



## **2010-11 UIL Rule Changes**

### **GENERAL**

- Allow summer strength and conditioning programs to include incoming seventh and eighth graders. (Effective
- Allow a school or school district the ability to designate start and end dates for summer strength and conditioning not to exceed a six-week period during the summer.
- Require all coaches to complete an UIL Rules Compliance Program (RCP) as a replacement for the COPE program.
- Change the deadline for submitting district entry blanks in the sports of golf, swimming, tennis and track & field to five (5) days prior to the district contest.
- Alter part of the penalty for a coach ejected from a contest or a football coach who receives two or more unsportsmanlike conduct penalties in a contest.
- Amend the interpretation of the Amateur Rule to allow food items to athletes, with school approval.
- Alter the requirement relating to student teachers eligibility to coach at UIL member school districts.
- Alter and expand upon the current allowance for disability accommodations.

### **FOOTBALL**

- Selection of pre-determined sites for state championship games in Conferences 1A-4A beginning with 2010-2011 school year.
- In Conference 2A football, participating schools will be divided into two divisions prior to season.
- In Conference 1A and 2A football, three teams from district will advance into the playoffs.

### **TRACK & FIELD**

- Allow the selection of one additional individual and/or relay team in each event to advance from the regional meet to state.

### **JUNIOR HIGH**

- Allow three games in a one-day tournament scheduled on Saturday in the sports of basketball, soccer, softball and baseball.

**Unless noted otherwise, effective August 1, 2010**