



UNIVERSITY INTERSCHOLASTIC LEAGUE

Time Limits

Debate

Cross Examination Debate	
Affirmative Constructive Speech	8 minutes
Negative Cross Examines Affirmative	3 minutes
Negative Constructive Speech	8 minutes
Affirmative Cross Examines Negative	3 minutes
Affirmative Constructive Speech	8 minutes
Negative Cross Examines Affirmative	3 minutes
Negative Constructive Speech	8 minutes
Affirmative Cross Examines Negative	3 minutes
Negative Rebuttal	5 minutes
Affirmative Rebuttal	5 minutes
Negative Rebuttal	5 minutes
Affirmative Rebuttal	5 minutes
<i>Prep time, per team</i>	8 minutes

Lincoln-Douglas Debate	
Affirmative Constructive	6 minutes
Negative Cross Examination	3 minutes
Negative Constructive	7 minutes
Affirmative Cross Examination	3 minutes
Affirmative Rebuttal	4 minutes
Negative Rebuttal	6 minutes
Affirmative Rebuttal	3 minutes
Prep Time, per debater	4 minutes

Congress – applies to each new legislation	
Sponsor Speech	3 minutes
Questioning of Sponsor	2 minutes
First Negative Speech	3 minutes
Questioning of First Negative	2 minutes
<i>All subsequent speeches</i>	3 minutes/each
<i>Questioning of all subsequent speakers</i>	1 minute/each

Speech

Event	Preparation Period	Maximum Time	“Grace Period”
Extemporaneous Speaking	30 minutes	7 minutes	Contestants may finish their sentence.
Poetry		7 minutes	None
Prose		7 minutes	None