

**2014 REGION 4 – 4A
SWIMMING AND DIVING**

CHAMPIONSHIPS

SPONSOR: MARCUS HIGH SCHOOL, FLOWER

MOUND HIGH SCHOOL

LOCATION: LISD AQUATIC CENTER
5729 Memorial Dr.
The Colony, Texas 75056
75056

Diving: LISD Aquatic Center
5729 Memorial Dr.
The Colony, Texas

- Indoor 50 meter pool divided into two 25 yd pools with starting blocks
- Locker rooms and showers **ABSOLUTELY NO SHAVING**
- Coaches' and Officials' hospitality
- Fully automated Colorado timing systems
- Ample seating for competitors and spectators
- Meet manager computer program will be used to conduct the meet
- T-shirts available (limited supply)

*****District Meet Directors must e-mail (as well as send meet results ASAP - email) Qualifiers report to the Regional Meet Director by MIDNIGHT after the District meet. E-mail to gillespys@verizon.net.**

SCHEDULE: Region 4-4A DIVING FEB. 7th (see info below)
Coed Warm-up: Approx 3:30

(When the Prelims portion of the meet ends)

Females/Males: 3:30 pm – Meet Start 4:30 pm

Combined Men and Women will dive together.

****Coach and Officials Meeting 4:10 pm**

REGION IV: PRELIMS – February 7, 2014

Swimming Warm-up: 9:30 am (Coaches Meeting 10:45)

Meet-Start: 11:00 am

ALL PRELIMS WILL BE HELD IN THE DEEP END OF THE POOL.

****There will be a 15 min. break after the 50 Free and before the 100 Fly**

REGION II SWIMMING FINALS: February 8, 2014

Warm-up: 8:30am Meet-start: 10:00 am

- Finals will be held in the deep end of the pool
- **Region 4 multiple breaks**
- There will be a break, during the finals only, after the boy's 200 Med. Relay, after the boy's 50 Free, after the boy's 500 free and after the boys 100 breast. These breaks will be for awards for the previous events.

RULES: Current UIL and the 2013-2014 National Federation Rules will apply.

AWARDS: Team Trophies for First Place Team men's and women's team and Runner up. Individual medals for 1st - 3rd. Ribbons 4-8th

ENTRY FEES: \$12.00 per individual (in an individual event) entered in the meet and **\$12.00 per relay entered in the meet (No you do not have to pay for relay personnel). Entry Fee MUST be received/Proof of Fee Submission, before competition. Please send your fee request early to your financial depts./coordinators. *** ALL TEAMS ARE REQUIRED TO PAY ENTRY FEE*****
Please make entries/checks payable to the:

Marcus Swim Dive Booster Club (this MUST be sent to the proper address)

c/o Marcus Swim Dive Boosters

6101 Long Prairie Rd

Ste 744-210

Flower Mound, Texas 75028

ENTRY LIMIT: An individual may enter no more than 2 individual events and 2 relays, or 1 individual event and 3 relays.
1 Relay per relay events. Entries must be on **UIL entry form or Hytek Disk (ZIP) and emailed name report and fee report. Please make sure you send a Name File/Fee Report with entry. Please send to the e-mail address below!!!!**

ENTRY DEADLINE: All entries must be received by **Sunday, February 2, 2014 BY 12:00 midnight.**

****IF YOU WANT YOUR SWIMMERS (USA) TIMES IN SWIMS YOU MUST SPELL THEIR NAME CORRECTLY, USA ID # required.** Entries, fees and **Zip File, (diver must be included in entry) name file and fee report** should be e-mailed to:

Shannon

Gillespy

c/o/Marcus Swim/Dive Boosters

6101 Long Prairie Rd.

Ste-744-210

Flower Mound, Texas 75028

(c) 214-697-4145, (e-m) gillespys@verizon.net.

*****Dive Sheets** must go to:

Sherry Mcguire at mcguires@lisd.net OR Fax to 214-626-1657 (cell #) 469-233-3619

NO LATE ENTRIES WILL BE ACCEPTED. ENTRIES MUST BE RECEIVED BY 12 midnight Saturday 2/2/2014!!! The psych sheet should be on the TISCA website by Monday, February 3rd. Scratches are due by Tuesday, February 4th @ 5 pm.

*****Please call (214) 697-4145 to ensure that your entries arrived safely and are readable.**

SCORING: The fastest 16 swimmers in each event or relays will qualify for the consolation and finals. On Saturday the fastest 16 in each in each event will score.

Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1
Relay: 40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2

1st place in each event will advance to the state meet in Austin. Refer to the TISCA website for any and all swimmers called up for the state meet.

OFFICIALS: Meet Director: Shannon Gillespy Meet Referee: Bob Lang
Admin Referee: Ann Lang

CONCESSIONS: There will be concessions offered throughout the meet.

ADMISSION: \$5.00 Adults, \$3.00 Children.

HEAT SHEETS: Heat Sheets will be available for \$5.00.

T-SHIRTS: \$20.00

****The finalist in each event will be announced at the starting blocks before each event. The participants will need to be at the block area at the beginning of the event prior to the one they will swim.**

WARM-UP: Continuous warm-up and warm down will take place in the shallow end of The pool throughout the prelims and finals sessions.

- No glass on pool deck. No food allowed on the pool deck!!!!
- **SWIMMERS WILL NOT BE ALLOWED IN THE BLEACHERS.** Only spectators.
- Coaches meeting will be held approx 15 min. prior to the start of the prelims/finals.
- It is understood and agreed the LISD Aquatic Center, it's employees, Lewisville Independent School District, Marcus High School and all meet officials and meet workers, shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the meet.

Order of Events

Girls		Boys
1	200 Medley Relay	2
3	200 Freestyle	4
5	200 I. M.	6
7	50 Freestyle	8
9	Diving	10
11	100 Butterfly	12
13	100 Freestyle	14
15	500 Freestyle	16
17	200 Free Relay	18
19	100 Backstroke	20
21	100 Breaststroke	22
23	400 Free Relay	24

REGION II 4-A DIVING

ALL DIVE SHEETS MUST ACCOMPANY ENTRIES WHEN FAXED

Regional 2-4A
Friday, February 7th, 2014

The LISD Aquatic Center
5729 Memorial Drive
The Colony, Tx 75056

Coed-Warm-up
Boys and Girls- 3:30PM
Coach and Officials: 4:10pm
Meet start 4:30 PM

DIVERS WILL NOT BE ENTERED IN THE MEET UNLESS THEIR DIVE SHEETS ARE FAXED BY Midnight, Sunday February 2 to Sherry McGuire @ 214-626-1657 OR mcguires@lisd.net
***This is VERY important YOU MUST FAX AND ENTER YOUR DIVERS WITH THE HY-TEK ENTRY !!!

ALL UIL 2013-14 RULES APPLIED

- Coaches and Divers must check in and sign for their official dive sheets before they warm-up (upon arrival)
- Scoring 16 places: 8 will final, after prelims we will cut to 12 divers, after semis we will cut to 8 divers.
- Awards will be presented immediately following completion.

CHANGES AND QUESTIONS PLEASE E-MAIL
Shannon Gillespy at gillespys@verizon.net
Sherry McGuire at mcguires@lisd.net