

## 2015 TRACK AND FIELD - STATE CHAMPIONSHIPS

### **School Meet Instructions**

May 14-16 - Mike A. Myers Stadium - University of Texas

Entry Certification: The regional meet results serve as certification to the state meet. Schools are not required to entry the state meet and no fees are charged.

- A school coach may scratch an athlete or change relay team members after the regional meet by submitting information on the scratch/change form (www.uiltexas.org/track-field/state).
- In order for the change to be listed in the official meet program, name changes must be made prior to 5pm, May 6, 2015.
- UIL: 512-471-5883 / Traci Neely, Meet Director tneely@uiltexas.org / Hannah Higgins, Athletics Associate hhiggins@uiltexas.org

**Final Relay Declarations:** A relay team qualifies as a school and any four of the six team members listed may compete. An individual listed as a relay member does not count as an event, unless the individual actually competes in the event.

| Conference | Day              | Deadline | R   |
|------------|------------------|----------|-----|
| 1A & 5A    | Friday, May 15   | 5:00 pm  | h   |
| 2A & 3A    | Saturday, May 16 | 11:00 am | ] _ |
| 4A & 6A    | Saturday, May 16 | 5:00 pm  | 1   |

Relay cards will be collected at packet pick-up, however changes could be made no later than:

Packet Pick Up: School packets may be picked up at Gate 31 located on the East side of Darryl K Royal-Texas Memorial Stadium. Curbside parking is allowed for fifteen minutes on Robert Dedman Street. <u>Pick up hours are:</u>

| Day              | Open    | Closed |
|------------------|---------|--------|
| Thursday, May 14 | 12 Noon | 8:00pm |
| Friday, May 15   | 7:00am  | 7:00pm |
| Saturday, May 16 | 7:00am  | 6:00pm |

School Parking: http://www.utexas.edu/parking/maps/map.htm).

- Schools will be provided with an appropriate parking pass at packet pickup.
- Team buses will be allowed to drop off teams on the curb line of Clyde Littlefield Dr. on north end of track.
- Bus parking will be along the curb line of Red River located on the East side of the stadium near I-35.
- All other school vehicles will park in 37 (NW of the track near LBJ Library), Lot 70 (south end of the track) and Lot 104 (E of 35 by baseball field).
- Overflow parking is available across I-35 at the Disch-Faulk Field.

#### Meet Schedule: http://www.uiltexas.org/files/athletics/2015\_NEWTrack\_Meet\_Schedule.pdf

The gates will open at 7:15 am each day. The Games Committee in collaboration with the referee may suspend the meet due to an emergency such as hazardous weather conditions or power failure. One state meet program will be provided to each school team in the team packet.

#### Awards: Competitors will receive awards immediately following their event.

- The top three finishers will be escorted to the awards stand and media tent after the event.
- A medal order form for the purchase of extra medals <u>http://www.uiltexas.org/files/medal-order-form.pdf</u>
- 1st Photo Texas will take official photos at the awards stand. To order photos www.1stphototexas.com

Stadium Rules: All bags carried by contestants must be checked before entering Myers Stadium.

- Gates 3 and 4 will be designated for bag check of participating schools.
- Personal coolers are not allowed. **Exception:** Participant coolers accompanied by an athletic trainer (one per team) from the school may contain water and/or sport drinks only.
- The following items are **NOT** allowed into the stadium:

| Umbrellas | Food or Beverage Container | <b>Banners or Flag Poles</b> |
|-----------|----------------------------|------------------------------|
| Strollers | XLarge Bags                |                              |

#### Qualifiers and coaches admission to the stadium, warm-up area and the designated coaching areas:

- Each qualifying school will receive two wristbands to be worn by a full-time school coach. All other school personnel and family members must purchase tickets at the ticket windows.
- Contestants must have their assigned bib number to be allowed entrance.

#### TRACK EVENTS - Contestant Warm Up Area inside DKR-Memorial Football Stadium

- Open at 4:00pm Thursday, 7:00am on Friday and Saturday.
- All contestants must do their general meet preparation and warming up in the designated warm-up area of DKR.
- · Contestants must have a bib number and school personnel must have a wristband for access to this area.
- Contestants for all track races must check in with the clerk at the DKR warm-up area prior to being escorted from the DKR stadium to the track staging area.
- Contestants MUST be "competition ready" (warm-ups removed, dressed in a legal uniform, spikes on, no jewelry) upon arrival to the staging area.
- It is recommended that athletes leave all valuables and personal belongings with coaches, teammates or parents.
- Athletic Trainers will be available at DKR warm-up area and the North end zone area at the track.

**Open Track:** The track is restricted for relay exchange practice and the wheelchair division prior to the following sessions for participants only. No electronic devices allowed nor will coaches be allowed on the track during this time.

| Tape or flat rubber markers may be used on the track.<br>No tennis balls will be allowed. |                  |                   |  |  |
|---|------------------|-------------------|--|--|
| 1A & 5A   | Friday, May 15   | 4:00pm – 5:15pm   |  |  |
| WC  | Friday, May 15   | 5:15pm – 5:35pm   |  |  |
| 2A & 3A   | Saturday, May 16 | 10:15am – 11:30am |  |  |
| 4A & 6A   | Saturday, May 16 | 4:15pm - 5:30pm   |  |  |
| <sup>1</sup> / <sub>4</sub> inch pyramid spikes only will be allowed (no needle spikes)   |                  |                   |  |  |

#### **FIELD EVENTS** - Staging Area - Track Event Contestant:

• Contestants may use DKR for general warm-up, however field event participants DO NOT CHECK IN AT DKR - each participant in a field event must check in for their events as follows:

| Field Event             | Check In – Warm-up | Coaches Area w/wristband       | Special Instructions       |
|-------------------------|--------------------|--------------------------------|----------------------------|
| Discus / Shot Put       | WHITE TENT SW      | Designated on field            | Implement weigh-in         |
|                         | CORNER OF TRACK    |                                | required one hour before   |
| Long jump / Triple jump | WHITE TENT SW      | Front row bleachers            | No coaches on runways;     |
|                         | CORNER OF TRACK    |                                | must remain in bleachers   |
|                         |                    |                                |                            |
| High Jump               | AT EVENT SITE –    | Designated area on field       | Must remain in HJ area     |
|                         | MUST ENTER GATE 4  |                                |                            |
| Pole Vault              | AT EVENT SITE –    | Front row of bleachers; or may | Weigh-in and pole          |
|                         | MUST ENTER GATE 4  | be on designated area of field | inspection one hour before |

#### WHEELCHAIR EVENTS - Contestant Warm Up for Wheelchair Events will be allowed on the track

• Competitors ENTER SE GATE to have equipment inspected no later than one hour prior to competition. Warm-up will be allowed on the track prior to the session and the event.

• Athletes participating in seated shot put throw will be allowed warm-up immediately prior to competition at the designated ring.

# Official school-issued track uniforms are required for competition as per NFHS Track and Field uniform rules. Please note:

- Any male contestant wearing a body suit or compression attire must include shorts worn over either apparel item.
- The uniform of each contestant must completely cover the torso to the top of the shorts.
- All participants must compete in a school-issued uniform. T-shirts designed for others sports are not considered as an acceptable uniform top.
- Jewelry and wristwatches will be allowed.