

2014 CROSS COUNTRY MEET INFORMATION

November 8, 2014 - Old Settlers Park - Round Rock, TX

Packet Pick-Up: School packets may be picked up at **the Lake Pavilion** located inside the Old Settlers Park entrance near the start and finish line. School parking is allowed at the meet site for packet pick-up.

Pick-up hours are: Friday, November 7 from 2:00-6:00 pm OR Saturday November 8 from 7:30 am-1:00 pm.

UIL Contact: Traci Neely 512-775-9021 (cell) tneely@uiltexas.org

UIL Office 512-471-5883 512-471-6589 (fax)

Certification/Scratches: The results from your regional meet serves as certification to the UIL State Meet. Due to a short timeline for the printing of the official meet program, any name changes made after November 3rd will not be listed in the program.

- Changes prior to meet day: If you need to scratch an athlete please notify the meet director immediately by email.
- <u>Changes on day of the meet:</u> Any athlete scratched from a race must be reported to the meet director. Please see the packet pickup representative to replace a runner if needed.

Competition course: The meet course will be available for school warm-ups no earlier than **2:30 pm** on Friday, November 7th. Marking the course prior to competition in any manner will constitute possible disqualification of a school individual or team. All runners shall be instructed to run between cones and/or flags, which will outline the course. Inspectors and course marshals will be positioned along the course to observe and report any infraction.

Timing bibs: All contestants must wear issued bibs attached to the front of their jersey. Four safety pins are provided to attach the bib. Timing chips are attached to the runner's bib number. Please make sure the bib is securely fastened to the front of uniform top.

Starting Area – Cross Country Contestant: Contestants MUST be **"competition ready"** (warm-ups removed, dressed in a legal uniform, spikes on, no jewelry) upon arrival to the starting area. This area is designated for contestants only, coaches and spectators will not be allowed directly behind the contestants at the starting line boxes.

- Athletes scheduled to compete must report as a complete team 15 minutes prior to the scheduled event time.
- Starting box assignments established by the UIL office through a seeding process are included in the team packet.
- The command shall be, "Runners Set"; and when all competitors are steady, the pistol shall be fired. In an unfair start, the starter or back-up starter shall recall the runners by firing the pistol. If a runner falls during the first 100m due to contact with another runner, the race shall be recalled by firing the pistol.
- Parents, athletic trainers, coaches and managers are prohibited from accessing the start and finish line areas.

Games Committee: The meet games committee will be appointed by the UIL Director of Cross Country prior to the start of the competition. A jury of appeals will be utilized if needed.

Officials: A cross country meet referee will be selected by the UIL staff. The meet referee will assist UIL staff with the selection of meet officials. National Federation Rules for Cross Country will be followed. Decisions of the meet referee are final. Protests must be submitted in writing to the meet director to be reviewed by the Jury of Appeals.

Meet Schedule: All events will run at their scheduled time. Exception: The Games Committee in collaboration with the referee may suspend the meet due to an emergency such as hazardous weather conditions.

Girls	Distance	Time	Boys	Distance	Time
2A	3200 m	9:00 AM	2A	5K	9:20 AM
3A	3200 m	9:50 AM	3A	5K	10:10 AM
4A	3200 m	10:40 AM	4A	5K	11:00 AM
5A	5K	11:30 AM	5A	5K	12:00 PM
6A	5K	12:30 PM	6A	5K	1:00 PM
1A	3200 m	1:30 PM	1A	5K	1:50 PM

Finish Chute: Chute inspectors will help supervise the runners after they enter. Spectators are prohibited inside the chute.

Training Tent/First Aid: Athletic trainers will be available at the tent located inside the finish line area.

Public Restrooms: Portable toilets will be available to the public and contestants.

School Parking: One parking pass will be issued to each school. Coaches and team vehicles will be allowed in the <u>north</u> entrance only. All other school personnel must enter the park from Highway 79 utilizing the Dell Diamond entrances. Advance ticket sales are not available. Gates will open at 6:15 am.

Results: Final results will be posted at the meet site. Official results will be posted on the UIL web site.

Awards – Lake Pavilion and Media Tent: Medals will be presented 30 minutes after each conference's race (both boys and girls) and after the official results have been posted.

- Each first-place team will receive a trophy and the runner-up team will receive a plaque.
- Seven team members each from the first, second, and third-place teams will receive medals.
- The first ten finishers in each class will receive medals.

Photos: 1st Photo Texas, the UIL sanctioned photographer, will be taking photos at the awards stand. Coaches, parents or other individuals will **not** be permitted on the track or in the awards area to take pictures. Forms for ordering pictures at the awards stand are enclosed, or you can visit the 1st Photo Texas' website to order photos (www.1stphototexas.com).

Programs: One state meet program will be provided to each school team in the packet. Additional programs may be purchased from program sellers for \$5.00 at the meet.

Spectator Parking: Public parking is available in the Dell Diamond parking lot only.

- Cost for parking is \$5.00 per vehicle.
- Free shuttle service will provide transportation to and from the course site and parking area.
- Old Settlers Park area map is available on the UIL website.

Spectator Admission: All state UIL championships include an admission fee for spectators. Cost for admission into the cross country meet is \$5.00 per person.

Concessions: Public concessions will be available from 8:00 am - 2:30 pm at the course site.