
 - (2) Scratch meeting
 - (3) Passes
 - (4) Care of facilities
 - (5) Seating
 - (6) Entrances
 - (7) Officials
 - (8) Timing and results
 - (9) Concessions
 - (10) Ticket prices
 - (11) Warm-ups
 - (12) Pool use during meet

- (13) Locker rooms
- c. Schedule
- d. Map of area
- e. Eating establishments in area
- f. Motel accommodations (if necessary)

2. Officials

- a. Meet committee
 - (1) Chairperson Meet Manager
 - (2) Referee Ex-officio
 - (3) Diving referee Ex-officio
 - (4) Other knowledgeable swimming and diving persons to comprise an additional number of committee members (5 recommended)
- b. Meet Referee
- c. Starter
- d. Stroke Inspectors (at least two)
- e. Turn Judges (at least two)
- f. Chief Timer
- g. Head Lane Timer (one per lane)
- h. Diving Referee
- i. Diving Judges (5 or 7 recommended)
- j. Announcer
- k. Scorer and Recorders
- 1. Clerk of Course
- m. Timers
- n. Meet Physician

3. Meet Workers

- a. Computer operator
- b. Xerox operator
- c. False start rope operator
- d. Runners
- e. Ticket sellers and takers
- f. Deck marshals
- g. Trainers
- h. Program sellers
- i. Concession sellers
- j. Diving announcer/clerks
- k. Locker room attendants

C. Forms to be prepared

- 1. Event entry procedures
- 2. Result sheets
 - a. Include columns for events, names, school, grade, places and time
 - b. Printed after each event at the meet
- 3. Scoring sheets
 - a. Event score
 - b. Running score
 - c. Separate for boys/girls
- 4. Diving forms
- 5. Place judges cards

- 6. Heat sheets and final sheets
 - a. Prepared after all entry blanks are returned
 - b. Columns list lanes, seeded time, name, school, grade and blanks for qualifying time and place c. Final sheets should be accompanied with a final blank scoring sheet
- 7. Job descriptions for officials and workers
- D. Equipment (14 days in advance)
 - Public address system
 - 2. Pool equipment
 - a. Lane ropes (check connection and condition of floats)
 - b. Starting blocks (check non-skid surface)
 - c. Recall rope (check trip mechanism, if any)
 - d. Back stroke flags (check condition of pennants, number, and support system)
 - e. Lap counters (check all cards-numbers)
 - f. Lane time boards (check for proper operation)
 - g. Diving boards (check support and fulcrums)
 - 3. Other equipment
 - a. Watches (batteries)
 - b. Timing mechanism
 - c. Starting gun or horn
 - d. Back-up starting gun
 - 4. Awards
 - a. Received
 - b. Correct
 - Marked for distribution
 - 5. Press coverage (five days in advance)
 - a. Call media
 - b. Make arrangements for their entry into meet
 - c. Prepare meet accommodations and results for press
 - d. Make arrangements for getting results to area media after the meet

II. MEET MANAGEMENT RESPONSIBILITIES

- A. Heat or seed meet (see National Federation Rule Book)
- B. Heat sheets typed and run off
- C. Double check pool equipment
- D. Supplies
 - 1. Pencils
 - 2. Pencil sharpener
 - 3. Carbon paper
 - 4. Paper
 - 5. Duplicating supplies
 - 6. Masking tape
 - 7. Cellophane tape
 - 8. Magic markers
 - 9. Rubber bands
 - 10. Stapler, staples
 - 11. Paper clips
 - 12. Batteries
 - 13. Gun, shells
 - 14. Hand calculator
 - 15. Scissors
 - 16. Timing mechanism, tapes for machine
 - 17. Towels
 - 18. Diving score cards
 - 19. Clip boards

- E Hospitality
 - 1. Officials
 - 2. Coaches
- F. Officials Meeting
 - 1. Conducted by Meet Referee
 - 2. Distribute job description flyers
 - 3. Check out watches by name/number
- G. Coaches Meeting
 - 1. Last minute scratches
 - 2. Meet officials
 - 3. Meeting conducted by referee
 - 4. Conduct of swimmers/coaches
- H. Locker Rooms
 - 1. Assignment
 - 2. Security
 - 3. Post signs for intended use
- I. Pool Warm-up
 - 1. Announcer/referee to supervise
 - 2. Designate lanes to be used for swimming, starts, turns, sprinting
 - 3. Use of diving pool (if separate)
- J. Team Seating
 - 1. Signs posted
 - 2. Roped off areas
- K. Awards Stand
- L. Scoreboard
 - 1. Attempt to post running scores
 - 2. Result sheets posted for swimmers, coaches and spectators

III. POST MEET RESPONSIBILITIES (immediately and day after meet)

- A. Results Distributed
 - 1. Teams
 - 2. Media
- B. Record applications for National Federation HS
- C. Financial report
- D. Payment to officials, if any
- E. File records and results
- F. Report of suggestions for meet improvement



2013-14 SWIMMING AND DIVING MAJOR RULES CHANGES

2-7-2b Track-style starting blocks with wedges are permitted.

Rationale: The change permits the use of the new design of the track-style starting platform.

3-3-3 Penalties

No longer requires the field to "step down" if a swimmer in an illegal suit is observed once on the starting blocks, but will disqualify the swimmer in violation at completion of the heat.

Rationale: With the elimination of the high-tech suits, which created a competitive advantage, it is no longer necessary to require the field to "step down" for the wearing of an illegal suit, and is appropriate to now simply disqualify at the completion of the heat.

3-5 New

Electronic devices may be used as coaching tools/aids, but shall not be used during the competition phase.

Rationale: Technology advancements in the area of electronic audio and video devices have made such items easy to use and very accessible. Their use, if not used during the actual competition when a competitor is in the pool or on the board, no longer creates an advantage or disadvantage among competitors or teams. The contest officials should be responsible for what takes place in the competition venue, and not monitoring who is using an electronic device in various locations in the facility or on the bench area, which is difficult, at best, to identify.

8-2-2c In the breaststroke, permits a single butterfly kick to follow the start or turn at any time prior to the first breaststroke kick.

Rationale: Permitting a single butterfly kick following the start or turn at any time prior to the breaststroke kick is more appropriate for the high school swimmer, and will allow greater consistency in officiating the stroke.

9-7-4e New

Clarifies how long the diver must maintain the straight-body position for the flying one and one half somersault dives.

Rationale: Clarifies how long the diver must maintain the straight-body position for the flying one and one half somersault dives, and awarding of points when the position is not held.



OFFICIAL NFHS DIVING SCORESHEET

ORDER	
9	
FINISH	
TOTAL	
POINTS	
AWARDED	
Diving	
Order	

srade School	. Date	Varsity J. V. Male Female
219	Site	
Name	Meet	Class

PRELIMS (Dives 1-5: 2 Vol. & 3 Opt.)

Dive	-	DIVE DESCRIPTION	Dive Position			an ,	JUDGES SCORES	RES	6	1	Judges	Ged of	POINTS	s E
				-	2	2	4	۵	٥	1		E E		3
													-	
	_													Ŧ
	_													H
	_													H
														H
	1	SEMI	-FINAL	S (Dive	SEMI-FINALS (Dives 6, 7, 8 2 Vol. & 1 Opt.)	8 2 V	ol. & 1	Opt.)						
														H
	_													H
														H
	. 1	FIN	ALS (D	ives 9,	FINALS (Dives 9, 10, 11 1 Vol. & 2 Opt.)	1 Vol	. & 20	pt.)						
														H
									-					H
														H
		T/C = Tuck, P/B = Pike, S/A = Straight, F/D = Free (See Back for Diving Table)	Pike, S/A	= Straig	ht, F/0 =	Free (See	Back for	Diving T	able)	TOTAL P	TOTAL POINTS AWARDED	RDED		
Signed:				ā	DUAL MEETS:	,								
	- 1	List	voluntary	dive first.	List voluntary dive first. Spaces 2-6 for optional dives	-6 for optio	nal dives							
Coach	- 1		CHAMPIO	NSHIP &	CHAMPIONSHIP & OTHER 11-DIVE MEETS:	1-DIVE ME	ETS:		Total	D.D. Volui	Total D.D. Voluntary Dives			
Referee	- 1		List dives	in each s	List dives in each section as per instructions	per instruc	tions		Total	D.D. Optic	Total D.D. Optional Dives			

ONE METER DIVING TABLE

5.8 7.0	231111111	111126	222111	:::::::	######################################
2	225881352	122222	252252	2521221	[18] [18] [18] [19] [11] [11] [18] [11] [11] [18] [11] [12] [12] [12] [12] [12] [12] [12
8	222222222	558888	******	2222222	11111181118111111111181111111111111
Dire Dies Order No.	102 Forward Dive 102 Forward 103 Forward 1	200 Back 155 200 Back 155 200 Back 155 200 Back 255 205 Back 255 212 Nying Back 155	300 Reverse One 300 Reverse 155 300 Reverse 155 300 Reverse 155 300 Reverse 155 300 Reverse 255 312 Cyling Reverse 25	403 Invand Division of the Control o	\$110 Forward Olet, 's Twist \$122 Forward 1 SS, '1 Twist \$123 Forward 1 SS, '2 Twist \$124 Forward 1 SS, '2 Twist \$125 Forward 1 SS, '2 Twist \$125 Forward 1's SS, '1 Twist \$125 Forward 1's SS, '1 Twist \$125 Forward 1's SS, '2 Twist \$125 Forward 1's SS, '2 Twist \$125 Forward 1's SS, '2 Twist \$125 Forward 1's SS, '1 Twist \$225 Forward 1's SS, '1 Twist \$225 Forward 1's SS, '1 Twist \$225 Forward 1'SS, '1 Twist \$225 Forward 1'SS, '1 Twist \$225 Forward 1'SS, '1 Twist \$225 Forward 1 SS, '1 T

Instructions for Use

- Refer to diving table provided on the left to complete the diving scoresheet.
- 2. For each dive, write the dive's number, position and degree of difficulty in the space provided, circle the voluntary dive number; sign the scoresheet, then have the coach sign it. Total the degree of difficulty for voluntary and optional dives at the bottom of the diving
- The cumulative total of the actual degree of difficulty (dd) for the five voluntary dives shall not exceed 9.0.For meets requiring cancellation of high and low judge's scores, the scorer circles those scores which will be used in establishing the
 - score for that dive.
 - 5. The scorer keeps the diver's cumulative running score on the second line of each dive's Points Awarded column.
 - The diving referee checks the scorer's tabulation and signs the scoresheet.
 - For further information and reference, see sample scoresheet below.

OFFICIAL NFHS DIVING SCORESHEET

ы ENSEN PL

	Date 12-1-2001	Female X
14.9.		Male
. Carmel H.5		7.7
School	me! H.S	×
Grade 1	She Carr	Warshy
Jonna Stewart	celonals	entor

Meet Class Name ...

96.10	8
PONTS 3	Darling Carber

Don Don Don Don DONE DESCRIPTION 1 302 Reverse 1ss 2 (302) Forward 18 se 3 (201) Back Dive 18 Twist 5 (201) Back Dive 5 Twist 5 (201) Back Dive 5 Twist 5 (201) Inward Doe 1 Twist 5 (201) Inward Dive 18 se 15 (201) Inward Dive 18 se 2 Twists 10 (201)	PREU	PRELIMS (Diver 1-5: 2 vol. & 3 upt.)	2.00.0			I	I		I	l	
1022 Reverse 1 see 1022 Forward 114 see 1022 Forward 114 see 1021 Inward 1 see 1031 Reverse Dive 1035 Forward 214 se 1035 Forward 214 se 1035 Forward 214 se 1035 Forward 214 se				on	AUDOCES SCORES	£			Militar	ğu	POINTS
102 Reverse 188 102 Forward 114 69 103 Forward 100 14 Twist 103 Forward 160 - 1 Twist 104 Forward 214 69 105 Forward 214 69 105 Forward 214 69 105 Forward 214 69 105 Forward 214 69	Neghou	-	2		•	s	100	1	Jegg	ĕ	KWARDED
COS Forward 1% se 202 Inward 16 % Twist 203 Back Dive 502 Forward 16 % 1 Twist 503 Raverse Dive 503 Back 1% se 603 Inward Dive 1% se 503 Forward Dive 1% se	æ	9	6.5	6.0	5.5	9	9	6.5	10	1.8	3 5 5 5
200) Back Dive 15 Twist 200) Back Dive 15 Twist 200) Back Dive 105 Forward 2% ss 200 Back 1% ss 200 Inward Dive 1% ss 200 Inward Div	٢	7	7	(7.5)	в	0	в	(7.5)	22	1,6	
200) Back Dive 200) Rack Dive 302) Forward 166 - 1 Twist 300) Raverse Dive 305 Forward 2% ss 400) Inward Dive 1% ss 400) Inward Dive 1% ss	es.	0	0	9	7	(B.5)	6.5	7	20.5	1.8	
201) Back Dive 301) Raverse Dive 303) Raverse Dive 105 Forward 2% ss 205 Back 1% ss 301) Inward Dive 1% ss - 3034 Forward Dive 1% ss -	7	θ	7	6.5	7	0	6.9	0	20.5	-	
30) Reverse Dive 105 Forward 2% ss 205 Back 1% ss 207 Invand Dive 1% ss 3034 Forward Dive 1% ss -	9	S	5	θ	55	9	6.9	ଦ୍ଧ	15.5	1.7	
300) Raverse Dive 300) Raverse Dive 105 Forward 2% ss 205 Back 1% ss 300) Inward Dive 1% ss -	SEMI-FINALS (Dives 6, 7, 8 2 Vol. & 1 Opt.)	LS (Dive	£ 6. 7.	8-2 V	1.8.1	Opt.)					
30) Raverse Dive 105 Forward 2% ss 205 Back 1% ss 30) Inward Dive 1% ss - 5134 Forward Dive 1% ss -	4	e	e	5.5	5.5 5.5 (6)	(0)	9	9	13	5	
205 Forward 2% 95 205 Back 1% 95 304 Inward Dive 1% 65 -	0	6	B	6.5	0	6.5	7	7	21	1.7	7 3 5 6 3
203 Back 1% ss (20) Inward Dive 5134 Forward Dive 1% ss.	۵	ø	9	5.5	0	9	<u></u>	ø	18	2.6	7 3 3 5 5
203 Back 1% ss 201 Invard Dive 5134 Forward Dive 1% ss -	FINALS (Diver 9, 10, 11 1 Vol. & 2 Opt.)	Ohene 9.	10,11	- 1 Vol	. \$ 20	æ					
5334 Forward Dive 156 65 - 5734 Forward Dive 156 65 - 5734	6.	9	(9)	3	5.5	5.5	Ð,	a	Ð	23	3 2 2
334 Forward Dive 18 65	۵	B	0	(7.5)	7	7	в	7.5	21.5	1.5	
Done Street	2 Twists F	3	କ୍ର	6	a	æ	ю	S)	Ð	26	-
A	R.C Sach, P.S Film, S.M Stratgel, F.D Free Class Sack for Diving Tables	A. Shrip	8	1	fact by	Diving In	9	TOTAL P	TOTAL POINTS AWARDED	01010	3,8610
Peres Ch. C. C.	DUAL, METTE: Libi relating the first, Spoon 24 for applicat their CHAMPACAN & OTHER TO DIVE METT: Use their lasts section as per behandless	DUAL METTE. SUMMANDESSE & GENERAL TO BY SECTION IN DIMENSESSE & GENERAL TO BY METTE. UR SWIS IN 11th SWEET 18 FOR METODISM	DUAL METTE first. Spaces 2 or & ethicits to tch society as	A for opfi S-BME M per feative	ond Been STR: closs		20 20	D.D. Vela D.D. Opti	Soul D.D. Volumbry Ches Total D.D. Optional Dives		12.7



OF STATE HIGH SCHOOL ASSOCIATIONS 800-776-3462 (to order these sheets) INDIANAPOLIS, IN 46206 NATIONAL FEDERATION Phone: 317-972-6900 PO 80X 690



HIGH SCHOOL SWIMMING RECORD APPLICATION



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS PO Box 690 Indianapolis, Indiana 46206 Phone: 317-972-6900

Note: Fill out completely and in triplicate and send within 28 days from the date of performance to your state high school association. When a national record is involved, the state association will forward two copies to the National Federation of State High School Associations for consideration.

		Date of	Application: _		, 20
l.	Full name of competitor for whom record is claimed. Give all full names if swimmer in either of the two freestyle relays (200-Yard Freestyle Relay; a record, provided that, prior to the race, meet administration is notified that leadoff swimmer desires his or her split time from that particular relay. The swimmer only (not the times of the subsequent three swimmers in a relay)	100-Yard Free: t the swimmer e NFHS would	style Relay) car is going for a r	n be recognized national record, a	as a national and that the
		Age in:	Yrs	Mo	
		Age in:	Yrs	Mo.	
		Age in:	Yrs	Mo	
	Competitor's School: Address:				
	School: Address:	(City)	(State)	
II.	Name of Event: In Yard	s □: Meters	□ Date of	Performance:	
		- - ,			
	Site:(Pool) (City)			(State)	· · · · · · · · · · · · · · · · · · ·
III.	Time Achieved: (Times must be recorded using an FAT system only)				
IV.	Type of Record: Girls High School □; Boys High School □				
V.	Type of Meet: ☐ Championship (a culminating meet for a particular level, such a ☐ Dual	as state, regio	on, section, ar	nd district)	
	☐ Nonchampionship Multischool				
	The above information is someth				
VI.	The above information is correct	(Signature of Co	ompetitor's Coac	:h)
VII.	The competitor(s) is an eligible member of the team representing the performance are correct as indicated above.	the school he	e/she attends	and all facts c	oncerning
	-	(Sign	ature of Princip	oal of the High S	chool)
VIII	.The event was sanctioned by the home state high school associa in compliance with rules of the National Federation of State High			ools and was o	conducted
		(Signatu	re of State Asso	ociation Executiv	ve Officer)