

**University Interscholastic League**

**2024 Regional Track & Field Meet**

**April 19-20**

**Coaches Handbook**

**Region IV**

**Conference 2A & Conference 4A**

**TEXAS A&M UNIVERSITY- KINGSVILLE**

**PEPSI FIELD AT JAVELINA STADIUM**

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**2024 UIL REGIONAL TRACK & FIELD MEET**

**REGION IV**

**CONFERENCE 2A and CONFERENCE 4A**

**FRIDAY, APRIL 19 & SATURDAY, APRIL 20**

**TEXAS A&M UNIVERSITY- KINGSVILLE**

**PEPSI FIELD AT JAVELINA STADIUM**

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**REGIONAL MEET DIRECTORS**

David Brock, Athletic Operations, Texas A&M University-Kingsville, Track & Field

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Ryan Dall, Head Men’s & Women’s Track & Field Coach, Texas A&M University-Kingsville [ryan.dall@tamuk.edu](mailto:ryan.dall@tamuk.edu) Office: (361) 593-2424

Ruben Cantu, Senior Associate Athletics Director, Texas A&M University-Kingsville [ruben.cantu@tamuk.edu](mailto:ruben.cantu@tamuk.edu) Office: (361) 593-2493

**GAMES COMMITTEE**: Randy Hughes, Sam Kana, David Vasquez, Richard Ocanas,

Jonny Hipp, Gene Kana

**STARTERS**: Bill Chancey, Benny Martinez, Mando Gomez

**REFEREES:** Omar de la Rosa, Allen Dews

**FINISH JUDGE:** Richard Ocanas

**HEAD UMPIRE:** Melinda de la Rosa

**ANNOUNCER:** Carl McCargo

**HEAD OF APPEALS:** Randy Hughes, David Vasquez

**F.A.T. OPERATORS**: BW Sports Timing

**UIL T&F CONTACT:**  Joseph Garmon, jgarmon@uiltexas.org

**2024 AREA TRACK & FIELD MEET DIRECTORS**

**Conference 4A** **School** **Conference 2A School**

Area 25-26 Navasota H.S. Area 25-26 Deweyville H.S.

Area 27-28 New Braunfels Canyon H.S. Area 27-28 Thrall H.S

Area 29-30 Port Lavaca H.S. Area 29-30 Falls City H.S.

Area 31-32 Alice H.S. Area 31-32 Woodsboro H.S.

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**ENTRY PROCEDURES FOR THE REGIONAL TRACK & FIELD MEET**

**Entries for the 2024 Regional Meet will be submitted in MileSplit**

**Registration / Name of Meet: UIL Region 4, 2A/4A Championship**

**Each school is responsible for entering their qualified athletes in milesplit.com**

**Deadline for coaches to submit their entries: Monday, April 15, 2024 at 12:00 P.M.**

**INSTRUCTIONS FOR THE COACHES**

* Enter each qualifier’s Full First Name and Last Name – No initials or nicknames.
* Be sure to enter your athletes in correct gender and conference.
* Enter your athletes’ **Official Performances from the AREA T&F MEET.**

Do Not Round-Off Times / Distances, or use athlete’s season’s best performance.

* Enter all times to the 1/100 of a second.
* Do not enter your athletes in MileSplit until you have received the

Official Area Track & Field Meet Results from your Area Meet Director.

* **Check all of your school’s entries for complete accuracy.**
* Questions on submitting entries: https://www.milesplit.com/support/contact

**Important:**

*The Area Meet Directors will not enter your school’s qualifiers for the Regional Meet.*

*Your athletes are* ***not entered*** *in the Regional Meet unless you submit them in MileSplit.*

**Verification of Entries**: Each entry made in MileSplit must correspond correctly with the Official Area T&F Meet Results sent to the Regional Meet Directors.

This includes Name, Event, Place, Time or Distance.

There can be no discrepancy between the entries you submit in MileSplit and the

Official Area T&F Meet Results that we receive from the Area Meet Directors.

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**INSTRUCTIONS FOR THE AREA T&F MEET DIRECTORS**

Send the 2024 Area T&F Meet Results to:[david.brock@tamuk.edu](mailto:david.brock@tamuk.edu).

* Places 1-8 in each event.
* **NO TIES** in Places 1-6.
* Submit FAT times only.
* Full First Name and Last Name. No initials or nicknames.
* Include any **wheelchair results** from your Area Meet.
* Send the Official Area Meet Results to each school that participated in the

Area Meet.

* **Note**: The Area Meet results we receive from each Area Meet Director are for verification purposes only. Each school is responsible for entering their school’s qualifiers for the Regional Meet in MileSplit.

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**SUBSTITUTIONS**

**DEADLINE: TUESDAY, APRIL 16, 2024 at 10:00 A.M.**

**Procedures for submitting substitutes for the Regional T&F Meet**:

1. In the event a qualifying contestant will not be competing at the Regional Meet, then the alternate (5th place or next eligible finisher) is eligible to participate.
2. The coach or school administrator of alternates who move into qualifying positions will notify their **Area T&F Meet Director** to declare that their athlete will compete at the Regional T&F Meet.

\*Individual schools do not send their changes to the Regional Meet Director.

1. The Area T&F Meet Director will then notify the Regional T&F Meet Director of the substitution. (Scratch & Add)

**Area Meet Directors**:

**Use the “Track & Field Substitute Certification Form” on page 12.**

1. The Regional Meet Director will confirm with the Area Meet Director that

the substitution has been received and the athlete is now entered in the Regional Meet.

1. Coaches do not need to send in changes of a Relay Team Member to the Area Meet Director. Declaration of Relay Team Members will be made when the Relay Cards are submitted at the Regional Meet.

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**Late Entries after the Substitution Deadline**

* Late entriesclose on Friday, April 19 at 9:00 A.M.

* Late entry fees are $250.00 for each individual event & $250.00 for

each relay team.

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**SCHEDULE OF EVENTS**

**2024 UIL REGION IV REGIONAL TRACK & FIELD MEET**

**CONFERENCE 2A & CONFERENCE 4A**

**Friday, April 19**

**8:00 am to 9:45 am**: Open Track for Practice Relay Exchanges – Conference 2A & Conference 4A

**10:00 am: 3200 Meter Run – FINAL EVENT**

Order of Competition: 2A Girls then 4A Girls followed by 2A Boys then 4A Boys

**2A Running Prelims**  **4A Field Events**  Implement Weigh-In

**11:00 am** *4 x 100 relays report / uniform check* **10:30 am** Girls Pole Vault

***Relay Cards Due at Check-in Station***

**11:30 am** Girls Discus ---- *10:00 am-11:00 am*

Rolling Schedule Boys Triple Jump

**11:30 am**4 x 100 Meter Relay (Girls/Boys)

100 Meter Hurdles (Girls) **1:30 pm** Boys Discus ----*12:00 pm-1:00 pm*

110 Meter Hurdles (Boys) Boys Pole Vault

100 Meter Dash (Girls/Boys) Girls Triple Jump

4 x 200 Relay (Girls/Boys)

400 Meter Dash (Girls/Boys) **2:00 pm** Boys High Jump

300 Meter Hurdles (Girls/Boys)

200 Meter Dash (Girls/Boys) **4A Running Prelims**

*15 Minute Break after 200 m. Dash* **Open Track at the conclusion of 2A Running Prelims**

4 x 400 Meter Relay (Girls/Boys) **for Conference 4A Practice Relay Exchanges**

**2A Field Events** Implement Weigh-In **5:00 pm** *4 x 100 Relays report / uniform check*

***Relay Cards Due at Check-In Station***

**4:30 pm** Boys Shot Put ----*3:00 pm-4:00 pm*

Boys Long Jump Rolling Schedule

Girls High Jump **5:30 pm** 4 x 100 Meter Relay (Girls/Boys)

100 Meter Hurdles (Girls)

**5:00 pm** Girls Pole Vault110 Meter Hurdles (Boys)

100 Meter Dash (Girls/Boys)

**6:30 pm** Girls Shot Put ---- *5:00 pm-6:00 pm* 4 x 200 Meter Relay (Girls/Boys)

Girls Long Jump 400 Meter Dash (Girls/Boys)

Boys High Jump300 Meter Hurdles (Girls/Boys)

200 Meter Dash (Girls/Boys)

*15 Minute Break after 200 m. Dash*

4 x 400 Meter Relay (Girls/Boys)

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**SCHEDULE OF EVENTS**

**2024 UIL REGION IV REGIONAL TRACK & FIELD MEET**

**CONFERENCE 2A & CONFERENCE 4A**

**Saturday, April 20**

11:00 am to 3:00 pm: Open Track for practice relay exchanges - Conference 2A & Conference 4A

**FIELD EVENTS**

**2A Field Events** Implement Weigh-In **4A Field Events** Implement Weigh-In

**9:00 am** Boys Triple Jump  **10:00 am** Girls High Jump

**10:30 am** Girls Discus ---- *9:00 am-10:00 am* **10:30 am** Girls Shot Put ---- *9:00 am-10:00 am* **12:00 pm** Boys Pole Vault **11:00 am** Boys Long Jump

**12:00 pm** Girls Triple Jump (Outside Pit)  **12:30 pm** Boys Shot Put ---- *11:00 am-12:00 pm*

**12:30 pm** Boys Discus ---- *11:00 am-12:00 pm* **1:00 pm** Girls Long Jump

**RUNNING FINALS**

**Order of Competition: 2A Girls; 4A Girls; followed by 2A Boys; 4A Boys**

3:00 pm *4 x 100 relay teams report / uniform check*.

**3:30 pm 4 x 100 Meter Relay**

**3:55 pm 800 Meter Run**

**4:25 pm 100 Meter Hurdles (Girls 2A/Girls 4A)**

**4:35 pm 110 Meter Hurdles (Boys 2A/Boys 4A)**

**4:50 pm 100 Meter Dash**

**5:15 pm 4 x 200 Meter Relay**

**5:45 pm 400 Meter Dash**

**6:10 pm 300 Meter Hurdles (Girls 2A/Girls 4A)**

**6:20 pm 300 Meter Hurdles (Boys 2A/Boys 4A)**

**6:35 pm 200 Meter Dash**

**6:50 pm 1600 Meter Run**

**7:30 pm 4 x 400 Meter Relay**

Awards to Team Champions following the 4 x 400 Relays

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**Coaches and Participants Information**

**ENTRY DEADLINES**

**Deadline for coaches to submit their entries in MileSplit:**

**MONDAY, APRIL 15, 2024 at 12:00 P.M.**

**Deadline for Substitutions:**

**TUESDAY, APRIL 16, 2024 at 10:00 A.M.**

**Deadline for Late Entries:**

**FRIDAY, APRIL 19 at 9:00 A.M.**

Late entry fees are $250.00 for each individual event and $250.00 for each relay team.

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**PACKET PICKUP & COACH’S MEETING**

**Packet Pickup: Thursday, April 18, 2024: From 5:00 p.m. to 6:30 p.m.**

**Coach’s Meeting: Thursday, April 18, 2024: 6:30 p.m. to 7:00 p.m.**

**Location: Steinke Center (Gym) on Avenue B; 1 Block South of Javelina Stadium.**

Packets will include Heat & Lane Assignments, Field Event Entries, Schedule of Events,

Stadium Entry Passes and Relay Cards.

**STADIUM ENTRANCE PASSES**

Coaches: Friday, April 19 = RED WRISTBAND (3 Included in each G & B Team’s Packet)

Saturday, April 20 = BLUE WRISTBAND (3 Included in each G & B Team’s Packet)

School Administrators:

Friday, April 19 = WHITE WRISTBAND (2 included in each G & B Team’s Packet)

Saturday, April 20 = GREEN WRISTBAND (2 included in each G & B Team’s Packet)

Coaches and school administrators displaying the above credentials use the **PASS GATE**

located on the East side (press box side) of the stadium. Signage will be displayed.

Competitors in uniform admitted into the stadium at the pass gate entrance.

**PARKING**

**School Buses** park on the East Side (Press Box Side) of Javelina Stadium on the grass lot immediately outside the stadium’s main entrance gate.

Team Drop-Off Location: East Side (Press Box side) of Stadium, near the Pass Gate Entrance.

**TEAM CAMPS:**

* Set up along the fence in the grass area on the outside of the warm up field.
* **Do not set up your team’s camp under the stadium bleachers.**
* Canopy-like structures are permitted at the top levels stadium bleachers.

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**MEET PROCEDURES:**

The top Two (2) Qualifiers in each event advance to the UIL State Track & Field Meet.

The Regional Director will certify and enter all State Meet qualifiers with the UIL office.

Exception: Wheelchair entries for the state meet are submitted by the school’s coach.

**DESIGNATED COACHING AREAS:**

Coaching boxes will be set up near each of the field event venues.

One (1) coach per competitor, full-time school employee. Red or Blue wristband required.

Coaching must occur only within the designated coaching box or anywhere outside of the

restricted competition area. Competition area includes the infield and the track.

Any coach that displays behavior interfering with the competition will be asked to leave the infield. Coaches must remain inside the designated boxes/area during competition.

**The Coaching Boxes are Non-Restrictive Areas**

The use of electronic communication devices including cell phones are permitted in the boxes.

Coach and athlete are allowed to use video equipment for instructional purposes.

Coaching from a video can occur during the competition in between trials of field events.

Electronic devices may not be used to communicate with an athlete during a trial or race.

**Coaches are not allowed on the infield at any time unless:**

(1) Summoned by the Meet Referee (2) Filing a protest

(3) Presenting awards to the athletes (4) Inside the designated coaching box

**RESTRICTIONS DURING OPEN TRACK TIMES:**

**The track is restricted for practice relay exchanges only**.

Coaches, trainers & spectators are not allowed on the track or infield during the open track.

**AWARDS:**

Running Events & Field Events: The first, second and third place winners will report to the awards stand on the infield immediately after the conclusion of their event.

The coach of the 1st place finisher in each event may make the presentation of awards.

**COMPETITOR’S UNIFORM: 2024 NFHS T&F Rule 4-3**

The responsibility to have each competitor compliant with the uniform rules is with the coach.

**RUNNING EVENTS**

Warm-Up Area will be on the grass field at the south end of Javelina Stadium – opposite end of the scoreboard. No warm-ups permitted on the infield surface.

Starting blocks will be provided by meet management.

Competitor Check In Station: South end of the stadium adjacent to the warm up area.

Contestants must be “competition ready” upon arrival at the Check-In Station

(dressed in legal uniform) Hip numbers will be issued to competitors at check-in.

Competitors will be escorted a staging area on the infield and to the starting line.

A “No Show” is interpreted as a Scratch.

The 800 m. Run, 1600 m. Run and the 3200 m Run are Final Events. No prelims.

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**Lane Assignments:**

Running Prelims: Heat & Lane Assignments seeded from the submitted Area T&F Meet

Performances; using FAT or manual timing conversions.

Heat Leaders with preferred lanes (4,5) – followed by serpentine seeding.

Running Finals: Individual and Relays:

1st place finisher in each heat advances to finals. Preferred lanes (4,5)

The next 6 fastest times also advance to finals using serpentine seeding.

800, 1600 & 3200 Run:

Two Waterfall Alley Start. 11 runners in the inside alley, 5 in the outside alley.

Runners seeded 1-5 will start in the outside alley.

**Relays**:

Coaches will declare relay team members by submitting their relay cards at the Regional Meet.

Relay cards are due at the Check-In Station when your relay team reports for the prelims.

**No relay cards will be submitted for the finals on Saturday.**

Up to eight (8) individuals may be listed on relay cards.

No Tennis Balls used for relay exchange marks. Only tape or flat rubber markers permitted.

Chalk is not to be used on the track or on the field event runways.

**FIELD EVENTS**

Check in at the event venue. Must by “competition ready” upon check-in - legal uniform.

**Ties will be broken places 1-6. At the conclusion of the event, competitors need to check with the event judge prior to departing the event venue.**

* **Vertical Jumps (Finals)**:

Starting heights will be determined based on the Area T&F Meet Results.

Progression: Pole Vault: 6” increments until 4 jumpers are left, then 3” increments.

High Jump: 2” increments until 4 jumpers are left, then 1” increments.

* **Throwing Events (Trials & Finals)**:

Certified implements will be placed in a “pool”.

Athletes will be allowed to warm-up by flights under the supervision of an official.

No overweight implements can be used during warmups.

All implements must remain in the “pool” until the competition is completed.

**POLE VAULT:** **2024 NFHS T&F Rules 6-8-14; 6-8-15; 6-8-16**

Upon check-in coaches are responsible for submitting the *UIL Pole Vault Certification Form*

found on page 11. Copies of this form will be available at the PV venue.

**PROTESTS: 2024 NFHS T&F Rules 3-5-3; 3-5-4**

**Situations that are not subject to protest: 2024 NFHS T&F Rule Book Rule 3-5-4, Art. 4.**

There is a $20.00 fee for all protests filed. Only a school’s coach may file a protest

If the protest is upheld, this fee will be returned.

Monies collected from protest fees will be donated to the *Make-A-Wish Foundation.*

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**2024 T&F RULE CHANGES**

<https://www.nfhs.org/sports-resource-content/track-and-field-rules-changes-2024/>

**JURY OF APPEALS:** **2024 NFHS T&F Rule 3-5**

The Jury of Appeals will serve as the final board of appeals

The JOA will consist of meet officials not initially involved in the decision being appealed.

The UIL Office will not overturn any decision of a Meet Referee or Jury of Appeals.

**MEET SCHEDULE*:*** **2024 NFHS T&F Rules 3-2-5; 3-2-6**

The Games Committee in collaboration with the referee may suspend the meet due to an

emergency such as hazardous weather conditions or power failure.

All trials and marks, made up to the point of interruption, shall stand.

**RESULTS:** milesplit.live

**TEAM SCORING:** Field Events / Individual Running Events: 10-8-6-4-2-1. Relays: 20-16-12-8-4-2

**WHEELCHAIR DIVISION**

https://www.uiltexas.org/track-field/wheelchair-division

Coaches with athletes participating in the Wheelchair Division need to contact David Brock, Regional Meet Director, regarding event times and any special needs or safety issues.

Regional Meet Entries: Wheelchair entries for the Regional T&F Meet are not submitted by the through a school’s MileSplit account.

Entries are submitted by the Area T&F Meet Director to [david.brock@tamuk.edu](mailto:david.brock@tamuk.edu).

Coaches are responsible for certifying & entering their athletes for the UIL State T&F Meet.

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**ADDITIONAL ITEMS:**

**Use of cell phones, portable stereos, walkman-type devices, or any wireless devices used for communication are prohibited in restricted areas in the infield and on the track.**

**This includes the wearing of headphones.**

\* Use of the T&F facilities at Javelina Stadium are not permitted prior to Friday, April 19, 2024.

\* Dressing and shower facilities will not be available at the stadium.

\* Texas A&M University – Kingsville Athletic Trainers will be available throughout the meet.

\* H.S. trainers are not be allowed on the track or infield unless called to administer to an athlete.

\* Commemorative UIL Regional T&F Championship T-Shirts will be on sale.

\* No vehicles of any kind allowed inside Javelina stadium.

\* A list of TAMU-Kingsville Corporate Hotel Partners and Corporate Dining Partners can be

found on the Javelina Athletics website: <https://javelinaathletics.com/sports/2014/12/17/GEN_1217142653.aspx>

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**SPECTATOR INFORMATION**

Javelina Stadium is located on the campus of Texas A&M University-Kingsville.

Corner of North Armstrong Street and Corral Avenue.

**Clear Bag Policy** at all Texas A&M University-Kingsville Athletic Venues:

<https://javelinaathletics.com/documents/2022/8/15/Clear_Bag_Policy__8.8.22_.docx>

**Javelina Stadium**

All spectator seating is General Admission.

Canopy-like structures are permitted in the stadium bleachers at the **Top Levels Only.**

Spectators will not be allowed on the track or infield before, during or after the meet.

Prohibited items at home athletic venues include the following:

Artificial noisemakers – air horns, whistles, etc. Food, Beverages (including alcoholic beverages) Firearms, Tobacco, Ice Chests, Pets, and Bags or cases of any kind that do not meet the bag policy. Exceptions will be made for medically necessary bags.

Seat cushions will be permitted.

Concessions will be open with food items and drinks.

Commemorative UIL Regional T&F Championship T-Shirts will be on sale.

Thank you for your cooperation as we strive to maintain a safe environment at all our facilities.

**Parking**

Parking lots adjacent to Javelina Stadium are open for spectator parking.

Handicapped parking spots are available near the main entrance gates of the stadium.

There is no charge for parking.

**Tickets**

Ticket Price: $10.00 Daily

On-line ticket sales available at the stadium entrance gates.

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UIL Pole Vault Certification Form

**In compliance with the National Federation of High Schools Track and Field this form is provided to verify pole vaulter’s weights and pole ratings prior to warm-up and competition.**

|  |  |
| --- | --- |
| Vaulter’s School: | Coach’s Name (print): |
| Site of Competition: | Date of Competition: |

|  |  |  |  |
| --- | --- | --- | --- |
| Vaulter’s Name: |  | Vaulter’s Weight: | lbs. |
| Pole #1: | Length: | Pole Rating Weight: | lbs. |
| Pole #2: | Length: | Pole Rating Weight: | lbs. |
| Pole #3: | Length: | Pole Rating Weight: | lbs. |
| Pole #4: | Length: | Pole Rating Weight: | lbs. |
| Pole #5: | Length: | Pole Rating Weight: | lbs. |
| Pole #6: | Length: | Pole Rating Weight: | lbs. |
| Pole #7: | Length: | Pole Rating Weight: | lbs. |
| Athlete Signature: |  | Date: |  |

|  |  |
| --- | --- |
| Coach’s Printed Name: | Date: |
| Coach’s Signature: | Date: |

UIL Pole Vault Certification Form

**In compliance with the National Federation of High Schools Track and Field this form is provided to verify pole vaulter’s weights and pole ratings prior to warm-up and competition.**

|  |  |
| --- | --- |
| Vaulter’s School: | Coach’s Name (print): |
| Site of Competition: | Date of Competition: |

|  |  |  |  |
| --- | --- | --- | --- |
| Vaulter’s Name: |  | Vaulter’s Weight: | lbs. |
| Pole #1: | Length: | Pole Rating Weight: | lbs. |
| Pole #2: | Length: | Pole Rating Weight: | lbs. |
| Pole #3: | Length: | Pole Rating Weight: | lbs. |
| Pole #4: | Length: | Pole Rating Weight: | lbs. |
| Pole #5: | Length: | Pole Rating Weight: | lbs. |
| Pole #6: | Length: | Pole Rating Weight: | lbs. |
| Pole #7: | Length: | Pole Rating Weight: | lbs. |
| Athlete Signature: |  | Date: |  |

|  |  |
| --- | --- |
| Coach’s Printed Name: | Date: |
| Coach’s Signature: | Date: |

**SUBSTITUTE CERTIFICATON FORM**

**2024 REGIONAL TRACK & FIELD MEET**

**Deadline for Substitutions is Tuesday, April 16, 2024 at 10:00 A.M.**

**All Substitutions Must Be Submitted by the Area Track & Field Meet Director**

**Individual schools do not send in their changes to the Regional Meet Director**

**Instructions for the Area T&F Meet Directors:**

* Complete both Part 1 and Part 2 - before submitting to the Regional Meet Director

• Type or Print. Spell all names correctly. No initials or nicknames.

•  **E-mail to:** [**david.brock@tamuk.edu**](mailto:david.brock@tamuk.edu)

• You do not need to send in changes of a relay team member.

* Notify the Coach/School of the Athlete being “ADDED”

**Part 1**  **FOR USE BY AREA MEET DIRECTOR TO INFORM REGIONAL MEET DIRECTOR OF:** **SCRATCH**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Athlete Being Scratched Gender & Event Place in Area Meet

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Coach Area (Ex. 4A, 25-26)

**Part 2 FOR USE BY AREA MEET DIRECTOR TO INFORM REGIONAL MEET DIRECTOR OF**: **ADD**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_ /\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Athlete Being Added Event Place/Time or Distance at Area

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Coach Grade Level

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ /\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Area Meet Director’s Signature/Phone

**----------------------------------------------------------------------------------------------------------------------------**

**Date and Time Submitted to Regional Meet Director**: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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***For Use by the Regional Meet Director***

***Date/Time Substitution Received: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Confirmation Sent:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Response:***

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**Entry Fees for the 2024 Regional T&F Meet**

**UIL Regional T&F Meet Region IV Conference 2A & Conference 4A**

**The Area Meet Directors are responsible for the entry fee payment from each area meet.**

**These fees will help cover the costs of conducting the meet.**

**Entry Fees are based on the Area T&F Meet results sent to TAMU-Kingsville.**

**Individual schools DO NOT send their school’s entry fees to TAMU-Kingsville.**

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**Individual Events - $20.00 per individual athlete / per event**

**14 Individual Events**

8 Individual entries in each event (4 Girls + 4 Boys entries from each Area Meet)

14 x 8 = 112 Total Individual Entries

112 entries x $20.00 each = $2240.00

**Relay Events – $80.00 per relay team**

**3 Relay Events**

24 total relay team entries (12 girls relay teams + 12 boys relay teams from each Area Meet)

24 x $80.00 = $1920.00

**-----------------------------------------------------------------------------------------------------------------**

**Totals:**

$ 2240.00 – Individual Events

+ $ 1920.00 – Relay Events

**$ 4160.00 - Due from each Area Meet**

**CHECKS MAILED TO:**

**TEXAS A&M UNIVERSITY – KINGSVILLE**

**JAVELINA ATHLETIC DEPARTMENT**

**ATTN: CALEB JOHNSON, ASSISTANT ATHLETIC DIRECTOR**

**700 UNIVERSITY BLVD, MSC 202**

**KINGSVILLE, TX 78363**

***Make checks payable to: Texas A&M University-Kingsville***

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**TEXAS A&M UNIVERSITY-KINGSVILLE**

**JAVELINA STADIUM**

**TRACK MARKINGS**

**STARTING LINES** **COLOR**

100 meters……………………………………….White

110 Hurdles ……………………………………..White

200 meters ………………………………………White

300 Hurdles ……………………………………. White

400 meters ………………………………………Yellow

800 meters ………………………………………White

1500/1600/3000 sc /3200/5000 meters………White (Waterfall)

800 meter relay …………………………………Green

1600 meter relay ………………………………..Blue

Finish Line ……………………………………….White

Break Line ……………………………………….Green

**NCAA RELAY EXCHANGE ZONES**

**Large Arrows = Exchange Area Beginning & Exchange Area Ending**

400 meter Relay ……………………………….(Curve 1,2,3) - Yellow

1600 meter Relay ………………………………Blue

**UIL HIGH SCHOOL RELAY EXCHANGE ZONES**

**Large Arrows = Exchange Area Beginning & Exchange Area Ending**

400 meter Relay ……………………………….(Curve 1,2,3) - Yellow

800 meter Relay ……………………………….(Curve 1,2) - Green

(Curve 3) – Yellow

1600 meter Relay ………………………………Blue

**HURDLE LOCATIONS**

100 meter HH (Women) ………………………Yellow

110 meter HH (Men)………………………….. Blue

300 meter LH/IH (Women/Men) ……………. White

400 meter Hurdles …………………………….Green

Steeplechase Barriers…………………………Black

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**MEDIA INFORMATION**

Members of the media need to be presented their credentials at the ticket booth entrance gate, East Side of JavelinaStadium, for entry into the stadium.

We do not issue media credentials for the Regional T&F Meet.

Media will be allowed in the infield by credential only and must confine themselves within the “media boundary lines” of the football field and the track venues.

**Display Media Credentials at all times**.

Livestreams during the postseason requires approval from UIL.

There are two forms depending on who is wanting to stream – academic (schools) and media outlets. Information and links:

[https://www.uiltexas.org/media/info/2023-2024-post-season-video-broadcast-information](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.uiltexas.org%2Fmedia%2Finfo%2F2023-2024-post-season-video-broadcast-information&data=05%7C02%7CDavid.Brock%40tamuk.edu%7C0986e622aeb843b6a86308dc4da35116%7C17420fd64d7546859adf7a650964dbcf%7C0%7C0%7C638470611053635297%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=L6m49yrTtJc3QlZJLRn0lUHw%2BNpaZNttxFgR8EWgnaU%3D&reserved=0)

The final list of approved streams will be sent by the UIL to the Regional T&F Meet Directors.

Photographers may shoot all events, giving consideration to the safety of both participants and officials.

During sprints and hurdle races, photographers may shoot the finish as long as they provide

a minimum of 50 meters cushion.

Photographers will not be allowed in the shot or discus sectors.

Meet administrators and officials retain final determination of photographer placement

at all events. Media outlets should consult with event administrators and officials on photographer placement at each venue.

Officials reserve the right to remove anyone if causing a disturbance.

For any specific needs contact David Brock, 361/593-2500, [david.brock@tamuk.edu](mailto:david.brock@tamuk.edu)

Andrew Quintana, Assistant Director Athletic Communications,

Texas A&M University-Kingsville**.** andrew.quintana@tamuk.edu

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**REGIONAL TRACK & FIELD MEET RECORDS**

**UIL REGION IV - CONFERENCE 4A**

**GIRLS** **YEAR** **ATHLETE**

Pole Vault - 14-02.00 2023 Alencia Lentz, Comal Canyon Lake

Triple Jump - 43-01.00 2001 Ychlindria Spears, Luling

Discus Throw - 160-06.00 2019 Abigail Flores, Rio Grande City Grulla

High Jump - 5-10.00 2023 Kendall Lemm, Boerne

Long Jump - 22-02.50 2000 Ychlindria Spears, Luling

Shot Put - 45-11.50 2015 Daniella Murchison, Port Isabel

3200 Meter Run - 10:48.30 2023 Zerah Martinez, Sinton

100 Meter Dash - 11.62 2016 Virginia Kerley, Taylor

200 Meter Dash - 23.85 2016 Virginia Kerley, Taylor

400 Meter Dash - 55.50 1987 Quadalyn Harrell, Elgin

800 Meter Run - 2:15.30 2016 Lynette Amaram, Stafford

1600 Meter Run - 5:10.36 2023 Zerah Martinez, Sinton

100 Meter Hurdles - 14.01 1987 Rosa Baker, Elgin

300 Meter Hurdles - 44.03 2011 Abby Sheppard, Cuero

4 x 100 Meter Relay - 47.43 2023 Royals H.S.

4 x 200 Meter Relay - 1:41.96 2014 West Oso H.S.

4 x 400 Meter Relay - 3:54.60 2006 Stafford H.S.

**BOYS**   **YEAR** **ATHLETE**

Pole Vault - 17-00.00 1985 Chris Bohannan, Bishop

Triple Jump - 49-01.25 1998 Randy Hymes, Hitchcock

Discus Throw - 185-05.00 2002 Jacob Rodriguez, Taft

High Jump - 7-00.25 1983 James Lott, Refugio

Long Jump - 24-06.25 2016 Kamron Mathis, Cuero

Shot Put - 62-07.50 1975 George Woodward, Van Vleck

3200 Meter Run - 9:10.32 1990 Ricky Gallegos, Crystal City

100 Meter Dash - 10.40 2019 Ryan Martin, Stafford

200 Meter Dash - 21.12 1993 Lance Kopper, San Antonio West

400 Meter Dash - 47.35 1986 Percy Waddle, Columbus

800 Meter Run - 1:54.23 2010 Brandon Lacy, Lytle

1600 Meter Run - 4:16.32 1991 Ricky Gallegos, Crystal City

110 Meter Hurdles - 13.45 1983 Ray Hutchinson, Refugio

300 Meter Hurdles - 37.20 1991 Travis Droupy, Cuero

4 x 100 Meter Relay - 41.00 1986 Columbus H.S.

4 x 200 Meter Relay - 1:27.70 2005 Cuero H.S.

4 x 400 Meter Relay - 3:17.30 1985 Cuero H.S.

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**REGIONAL TRACK & FIELD MEET RECORDS**

**UIL REGION IV - CONFERENCE 2A**

**GIRLS YEAR ATHLETE**

Pole Vault - 12-06.00 2022 Ella Strickland, Junction

Triple Jump - 38-01.00 2012 Khadijah Carter, Goodrich

Discus Throw - 130-08.00 2016 Bralyn Fox-Smith, Refugio

High Jump - 5-06.00 2017 & 2018 - Zoe Spinn, Holland

* 5-06.00 2019 Jai’lin King, Refugio

Long Jump - 19-08.00 2021 Jai’lin King, Refugio

Shot Put - 41-01.00 2022 Ciara Tilley, Refugio

3200 Run - 11:38.48 2022 Cassidy Bilsing, Normangee

100 Meter Dash - 11.99 2023 Peyton Oliver, Refugio

200 Meter Dash - 25.48 2011 Brandalyn Williams, Snook

400 Meter Dash - 56.00 2012 Shakera Barnes, Snook

800 Meter Run - 2:21.00 2015 Maria Ramirez, Mason

1600 Meter Run - 5:18.64 2023 Kaycei Salazar, La Villa

100 Meter Hurdles - 14.50 2017 Camille Messer, Milano

300 Meter Hurdles - 45.26 2022 Lainey Jernigan, Goldthwaite

4 x 100 Meter Relay - 49.03 2018 Shiner H.S.

4x200 Meter Relay - 1:44.42 2018 Shiner H.S.

4x400 Meter Relay - 4:04.60 2013 Falls City H.S.

**BOYS YEAR ATHLETE**

Pole Vault - 16-08.00 2021 Anthony Meacham, Woodsboro

Triple Jump - 47-03.50 2021 Michael Herzog, Thorndale

Discus Throw - 178-08.00 2019 Corey Preusse, Thorndale

High Jump - 6-05.00 2015 Garrett Drake, Granger

6-05.00 2017 Wesley Stolte, Thrall

Long Jump - 23-08.75 2023 Dalton Brooks, Shiner

Shot Put - 57-05.00 2019 Garrett Burns, Woodsboro

3200 Meter Run - 9:29.95 2021 Abraham Morales, Brackettville

100 Meter Dash - 10.26 2023 Ernest Campbell, Refugio

200 Meter Dash - 21.71 2023 Ernest Campbell, Refugio

400 Meter Dash - 48.74 2013 Evel Jones, Shiner

800 Meter Run - 1:57.97 2017 Mikel Escobar, Ben Bolt

1600 Meter Run - 4:29.85 2021 Abraham Morales, Brackettville

110 Meter Hurdles - 14.67 2019 Kyle Lumpkins, Junction

300 Meter Hurdles - 39.40 2019 Devonte Jones, Milano

4x100 Meter Relay - 42.77 2022 Refugio H.S.

4x200 Meter Relay - 1:28.14 2022 Refugio H.S.

4x400 Meter Relay - 3:24.45 2016 Shiner H.S.

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