

2016 STATE TRACK AND FIELD MAY 12-14, 2016 MIKE MYERS TRACK COMPLEX

| CONFERENCE 3A FIELD EVENTS | | | | | |
|----------------------------|------------|--------------|------------|------------|--|
| | GIRLS | | BOYS | | |
| DATE | Time | Field Events | Date | Time | |
| Thur. 5/12 | 5:00 p.m. | High Jump | Thur. 5/12 | 6:30 p.m. | |
| Thur. 5/12 | 6:30 p.m. | Discus | Thur. 5/12 | 5:00 p.m. | |
| Fri. 5/13 | 8:00 a.m. | Triple Jump | Fri. 5/13 | 10:00 a.m. | |
| Fri. 5/13 | 10:00 a.m. | Shot Put | Fri. 5/13 | 11:00 a.m. | |
| Fri. 5/13 | 3:00 p.m. | Pole Vault | Fri. 5/13 | 1:00 p.m. | |
| Fri. 5/13 | 2:00 p.m. | Long Jump | Fri. 5/13 | 4:00 p.m. | |

| Thursday, May 12, 2016 7:00pm - TRACK RUNNING EVENTS 3A | | | | |
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| 3200 Girls: 7:00 p.m. | | | | |
| 3200 Boys: 7:20 p.m. | | | | |
| Friday, May 13, 2016 6:00pm - TRACK RUNNING EVENTS - 3A & WC | | | | |
| Time | Event | | | |
| 6:00pm | 400m Relay | | | |
| 6:20pm | 800m Run | | | |
| 6:45pm | 100m Girls Hurdles & 110m Boys Hurdles | | | |
| 7:05pm | 100m Dash | | | |
| 7:25pm | 100m Wheelchair | | | |
| 7:45pm | 800m Relay | | | |
| 8:05pm | 400m Dash | | | |
| 8:25pm | 400m Wheelchair | | | |
| 8:45pm | 300m Hurdles | | | |
| 9:15pm | 200m Dash | | | |
| 9:45pm | 1600m Run | | | |
| 10:15pm | 1600m Relay | | | |