



# UIL Region 1 4A & 5A Spring Meet

## ATHLETICS HANDBOOK

Texas Tech University is privileged to host the Region 1 Class 4A & 5A Spring Meet Competitions of the University Interscholastic League (UIL). Texas Tech University began its partnership with the UIL as early as 1938 and continues to provide member schools with the highest quality regional competitions.

A successful competition begins with prompt filing, fee payment and reporting of district results and qualifiers to regional. It is the responsibility of each District Chair to submit their payment prior to the Spring Meet.

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**Spring Meet Director:** Texas Tech University-UIL  
O: 806-742-2350 Box 45035 | Doak Hall Rm 118  
M: 806-549-7773 Lubbock, Texas 79409-5035  
[tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)

**Tennis Director:** Tim Cocharan 806-674-8297  
[tenncoach1@gmail.com](mailto:tenncoach1@gmail.com)

**Golf Directors:** 4A Kriss Ethridge 806-789-4774  
[kriss.ethridge@lubbockisd.org](mailto:kriss.ethridge@lubbockisd.org)

5A Junior Ashmore: 806-292-2989  
[juniorashmore13@gmail.com](mailto:juniorashmore13@gmail.com)

**Track & Field Director:** Mike Meeks O: 806-219-0102  
[mike.meeks@lubbockisd.org](mailto:mike.meeks@lubbockisd.org) M: 806-239-4791

**LINKS:**

[University Interscholastic League \(UIL\)](#)

**Texas Tech University - University Interscholastic League**

**Physical Address:**

Texas Tech University - UIL  
Doak Hall  
2518 15th Street Room 118  
Lubbock, Texas 79409

**Mailing Address:**

Box 45035  
Lubbock, Texas 79409-5035

Senior Director:	Cory Powell		cory.powell@ttu.edu
Business Manger:	Cindy Villegas	806-742-2350	cindy.villegas@ttu.edu
Athletics Coordinator	Tommy Simmons	806-549-7773	tommy.simmons@ttu.edu
	Kyle Bean	806-241-4700	kybean@ttu.edu
Academics Coordinator	Jack Barton		jack.barton@ttu.edu



## UIL Region 1



### 4A & 5A Spring Meet Competition April-May 2024

*Participant Entry Fees Breakdown per/UIL District*

<b>Boys Golf Tournament</b>	<b>April 15-16, 2024</b> \$130.00 per qualifier (12)	\$1,560.00
<b>Girls Golf Tournament</b>	<b>April 17-18, 2024</b> \$130.00 per qualifier (12)	\$1,560.00
<b>Girls Track &amp; Field Meet</b>	<b>April 19-20, 2024</b> \$25.00 per qualifier/per event (52)	\$1,300.00
<b>Boys Track &amp; Field Meet</b>	<b>April 19-20, 2024</b> \$25.00 per qualifier/per event (52)	\$1,300.00
<b>Academic Meet</b>	<b>April 26-27, 2024</b> \$30.00 per qualifier/per event (109) (includes Judges Fees)	\$3,270.00
<b>Tennis Tournament</b>	<b>May 8-11, 2024</b> \$25.00 per qualifier (16)	<u>\$ 400.00</u>

***Total Amount Due (per UIL District Chair) \$9,390.00***

*Note: One-Act Play fees are not included and are paid separately*

**Make Checks Payable to:** Texas Tech University - UIL  
**Mail Checks to:** Texas Tech University - UIL  
Box 45035  
Lubbock, Texas 79409-5035  
**Call:** 806-742-2350 **Email:** [tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)



**Spring Meet Entry Fees are Due: Friday, April 5, 2024**





## **4A Region 1 Golf Championships**

**Boys: April 15-16, 2024**

**Girls: April 17-18, 2024**

**Shadow Hills Golf Course**

6002 3<sup>rd</sup> Street

Lubbock, Texas

Pro Shop: 806-793-9700

[website](#)

**Tournament Director:** Kriss Ethridge  
806-789-4774  
[kriss.ethridge@lubbockisd.org](mailto:kriss.ethridge@lubbockisd.org)

**Regional Director:** Texas Tech University  
University Interscholastic League  
[tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)

### **UIL Video Regulations**

- No live streaming
- Recording is permitted, but video is not reviewable by any player during tournament competition.

### **UIL Regional Tournament Apparel & Merchandise**

*Design Warehouse*  
custom clothing

[Shop Here](#)

### **Lubbock Visitor Information**

[Click Here](#)

**LUBBOCK**  
SPORTS





# Guidelines & Regulations

## **Spectator/Parents Rules**

- Must always stay on cart path.
- May not walk with players and must always maintain distance from all players/groups during play.
- Always prohibited from scoring areas.
- Never allowed to give players snacks/drinks/etc during play.
- Never allowed to coach or give advice to players during play.
- Never allowed shuttle players. (EXCEPTION: If play has been suspended during inclement weather, players may be shuttled to safety)
- SPECTATORS are allowed to assist players in locating a lost ball.

## **Gallery Carts**

- Gallery carts for practice rounds and tournament play are limited.
- Gallery carts are available on a first come first served basis at \$40 per cart.
- The pro shop will open at 6:30am.

## **Practice Rounds**

- Qualifiers may play only one practice round at Shadow Hills GC after their district tournament.
- Designated Team/Medalist Practice Round:
  - Boys-Sunday April 14, 2024, at 12:00 Noon (Progressive Start)
  - Girls-Tuesday, April 16, 2024, at 4:00 PM (Shotgun Start)
    - Tee times will be assigned for the designated Team/Medalist Practice Rounds
- Teams/Medalists are encouraged to take your one practice round prior to the designated Team/Medalist Practice Round to alleviate congestion. Please cancel your assigned tee time on those designated days if you choose to practice ahead of time.
- Assigned tee times are subject to change until the designated practice day.
- All practice rounds and carts can be arranged through the pro shop.
- Practice round green fees and cart fees will be paid directly to Shadow Hills GC.
- Practice round green fees are \$40 per player.
- Carts are available during the practice round at \$10 per rider.
- Qualifiers only, play the practice round. Parents are not allowed to play with qualifiers.
- Balls will be provided on the range before the practice round. (open spots)
- Practice areas are not regulated, and open at 7:00am.
- **Please present tax-exempt form on all payments made to Shadow Hills GC**

## **Food & Beverage**

- Kitchen will open at 7am, coffee will be available.
- **Please present tax-exempt form on all payments made to Shadow Hills GC**

## **Regional Tournament Competition**

- **Round 1:**

- Teams/Medalists will be ranked by district scores to set tee times.
- Teams 1-8 and Medalists 1-8 will begin play on the #1 tee.
- Teams 9-16 and Medalists 9-16 will begin play on the #10 tee.

**#1 Tee:**

8:00-8:40 Teams 1-4  
8:50-9:30 Teams 5-8  
9:40 Medalists 1-4  
9:50 Medalists 5-8

**#10 Tee:**

8:00-8:40 Teams 9-12  
8:50-9:30 Teams 13-16  
9:40 Medalists 9-12  
9:50 Medalists 13-16

- **Round 2:**

- Teams/Medalists will be ranked by round 1 scores to set tee times.
- Teams 1-8 and Medalists 1-8 will begin play on the #1 tee.
- Teams 9-16 and Medalists 9-16 will begin play on the #10 tee.

**#1 Tee:**

8:00-8:40 Teams 1-4  
8:50-9:30 Teams 5-8  
9:40 Medalists 1-4  
9:50 Medalists 5-8

**#10 Tee:**

8:00-8:40 Teams 9-12  
8:50-9:30 Teams 13-16  
9:40 Medalists 9-12  
9:50 Medalists 13-16

NOTE: In case of 2 medalists from the same school, those medalists will not be paired in the same group but will tee off from the same hole.

NOTE: Tee times and groupings WILL NOT be given out over the pro shop phone!

## **Trainers**

- Certified Trainers will be available on site.



## **Dress Regulations**

- School approved, proper golf attire required.

## **Disqualifications**

- Any player disqualified for unsportsmanlike conduct is eliminated from that round only.
- Unsportsmanlike conduct is defined as profane/vulgar and/or abusive language audible to others; carelessly and/or deliberately throwing clubs; verbalizing with intent of intimidation; or exhibiting behavior not in accordance with the spirit of fair play.
- First consideration of penalty should be per USGA rules. If the golfer's actions warrant, penalty may be disqualification for the round or the entire tournament, to be determined by the tournament director.
- Unsportsmanlike conduct or rules violations concerning contact with players will result in removal from the premises.

## **Electronic Equipment**

- Range finders (all types such as GPS, watches, etc) are the only electronic equipment allowed.
- Range finders that measure distance only may be used. Range finders with functions in addition to distance measurement are illegal.
- Violation of rules regarding electronic equipment will result in:
  - First offense: Warning administered.
  - Second offense: Disqualification from the round.

## **Protests**

- A protest can only be submitted by a player or the player's coach/school representative.
- A protest must be submitted prior to scores being designated as final by the tournament director.

## **Coaching Rule**

- The coach may engage with player(s) from tee to green.
  - Once a player steps onto the green, no coaching is allowed until the entire group has completed the hole.
  - Only one coach is allowed per Team/Medalist

## **Penalty Structure**

- First offense: Warning
- Second offense: A one stroke penalty and loss of coaching privileges.
- Third offense: Disqualification of the player for the entire tournament.

## **Coach Checklist**

- District Certification Deadline: Wednesday, April 10, 2024
- District Tournament Results submitted by tournament director or district chair.
  - [https://www.uiltexas.org/files/athletics/District\\_Golf\\_Results\\_Form.pdf](https://www.uiltexas.org/files/athletics/District_Golf_Results_Form.pdf)
  - Submit the form by email: [tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)
- Contact the tournament director with any team roster changes.
- **Boys Coaches Meeting: 4:00 PM Sunday, April 14, 2024-Shadow Hills GC**
- **Girls Coaches Meeting: 4:00 PM Tuesday, April 16, 2024-Shadow Hills GC**



## **5A Region 1 Golf Championships**

**Boys: April 15-16, 2024**

**Hillcrest Country Club**

4011 N. Boston Ave

Lubbock, Texas

Pro Shop: 806-765-5208

[website](#)

**Girls: April 17-18, 2024**

**Lakeridge Country Club**

8802 Vicksburg

Lubbock, Texas

Pro Shop: 806-794-4444

[website](#)

**Tournament Director:**

**Junior Ashmore**

**806-292-2989**

[juniorashmore13@gmail.com](mailto:juniorashmore13@gmail.com)

**Regional Director:**

**Texas Tech University**

**University Interscholastic League**

[tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)

### **UIL Video Regulations**

- No live streaming
- Recording is permitted, but video is not reviewable by any player during tournament competition.

### **UIL Regional Tournament Apparel & Merchandise**

***Design Warehouse***  
***custom clothing***

[Shop Here](#)

### **Visitor Information**

[Click Here](#)

**LUBBOCK**  
**S P O R T S**



## Boys Tournament Guidelines & Regulations

### **Spectator/Parents Rules**

- Must always stay on cart path.
- May not walk with players and must always maintain distance from all players/groups during play.
- Always prohibited from scoring areas.
- Never allowed to give players snacks/drinks/etc during play.
- Never allowed to coach or give advice to players during play.
- Never allowed shuttle players. (EXCEPTION: If play has been suspended during inclement weather, players may be shuttled to safety)
- SPECTATORS are allowed to assist players in locating a lost ball.

### **Gallery Carts**

- Gallery carts for practice rounds and tournament play are limited.
- Gallery carts are available on a first come first served basis at \$40 per cart.
- The pro shop will open at 6:45am.

### **Practice Rounds**

- Qualifiers may play only one practice round at Hillcrest CC after their district tournament.
- All practice rounds and carts can be arranged through the pro shop.
- Practice round green fees and cart fees will be paid directly to Hillcrest CC.
- Practice round green fees are \$30 per player.
- Carts are available during the practice round at \$18 per rider.
- Tee times for practice rounds played on Sundays will begin at 2pm.
- Qualifiers only, play the practice round. Parents are not allowed to play with qualifiers.
- Balls will be provided on the range before the practice round. (open spots)
- Practice areas are not regulated, and open at 6:45am.
- **Please present tax-exempt form on all payments made to Hillcrest CC**

### **Food & Beverage**

- Kitchen will be open at 7am, coffee will be available.
- Player/Coach meals can be arranged with the club in advance.
- **Please present tax-exempt form on all payments made to Hillcrest CC**

## **Regional Tournament Competition**

- **Round 1:**

- Teams/Medalists will be ranked by district scores to set tee times.
- Teams 1-8 and Medalists 1-8 will begin play on the #1 tee.
- Teams 9-16 and Medalists 9-16 will begin play on the #10 tee.

**#1 Tee:**

8:00-8:40 Teams 1-4

8:50-9:30 Teams 5-8

9:40 Medalists 1-4

9:50 Medalists 5-8

**#10 Tee:**

8:00-8:40 Teams 9-12

8:50-9:30 Teams 13-16

9:40 Medalists 9-12

9:50 Medalists 13-16

- **Round 2:**

- Teams/Medalists will be ranked by round 1 scores to set tee times.
- Teams 1-8 and Medalists 1-8 will begin play on the #1 tee.
- Teams 9-16 and Medalists 9-16 will begin play on the #10 tee.

**#1 Tee:**

8:00-8:40 Teams 1-4

8:50-9:30 Teams 5-8

9:40 Medalists 1-4

9:50 Medalists 5-8

**#10 Tee:**

8:00-8:40 Teams 9-12

8:50-9:30 Teams 13-16

9:40 Medalists 9-12

9:50 Medalists 13-16

NOTE: In case of 2 medalists from the same school, those medalists will not be paired in the same group but will tee off from the same hole.

NOTE: Tee times and groupings WILL NOT be given out over the pro shop phone!

## **Trainers**

- Certified Trainers will be available on site.



## **Dress Regulations**

- School approved, proper golf attire required.

## **Disqualifications**

- Any player disqualified for unsportsmanlike conduct is eliminated from that round only.
- Unsportsmanlike conduct is defined as profane/vulgar and/or abusive language audible to others; carelessly and/or deliberately throwing clubs; verbalizing with intent of intimidation; or exhibiting behavior not in accordance with the spirit of fair play.
- First consideration of penalty should be per USGA rules. If the golfer's actions warrant, penalty may be disqualification for the round or the entire tournament, to be determined by the tournament director.
- Unsportsmanlike conduct or rules violations concerning contact with players will result in removal from the premises.

## **Electronic Equipment**

- Range finders (all types such as GPS, watches, etc) are the only electronic equipment allowed.
- Range finders that measure distance only may be used. Range finders with functions in addition to distance measurement are illegal.
- Violation of rules regarding electronic equipment will result in:
  - First offense: Warning administered.
  - Second offense: Disqualification from the round.

## **Protests**

- A protest can only be submitted by a player or the player's coach/school representative.
- A protest must be submitted prior to scores being designated as final by the tournament director.

## **Coaching Rule**

- The coach may engage with player(s) from tee to green.
  - Once a player steps onto the green, no coaching is allowed until the entire group has completed the hole.
  - Only one coach is allowed per Team/Medalist

## **Penalty Structure**

- First offense: Warning
- Second offense: A one stroke penalty and loss of coaching privileges.
- Third offense: Disqualification of the player for the entire tournament.

## **Coach Checklist**

- District Certification Deadline: Wednesday, April 10, 2024
- District Tournament Results submitted by tournament director or district chair.
  - [https://www.uiltexas.org/files/athletics/District\\_Golf\\_Results\\_Form.pdf](https://www.uiltexas.org/files/athletics/District_Golf_Results_Form.pdf)
  - Submit the form by email: [tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)
- Contact the tournament director with any team roster changes.
- **Coaches Meeting: 6:00 PM      Sunday, April 14, 2024-Hillcrest CC**



## Girls Tournament Guidelines & Regulations

### **Spectator/Parents Rules**

- Must always stay on cart path.
- May not walk with players and must always maintain distance from all players/groups during play.
- Always prohibited from scoring areas.
- Never allowed to give players snacks/drinks/etc during play.
- Never allowed to coach or give advice to players during play.
- Never allowed shuttle players. (EXCEPTION: If play has been suspended during inclement weather, players may be shuttled to safety)
- SPECTATORS are allowed to assist players in locating a lost ball.

### **Gallery Carts**

- Gallery carts for practice rounds and tournament play are limited.
- Gallery carts are available on a first come first served basis at \$25 per cart.
- The pro shop will open at 6:45am.
- No private carts allowed at Lakeridge.

### **Practice Rounds**

- Qualifiers may play only one practice round at Lakeridge CC after their district tournament.
- All practice rounds and carts can be arranged through the pro shop.
- Practice round green fees and cart fees will be paid directly to Lakeridge CC.
- Practice round green fees are \$75 per player, including cart.
- No practice rounds played on Sundays.
- Tee times will be available on Tuesday, April 16, beginning at 12:30pm
- Qualifiers only, play the practice round. Parents are not allowed to play with qualifiers.
- Balls will be provided on the range before the practice round. (open spots)
- Practice areas are not regulated, and open at 6:45am..
- **Please present tax-exempt form on all payments made to Lakeridge CC**

### **Food & Beverage**

- Kitchen will be open at 7am-2pm, coffee will be available.
- Player/Coach meals can be arranged with the club in advance.
- No food/drinks from outside restaurants will be allowed in the club.
- **Please present tax-exempt form on all payments made to Lakeridge CC**  
(students/school personnel only on tax exempt charges)



## **Parking**

- Overflow parking available down Vicksburg Street.
- No trailer/RV parking available.

## **Regional Tournament Competition**

- **Round 1:**

- Teams/Medalists will be ranked by district scores to set tee times.
- Teams 1-8 and Medalists 1-8 will begin play on the #1 tee.
- Teams 9-16 and Medalists 9-16 will begin play on the #10 tee.

**#1 Tee:**

8:00-8:40 Teams 1-4

8:50-9:30 Teams 5-8

9:40 Medalists 1-4

9:50 Medalists 5-8

**#10 Tee:**

8:00-8:40 Teams 9-12

8:50-9:30 Teams 13-16

9:40 Medalists 9-12

9:50 Medalists 13-16

- **Round 2:**

- Teams/Medalists will be ranked by round 1 scores to set tee times.
- Teams 1-8 and Medalists 1-8 will begin play on the #10 tee.
- Teams 9-16 and Medalists 9-16 will begin play on the #1 tee.

**#1 Tee:**

8:00-8:40 Teams 9-12

8:50-9:30 Teams 13-16

9:40 Medalists 9-12

9:50 Medalists 13-16

**#10 Tee:**

8:00-8:40 Teams 1-4

8:50-9:30 Teams 5-8

9:40 Medalists 1-4

9:50 Medalists 5-8

NOTE: In case of 2 medalists from the same school, those medalists will not be paired in the same group but will tee off from the same hole.

NOTE: Tee times and groupings WILL NOT be given out over the pro shop phone!

## **Trainers**

- Certified Trainers will be available on site.



## **Dress Regulations**

- School approved, proper golf attire required.

## **Disqualifications**

- Any player disqualified for unsportsmanlike conduct is eliminated from that round only.
- Unsportsmanlike conduct is defined as profane/vulgar and/or abusive language audible to others; carelessly and/or deliberately throwing clubs; verbalizing with intent of intimidation; or exhibiting behavior not in accordance with the spirit of fair play.
- First consideration of penalty should be per USGA rules. If the golfer's actions warrant, penalty may be disqualification for the round or the entire tournament, to be determined by the tournament director.
- Unsportsmanlike conduct or rules violations concerning contact with players will result in removal from the premises.

## **Electronic Equipment**

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- Range finders that measure distance only may be used. Range finders with functions in addition to distance measurement are illegal.
- Violation of rules regarding electronic equipment will result in:
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  - Second offense: Disqualification from the round.

## **Protests**

- A protest can only be submitted by a player or the player's coach/school representative.
- A protest must be submitted prior to scores being designated as final by the tournament director.

## **Coaching Rule**

- The coach may engage with player(s) from tee to green.
  - Once a player steps onto the green, no coaching is allowed until the entire group has completed the hole.
  - Only one coach is allowed per Team/Medalist

## **Penalty Structure**

- First offense: Warning
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- Third offense: Disqualification of the player for the entire tournament.

## **Coach Checklist**

- District Certification Deadline: Wednesday, April 10, 2024
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  - Submit the form by email: [tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)
- Contact the tournament director with any team roster changes.
- **Coaches Meeting 6:00 PM Tuesday, April 16, 2024-Lakeridge CC**



## 4A-5A Region 1

# Track & Field Championships

Friday & Saturday, April 19-20, 2024

Lowrey Field at PlainsCapital Park, Lubbock

1301 66th Street, Lubbock

 Lowrey Field at Plains Capital Park



Meet Schedule: [Click here for Meet Schedule](#)

General Admission Only: Adult \$10 / Student \$5

Cashless Entry Only [Advanced Ticket Link Here](#)

**Clear Bag Policy in Effect (Click here for Details)**

### Gates:

- Spectators-Gate 1 on the WEST side
- Coaches-Gate 3 EAST side/Gate 2 WEST side  
(wristband required for free admission)
- Qualifiers-Gate 3 EAST side (**must show Race Bib**)
- **No Passes Accepted**

### Spectator Seating:

- WEST side bleachers (East side bleachers for Team Camps)
- All sound producing electronic devices will be prohibited in the bleachers.
- NO banners, posters, signs, megaphones, pep bands or instruments, horns, mechanical noisemakers, large flags, flash cameras, glitter, confetti, etc.
- TTU and LISD shall not be responsible for lost, stolen, or damaged property.
- No spectators allowed on the field at any time.

### T-Shirts and Merchandise:

[SHOP | UIL and School](#)

*Design Warehouse*  
custom clothing



**LUBBOCK**  
SPORTS

## Media Requests:

- All press members must present credentials at Gate 1 WEST side.
- To arrange for press clearance, please contact Tommy Simmons

O:806-742-2350 M:806-549-7773 [tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)

**UIL Directive:** No live streaming permitted unless approved by TTUIL Office. Media outlets interested in telecasting a playoff contest in any sport except for football must complete this form before noon the day before the contest. [Non-Football Sublicensee Playoff Telecast Request](#)

**Meet Officials & Staff Meals Provided by:** [Lubbock Sports](#)



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<b>Meet Director:</b>	Mike Meeks O 806-219-0102 M 806-239-4791	Lubbock ISD <a href="mailto:mike.meeks@lubbockisd.org">mike.meeks@lubbockisd.org</a>
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<b>Regional Director:</b>	Texas Tech University-UIL 806-742-2350 Tommy Simmons M: 806-549-7773 Kyle Bean M: 806-241-4700	<a href="mailto:tommy.simmons@ttu.edu">tommy.simmons@ttu.edu</a> <a href="mailto:kybean@ttu.edu">kybean@ttu.edu</a>
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**Bus Parking:** Bus parking will be in the NORTHEAST parking lot.

**Official Time:** All times are central standard time. Official time can be found at [Time.gov](http://Time.gov)

## Practice Times at Lowrey:

- 2:00 PM - 8:00 PM Gates will be open for workouts.

## ★Area Meet Directors:

- Online Entries will be accepted on
- [DirectAthletics.com Upcoming Meets](#)

**UIL Region 1 4A/5A Track & Field (Lubbock, Texas)**

[Click here UIL Track & Field Wheelchair Division Entry Form](#)



## Coaches

Send DISTRICT or AREA meets Track & Field Results [click here\(pdf\)](#)

Email: [mike.meeks@lubbockisd.org](mailto:mike.meeks@lubbockisd.org)

### Race Packets:

- Coaches' meet packets may be picked up at one of two times.
  - Thursday, April 18, 2024 from 7:00 – 9:00 PM at the Southwest gate (Gate 2) of PlainsCapital Park at 66th Street & Avenue P
  - Friday morning, April 19, 2024 after 7:30 a.m. at the Northeast Gate (Gate #3) athletes gate located northeast at PlainsCapital Park

### Coaches Reports:                      All Forms are provided in the links below

- **Notifying Alternates:**
  - Coaches if you have a qualifier that will not compete in the qualifying event at regionals, it is your responsibility to contact the coach of the 5th place contestant from the area meet in order to fill the vacancy.
  - Both coaches must contact the Meet Director ASAP  
Mike Meeks 806-219-0103
- **Roster:**
  - DUE MONDAY, APRIL 15, 2024 at 5:00PM  
[Click here for Roster Form](#)
- **Relay Declarations:**
  - Relay teams must be declared by 5:00 pm, Monday, April 24, 2023, by submitting the appropriate declaration form.  
[Click here for Relay Declaration Form](#)

### Coaches Compliance Form:

\*Please fill out one per school and submit at packet pickup

[Click here for Coaches Compliance Form](#)

### Facility Map:

[Click here for PlainsCapital Park Map](#)

### Scratches / Adds:

- DUE MONDAY, APRIL 15, 2024 at 5:00PM
- Any scratch/adds after Monday will not be included in the Regional Media guide.
- Coaches who scratch an athlete are responsible for notifying the next place qualifying athlete's coach of the scratch. Both coaches should submit a scratch/add form.
- Scratch/Adds made by coaches prior to the Monday, April 25<sup>th</sup> 5:00 pm deadline can be entered into Direct Athletics before closing. A Scratch/Add form must still be submitted.

[Click here for Scratch/Add Form](#)

UIL regional qualifiers who were scratched and relinquished their spot to an alternate are **not eligible to be reinstated**. Scratches or changes, for any reason, cannot be reversed.

**Exception:** *Relays qualify as a school. Therefore, relay substitutions shall be allowed.*

### PlainsCapital Park Track:

- Coaches will not be allowed on the track or infield during competition.
  - EXCEPTIONS:
    - Coaches may assist with HJ marks until 1st call for field events.
    - Coaches may assist with relay marks from the end of the morning session until 1st call for running events in the afternoon session.
- Coaches may not review pictures of finishes. The Meet Referee must be contacted to resolve discrepancies or photo finishes.
- Protests must be filed in writing within 15 min. of announcement of event.

### Uniforms:

- UIL uniform rules will apply amended from the National High School Federation Rules of the current year.
- Boys must wear shorts.

### Athletic Tape:

- Must be used to spot take off markings for relays and all markings for high jump, triple jump, long jump, and pole vault!
- **Other markings (i.e. half tennis balls, chalk, etc.) are prohibited!**

**Team Camp Tents:**

- Qualifying teams set up camps in the EAST stands; NO camps or tents in the West side stands.

**No Locker Rooms Available:**

- Dress and shower facilities will not be available.

**Trainers:** Certified trainers will be available on site.

**Running Event Notes:**

- Starting blocks will be provided at the track or athletes may bring their own.
- The 200 Meter Dash will be run on the turn.
- The 800-meter runs are run on Saturday as finals.
- The 800m Run will start from an alley start.
- The 3200-meter runs will be run Friday morning at 10:30am.
- The 1600-meter runs will be run as finals after the 200-meter dashes on Saturday.
- The 'no false start rule' is in effect. Runners shall be disqualified on their first false start.
- Races with 2 heats will have the 1st place in each heat plus the next 6 best times qualifying for the finals.

**Field Event Notes:**

- Field event contestants shall assemble 1 hour prior to their event at the staging area by the south football goal post.
- Girl's triple jump will be a 28'/32' board; boy's triple jump will be a 36'/40' board.
- DISCUS and SHOT VENUE: Both 4A & 5A discus and shot shall be weighed between 7:30 and 8:30 am, at the Southwest Garage.
- The rings for Shot and Discus are concrete and require rubber sole shoes.
- A 34.92-degree sector will be used for shot and discus competition.
- Discus Throw Venue is located on the northeast side of PlainsCapital Park.
- Shot Throw Venue is located on the southwest corner of PlainsCapital Park by gate #3

- Pole Vaulters:
  - Weigh in and poles inspections shall begin 1 hour and 45 minutes prior to their scheduled vaulting event at the trainer's station.
  - Only Manufacturer's Pole Rating Marks are acceptable. The manufacturer's pole rating is to be included on the pole in a contrasting color, a minimum size of 3/4 inch, on or above the top hand-hold band.
  - The failure to have the manufacturer's 3/4-inch contrasting color weight rating band on or above the top handhold position renders the pole illegal for use in competition.
  - Etchings, serial numbers, etc., although containing pole characteristics for the manufacturer, shall not replace the pole rating manufacturer's mark. Homemade marks placed on poles are not acceptable...this includes pre-1995 poles.
  - Emphasis... a pole altered "in any fashion" shall render the pole illegal for use in competition; this applies most specifically to poles that have been cut.

**Warm-Up Area:**

[Click here for Athlete Warm-Up and Check-In Procedure](#)





## 4A-5A Region 1

# Tennis Championships HANDBOOK

**5A Date:** Wednesday & Thursday, May 8-9, 2024

**4A Date:** Friday & Saturday, Thursday, May 10-11, 2024

**Location:** McLeod Tennis Center  
Texas Tech University  
1002 Cancer Center Drive, Lubbock

[McLeod Tennis Center - Facilities - Texas Tech Red Raiders](#)

📍 McLeod Tennis Center

[McLeod Tennis Center Parking Information](#)

[Clear Bag Policy - Texas Tech Red Raiders](#)

**General Admission Only:** \$5.00 Each Day

**Texas Tech is Cashless**

[Advanced Ticket Link Here](#)

**5A Schedule:** 8:00 AM Wednesday & Thursday, May 8-9, 2024

**4A Schedule:** 8:00 AM Friday & Saturday, May 10-11, 2024

### McLeod Tennis Center Regulations:

- NO banners, posters, signs, megaphones, pep bands or instruments, horns, mechanical noisemakers, large flags, flash cameras, glitter, confetti, etc.
- No live streaming by spectators (UIL Policy)
- TTU shall not be responsible for lost, stolen, or damaged property.
- No spectators allowed on the court at any time.

### T-Shirts and Merchandise:

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**Tournament Director:** Tim Cocharan 806-674-8297

[tenncoach1@gmail.com](mailto:tenncoach1@gmail.com)

**Regional Director:** **Texas Tech University UIL**

Tommy Simmons [tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)

M: 806-549-7773

Kyle Bean [kybean@ttu.edu](mailto:kybean@ttu.edu)

M: 806-241-4700

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**Media Requests:**

- All press members must present credentials.
- To arrange for press clearance, please contact Tommy Simmons  
O:806-742-2350 M:806-549-7773 [tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)

**UIL Directive:** No live streaming permitted unless approved by TTUIL Office. Media outlets interested in telecasting a playoff contest in any sport except for football must complete this form before noon the day before the contest. [Non-Football Sublicensee Playoff Telecast Request](#)

**Trainers:**



**Certified trainers will be available on site.**

**Tournament Ball:** Pro Penn Marathon Extra Duty

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**Tournament Competition:**

- District winners shall be matched against district runners-up from another district.
- Players from the same district will not be placed in the same bracket.
- Second, third and fourth place will be decided in both the boy's and girl's tournaments.
- All USTA and UIL rules and regulations will apply to the tournament.

### Coaching:

- Only the school tennis coach employed by that school may give instructions and in doing so may not interfere with play on the adjoining courts.
- The coach may provide FEEDBACK during the 20 seconds between points but cannot interrupt the continuous play rule.
- The coach cannot stand in or on the confines of the tennis court to provide FEEDBACK.
- The coach may COACH players during the 90-second changeover at the end of the **odd games and during the 10-minute rest period for split sets.**

**No pre-tournament practices or warmups will be allowed at McLeod Tennis Center**

## ★ Coach/District Tournament Director CHECKLIST

**\*District Certification Deadline: Wednesday, May 1, 2024**

**\*Submit Regional Tournament Qualifiers - Deadline: 5:00 PM Thursday, May 2, 2024**

- [UIL BOYS and GIRLS Official Tennis Entry Form](#)

***Make sure you include alternates and check spelling please.***

**Email to: [tommy.simmons@ttu.edu](mailto:tommy.simmons@ttu.edu)**

**5A Draw Meeting: Tuesday, May 7, 2024      7 PM   Heritage Room      MCM Elegante**

**4A Draw Meeting: Thursday, May 9, 2024      7 PM   Heritage Room      MCM Elegante**

MCM Elegante Hotel & Suites

806-763-1200

801 Ave Q, Lubbock

Map MCM Elegante

## **DRAW MEETING**

- *The 2024 order of seeding brackets shall be Boys Doubles, Boys Singles, Girls Doubles, Girls Singles, and Mixed Doubles.*
- *There shall be no proxy voting. Only a school representative with a player(s) in a bracket may vote.*
- *For seeding purposes, at the Coach's Meeting each coach may present information on their regional player.*
  - *Note...for information to be presented for seeding, that player's school representative/coach must be in attendance to present and discuss the information... i.e. Fall & spring tournament record...*
    - *Individual and Dual Matches*
    - *Win / Loss Record*
    - *Past History in District, Regional and State Competition*
    - *Other Relevant Information*
      - *(no proxy presentations or voting)*

**Substitutions:**

- In doubles or mixed doubles, substitutions are allowed for one of the doubles or mixed doubles players in case of injury, illness, loss of academic eligibility or if a student is penalized by the school for misconduct or violation of the code of conduct.
- A school may not substitute for a singles player or a doubles team or mixed doubles team.
- The alternate single, doubles or mixed doubles must be used.
- After the tournament has begun, substitutions are not permitted.

**Plan of Play:**

- The scoring system shall be Advantage-Scoring, best 2-out-of-3 set matches with a 12-point tiebreaker at six games all – in each set.
- 15-minute default rule in effect for a player not present when assigned to play.
- The point penalty system shall be used during matches.
- Foot faults shall be called.

**Tiebreaker Procedures:**

- A player (team) who first wins seven points shall win the game and the set provided he/she leads by a margin of two points.
- If the score reaches six points all, the game shall be extended until this margin has been achieved.
- Numerical scoring shall be used throughout the tiebreaker.
- The player (team) whose turn it is to serve shall be the server for the first point, which is delivered from the right court.
- His/her opponent shall be the server for the second and third points (delivered from the left court, then the right court), and thereafter each player (team) shall serve alternately for two consecutive points (left court, then right court) until the winner of the game and set has been decided.
- Players (teams) shall change ends after every six points and at the conclusion of the tiebreaker.
- Note that after any change of ends the server will be serving his/her second serving point.

## **4A-5A Region 1 Tennis Tournament - Pass List**

- Each Team will be allowed 6 names for Administrator/Guest Pass List
- Please submit this list by Tuesday, May 7, 2024 by 5:00 PM to: [kybean@ttu.edu](mailto:kybean@ttu.edu)

**School Name:**

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1.

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2.

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3.

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4.

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5.

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6.

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